



CERTIFICATE IN DIABETIC NUTRITION

ABOUT MEDVARSITY

Asia's Largest Healthcare EdTech Company

Medvarsity is Asia's largest healthcare ed-tech company offering online and blended learning programs exclusively for healthcare professionals. In the last five years, we have positively impacted the careers of over five lakh healthcare professionals across 190+ countries. More than 300 highly motivated professionals work with us to deliver effective processes. Today, we cater to the requirements of both healthcare professionals as well as non-clinicians ensuring industry demand and skilled workforce are in a perfect state of equilibrium.

It is imperative for doctors to acquire Continuing Medical Education (CME) credits to continue practicing in private or public healthcare organizations, especially in the United Arab Emirates. The CME programs by Medvarsity.ae will enhance your clinical practice and enable you to deliver quality patient care. Medvarsity's Certificate courses help healthcare professionals acquire the relevant skills to help them advance in their evolving scope of medical practice.

Medvarsity has won several accolades for its contribution to healthcare education and healthcare technology. In 2022, Entrepreneur India and the Ministry of Electronic and Information Technology awarded us with the Best Ed-tech Deployment for higher education. In 2021, Medvarsity won Asia's Greatest Brands in education and ed-tech, an award by Asia One magazine.



ALUMNI

**5,00,000+ medical professionals
trained and certified**



COURSES

**200+ courses in clinical,
management and administration**



PARTNERS

**Global universities and industry
leaders**



PRESENCE

**Students and partners from
190+ countries**

Knowledge Changes Lives

CERTIFICATE IN DIABETIC NUTRITION

Globally, diabetes is one of the leading causes of mortality, and UAE has the highest prevalence of diabetes, according to the International Diabetes Federation. A healthy diet and lifestyle modifications play an important role in the management of diabetes along with pharmacotherapy. The role of medical nutrition therapy in the management of diabetes and diabetes self-management education is essential.

The Certificate Course in Diabetic Nutrition by Medvarsity will help clinicians and dietitians to apply nutritional therapy recommendations to various types of diabetes and build a customized diet plan for diabetic patients. The course offers learners insights into creating effective nutritional interventions by combining evidence-based recommendations with cultural, ethnic, and personal preferences.



DR. PRIYANKA ROHATGI

PATRON

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ACCREDITATION PARTNER

CME accredited by
Dubai Healthcare Authority



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PROGRAM DETAILS

HIGHLIGHTS

- CME credit points: 4
- 1-month e-learning program
- Concise curriculum that suits your busy work schedule
- Understand the concept of glycemic response and nutritional therapy plans
- Learn about meal-plan approaches

CERTIFICATION

- An online assessment test is conducted after each module
- After completing the course and passing the final assessment, you will be awarded a Certificate in Diabetic Nutrition

ELIGIBILITY

Doctors (all streams), Dieticians, Nutritionists, Nurses, Wellness professionals, Diabetes educators, and other healthcare professionals interested in learning about nutrition in diabetes are eligible for this course.

COURSE OUTLINE

- **Module 1:** Introduction to Diabetes
- **Module 2:** Medical Nutrition Therapy
- **Module 3:** Diet Planning
- **Module 4:** Nutrition in Special populations with Diabetes
- **Module 5:** Nutrition in diabetes-related complications
- **Module 6:** Nutrition recommendations for the prevention of diabetes



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