




# SEPTEMBER 2018



Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
<i>Closed For Labor Day If You Need A Meal, Speak To Your Site Manager</i>	BBQ Pork Rib Patty Oatmeal Cookie Sweet Potatoes Brussel Sprouts Fresh Apple Milk	Omelet With Cheese Whole Wheat Bread Potato Bakes Tomato Wedges Sliced Pears Milk	Spaghetti With Meatballs  Broccoli Bean Salad Apricot Halves Milk	Hawaiian Chicken Salad Crackers Romaine Salad Pea Salad Orange Milk
10	11	12	13	14
Italian Noodle Casserole  Winter Blend Vegetables Pickled Beets Fruit Cocktail Milk	Beef Patty With Gravy Graham Cracker Mashed Potatoes Green Beans Banana Milk	Cheese Enchilada W/ Chicken In White Sauce Parslied Carrots Succotash Honeydew Melon Milk	Oven Baked Chicken Leg Whole Wheat Dinner Roll Peas Homemade Cole Slaw Mandarins And Pineapple Milk	Tuna Salad Slice Of Whole Wheat Bread Homemade Carrot Salad Tomato Wedges Sliced Peaches Milk
17	18	19	20	21
Chili Beans And Meat Crackers Broccoli Corn Apricots Milk	Chicken Sandwich With Fixins Whole Wheat Bun Summer Squash Tomato Wedges Applesauce Milk	Meat And Cheese Lasagna  Cooked Seasoned Spinach Green Salad Banana & Birthday Muffin Milk	Sweet & Sour Meatballs Brown Rice Cauliflower Bean Salad Sliced Pears Milk	Chicken Ranch Salad, Romain Crackers Corn Salad Pickled Beets Cantaloupe Milk
24	25	26	27	28
Cheese Ravioli With Red Sauce & Meat CA Blend Vegetables Lima Beans Fruit Cocktail Milk	White Bean & Chicken Chili Oatmeal Cookie Zucchini Homemade Cole Slaw Sliced Peaches Milk	Crab Cakes Brown Rice Mixed Vegetables Green Pea Salad Watermelon Milk	Cheese Enchilada W/ Chicken In Red Sauce Corn Homemade Carrot Salad Mandarins And Pineapple Milk	Beefy Taco Salad, Romaine Tostada Broccoli Slaw Tomato Wedges Strawberry Applesauce Milk

**Please make your meal reservations or cancellations two working days ahead.**

NOTE: U.S. Dietary Guidelines recommend that we consume fewer than 2300 mg of sodium a day. Meals on this menu marked with  contain over 1000 mg of sodium. We are still researching the sodium content of our recipes and attempting to reduce the sodium content of the meals. Try to balance your sodium intake throughout the rest of the day.