



January 2021



Volunteers—Remember to take meal temperatures daily



Monday	Tuesday	Wednesday	Thursday	Friday
January 4	January 5	January 6	January 7	January 8
Omelet with Cheese Blueberry Muffin Roasted Potatoes Stewed Tomatoes Mandarins & Pineapple Milk	Italian Noodle Casserole (Pasta) Parslied Carrots Cauliflower Sliced Pears Milk	Beef Patty with Gravy Slice of Whole Wheat Bread Mashed Potatoes Peas Sliced Peaches Milk	Chicken Stew Crackers Green Beans Homemade Cole Slaw Banana Milk	Black Eyed Pea Salad / HB Egg WW Dinner Roll Homemade Carrot Salad Pickled Beets Orange Milk
January 11	January 12	January 13	January 14	January 15
Ravioli w/Red Sauce & Chicken (Pasta) Cooked Seasoned Spinach Zucchini Pineapple Tidbits Milk	Albondigas w/Carrots & Potatoes Corn Tortilla Winter Blend Vegetables Corn Applesauce Milk	Breaded Haddock Filet Brown Rice Broccoli Romaine Salad Apricot Halves Milk	Chicken Enchilada Blanca (tortilla) Black Beans Tuscan Blend Vegetables Orange Milk	Chicken Sandwich w/ fixin's WW Hamburger Bun Mixed Vegetables Homemade Cole Slaw Fruit Cocktail Milk
January 18	January 19	January 20	January 21	January 22
Closed in honor of Martin Luther King Jr. Birthday. If you need a meal, please speak to your Site Manager.	Pork Rib Patty Oatmeal Cookie Sweet Potatoes Brussel Sprouts Sliced Pears Milk	HAPPY BIRTHDAY! Chili Beans with Meat Birthday Muffin Cauliflower Parslied Carrots Sliced Peaches Milk	Spaghetti w/Marinara & Meatballs (Whole Wheat Pasta) Mixed Vegetables 3 Bean Salad Orange Milk	Honey Mustard Chicken w/Romaine Crackers Green Pea Salad Corn Salad Mandarins & Pineapple Milk
January 25	January 26	January 27	January 28	January 29
Sweet & Sour Meatballs Brown Rice Winter Blend Vegetables Pickled Beets Fresh Apple Milk	Chicken Alfredo (Pasta) Broccoli Spinach Salad Apricot Halves Milk	Chicken Enchilada w/ Red Sauce (Tortilla) CA Blend Vegetables Corn Fruit Cocktail Milk	Hamburger wi/ Fixin's Whole Wheat Bun Roasted Potatoes Homemade Cole Slaw Banana Milk	Tuna Noodle Casserole (Whole Wheat Pasta) Scandi Blend Vegetables Homemade Carrot Salad Orange Milk

Menu item substitutions based on product availability

Cancellations & Reservations

Please call your Site Manager to CANCEL or RESUME your meals 2 BUSINESS DAYS IN ADVANCE

Site Locations:	Serving Time	Site Manager & Assessor	Phone Number
Atascadero and Templeton	11:30	Liz	466-2317
Cambria	11:45	Jesse/Kat	927-1268
Los Osos	11:30	Rachel	528-6923
Morro Bay Dining Room	11:30	Marilee/Kat	772-4422
Morro Bay/Cayucos Home-Delivery	Call: 772-4422		
Nipomo	12:00	Sandy	929-1066
Arroyo Grande, Grover Beach, Pismo Beach, Oceano	11:30	Debbie	489-5149
Paso Robles	11:30	Marlene	238-4831
Santa Margarita	11:15	Andrew	438-5854
San Luis Obispo Home Delivery	Call: Janine at 543-0469		
Downtown: Anderson Hotel	11:30	Janine	543-0469
Laguna Lake Area: U.C.C. Church	11:30	Les	541-1168
San Luis Obispo Main Office: 541-3312	Central Kitchen: 541-2063		