



July 2020



Volunteers—Remember to take meal temperatures daily



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>JULY 6, 2020</i>	<i>JULY 7, 2020</i>	<i>JULY 8, 2020</i>	<i>JULY 9, 2020</i>	<i>JULY 10, 2020</i>
PORK RIB PATTY W/ BBQ SAUCE GRAHAM CRACKERS SWEET POTATOES BRUSSEL SPROUTS MANDARINS & PINEAPPLE MILK	MEATBALLS IN GRAVY BROWN RICE MIXED VEGETABLES HOMEMADE COLE SLAW APPLESAUCE MILK	OMELET W/CHEESE BRAN MUFFIN BAKED POTATO STEWED TOMATO CANTALOUPE MILK	ITALIAN NOODLE CASSEROLE (PASTA) WINTER VEGETABLES SPINACH SALAD BANANA MILK	TUNA MACARONI SALAD (PASTA) HOMEMADE CARROT SALAD HOMEMADE PEA SALAD LOCAL STRAWBERRIES MILK
<i>JULY 13, 2020</i>	<i>JULY 14, 2020</i>	<i>JULY 15, 2020</i>	<i>JULY 16, 2020</i>	<i>JULY 17, 2020</i>
HUNGARIAN GOULASH (PASTA) SEASONED SPINACH PICKLED BEETS PINEAPPLE TIDBITS MILK	CHEESE RAVIOLI W/ WHT SAUCE & CHICKEN (PASTA) BROCCOLI ROMAINE SALAD APRICOT HALVES MILK	CHICKEN ENCHILADA/ RED SAUCE (TORTILLA) BLACK BEANS CORN HONEYDEW MELON, BIRTHDAY MUFFIN MILK	CHICKEN SANDWICH WHOLE WHEAT BUN CAULIFLOWER HOMEMADE CARROT SALAD FRUIT COCKTAIL MILK	CHEF'S SALAD: ROMAINE, TURKEY, CHEESE, EGG WHOLE WHEAT BREAD HOMEMADE BEAN SALAD HOMEMADE COLE SLAW LOCAL STRAWBERRIES MILK
<i>JULY 20, 2020</i>	<i>JULY 21, 2020</i>	<i>JULY 22, 2020</i>	<i>JULY 23, 2020</i>	<i>JULY 24, 2020</i>
SWEET & SOUR MEATBALLS BROWN RICE ORIENTAL VEGETABLES CORN SALAD ORANGE MILK	BEEF PATTY W/ GRAVY OATMEAL COOKIES MASHED POTATOES HOMEMADE CARROT SALAD SLICED PEARS MILK	BREADED HADDOCK FILET BROWN RICE HOMEMADE COLE SLAW GREEN BEANS SLICED PEACHES MILK	WHOLE WHEAT SPAGHETTI W/ MT & MARINARA SAUCE CALIF VEGETABLES ROMAINE SALAD APPLE MILK	ORIENTAL CHICKEN & NOODLES SALAD (PASTA) SPINACH SALAD HOMEMADE PEA SALAD WATERMELON MILK
<i>JULY 27, 2020</i>	<i>JULY 28, 2020</i>	<i>JULY 29, 2020</i>	<i>JULY 30, 2020</i>	<i>JULY 31, 2020</i>
CHILI BEANS W/ MEAT WHOLE WHEAT BREAD BRUSSEL SPROUTS HOMEMADE CARROT SALAD FRUIT COCKTAIL MILK	CHEESE ENCHILADA/ WH. SAUCE & CHICKEN (TORTILLA) BROCCOLI SUCCOTASH APRICOT HALVES MILK	HAMBURGER ON A BUN WHOLE WHEAT BUN SCANDI VEGETABLES HOMEMADE COLE SLAW SLICE PEARS MILK	CHICKEN A LA KING WHOLE WHEAT PASTA WINTER VEGETABLES HOMEMADE BEAN SALAD SLICED PEACHES MILK	CHICKEN RANCH SALAD W/ ROMAINE CROUTONS PICKLED BEETS HOMEMADE CORN SALAD CANTALOUPE MILK

Cancellations & Reservations

*Please call your Site Manager to CANCEL or RESUME your meals
2 BUSINESS DAYS IN ADVANCE*

Site Locations:	Serving Time	Site Manager & Assessor	Phone Number
Atascadero and Templeton	11:30	Liz	466-2317
Cambria	11:45	Jesse/Doris	927-1268
Los Osos	11:30	Rachel	528-6923
Morro Bay Dining Room	11:30	Marilee/Kat	772-4422
Morro Bay/Cayucos Home-Delivery	Call: 772-4222 or 772-3110		
Nipomo	12:00	Sandy	929-1066
Arroyo Grande, Grover Beach, Pismo Beach, Oceano	11:30	Debbie	489-5149
Paso Robles	11:30	Marlene	238-4831
Santa Margarita	11:15	David	438-5854
San Luis Obispo Home Delivery	Call: Janine at 543-0469		
Downtown: Anderson Hotel	11:30	Janine	543-0469
Laguna Lake Area: U.C.C. Church	11:30	Les	541-1168
San Luis Obispo Main Office: 541-3312	Central Kitchen: 541-2063		