



# **FELLOWSHIP IN CLINICAL NUTRITION EDITION II**

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# ABOUT MEDVARSITY

*Asia's Largest Healthcare EdTech Company*

Medvarsity is driven by the mission to impact healthcare through education. To help doctors, nurses, paramedics, lab techs, hospital management and such, upskill and build successful careers in healthcare and medicine. We offer certificates, advanced certificates, masterclasses and fellowships across all medical specialisations, both clinical and non-clinical.

We strive to give our students and partners a holistic experience in healthcare. Along with professional education courses, we offer short-duration medical courses through Dosily.com and simulation workshops through Bookmysim.one. To be truly successful in medicine, continuous development and learning are crucial, and we are here to partner with you through that journey.



## ALUMNI

4,00,000+ medical professionals  
trained and certified



## COURSES

200+ courses in clinical,  
management and administration



## PARTNERS

Global universities and industry  
leaders



## PRESENCE

Students and partners from  
200+ countries



*Topic-focused medical courses*



*Simulation training workshops*

# FELLOWSHIP IN CLINICAL NUTRITION EDITION II

*The Fellowship in Clinical Nutrition is a sequence of 3 courses that together give you a detailed scientific understanding of nutritional screening and assessment methods and strategies for improving patient care. Beyond wellness and lifestyle, clinical nutrition plays a critical role in preventing and treating a range of diseases.*

The fellowship program, certified by Apollo Hospitals Educational and Research Foundations (AHERF) and Medvarsity Online Limited, has been created under the guidance of course faculty, Dr. Harita Shyam.

This 9-month course covers all verticals of nutrition, from the basics of nutrition to the lifestyle and clinical applications of nutrition and dietetics in different patient conditions. With this knowledge, you can improve your clinical practice and build a successful career.



**DR. HARITA SHYAM**  
COURSE FACULTY

Chief Dietician, Apollo Hospitals,  
Jubilee Hills, Hyderabad.  
President, Indian Dietetics Association,  
Telangana Chapter.

# PROGRAM DETAILS

## HIGHLIGHTS

- Understand the relationship between eating behaviors & illnesses
- Deep dive into the impact of nutrition on different organ systems
- Comprehensive clinical knowledge for sustainable results in your practice
- Live virtual classes and crucial insights from experienced clinical specialists

## CERTIFICATION

- Each module is followed by an online test
- On completing the course and passing final assessment, student will be awarded a Fellowship in Clinical Nutrition Edition II

## ELIGIBILITY

Graduate from any medical discipline (MBBS, Dental, AYUSH, Nursing, Dietetics)

Completed Course 1 [Certificate Course in Basic Nutrition]

Completed Course 2 [Certificate in Lifecycle and Wellness Nutrition]

# COURSE OUTLINE

## CERTIFICATE COURSE IN BASIC NUTRITION

- Major nutrients, their properties, functions and important food sources
- Mechanisms of digestion, absorption, and metabolism
- The scientific rationale for the development of dietary guidelines and nutrition policies in healthy individuals and populations.
- Methods used to assess nutritional status
- Principles of nutritional counselling

## CERTIFICATE IN LIFECYCLE AND WELLNESS NUTRITION

- Life Stages and Nutrition
- Weight Management
- Nervous System Procedures
- Fitness and Sports Nutrition

## FELLOWSHIP IN CLINICAL NUTRITION - EDITION II

- Medical Nutritional Evaluation
- Clinical Nutrition Studies
- Oral Diseases
- Gastrointestinal Diseases
- Pulmonary Diseases
- Metabolic Disorders
- Renal Disease
- Rheumatic Diseases
- Hypertension and Cardiovascular Disorders
- Immune Disorders
- Anaemia
- Neoplastic Diseases
- Nutrition-related Genetic Diseases
- Food Allergy
- Nutrition in Critical Illness
- Neurological and Mental Disorders



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