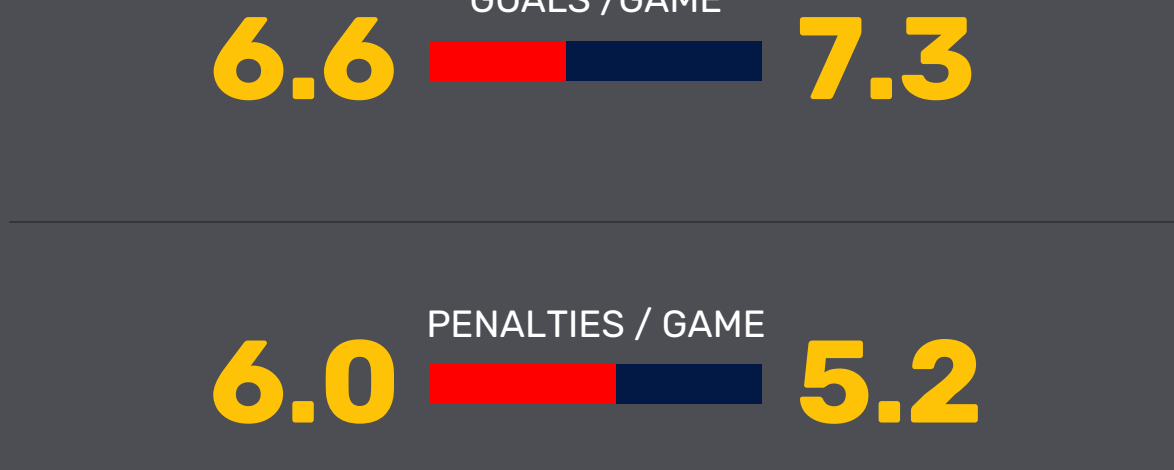


# YOUTH HOCKEY IN CANADA AND USA

This GameSheet Insider Report compares penalty frequencies and trends in the United States and Canada.

Data from over 140,000 recent games from Ontario, Michigan, Minnesota & Massachusetts were analyzed for this report. This included all levels of play from U9 HL to U18 AAA.

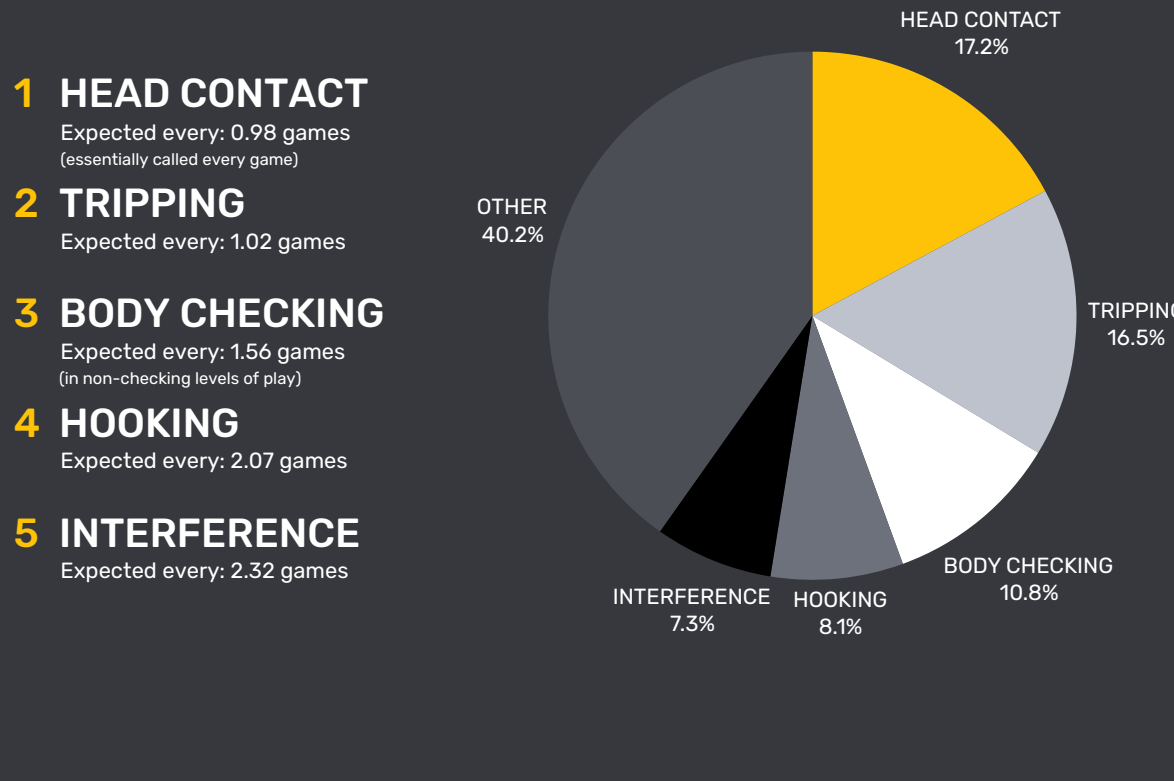
## PENALTIES & GOALS PER GAME



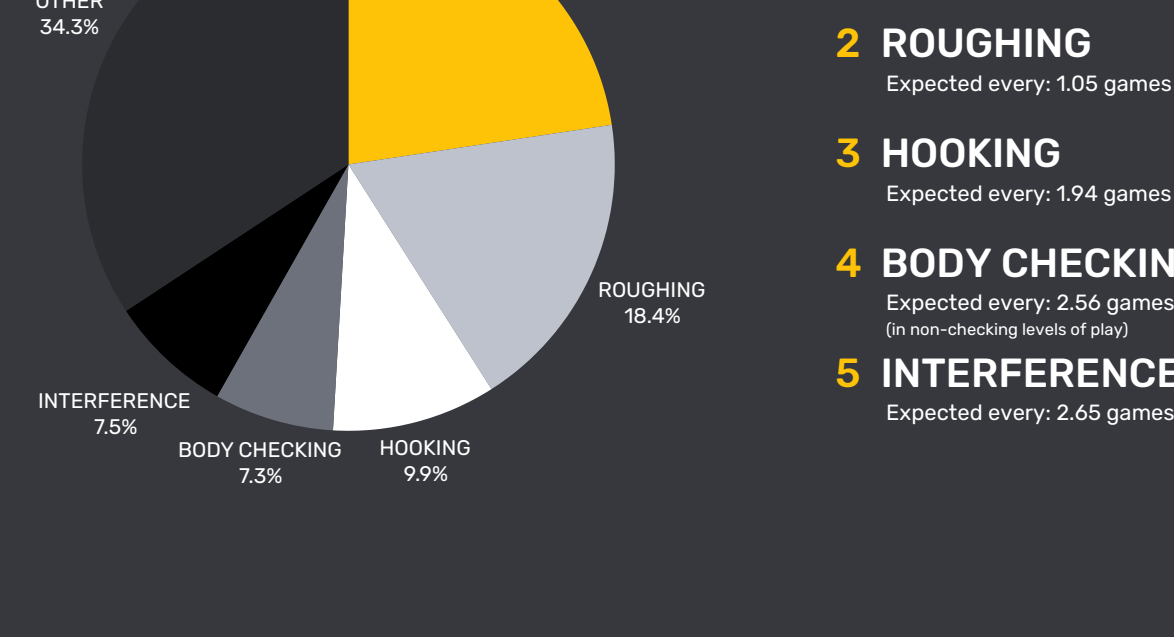
- The game in the United States has more goals and less penalties.

## TOP 5 PENALTIES ASSESSED

### CANADA



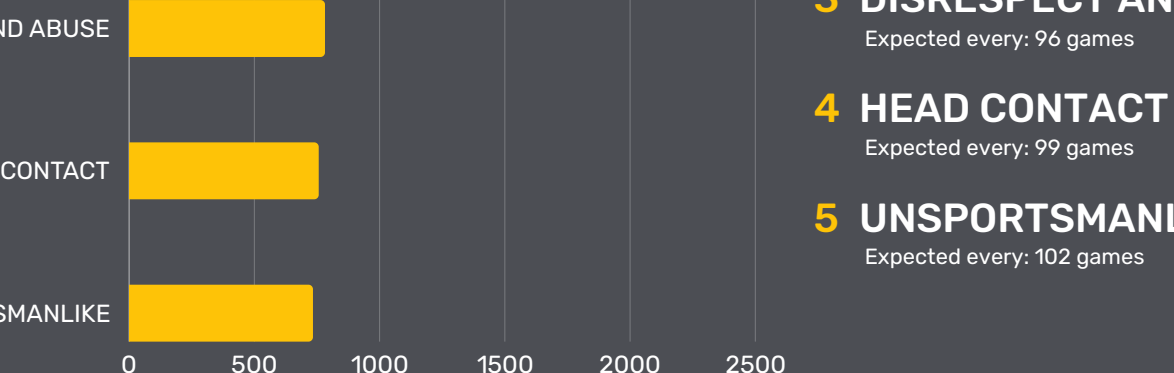
### USA



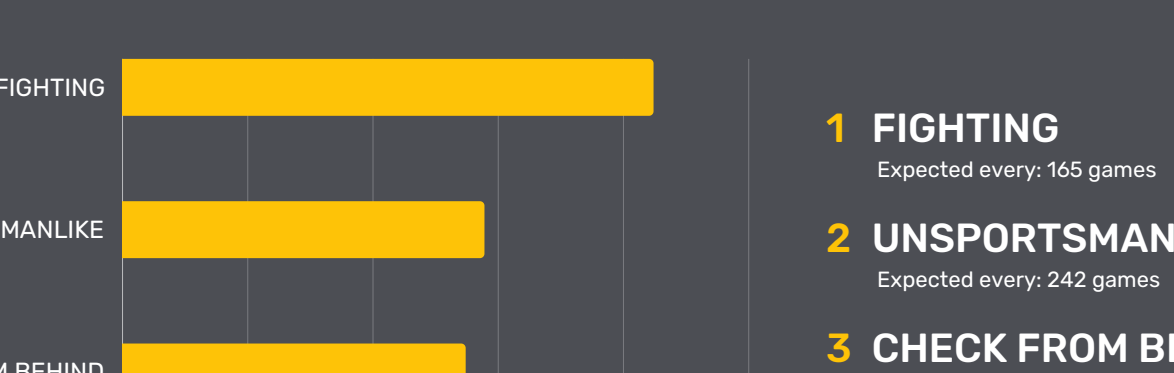
- Tripping, Hooking, Interference, and Body Checking occupy the top 5 in both Canada and the US.
- Head Contact is the #1 penalty in Canada but does not crack the top 20 in the US.
- It is important to note that, in Canada, a Head Contact penalty is typically assessed as a double minor. Even when eliminating this double count, Head Contact is still the 3rd most common penalty in Canada.

## TOP 5 GAME MISCONDUCT PENALTIES

### CANADA

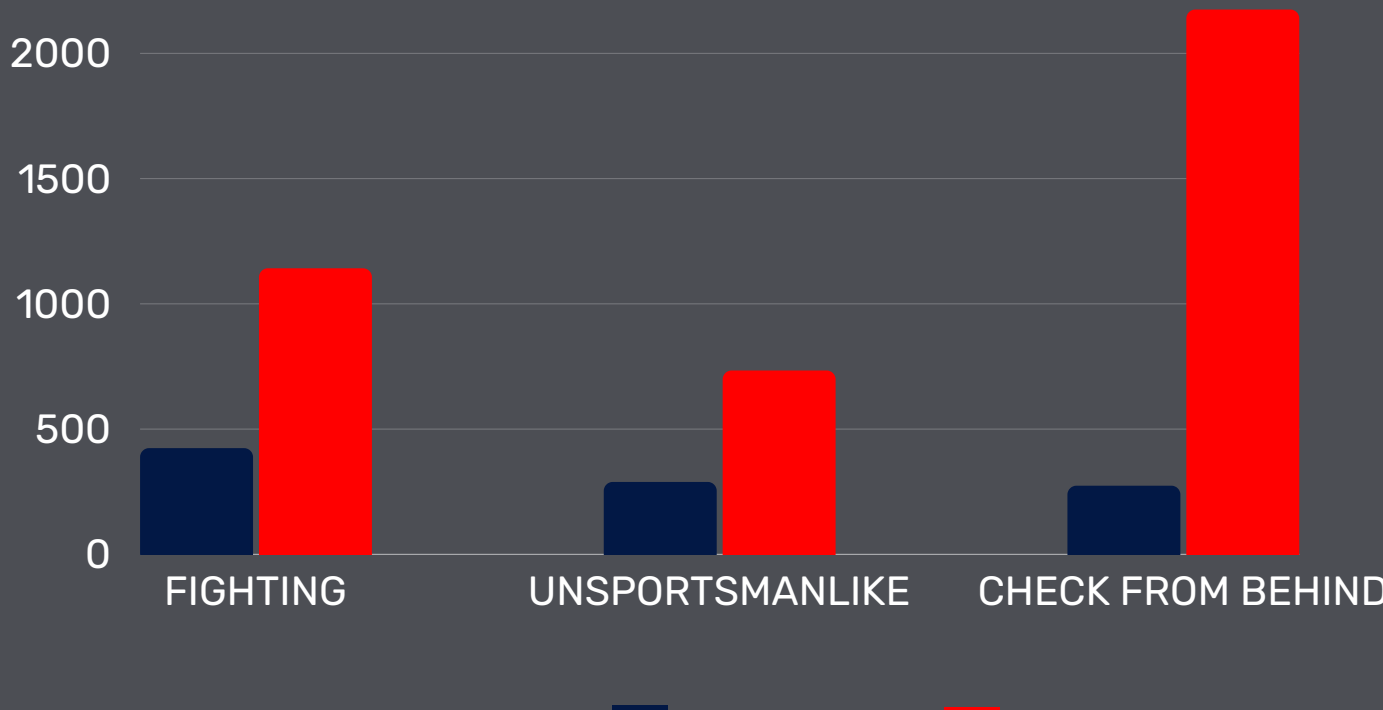


### USA



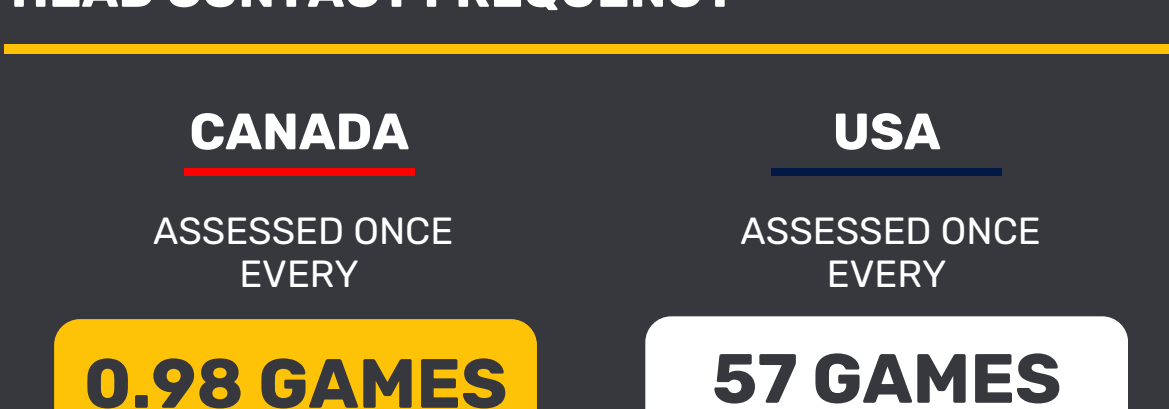
- Checking from Behind, Fighting, and Unsportsmanlike are in the top 5 game misconducts in both Canada and the US.
- GMs are called 3 - 4 X more in Canada than the US.
- As mentioned above, Canada has put a significant emphasis on Head Contact penalties, which likely contributes to its place in the top 5 GMs.

## DIRECT COMPARISON



- Checking from Behind, Fighting, and Unsportsmanlike are in the top 5 game misconducts in both Canada and the US.
- GMs are called 3 - 4 X more in Canada than the US.
- As mentioned above, Canada has put a significant emphasis on Head Contact penalties, which likely contributes to its place in the top 5 GMs.

## HEAD CONTACT FREQUENCY



- In comparing Head Contact penalties in Canada and the US, there is a clear difference.
- Canada averages more than 1 Head Contact penalty per game while the US expects 1 call every 57 games.
- There has been a focused effort in Canada to ensure any head contact is a penalty. This likely contributes to the high rate.
- It is unknown if this emphasis has reduced the rate of concussions in the game.

## PENALTIES NEVER CALLED

| CANADA   | USA  |
|--|--|
| Throwing Stick or Object - Match                                     | Elbowing - Match                                       |
| Refusing to Leave Bench - Major                                      | Head-Butting - Match                                   |
| Fighting - Failure to Go to Player's Bench/Neutral Area - Misconduct | Kneeing - Match  |
| Interference from the Bench - Match                                  | Leaving the Bench During Altercation - Game Misconduct |
| Interference with the Goaltender - Match                             | Leaving the Bench During Altercation - Major           |
| Clipping - Major   |  |
| Clipping - Match   |  |

- These small lists of uncalled penalties in both Canada and the US speak to the legitimacy of their rulebooks.
- There are very few penalties in the rulebooks that are not applicable to today's game.