



# November 2020



Volunteers—Remember to take meal temperatures daily



Monday	Tuesday	Wednesday	Thursday	Friday
<b>November 2</b> Italian Noodle Casserole (Pasta) Brussel Sprouts Green Beans Fresh Apple Milk	<b>November 3</b> Chicken a la King Whole Wheat Pasta Broccoli Romaine Salad Apricot Halves Milk	<b>November 4</b> Chili Beans with Beef Crackers Cauliflower Zucchini Fruit Cocktail Milk	<b>November 5</b> Albondigas with Carrots & Potatoes Corn Tortilla Succotash Homemade Cole Slaw Banana Milk	<b>November 6</b> Chef's Salad with Turkey, Cheese, Egg CROUTONS Homemade Carrot Salad Corn Salad Orange Milk
<b>November 9</b> Breaded Haddock Filet Brown Rice Mixed Vegetables Pickled Beets Mandarins & Pineapple Milk	<b>November 10</b> Hamburger with Fixin's Whole Wheat Bun Homemade Carrot Salad CA Blend Vegetables Sliced Pears Milk	<b>November 11</b> <b>Closed for Veteran's Day.</b> <b>If you need a meal, please speak to your Site Manager.</b>	<b>November 12</b> Omelet with Cheese Bran Muffin Baked Potato Wedges Stewed Tomatoes Orange Milk	<b>November 13</b> Chicken Enchilada with White Sauce (Tortilla) Parslied Carrots Homemade Cole Slaw Sliced Peaches Milk
<b>November 16</b> Chicken Patty Parmesan Whole Wheat Pasta Cooked Seasoned Spinach Three Bean Salad Pineapple Tidbits Milk	<b>November 17</b> Mediterranean Chickpea Casserole (Rice) Summer Squash Homemade Cole Slaw Applesauce Milk	<b>November 18</b> <b>BIRTHDAY</b> Birthday Muffin Cheese Ravioli with White Sauce Broccoli Italian Blend Vegetables Apricot Halves, Milk	<b>November 19</b> Meatballs with BBQ Sauce Barley Pilaf CA Blend Vegetables Spinach Salad Fruit Cocktail Milk	<b>November 20</b> Oriental Chicken Salad with Noodles (Noodles) Pickled Beets Homemade Carrot Salad Orange Milk
<b>November 23</b> Beef Patty with Gravy Brown Rice Winter Blend Vegetables Pea Salad Sliced Pears Milk	<b>November 24</b> Chicken Enchiladas with Red Sauce (Tortilla) Pinto Beans Parslied Carrots Mandarins & Pineapple Milk	<b>November 25</b> Turkey w/ Gravy, Cranberry Sauce, Stuffing, Mashed Potatoes Green Bean Casserole Tangerines Dinner Roll & Butter Pumpkin Pie, Milk	<b>November 26</b> <b>Closed for Thanksgiving.</b> <b>If you need a meal, please speak to your Site Manager</b>	<b>November 27</b> <b>Closed for the Thanksgiving Holiday.</b> <b>If you need a meal, please speak to your Site Manager.</b>
<b>November 30</b> Pork Rib Patty W/BBQ Sauce Graham Crackers Sweet Potatoes Brussel Sprouts Sliced Peaches Milk	<b>December 1</b> Sweet & Sour Meatballs Brown Rice Cauliflower Romaine Salad Fresh Apple Milk	<b>December 2</b> Tuna Noodle Casserole (Pasta) Scandi Blend Vegetables Homemade Cole Slaw Fruit Cocktail Milk	<b>December 3</b> Spaghetti w/ Meat & Marinara (Whole Wheat Spaghetti) Cooked Seasoned Spinach Three Bean Salad Banana, Milk	<b>December 4</b> Chicken Sandwich with Fixin's Whole Wheat Bun Broccoli Mixed Vegetables Apricot Halves Milk

= High Sodium Meal

Menu item substitutions based on product availability

## Cancellations & Reservations

**Please call your Site Manager to CANCEL or RESUME your meals 2 BUSINESS DAYS IN ADVANCE**

Site Locations:	Serving Time	Site Manager & Assessor	Phone Number
Atascadero and Templeton	11:30	Liz	<b>466-2317</b>
Cambria	11:45	Jesse/Kat	<b>927-1268</b>
Los Osos	11:30	Rachel	<b>528-6923</b>
Morro Bay Dining Room	11:30	Marilee/Kat	<b>772-4422</b>
Morro Bay/Cayucos Home-Delivery	Call: 772-4422		
Nipomo	12:00	Sandy	<b>929-1066</b>
Arroyo Grande, Grover Beach, Pismo Beach, Oceano	11:30	Debbie	<b>489-5149</b>
Paso Robles	11:30	Marlene	<b>238-4831</b>
Santa Margarita	11:15	Tina	<b>438-5854</b>
San Luis Obispo Home Delivery	Call: Janine at 543-0469		
Downtown: Anderson Hotel	11:30	Janine	<b>543-0469</b>
Laguna Lake Area: U.C.C. Church	11:30	Les	<b>541-1168</b>
San Luis Obispo Main Office: 541-3312	Central Kitchen: 541-2063		