

The 2018 Annual HOPE Conference:

(Having Opportunities for Personal Empowerment)

A Statewide Recovery/Wellness Conference for Persons in Recovery from Addiction and Mental Health Conditions and Service Providers

Augusta Civic Center, Maine

May 30th, 2018

CALL For PRESENTATIONS!!

This year's theme is:

“Our Roots, Our Community: Coming Together for Social Change”

The HOPE Conference Committee in conjunction with DHHS Office of Substance Abuse and Mental Health Services (SAMHS) is looking for individuals in recovery from addiction and mental health conditions to present workshops at the annual HOPE (Having Opportunities for Personal Empowerment) Conference.

Any peer or consumer is qualified to submit a proposal for a workshop at the conference. A peer may have a non-peer co-presenter. For our purposes, a peer is defined as a person who has received or is receiving mental health or addiction services and/or used peer support or holistic resources to support their recovery.

- The 75-minute timeframe presentation will include introductions, presentation material, question and answer session, and attendee evaluation of presentation.
- Attendees should leave with specific knowledge and skills about various aspects of the topic and how it relates to recovery and wellness.
- Presentations that introduce attendees to a specific service, practice, or strategy require the presenter to share with attendees' evidence of effectiveness. This can include preliminary outcomes and evaluation findings.
- Presentations should provide attendees with educational value and refrain from promoting or selling a specific business or product.

To submit a proposal, please provide:

An outline for a 75-minute presentation that includes the following:

- Your name and contact information with a brief bio sketch
- The title of your presentation and which Track or Tracks it pertains to with 2-3 learning objectives
- Why you would like to do a workshop at this conference?
- Brief description of presentation (limit 2 pages)

TRACKS

- 1) Social Justice
- 2) Consumer Movement History
- 3) Advocacy: Personal and Systemic
- 4) Leadership Skill Building
- 5) Community Engagement
- 6) Relationships for Change
- 7) Creative Expression to Move Social Change

Proposals must be received by January 19, 2018

Please mail these to: CCSM, 219 Capitol Street, Suite#7, Augusta, ME 04330
Or e-mail them to: Simonne Maline: smaline@maineccsm.org

How Would You Prepare a Presentation? EASY!

Tips for new presenters:

First, you would think about things that have encouraged you to become involved with social justice practices and growing community, keeping the 7 tracks in mind. Then you would think about how to share that experience with others.

For Example: Getting involved with an Advisory Committee

Having committee experience supports personal growth and community involvement. It creates an opportunity to share experiences, connect to people and use your skills. You could present your story about community involvement, change advocacy, wellness and transformation and provide a resource list for connecting to committees. This could relate to the Advocacy: Personal and Systematic track, the Community Engagement track and the Leadership Skill Building track.

For Example: Consumer Movement Experience

Perhaps you have been around to experience the wealth and possibility of the Consumer Movement. As a workshop for the conference, the presenter may give history and background on their own process of recovery, and explain steps they took to participate in the Consumer Movement. The end of the workshop would be a good time for participants to discuss other ways to reach out to join one of the many existing movements for mental health or substance use issues, and ways to connect to others and form new friendships. This could fit in the Consumer Movement History track and Relationships for Social Change track.

This conference event is designed for individuals in recovery, service providers, family members and community members to attend. The goals of the conference are for participants to gain a greater understanding of what social justice, community involvement and meaningful engagement is from many paths and different perspectives on the journey of life. This conference will be a chance to learn from each other, network, and gain greater understanding about social justice and community.

You can use this checklist to make sure that your workshop meets the conference goals:

- 1- Does my workshop offer an opportunity for others to grow and learn?
- 2- Does my workshop introduce knowledge that others can apply in their own journey?
- 3- Does my workshop provide resources for others?
- 4- Does my workshop format accommodate different learning styles (visual, listening, interactive)?
- 5- Does my workshop include my experience of recovery in relation to the topic I'm presenting?
- 6- Does my workshop fit the theme and one of the Tracks?

