

# Slip and Fall Accident Checklist

Steps to take after a slip and fall accident in Colorado Springs.

Based on Slip Fall Accidents by McCormick and Murphy

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## 1. Immediate Actions at the Scene

*What to do right after your fall.*

- Report the incident to the property owner or manager.
- Ask for an incident report to be created.
- Request a copy of the incident report for your records.
- If able, take photos of the hazard that caused the fall.
- If able, take photos of the surrounding area.
- If able, take photos of your injuries.
- Get names and contact information of any witnesses.

## 2. Medical Attention

*Prioritize your health and document your injuries.*

- Seek medical attention, even if injuries seem minor.
- Understand that some injuries may not be immediately apparent.
- Ensure your medical treatment is documented.

## 3. Evidence Preservation

*Keep important items that can serve as evidence.*

- Keep the shoes you were wearing during the accident.
- Keep the clothing you were wearing during the accident.

## 4. Documenting Your Experience

*Record details while they are fresh in your mind.*

- Write down everything you remember about the accident.
- Note the date and time of the accident.
- Describe the conditions that led to the fall.

## 5. Dealing with Insurance Companies

*Protect yourself when communicating with insurance adjusters.*

- Do not give recorded statements to insurance companies before consulting an attorney.
- Be cautious about what information you share with insurance adjusters.

## 6. Seeking Legal Counsel

*Understand when to contact a lawyer.*

- Call McCormick & Murphy – Personal Injury Lawyers.
- Discuss your case with an attorney before agreeing to any settlements.
- Understand your legal rights and options.

## Resources & Further Reading

*Use these pages while working through the checklist:*

### ■ Home

<https://mccormickmurphy.com/>

### ■ About

<https://mccormickmurphy.com/about/>

### ■ Kirk McCormick

<https://mccormickmurphy.com/about/kirk-mccormick/>

### ■ James Murphy

<https://mccormickmurphy.com/about/james-murphy/>

### ■ Sample Case Result

<https://mccormickmurphy.com/about/sample-case-result/>

### ■ M + M in the community

<https://mccormickmurphy.com/about/m-m-in-the-community/>

### ■ Testimonials

<https://mccormickmurphy.com/about/testimonials/>

### ■ Practice Areas

<https://mccormickmurphy.com/practice-areas/>

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Document your fall, seek medical care, and contact an attorney before speaking with insurance companies.