

Traumatic Brain Injury Checklist

Understanding and documenting a TBI after an incident in Colorado.

Based on Denver Tbi Attorney by McCormick and Murphy

1. Understanding TBI in Colorado

Key definitions and legal aspects of traumatic brain injuries.

- Recognize TBI as any disruption to normal brain function caused by an external force.
- Identify common TBI types: concussions, contusions, diffuse axonal injuries, penetrating injuries.
- Understand TBI can result from direct blows, rapid acceleration/deceleration (e.g., car crash), or violent shaking.
- Know Colorado law does not require a specific diagnosis or imaging result for TBI.
- Focus on whether the accident caused a change in brain function.
- Be aware that even a 'mild' TBI qualifies if it produces real and measurable harm.

2. Documenting Your Symptoms

Record the symptoms you experienced after the incident.

- Note any confusion experienced.
- Document memory loss or gaps in recollection.
- Record the occurrence and severity of headaches.
- Track instances of dizziness or lightheadedness.
- List any cognitive difficulties observed (e.g., problem-solving, concentration).
- Describe any changes in personality or mood.
- Note any sensory changes (e.g., sensitivity to light or sound).

3. Identifying the Cause of Injury

Detail the circumstances surrounding the incident that led to your TBI.

- Specify the type of accident (e.g., car crash, fall, workplace incident).
- Describe the mechanism of injury (e.g., direct blow, sudden stop, shaking).
- Note the date and time of the incident.
- Identify the location where the incident occurred.
- List any external forces involved.
- Record any witnesses present during the incident.

4. Seeking Medical Attention

Steps to take regarding medical evaluation and treatment.

- Seek immediate medical evaluation after any suspected head injury.
- Inform your doctor about the incident and all experienced symptoms.

- Request documentation of your symptoms and the doctor's findings.
- Follow all recommended medical treatment plans.
- Attend all follow-up medical appointments.
- Keep records of all medical visits, tests, and treatments.

5. Gathering Evidence

Collecting information to support your TBI claim.

- Obtain a police report if applicable (e.g., car accident).
- Collect photos or videos of the accident scene.
- Gather contact information for any witnesses.
- Save records of any property damage resulting from the incident.
- Keep a log of missed work or inability to perform daily activities.
- Document communication with insurance companies.

6. Understanding Legal Rights

Key considerations regarding legal representation for TBI cases.

- Understand that Colorado law focuses on functional changes, not just diagnoses.
- Recognize the importance of documenting measurable harm.
- Consider consulting with a TBI attorney.
- Ask potential attorneys about their experience with TBI cases.
- Understand the process for filing a claim.
- Be aware of statutes of limitations for filing claims.

Resources & Further Reading

Use these pages while working through the checklist:

■ Home

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■ Kirk McCormick

<https://mccormickmurphy.com/about/kirk-mccormick/>

■ James Murphy

<https://mccormickmurphy.com/about/james-murphy/>

■ Sample Case Result

<https://mccormickmurphy.com/about/sample-case-result/>

■ M + M in the community

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■ Testimonials

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Document your TBI symptoms and incident details to understand your legal options.