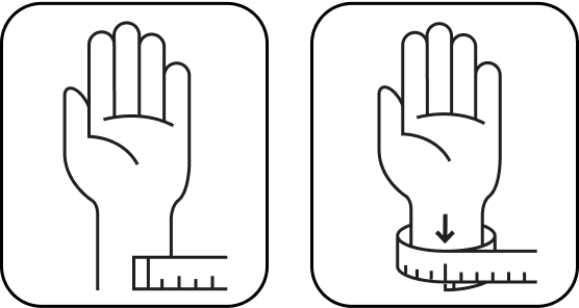


Size up your wrist.

If you have a measuring tape

Wrap it around your wrist. Make sure that your fingers are spread apart as if making a high-five motion. Now you know your measurement.



If you don't have a measuring tape

Find something like string, dental floss, or maybe even a USB cord. Take that, wrap it around your wrist and then lay it out on a ruler to find your measurement.



Find your band size

Use millimetres for best accuracy, size down if you're between sizes.

Size	Best fit	Wrist mm	Wrist cm	Wrist in
Extra small	130 - 149 mm	130 - 150 mm	13 - 15 cm	5.11 - 5.90 in
Small	150 - 159 mm	140 - 160 mm	14 - 16 cm	5.51 - 6.29 in
Medium	160 - 174 mm	155 - 175 mm	15.5 - 17.5 cm	6.10 - 6.88 in
Large	175 - 199 mm	170 - 200 mm	17 - 20 cm	6.69 - 7.87 in
Extra Large	200 - 210 mm	190 - 210 mm	19 - 21 cm	7.48 - 8.26 in