



September 2020



Volunteers—Remember to take meal temperatures daily



Monday	Tuesday	Wednesday	Thursday	Friday
August 31	September 1	September 2	September 3	September 4
Chicken a la King (pasta) Green Beans Pickled Beets Orange Milk	Sweet & Sour Meatballs Brown Rice Homemade Cole Slaw Oriental Veggie Blend Fresh Apple Milk	Italian Noodle Casserole Cooked Seasoned Spinach Summer Squash Pineapple Tidbits Milk	Pork Chop w/Gravy Slice of WW Bread Cauliflower & Peas Romaine Salad Watermelon Milk	Tuna Mac Salad (Pasta) Fresh Tomato Wedges Homemade Carrot Salad Sliced Pears Milk
September 7	September 8	September 9	September 10	September 11
We are closed in observance of Labor Day. Home Delivery Clients if you need a meal, contact your site manager	Pork Rib Patty w/ BBQ Sauce Oatmeal Cookie Sweet Potatoes Brussel Sprouts Fruit Cocktail Milk	Chicken Enchilada w/ White Chicken Sauce Mixed Veggies Fresh Tomato Wedges Fresh Fruit Milk	Ravioli w/ Meat Sauce Zucchini Succotash Cantaloupe Milk	Hawaiian Chicken Salad Wheat Crackers Pea Salad Pickled Beets Orange Milk
September 14	September 15	September 16	September 17	September 18
Meatballs w/ Gravy WW Pasta Winter Blend Veggies Homemade Bean Salad Sliced Pears Milk	Breaded Haddock Brown Rice Broccoli Homemade Cole Slaw Apricots	HAPPY BIRTHDAY Omelet w/ Cheese Baked Potato Stewed Tomatoes Honeydew Melon Milk Birthday Muffin	Spaghetti w/ Meatballs & Marinara WW Pasta Parslied Carrots Spinach Salad Mandarins & Pineapple Milk	Southwest Chicken Salad w/ Romaine Tostada Fresh Tomato Wedges Corn salad Sliced Peaches Milk
September 21	September 22	September 23	September 24	September 25
Chicken Enchilada w/ Red Sauce Broccoli Tuscan Blend Veggies Applesauce & Graham Crackers Milk	Beef Patty w/ Gravy Slice of WW Bread CA Blend Veggies Romaine Salad Sliced Pears Milk	Chicken Patty Parmesan WW Pasta CA Blend Veggies Romaine Salad Sliced Pears Milk	Garbanzos & Beef Casserole Brown Rice Scandinavian Veggies Summer Squash Watermelon Milk	Chef Salad, Turkey, Cheese, HB Egg, Romaine w/ Croutons & Crackers Tomato Wedges Homemade Carrot Salad Sliced Peaches Milk
September 28	September 29	September 30	October 1	October 2
Spaghetti w/ Meat & Marinara Cooked Spinach Homemade Bean Salad Pineapple Tidbits Milk	Tuna Noodle Casserole (Pasta) Brussel Sprouts Romaine Salad Fresh Apple	Albondigas w/ Potatoes & Carrots Corn Tortilla Green Beans Homemade Cole Slaw Banana Milk	Pork Chop w/ Chile Verde Sauce Brown Rice Broccoli Pickled Beets Apricot Milk	Oriental Chicken Salad w/Noodles Homemade Carrot Salad Tomato Wedges Fruit Cocktail Milk

Menu item substitutions based on product availability

Cancellations & Reservations

Please call your Site Manager to CANCEL or RESUME your meals 2 BUSINESS DAYS IN ADVANCE

Site Locations:	Serving Time	Site Manager & Assessor	Phone Number
Atascadero and Templeton	11:30	Liz	466-2317
Cambria	11:45	Jesse/Kat	927-1268
Los Osos	11:30	Rachel	528-6923
Morro Bay Dining Room	11:30	Marilee/Kat	772-4422
Morro Bay/Cayucos Home-Delivery	Call: 772-4422		
Nipomo	12:00	Sandy	929-1066
Arroyo Grande, Grover Beach, Pismo Beach, Oceano	11:30	Debbie	489-5149
Paso Robles	11:30	Marlene	238-4831
Santa Margarita	11:15	David	438-5854
San Luis Obispo Home Delivery	Call: Janine at 543-0469		
Downtown: Anderson Hotel	11:30	Janine	543-0469
Laguna Lake Area: U.C.C. Church	11:30	Les	541-1168
San Luis Obispo Main Office: 541-3312	Central Kitchen: 541-2063		