



December 2020



Volunteers—Remember to take meal temperatures daily



Monday	Tuesday	Wednesday	Thursday	Friday
December 7	December 8	December 9	December 10	December 11
Omelet with Cheese Muffin Baked Potato Stewed Tomatoes Mandarins w/Pineapple Milk	Italian Noodle Casserole (Whole Wheat Pasta) CA Blend Vegetables Zucchini Sliced Pears Milk	Chicken Enchilada in White Sauce (Tortilla) Brussel Sprouts Homemd Carrot Salad Sliced Peaches Milk	Chili Beans with Meat Crackers Herbed Carrots Homemade Cole Slaw Applesauce Milk	Curried Chicken Salad Slice of Wheat Bread Green Pea Salad Pickled Beets Orange Milk
December 14	December 15	December 16	December 17	December 18
Breaded Fish Filet Brown Rice Cooked Seasoned Spinach Homemd 3 Bean Salad Pineapple Tidbits Milk	Hamburger & Bun with Fixin's (Whole Wheat Bun) Baked Beans Cauliflower Fruit Cocktail Milk	HAPPY BIRTHDAY Meatballs in Gravy Birthday Muffin Mashed Potatoes Green Beans Banana Milk	Chicken Patty Parmesan Whole Wheat Pasta Broccoli Spinach Salad Apricot Halves Milk	Beefy Taco Salad w/ Romaine Lettuce Tostada Cilantro Cole Slaw Corn Salad Sliced Pears Milk
December 21	December 22	December 23	December 24	December 25
Chicken Enchilada with Red Sauce (Tortilla) Pinto Beans CA Blend Vegetables Sliced Peaches Milk	Beef Patty with Gravy Whole Wheat Pasta Summer Squash Homemd Carrot Salad Mandarins & Pineapple Milk	Cheese Ravioli Meat & Marinara Sauce Winter Blend Vegetables Tuscany Blend vegetables Fresh Apple Milk	 Glazed Ham Wh. Wheat Dinner Roll Scalloped Potatoes Glazed Carrots Apple Pie Orange Milk	Closed for the Christmas Holiday. <i>If you need a meal, please speak to your Site Manager</i> 
December 28	December 29	December 30	December 31	January 1
Pork Rib Patty w/ BBQ Sauce Oatmeal Cookie Sweet Potatoes Brussel Sprouts Fruit Cocktail Milk	Tuna & Noodle Casserole (Pasta) Broccoli Homemd 3-Bean Salad Apricot Halves Milk	Spaghetti w/ Meat & Marinara (Pasta) Cooked Seasoned Spinach Romaine Salad Banana Milk	Black Eyed Peas & Sausage Corn Muffin Homemade Carrot Salad Zucchini Orange Milk	Closed for New Year's Day. <i>If you need a meal, please speak to your Site Manager</i> 

 = High Sodium Meal

Menu item substitutions based on product availability

Cancellations & Reservations

Please call **your Site Manager** to **CANCEL** or **RESUME** your meals
2 BUSINESS DAYS IN ADVANCE

Site Locations:	Serving Time	Site Manager & Assessor	Phone Number
Atascadero and Templeton	11:30	Liz	466-2317
Cambria	11:45	Jesse/Kat	927-1268
Los Osos	11:30	Rachel	528-6923
Morro Bay Dining Room	11:30	Marilee/Kat	772-4422
Morro Bay/Cayucos Home-Delivery	Call: 772-4422		
Nipomo	12:00	Sandy	929-1066
Arroyo Grande, Grover Beach, Pismo Beach, Oceano	11:30	Debbie	489-5149
Paso Robles	11:30	Marlene	238-4831
Santa Margarita	11:15	Andrew	438-5854
San Luis Obispo Home Delivery	Call: Janine at 543-0469		
Downtown: Anderson Hotel	11:30	Janine	543-0469
Laguna Lake Area: U.C.C. Church	11:30	Les	541-1168
San Luis Obispo Main Office: 541-3312	Central Kitchen: 541-2063		