

Dear Parent/karate-Ka,

With our commitment to offering the best Karate training possible, not only with the standard of coaching, but also the correct training programme, best designed to develop every student, in the best possible way. We are looking to make a few changes to the class timetable as from Monday 4th February 2019

Class Timetable From February 2019

Time / period	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1.00 pm 2.30pm						CLUB K 6years +
4.30 pm 5.15pm	Karate Tigers 4 - 6 year olds			Karate Tigers 4 - 6 year olds		
5.30pm 6.30pm	Beginners All Grades	Intermediate Orange Belts +		Beginners All Grades	Beginners All Grades	
6.30pm 7.30pm	Sparring Class All Grades	Beginners All Grades		Intermediate Orange Belts +	Kata Class All Grades	
7.30pm 8.30pm	Competition Class All Grades (£5)	Advanced Brown Belts +		Adults 14 years +	Advanced Brown Belts +	

Although we would always encourage all students to train in lower grade classes to reaffirm and improve their fundamentals in Karate, it is also very important for students to Improve their knowledge, ability and to be challenged individually by attending the grade appropriate classes.

Please have a look at the new class timetable on the reverse and let me know your thoughts. I am also happy to work with you to find a solution to any problems the change of timetable may bring.

If you have any questions, please do not hesitate to contact me.

Best wishes and thank you for your support.

Sensei Ady Gray 6th Dan

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