DINNER

Salad: Caprese Salad with Bread of the Day (GF available upon request)

Entrees:
MONDAY | Cheeseburger on a Bun with Lettuce and Tomato OR Barbecued Chicken with Coleslaw OR Broccoli and Cornbread OR JoJos
TUESDAY | Breaded Pork Cutlet with Gravy OR Deviled Egg Sandwich with Tomato and Cucumber Salad OR Green Beans and Au Gratin Potatoes OR Potato Chips
WEDNESDAY | Taco Salad OR Macaroni & Cheese with Sauteed Zucchini OR Broccoli and Cornbread OR JoJos
THURSDAY | Hot Turkey Sandwich with Cranberry Sauce OR Chili Con Carne with Broccoli OR Peas and Carrots and Mashed Potatoes OR Cornbread
FRIDAY | Baked Halibut with Lemon & Tartar OR Strawberry, Chicken & Spinach Salad with Harvest Beats OR Green Beans and Baked Potato OR Dinner Roll
SATURDAY | Hot Turkey Sandwich on Wheat or GF Bread with Broccoli & Cauliflower and Mashed Potatoes
FRIDAY | Strawberry, Chicken and Spinach Salad on Wheat or GF Bread with Baked Potato and Wheat or GF Dinner Roll
SATURDAY | Hot Beef Sandwich on Wheat or GF Bread with Summer Squash and Potato Salad
SUNDAY | Crab Cakes OR Lamb Stew with Malibu Carrots OR Broccoli and Couscous

Heart Healthy & Reduced Gluten Entrees (GF):
MONDAY | Barbecued Chicken with Coleslaw and Baked Potato Wedges
TUESDAY | Chicken Salad Sandwich on Wheat or GF Bread with Tomato and Cucumber Salad and Potato Chips
WEDNESDAY | Baked Chicken with Sauteed Zucchini and Mashed Potatoes
THURSDAY | Hot Turkey Sandwich on Wheat or GF Bread with Broccoli & Cauliflower and Mashed Potatoes
FRIDAY | Strawberry, Chicken and Spinach Salad with Baked Potato and Wheat or GF Dinner Roll
SATURDAY | Hot Beef Sandwich on Wheat or GF Bread with Summer Squash and Potato Salad
SUNDAY | Baked Pork Chop with Malibu Carrots and Rice Pilaf

Dessert:
MONDAY | Watermelon • TUESDAY | Key Lime Pie
WEDNESDAY | Yellow Cake with Chocolate Frosting
THURSDAY | Ice Cream Sandwich • FRIDAY | Lemon Torte
SATURDAY | Coconut Cream Pie • SUNDAY | Marion Berry Pie