




DECEMBER 2018



Monday	Tuesday	Wednesday	Thursday	Friday
3 Cheese Enchilada With Chicken In Red Sauce Pinto Beans Mixed Vegetables Orange Milk	4 Beef Patty With Gravy Graham Crackers Mashed Potatoes Summer Squash Sliced Peaches Milk	5 Meat And Cheese Lasagna Cooked Seasoned Spinach Romaine Salad Pineapple Tidbits Milk	6 Ground Meat Stroganoff Noodles Cauliflower Homemade Carrot Salad Banana Milk	7 Chicken Fiesta Casserole Rice Brussel Sprouts Homemade Cole Slaw Fresh Apple Milk
10 Meatballs In Gravy Noodles 3 Bean Salad Parslied Carrots Mandarins And Pineapple Milk	11 Chicken Stew Slice Of Whole Wheat Bread Broccoli Romaine Salad Sliced Apricots Milk	12 Fish Filet Sandwich Whole Wheat Bun Green Beans Homemade Cole Slaw Sliced Pears Milk	13 Cheese Ravioli Meat And Marinara Sauce California Blend Vegetables Italian Blend Vegetables Fruit Cocktail Milk	14 Chicken Ranch Salad Crackers Corn Salad Pickled Beets Orange Milk
17 Penne With Turkey And Broccoli (Pasta) Peas Summer Squash Mandarins And Pineapples Milk	18 Cheese Enchilada With White Sauce With Chicken Winter Mix Vegetables Homemade Carrot Salad Sliced Peaches Milk	19 Tamale Pie (Grits) Cauliflower Lima Beans Applesauce Milk	20 Chicken Patty In Wine Sauce Oatmeal Cookie Mashed Potatoes Mixed Vegetables Pears Milk	21 Baked Ham, Dinner Rolls Sweet Potatoes & Apples Brussel Sprouts With Bacon Tangerine Apple Pie Milk
24 Closed For Christmas Holiday If You Need A Meal Speak To Your Site Manager	25 Closed For Christmas Holiday If You Need A Meal Speak To Your Site Manager	26 Pork Rib Patty Graham Crackers Parslied Potatoes & Carrots Pickled Beets Orange Milk	27 Sweet & Sour Meatballs Brown Rice Broccoli 3 Bean Salad Sliced Apricots Milk	28 Tuna Salad Slice Of Bread Pea Salad Homemade Cole Slaw Fruit Cocktail Milk
31 Blk Eyed Peas/Turkey Sausage Dinner Roll Zucchini Winter Blend Vegetables Sliced Peaches Milk	1 Closed For New Year's Day If You Need A Meal Speak To Your Site Manager	2 Omelet With Cheese Muffin Stewed Tomatoes Parslied Carrots Mandarin Pineapple Milk	3 Oriental Chicken Casserole (Noodle) Green Beans Homemade Cole Slaw Orange Milk	4 Sloppy Joe Whole Wheat Bun Brussel Sprouts Homemade Carrot Salad Banana Milk

NOTE: U.S. Dietary Guidelines recommend that we consume fewer than 2300 mg of sodium a day. Meals on this menu marked with  contain over 1000 mg of sodium. We are still researching the sodium content of our recipes and attempting to reduce the sodium content of the meals. Try to balance your sodium intake throughout the rest of the day.