



Children with Diabetes[®] *Presents*

 Friends for Life[®]

April 5-7, 2024 • Falls Church Marriott • Falls Church, VA

Dexcom

inspired by our community



Use overpatch
as instructed.

Dexcom is proud to sponsor **Children with Diabetes**. Founded in 1999, Dexcom has emerged as a leader of diabetes care technology through innovative continuous glucose monitoring (CGM) systems. In partnership with our healthcare providers, we have empowered more than 1 million people living with diabetes in the US.

Learn more about Dexcom and those who inspire us at dexcom.com/warriors



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Dear CWD Friends,

Welcome to the Friends for Life Falls Church 2024 conference!

Over the past two decades, we have worked hard to develop and refine CWD’s smaller regional conferences with the intent of offering excellent programming for adults and children in a smaller, more intimate atmosphere than our big summer conference in Orlando. It is our hope that over the course of this weekend, you have opportunity to meet every other person in attendance, whether they are faculty, sponsors, exhibitors, staff, or simply other attendees like you. And, by Sunday afternoon, we hope that you will have new FFLs – friends for life – to support you and your family in your journey with type 1 diabetes.

Please take a few minutes to look over the schedule for Friday, Saturday, and Sunday. During some time slots for adults, we have scheduled only one speaker. At other times, we will divide into breakout sessions. You may attend any of the adult sessions; no sign-up is necessary. Sessions for adults and parents are in the Salons IV, V, and VII/VIII. Refreshments breaks are in Alexandria I and II.

Children’s sessions are all located on the third floor as follows:

- Teens (ages 13-17):** Arlington
- Tweens (ages 9-12):** Great Falls
- Elementary (ages 6-8):** Falls Church
- Kiddie Kove (ages 0-5):** Vienna

The kids will report to these rooms each session, each day. Please note that while we will always check a child’s blood glucose if there is a question or if a child doesn’t feel well, we ask that you continue to manage your child’s diabetes as you would at home. We do have low supplies in every room and at registration.

We’d like to thank the staff, volunteers, and speakers who are with us this weekend. We know that travel isn’t as easy as it used to be, and we so appreciate you bringing your energy, knowledge, and support to those in attendance. You make a difference. We appreciate you.

Finally, a big thank you to our sponsors and exhibitors. Holding a Friends for Life conference is expensive and costs more than double per person than what we charge for registration. We are able to hold our events because of your generosity, both of funding and time. Your consistent support has made these regional FFLs possible year after year – for over 20 years! You are all truly friends for life.

Have a wonderful conference!



Jeff Hitchcock
Founder, President, and CEO
Children with Diabetes
jeffh@childrenwithdiabetes.com



Leigh Fickling, JD, MEd, MS
Chief Operating Officer
Children with Diabetes
leigh@childrenwithdiabetes.com



Adult Program

FRIDAY, APRIL 5

7:00 – 9:00	Registration is located at the Convention Center Registration Desk. Exhibits open in Alexandria I and II with dessert reception and light refreshments, and open bar.
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SATURDAY, APRIL 6

	Salon IV	Salon V	Salon VII/VIII
8:00 – 9:00	Buffet Breakfast in Salon IV and V		
9:00 – 10:00	Opening Keynote: Everest Expedition: Unearthing Insights into Diabetes Will Cross		
10:00 – 11:00	Refreshment Break and Exhibits Open in Alexandria I and II		
11:00 – 12:00	Optimizing Diabetes: Adjusting AID System Settings Michael Greenberg, ANP, CDCES	Diabetes Management for Grandparents and other Caregivers Siobhan Tellez, DNP, APRN, CPNP-PC	Frazzled Friends for Life: Moms Discussion Group Leigh Fickling, JD, MEd, MS
12:00 – 1:30	Lunch in Salon IV and V		
1:30 – 2:30	Cultivating Positive Relationships with Food Maria Kim, MS, RD, LD	The Americans with Disabilities Act - Your Rights in College + Beyond Leigh Fickling, JD, MEd, MS and Matt Point, MS	Adults with T1D Open Discussion Michael Greenberg, ANP, CDCES and Marissa Town, RN, BSN, CDCES
2:30 – 3:30	Refreshment Break and Exhibits Open in Alexandria I and II		
3:30 – 4:30	Parenting Children with Diabetes Maureen Monaghan, PhD	How to Choose what Diabetes Tech is Right for You Siobhan Tellez, DNP, APRN, CPNP-PC	Safe Space Significant Others Matt Point, MS
8:00 - 10:00	Fiffle Social– Snacks, Desserts, Drinks, Karaoke and More in Salon IV and V		

SUNDAY, APRIL 7

	Salon IV	Salon V	Salon VII/VIII
8:00 – 9:00	Buffet Breakfast in Salon IV and V		
9:00 – 10:00	Dealing with Diabetes Adhesives Siobhan Tellez, DNP, APRN, CPNP-PC	Diabetes in K-12 Schools Leigh Fickling, JD, MEd, MS	
10:00 – 11:00	Refreshment Break in Alexandria I and II		
11:00 – 12:00	Identifying and Treating Disordered Eating in Diabetes Maria Kim, MS, RD, LD	Stepping up to the Plate: Diabetes Advocacy Amanda Kaufman and Jacob Jansen	Diabetes Dads Down to Earth Ray Benedetto, DM, MS, LFACHE
12:00 – 1:30	Lunch in Salon IV and V		
1:30 – 2:30	Managing Diabetes while Exercising Michael Greenberg, ANP, CDCES	From the Bullpen: Advocacy Training Amanda Kaufman and Jacob Jansen	Navigating the Added Stressors that Diabetes Brings Maureen Monaghan, PhD
2:30 – 3:30	Refreshment Break in Alexandria I and II		
3:30 – 4:30	Closing Keynote - Peak Performance: Bridging Worlds between Skiing and Diabetes Lauren Salko		



Youth Program

SATURDAY, APRIL 6				
	Kiddie Kove Vienna	Elementary Falls Church	Tween Great Falls	Teen Arlington
8:00 – 9:00	Buffet Breakfast in Salon IV and V			
9:00 – 10:00	Welcome Spring Time Sprouts!	Ice Breakers: Connections and Team Building	Meet the Tweens: Icebreaker Activities and Team Building	Team Building Scavenger Hunt
10:00 – 11:00	Refreshment Break and Exhibits Open in Alexandria I and II			
11:00 – 12:00	Rainy Day Crafts for Little Hands	Fun Food Exploration: Healthy Eating Habits Maria Kim, MS, RD, LD	Tween Assemble Maureen Monaghan, PhD	Sports Central: Let's Get Moving
12:00 – 1:30	Lunch in Salon IV and V			
1:30 – 2:30	Spring Time Sprouts with Sport Central	Get Connected: Special Sessions for Orange and Green Bands Maureen Monaghan, PhD	Games Galore: A Playful Mix of Fun and Learning	TechTalk: Exploring Technology and Innovation in Diabetes Care
2:30 – 3:30	Refreshment Break and Exhibits Open in Alexandria I and II			
3:30 – 4:30	Storytime Adventures for Raindrop Readers	Team Challenge: Scavenger Hunt	Diabetes Jeopardy Challenge: Test Your Knowledge	Diabetes Jeopardy: Put Your Knowledge to the Test
SUNDAY, APRIL 7				
	Kiddie Kove Vienna	Elementary Falls Church	Tween Great Falls	Teen Arlington
8:00 – 9:00	Buffet Breakfast in Salon IV and V			
9:00 – 10:00	Welcome Back Spring Time Sprouts!	Sports Central: Let's Move! Let's Play!	Food is Fun: Exploring Healthy Eating Habits Maria Kim, MS, RD, LD	Thinking Traps: Exploring Matters of the Mind Maureen Monaghan, PhD
10:00 – 11:00	Refreshment Break in Alexandria I and II			
11:00 – 12:00	Little Gardeners at Work	Movie Time: A Chance to Unwind	Tech Time: Exploring Gadgets and Apps for Diabetes Care	Risky Business - Exploring Decision-Making Skills Siobhan Tellez, DNP, APRN, CPNP-PC
12:00 – 1:30	Lunch in Salon IV and V			
1:30 – 2:30	Spring Time Stretch and Move!	Adventures in Play: Games and Team Challenges	Sports Central: Getting Active with T1D	Mindful Eating: Listening to Our Bodies' Cues Maria Kim, MS, RD, LD
2:30 – 3:30	Refreshment Break in Alexandria I and II			
3:30 – 4:30	See Ya Later, Little Sprouts!	Our FFL Scrapbook: Creating Memories and Keepsakes	Movie Magic: Relaxation Weekend Debrief	Closing Keynote: Get Inspired

SECOND GENERATION TRAIL BLAZER

first generation to **DELAY HER T1D**

FOR THE FIRST TIME EVER, IT'S POSSIBLE TO DELAY THE ONSET
OF INSULIN-DEPENDENT STAGE 3 TYPE 1 DIABETES (T1D)

Actor portrayal

IF SOMEONE IN YOUR FAMILY HAS T1D, you and your loved ones are **up to 15 times** more likely to develop it. But TZIELD is changing the way T1D is treated. TZIELD is for people 8 years and older with Stage 2 T1D.



VISIT BOOTH 111
OR TZIELD.COM
TO LEARN MORE

What is TZIELD?

TZIELD is a prescription medicine used to delay the onset of Stage 3 type 1 diabetes, which is when your body can't make enough insulin on its own and may require insulin injections. TZIELD is for **adults and children 8 years of age and older who have Stage 2 type 1 diabetes**. This means that they have tested positive for 2 or more type 1 diabetes-related autoantibodies, have abnormal blood sugar levels, and do not have type 2 diabetes.

It is not known if TZIELD is safe and effective in children under 8 years of age.

IMPORTANT SAFETY INFORMATION

What is the most important information I should know about TZIELD?
TZIELD may cause serious side effects. These include:

- **Cytokine release syndrome (CRS).** Signs and symptoms may start during the first 5 days of TZIELD treatment and could include fever, nausea, feeling tired (fatigue), headache, muscle and joint pain, or increased liver enzymes in your blood. Tell your healthcare provider right away if you develop any signs and symptoms of CRS during treatment with TZIELD
- **Decrease in white blood cells.** TZIELD may cause a decrease in a type of white blood cell called lymphocytes. A decrease in white blood cells is a serious, but common side effect that can affect your body's ability to fight infections. A decrease in white blood cell counts can happen after your first dose. Your white blood cell counts will start to go back to normal after your fifth dose of TZIELD. Some people may develop longer and more severe decreases in lymphocytes

Your healthcare provider will do blood tests to check your liver and your complete blood counts before you start treatment and during treatment with TZIELD. During and after your treatment with TZIELD, your healthcare provider will check for serious side effects, as well as other side effects, and treat you as needed. Your healthcare provider may temporarily or completely stop your treatment with TZIELD, if you develop liver problems, have a serious infection, or if your blood counts stay too low.

What should I tell my healthcare provider before receiving TZIELD?

Before or after receiving TZIELD, tell your healthcare provider about all your medical conditions, including if you:

- have a serious infection or an infection that does not go away or keeps coming back
- have recently received or are scheduled to receive an immunization (vaccine). TZIELD may affect how well a vaccine works. Tell your doctor that you are receiving TZIELD before receiving a vaccine
- are pregnant or plan to become pregnant. TZIELD may harm your unborn baby. Do not receive TZIELD during pregnancy and at least 30 days before a planned pregnancy
- are breastfeeding or plan to breastfeed. It is not known if TZIELD passes into your breast milk and if it can harm your baby. Talk to your healthcare provider about the best way to feed your baby if you receive TZIELD

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

What are the possible side effects of TZIELD?

The most common side effects of TZIELD include:

- rash
- leukopenia (decrease in white blood cell counts)
- headache

These are not all of the possible side effects of TZIELD. Talk to your healthcare provider for more information, and tell them about any side effects you notice. You may report side effects to the FDA at www.fda.gov/medwatch or 1-800-FDA-1088.

Please see Brief Summary of Prescribing Information on the next page.

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VISIT BOOTH 111 OR TZIELD.COM TO LEARN MORE

TzielD
(teplizumab-mzww)
Injection | 2mg/2mL

<p style="text-align: center;">SUMMARY OF INFORMATION ABOUT TZIELD® (teplizumab-mzwv) injection, for intravenous use</p>	<p>encouraged to report your pregnancy to the Provention Bio's Adverse Event reporting line at 1-800-633-1610.</p> <ul style="list-style-type: none"> are breastfeeding or plan to breast feed. It is not known if TZIELD passes into your breast milk and if it can harm your baby. Talk to your healthcare provider about the best way to feed your baby if you receive TZIELD. If you are breastfeeding, you may consider pumping and throwing away your breast milk during treatment with TZIELD and for 20 days after receiving TZIELD treatment. <p>Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.</p>
<p>What is the most important information I should know about TZIELD?</p> <p>TZIELD may cause serious side effects, including:</p> <ul style="list-style-type: none"> Cytokine Release Syndrome (CRS). Signs and symptoms of CRS problems may include: <ul style="list-style-type: none"> fever feeling tired (fatigue) muscle and joint pain nausea headache increased liver enzymes in your blood <p>These signs and symptoms may start during the first 5 days of TZIELD treatment. Tell your healthcare provider right away if you develop any signs and symptoms of CRS during treatment with TZIELD.</p> <ul style="list-style-type: none"> Decrease in white blood cells. TZIELD may cause a decrease in a type of white blood cell called lymphocytes. A decrease in white blood cells is a serious, but common side effect that can affect your body's ability to fight infections. A decrease in white blood cell counts can happen after your first dose. Your white blood cell counts will start to go back to normal after your fifth dose of TZIELD. Some people may develop longer and more severe decreases in lymphocytes. <p>Your healthcare provider will do blood tests to check your liver and your complete blood counts before you start treatment and during treatment with TZIELD. During and after your treatment with TZIELD, your healthcare provider will check for serious side effects, as well as other side effects, and treat you as needed. Your healthcare provider may temporarily or completely stop your treatment with TZIELD, if you develop liver problems, have a serious infection, or if your blood counts stay too low.</p> <p>See "What are the possible side effects of TZIELD?" for more information about side effects.</p>	<p>How will I receive TZIELD?</p> <ul style="list-style-type: none"> TZIELD is given by a healthcare provider through a needle placed in a vein (intravenous infusion) in your arm. You will receive a TZIELD infusion one-time a day, every day, for 14 days. Each TZIELD infusion will last about 30 minutes. For the first 5 days of treatment, your healthcare provider will give you medicines by mouth before starting your TZIELD infusion. These medicines include ibuprofen, naproxen or other pain relievers such as acetaminophen, an antihistamine, and an anti-nausea medicine. These medicines may help reduce symptoms of CRS such as a fever, headache, muscle and joint pain, or nausea. If you miss a scheduled infusion, your healthcare provider will continue your treatment on the next scheduled day. You will not receive 2 infusions on the same day. <p>Tell your healthcare provider if you think something will stop you from completing treatment with TZIELD.</p>
<p>What is TZIELD?</p> <p>TZIELD is a prescription medicine used to delay the onset of Stage 3 type 1 diabetes, which is when your body can't make enough insulin on its own and may require insulin injections. TZIELD is for adults and children 8 years of age and older who have Stage 2 type 1 diabetes. This means that they have tested positive for 2 or more type 1 diabetes-related autoantibodies, have abnormal blood sugar levels and do not have type 2 diabetes.</p> <p>It is not known if TZIELD is safe and effective in children under 8 years of age.</p>	<p>What are the possible side effects of TZIELD?</p> <p>TZIELD may cause serious side effects including:</p> <ul style="list-style-type: none"> See "What is the most important information I should know about TZIELD?" <p>The most common side effects of TZIELD include:</p> <ul style="list-style-type: none"> rash leukopenia (decrease in white blood cell counts) headache <p>These are not all of the possible side effects of TZIELD. For more information, ask your healthcare provider or pharmacist. Call your doctor for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088. You may also report side effects to Provention Bio at 1-800-633-1610.</p>
<p>Before or after receiving TZIELD, tell your healthcare provider about all your medical conditions, including if you:</p> <ul style="list-style-type: none"> have any of the conditions or symptoms listed in the section "What is the most important information I should know about TZIELD?" have a serious infection or an infection that does not go away or that keeps coming back (chronic). have recently received or are scheduled to receive an immunization (vaccine). TZIELD may affect how well a vaccine works. Tell your healthcare provider that you are receiving treatment with TZIELD before receiving a vaccine. are pregnant or plan to become pregnant. TZIELD may harm your unborn baby. Do not receive TZIELD during pregnancy and at least 30 days before a planned pregnancy. If you become pregnant while taking TZIELD, you are 	<p>General information about the safe and effective use of TZIELD.</p> <p>Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. You can ask your pharmacist or healthcare provider for information about TZIELD that is written for health professionals.</p> <p>What are the ingredients in TZIELD?</p> <p>Active ingredient: teplizumab-mzwv. Inactive ingredients: dibasic sodium phosphate, monobasic sodium phosphate, polysorbate 80, sodium chloride, and water for injection.</p> <p>The risk information here is not comprehensive. To learn more, talk about TZIELD with your healthcare provider or pharmacist. The FDA approved labeling can be found at www.tzield.com.</p> <p>TZIELD is a registered trademark of the Sanofi Group. TZIELD is manufactured by Provention Bio, a Sanofi Company. © 2024 sanofi-aventis U.S. LLC. All rights reserved. MAT-US-2400226-v1.0-01/2024</p>



Discovery is at the heart of what we do.

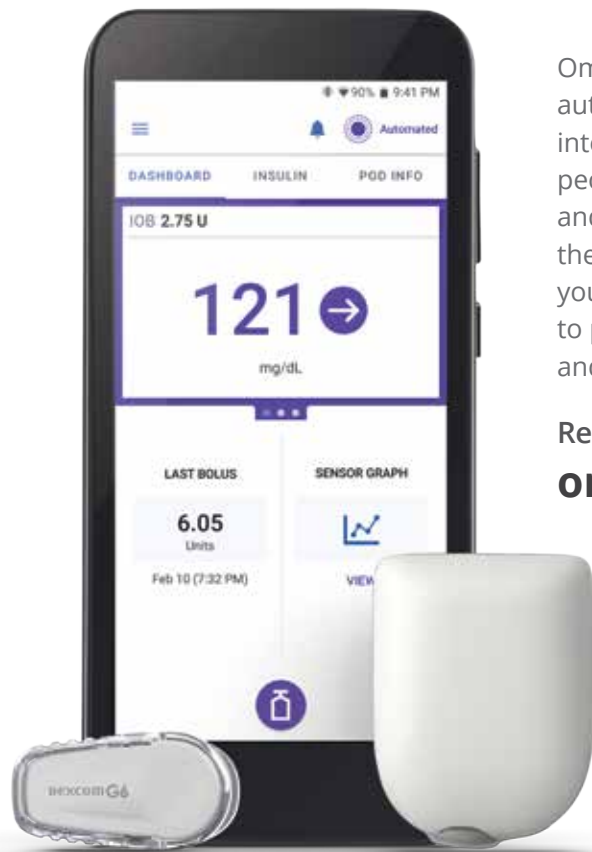


In the lab, we're discovering new treatments for people with diabetes. At summer camps, we're helping children with diabetes discover they're not alone. Through scholarships, we give students the tools to discover and follow their passions. Through community events, we give people living with diabetes a place to discover a supportive community.

Learn more at lilly.com/diabetes.



WHAT'S NOT TO LOVE ABOUT Omnipod[®] 5?



Pod and Dexcom G6 shown without the necessary adhesive.
Dexcom G6 sold separately and requires a separate prescription.

Omnipod[®] 5, the first and only tubeless, automated insulin delivery system to integrate with Dexcom G6, is available for people with type 1 diabetes ages 2 years and older. SmartAdjust[™] technology in the Pod adjusts insulin delivery based on your customized Target Glucose—helping to protect against highs and lows, day and night.^{1,2}

Ready to go tubeless? Get started at
omnipod.com/CWD

1. Study in 240 people with T1D aged 6 - 70 years involving 2 weeks standard diabetes therapy followed by 3 months Omnipod 5 use in Automated Mode. Average overnight time (12AM-6AM) with high blood glucose in adults/adolescents and children for standard therapy vs Omnipod 5 = 32.1% vs. 20.7%; 42.2% vs. 20.7%. Average day time (6AM-12AM) with high blood glucose in adults/adolescents and children for standard therapy vs Omnipod 5 = 32.6% vs. 26.1%; 46.4% vs. 33.4%. Median overnight time (12AM-6AM) with low blood glucose in adults/adolescents and children for standard therapy vs Omnipod 5 = 2.07% vs. 0.82%; 0.78% vs. 0.78%. Median day time (6AM-12AM) with low blood glucose in adults/adolescents and children for standard therapy vs Omnipod 5 = 1.91% vs. 1.08%; 1.17% vs. 1.62%. Brown et al. Diabetes Care (2021).

2. Study in 80 people with T1D aged 2 - 5.9 yrs involving 2 weeks standard diabetes therapy followed by 3 months Omnipod 5 use in Automated Mode. Average time with high blood glucose overnight from CGM in standard therapy vs Omnipod 5 = 38.4% vs. 16.9%. Average time with high blood during daytime from CGM in standard therapy vs Omnipod 5 = 39.7% vs. 33.7%. Average time with low blood glucose overnight from CGM in standard therapy vs. Omnipod 5 = 3.41% vs. 2.13%. Average time with low blood glucose during daytime from CGM in standard therapy vs. Omnipod 5 = 3.44% vs. 2.57%. Sherr JL, et al. Diabetes Care (2022).

The Omnipod 5 Automated Insulin Delivery System is indicated for use by individuals with Type 1 diabetes mellitus in persons 2 years of age and older. The Omnipod 5 System is intended for single patient, home use and requires a prescription. The Omnipod 5 System is compatible with the following U-100 insulins: NovoLog[®], Humalog[®], and Admelog[®].

The Omnipod 5 ACE Pump (Pod) is intended for the subcutaneous delivery of insulin, at set and variable rates, for the management of diabetes mellitus in persons requiring insulin. The Omnipod 5 ACE Pump is able to reliably and securely communicate with compatible, digitally connected devices, including automated insulin dosing software, to receive, execute, and confirm commands from these devices. SmartAdjust[™] technology is intended for use with compatible integrated continuous glucose monitors (iCGM) and alternate controller enabled (ACE) pumps to automatically increase, decrease, and pause delivery of insulin based on current and predicted glucose values. The Omnipod 5 SmartBolus Calculator is intended to calculate a suggested bolus dose based on user-entered carbohydrates, most recent sensor glucose value (or blood glucose reading if using fingerstick), rate of

change of the sensor glucose (if applicable), insulin on board (IOB), and programmable correction factor, insulin to carbohydrate ratio, and target glucose value.

WARNING: SmartAdjust technology should NOT be used by anyone under the age of 2 years old. SmartAdjust technology should also NOT be used in people who require less than 5 units of insulin per day as the safety of the technology has not been evaluated in this population.

The Omnipod 5 System is NOT recommended for people who are unable to monitor glucose as recommended by their healthcare provider, are unable to maintain contact with their healthcare provider, are unable to use the Omnipod 5 System according to instructions, are taking hydroxyurea as it could lead to falsely elevated CGM values and result in over-delivery of insulin that can lead to severe hypoglycemia, and do NOT have adequate hearing and/or vision to allow recognition of all functions of the Omnipod 5 System, including alerts, alarms, and reminders. Device components including the Pod, CGM transmitter, and CGM sensor must be removed before Magnetic Resonance Imaging (MRI), Computed Tomography (CT) scan, or diathermy treatment. In addition, the Controller and smartphone should be placed outside of the procedure room. Exposure to MRI, CT, or diathermy treatment can damage the components. Visit www.omnipod.com/safety for additional important safety information.

WARNING: DO NOT start to use the Omnipod 5 System or change settings without adequate training and guidance from a healthcare provider. Initiating and adjusting settings incorrectly can result in over-delivery or under-delivery of insulin, which could lead to hypoglycemia or hyperglycemia.

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INS-OHS-08-2023-00108 v1.0



Ray Benadetto, **DM, MS, LFACHE**

Sunday	11:00 - 12:00	Salon VII/VIII	Diabetes Dads Down to Earth
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Will Cross

Saturday	9:00 - 10:00	Salon IV and V	Opening Keynote: Everest Expedition: Unearthing Insights into Diabetes
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Leigh Fickling, **JD, MEd, MS**

Saturday	11:00 - 12:00	Salon VII/VIII	Frazzled Friends for Life: Mom's Discussion Group
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Saturday	1:30 - 2:30	Salon V	The Americans with Disabilities Act - Your Rights in College...
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Sunday	9:00 - 10:00	Salon V	Diabetes in K-12 Schools
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Michael Greenberg, **ANP, CDCES**

Saturday	11:00 - 12:00	Salon IV	Optimizing Diabetes: Adjusting A1D System Settings
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Saturday	1:30 - 2:30	Salon VII/VIII	Adults with T1D Open Discussion
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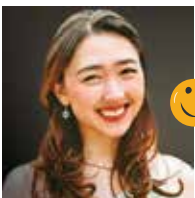
Sunday	1:30 - 2:30	Salon IV	Managing Diabetes While Exercising
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Jacob Jansen

Sunday	11:00 - 12:00	Salon V	Stepping up to the Plate: Diabetes Advocacy
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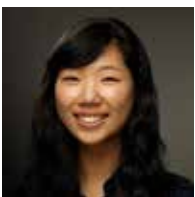
Sunday	1:30 - 2:30	Salon V	From the Bullpen: Advocacy Training
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Amanda Kaufman

Sunday	11:00 - 12:00	Salon V	Stepping up to the Plate: Diabetes Advocacy
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Sunday	1:30 - 2:30	Salon V	From the Bullpen: Advocacy Training
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Maria Kim, **MS, RD, LD**

Saturday	1:30 - 2:30	Salon IV	Cultivating Positive Relationships with Food
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Sunday	11:00 - 12:00	Salon IV	Identifying and Treating Disordered Eating in Diabetes
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Maureen Monaghan, PhD

Saturday	3:30 - 4:30	Salon IV	Parenting Children with Diabetes
Sunday	1:30 - 2:30	Salon VII/VII	Navigating the Added Stressors that Diabetes Brings



Matthew Point, MS

Saturday	1:30 - 2:30	Salon V	Safe Space Significant Others
Saturday	3:30 - 4:30	Salon VII/VIII	The Americans with Disabilities Act - Your Rights in College...



Lauren Salko

Sunday	3:30 - 4:30	Salon IV and V	Closing Keynote: Peak Performance
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Siobhan Tellez, DNP, APRN, CPNP-PC

Saturday	11:00 - 12:00	Salon V	Diabetes Management for Grandparents and Caregivers
Saturday	3:30 - 4:30	Salon V	How to Choose what Diabetes Tech is Right for You
Sunday	9:00 - 10:00	Salon IV	Dealing with Diabetes Adhesives



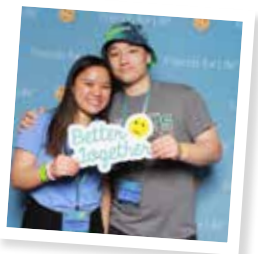
Marissa Town, RN, BSN, CDCES

Saturday	1:30 - 2:30	Salon VII/VIII	Adults with T1D Open Discussion
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Scan the QR Code to learn more about our FFL Faculty

Future FFL Conferences

For a complete list of Friends for Life conferences through 2030, visit ffl.is/upcomingFFLs.



Denotes faculty member with diabetes

2024

Friends for Life Orlando 2024 at Disney's Coronado Springs Resort

Lake Buena Vista, Florida | July 9-14, 2024

Friends for Life Anaheim at the Disneyland Hotel

Anaheim, California | October 25-27, 2024

2025

Friends for Life Arlington 2025 at the Renaissance Arlington Capital View Hotel

Arlington, Virginia | March 7-9, 2025

Friends for Life Orlando 2024 at Disney's Coronado Springs Resort

Lake Buena Vista, Florida | July 8-13, 2025

Friends for Life Seattle 2025 at the Renaissance Seattle Hotel

Seattle, Washington | November 7-9, 2025



Gold Sponsors



Dexcom

Dexcom, Inc., empowers people to take real-time control of health through innovative continuous glucose monitoring (CGM) systems. Headquartered in San Diego, Calif., and with operations across Europe and select parts of Asia/Oceania, Dexcom has emerged as a leader of diabetes care technology. By listening to the needs of users, caregivers, and providers, Dexcom works to simplify and improve diabetes management around the world. For more information about Dexcom CGM, visit www.dexcom.com.



Insulet Corporation (NASDAQ: PODD), headquartered in Massachusetts, is an innovative medical device company dedicated to simplifying life for people with diabetes and other conditions through its Omnipod product platform. The Omnipod Insulin Management System provides a unique alternative to traditional insulin delivery methods. With its simple, wearable design, the disposable Pod provides up to three days of non-stop insulin delivery, without the need to see or handle a needle. Insulet's latest innovation, the Omnipod® 5 Automated Insulin Delivery System, is a tubeless automated insulin delivery system, integrated with a continuous glucose monitor to manage blood sugar with no multiple daily injections, zero fingersticks, and is fully controlled by a compatible personal smartphone. Insulet also leverages the unique design of its Pod by tailoring its Omnipod technology platform for the delivery of non-insulin subcutaneous drugs across other therapeutic areas. For more information, please visit: insulet.com and omnipod.com.

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Sanofi is an innovative global healthcare company, driven by one purpose: we chase the miracles of science to improve people's lives. Our team, across some 100 countries, is dedicated to transforming the practice of medicine by working to turn the impossible into the possible. We provide potentially life-changing treatment options and life-saving vaccine protection to millions of people globally, while putting sustainability and social responsibility at the center of our ambitions.

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world's smallest, durable

automated insulin
delivery system¹

This is Tandem Mobi
(Actual size. Yes, really.)



Order today at tandemdiabetes.com

Reference: 1. As of March, 2024. Data on file, Tandem Diabetes Care.

RX ONLY. Indicated for patients with type 1 diabetes, 6 years and older. **WARNING:** Control-IQ technology should not be used by people under age 6, or who use less than 10 units of insulin/day, or who weigh less than 55 lbs. Safety info: tandemdiabetes.com/safetyinfo

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Does anyone in your family have **TYPE 1** DIABETES?

Then you or your child is up to **15x more likely** to get it too.



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Sanofi does not provide medical advice, diagnosis, or treatment—information is provided for educational purposes only. Your doctor is the best source of health information. Talk to your doctor if you have any questions about your health or treatment.

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TANDEM
Diabetes Care

Tandem Diabetes Care creates new possibilities for people living with diabetes, their loved ones, and their healthcare providers through a positively different experience. We manufacture and sell the t:slim X2 insulin pump with Control-IQ technology, but we're so much more than that. Our company's human-centered approach to design, development, and support delivers innovative products and services for people who use insulin. Since many of our own team members live with type 1 diabetes, or have a loved one impacted by diabetes, the work is personal, and we are committed to the cause. Learn more at tandemdiabetes.com.



Severe lows are unpredictable

Gvoke HypoPen[®] is the rescue pen that everyone on insulin needs and anyone can administer^{1,2}



99% Successful administration of a full dose by trained and untrained participants (74/75)^{1,2,*}

INDICATION AND IMPORTANT SAFETY INFORMATION

GVOKE is indicated for the treatment of severe hypoglycemia in adult and pediatric patients with diabetes ages 2 years and above.

IMPORTANT SAFETY INFORMATION

Contraindications

GVOKE is contraindicated in patients with pheochromocytoma because of the risk of substantial increase in blood pressure, insulinoma because of the risk of hypoglycemia, and known hypersensitivity to glucagon or to any of the excipients in GVOKE. Allergic reactions have been reported with glucagon and include anaphylactic shock with breathing difficulties and hypotension.

Warnings and Precautions

GVOKE is contraindicated in patients with pheochromocytoma because glucagon may stimulate the release of catecholamines from the tumor. If the patient develops a dramatic increase in blood pressure and a previously undiagnosed pheochromocytoma is suspected, 5 to 10 mg of phentolamine mesylate, administered intravenously, has been shown to be effective in lowering blood pressure.

In patients with insulinoma, administration of glucagon may produce an initial increase in blood glucose; however, GVOKE administration may directly or indirectly (through an initial rise in blood glucose) stimulate exaggerated insulin release from an insulinoma and cause hypoglycemia. GVOKE is contraindicated in patients with insulinoma. If a patient develops symptoms of hypoglycemia after a dose of GVOKE, give glucose orally or intravenously.

Allergic reactions have been reported with glucagon. These include generalized rash, and in some cases, anaphylactic shock with breathing difficulties and hypotension. GVOKE is contraindicated in patients with a prior hypersensitivity reaction.

GVOKE is effective in treating hypoglycemia only if sufficient hepatic glycogen is present. Patients in states of starvation, with adrenal insufficiency or chronic hypoglycemia, may not have adequate levels of hepatic glycogen for GVOKE administration to be effective. Patients with these conditions should be treated with glucose.

Necrolytic migratory erythema (NME), a skin rash commonly associated with glucagonomas (glucagon-producing tumors) and characterized by scaly, pruritic erythematous plaques, bullae, and erosions, has been reported postmarketing following continuous glucagon infusion. NME lesions may affect the face, groin, perineum and legs or be more widespread. In the reported cases NME resolved with discontinuation of the glucagon, and treatment with corticosteroids was not effective. Should NME occur, consider whether the benefits of continuous glucagon infusion outweigh the risks.

Adverse Reactions

Most common ($\geq 5\%$) adverse reactions associated with GVOKE are nausea, vomiting, injection site edema (raised 1 mm or greater), and hypoglycemia.

Drug Interactions

Patients taking beta-blockers may have a transient increase in pulse and blood pressure when given GVOKE. In patients taking indomethacin, GVOKE may lose its ability to raise blood glucose or may even produce hypoglycemia. GVOKE may increase the anticoagulant effect of warfarin.

1. Gvoke [Prescribing Information], Chicago, IL: Xeris Pharmaceuticals, Inc; 2021

2. Valentine V et al. Diabetes Technology and Therapeutics, 2019; vol 21 no. 9.

* Administering glucagon in simulated emergencies

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DIABETES PATIENT ADVOCACY COALITION

The **Diabetes Patient Advocacy Coalition (DPAC)** is an alliance of people with diabetes, caregivers, patient advocates, health professionals, diabetes organizations and companies working collaboratively to promote and support public policy initiatives to improve the health of all 37.3 million Americans with diabetes. We train people in the diabetes community on how to be advocates for themselves and their families. We work to ensure quality of and access to care, medications, and devices for patients living with diabetes; and to educate, inspire, and empower patient advocates as well as lawmakers toward meaningful action on diabetes.

DIAMYD MEDICAL

Diamyd Medical develops precision medicine therapies for the prevention and treatment of Type 1 Diabetes and LADA (Latent Autoimmune Diabetes in Adults). Diamyd® is an antigen-specific immunotherapy for the preservation of endogenous insulin production that has Orphan Drug Designation in the U.S. and, in February 2024, was granted Fast Track designation by the U.S. FDA. DIAGNODE-3, a confirmatory Phase III trial is actively recruiting patients with recent-onset Type 1 Diabetes in eight European countries and in the US. Significant results have previously been shown in a large genetically predefined patient group – in a large-scale meta-analysis and in the Company's European Phase IIb trial, where Diamyd® was administered directly into a superficial lymph node in children and young adults with recently diagnosed Type 1 Diabetes.

xeris PHARMACEUTICALS

Xeris Pharmaceuticals, Inc., the maker of Gvoke HypoPen® (glucagon injection), is dedicated to unlocking the potential of glucagon. We believe that our technology can have a profound impact on the lives of patients and their families. That's why we are proud to be the first to develop liquid glucagon, but that's just the beginning. We're also studying how our formulation technology can impact patients with other conditions. We have a persistent drive to pursue solutions that have the potential to change lives. Get to know us and see how our technology is unlocking the potential of today's medicines at www.xerispharma.com.

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Consider taking part in the
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adults (aged 12 to 29 years old).





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Roaming with Dinosaurs, Advancing with Science: Friends for Life 2024—A Prehistoric Expedition to Diabetes Innovation. Join us from July 9–14, 2024 at *Disney's Coronado Springs Resort*, where past and future collide. Pack your gear for an adventure through time, uncovering ancient relics and cutting-edge diabetes technology. Walk with dinosaurs, stride towards progress, and forge unbreakable bonds on this extraordinary journey.



July 9–14, 2024



Disney's Coronado Springs Resort



Registration cost for all ages: \$300

Registration price includes the following:

- All sessions and session materials for adults and children
- Kiddie Kove for children ages 0-5
- Wednesday Grand Opening of the Exhibition Hall Dessert Reception
- Thursday breakfast, lunch, and snack breaks
- Thursday Family and Friends Banquet (dinner)
- Friday lunch and snack breaks
- Friday Park Day for teens
- Saturday social events
- Sunday Farewell Breakfast
- All of the various social events
- One t-shirt per registered person

Scholarships are available! CWD offers a limited number of scholarships to a limited number of applicants. Full scholarships can cover the cost of registration for up to four people and your hotel room for five days. Scholarship applications will be available this winter at FFL.is/scholarships.

**DIABETES
PATIENT
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COALITION**



**DIABETES
LEADERSHIP
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Our Mission

To educate, inspire, and empower advocates and lawmakers toward meaningful action on diabetes.



Get Involved

Register as a Diabetes Champion and follow us for updates!



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Diabetes Patient
Advocacy Coalition



Diabetes Patient
Advocacy Coalition



For More Information: DiabetesPAC.org and DiabetesLeadership.org

Better Together Society

The Better Together Society (BTS) is CWD's monthly giving program. Through the BTS, your generosity funds scholarships and activities for the Friends for Life Conferences. Joining is easy! By setting up a recurring monthly donation of at least \$10, you automatically become part of this big-hearted, charitable group. BTS members are recognized in CWD's conference and annual publications. You can become a member of the Better Together Society today and join the ranks of the members listed below by registering at cwd.is/BTS.

Better Together Society Members

Mary Babin	Rebecca Delong	Tina Hammer	Ashlyn Mills	Jenny Sloan
Joan K. Bardsley	Jimmy and Liz Dodson	Zoe Heineman	Tim and Mary Mills	Erica Smith
Morgan Bednarczyk	Lisa Dreasher	Jeff and Brenda Hitchcock	Heather Mitchell	Jordan and Sasha Squibb
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Carrie Cowan	Shelly Grand	Amy Malliett	Lauren Salko	
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Members as of 3/18/24

CWD Fiffle Circle

The Fiffle Circle is CWD's individual giving program which recognizes cumulative giving and major gifts. Fiffle Circle members are recognized with a lapel pin upon entering the circle at the \$10,000 level. The Fiffle Circle recognizes at each giving level (listed below as of February 1, 2024) with a CWD challenge coin made of solid bronze, silver, and gold. Members of the Fiffle Circle are also recognized each year in CWD's annual report and conference programs.



Fiffle Circle Challenge Coins

CWD Fiffle Circle Members

Chairman's Circle

Anonymous +
Anonymous Family +
Helen Finegold and Will Nowak +
Petrovic Gubin Foundation +
The Stoddard Salko Family +

President's Circle

Anonymous Family +
George and Judy Huntley +
Kevin and Mimi Sayer +

Partner's Circle

Anonymous Family +
The Deitle Norris Family +
Government Scientific Source
Stewart Perry +

Fiffle Circle

The Abel Family
Anonymous
Gigliola and Edward Hawthorne +
The Geren Family
Claudia Graham
Drs. George and Zuzana Grunberger +
Al and Sue Johnson
The Karitis Family
Macey's Believers, Inc.
Teresa and Troy Littlefield
The Lukhard Family
The Merwin Family
The Moritsugu Family

+ denotes a major gift donation in 2023 or earlier

Levels of Giving

Diamond Circle (\$500,000)

Diamond Embellished CWD Challenge Coin

Chairman's Circle (\$150,000)

Gold Clad Solid Silver CWD Challenge Coin

President's Circle (\$75,000)

Silver CWD Challenge Coin

Partner's Circle (\$25,000)

Bronze CWD Challenge Coin

Fiffle Circle (\$10,000)

Fiffle Circle Lapel Pin and CWD Challenge Coin

😊 Friends for Life® Anaheim 2024 🌴

REGISTRATION OPENS SUMMER 2024

Friends for Life® Anaheim 2024

Looking to connect in an atmosphere where people really understand you? At Friends for Life, everyone beeps! Join us for Friends for Life Anaheim on October 25–27, 2024 at the Disneyland Hotel.

Immerse yourself in a vibrant community that includes world-renowned faculty, individuals of all ages living with diabetes, and supportive families – including siblings and children of adults with type 1 diabetes. This extraordinary weekend is designed to provide enriching educational sessions featuring cutting-edge diabetes management ideas, engaging discussion groups, and a platform to share your personal journey while inspiring and supporting others on a similar path.

Learn more today at FFL.is/Anaheim, and join us in this much-anticipated gathering of our cherished Fiffles community. We can't wait to see you there!



October 25-27, 2024



Disneyland Hotel



Registration cost for all ages: \$250

Registration includes:

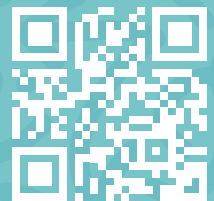
- All sessions for adults and children
- Kiddie Kove for the youngest attendees (ages 0-5)
- Access to the Exhibit areas
- Reception on Friday evening
- Saturday breakfast, lunch, and snack breaks
- Sunday breakfast, lunch, and snack breaks
- One t-shirt per registered person

*Registration will increase to \$350 per person on 10/23/24, pending availability..

Is cost a concern? A limited amount of scholarships are available. Apply today at FFL.is/Scholarships.



**For more information,
to register, and to book your
hotel, scan the QR code,
or visit: FFL.is/Anaheim.**



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