




MARCH 2018



| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 5 Chicken Alfredo (Pasta) Broccoli Green Beans Apricot Halves Milk | 6 Garbanzo Beef Casserole (Rice) Cauliflower And Peas Homemade Carrot Salad Baked Apple Slices With Cinnamon Milk | 7 Lasagna With Meat & Cheese (Pasta) Cooked Seasoned Spinach Summer Squash Banana Milk | 8 Chinese Chicken Salad (Noodles) Asian Slaw Pea Salad Fruit Cocktail Milk | 9 Cheese Ench W/ Red Sauce Pinto Beans (Tortilla) Mixed Vegetables Romaine Salad Orange Milk |
| 12 Bkd Chix Patty W/ Curry Sauce Graham Crackers Parslied Potatoes And Carrots Homemade Cole Slaw Sliced Peaches Milk | 13 Sweet And Sour Meatballs Brown Rice Winter Mix Vegetables Pickled Beets Sliced Pears Milk | 14 Cheese Ravioli W/ Meat Sauce (Pasta) Brussels Sprouts Parslied Carrots Applesauce Milk | 15 Roast Sliced Turkey Homemade Stuffing Corn Homemade Carrot Salad Mandarins And Pineapple Milk | 16 Cheese Omelet Muffin Baked Potatoes Stewed Tomatoes Orange Milk |
| 19 Cheese Enchilada/Chicken In White Sauce CA Blend Vegetables Lima Beans Fruit Cocktail Milk | 20 Chicken Stew Crackers Green Beans Homemade Cole Slaw Sliced Peaches Milk | 21 Whole Wheat Spaghetti With Meat And Marinara Sauce Broccoli Romaine Salad Apricots, Birthday Muffin Milk | 22 Beefy Patty With Gravy Oatmeal Cookie Mashed Potatoes Succotash Sliced Pears Milk | 23 Tuna Salad Slice Of Bread Homemade Carrot Salad Romaine Salad Mandarins And Pineapple Milk |
| 26 Pork Rib Patty With BBQ Sauce Barley Pilaf Parslied Carrots 3 Bean Salad Orange Milk | 27 Chili Beans With Meat Crackers Cauliflower Zucchini Banana Milk | 28 Meatballs With Gravy Whole Wheat Pasta Winter Blend Vegetables Homemade Carrot Salad Fresh Apple Milk | 29 Chicken Leg With BBQ Sauce Slice Of Wheat Bread Sweet Potatoes Brussel Sprouts Pineapple Tidbits Milk | 30 Breaded Haddock Filet Brown Rice Homemade Cole Slaw Mixed Vegetables Strawberries Milk |
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Please make your meal reservations or cancellations two working days ahead.

NOTE: U.S. Dietary Guidelines recommend that we consume fewer than 2300 mg of sodium a day. Meals on this menu marked with  contain over 1000 mg of sodium. We are still researching the sodium content of our recipes and attempting to reduce the sodium content of the meals. Try to balance your sodium intake throughout the rest of the day.