



# Depression (Page 1/2)

08 Dec 2022



Name Test Adult Patient

DOB 1 Jan 1980 (42y)

Email testpatient@gmail.com

General Health	
Weight (kg)	100.0
Height (cm)	180.0
BMI	30.9
Ethnicity	White - British
Smoking	Light (1-9 cigarettes per day)
	Smoking cessation advice
Alcohol	3 u/wk

Clinical coding	
27113001	22A
248333004	229
60621009	22K
97663100000101	9t00
160603005	1373
225323000	8CAL
160573003	136

Depression	
Risk Assessment	I am not an immediate risk to myself or others
Understands Purpose (concordance)	<b>No</b> - I don't understand my blue pill <span style="float:right">Patient does not understand why taking all medication</span>
As Prescribed (compliance)	<b>No</b> - I take two blue pills instead of one <span style="float:right">Drug compliance checked</span>
Side Effects	<b>Yes</b> - I have headaches <span style="float:right">Drug side effects checked</span>
Medicines Helping	<b>Yes</b> - I would like to take fewer blue blue pills
Recreational drugs	No
Over the counter, complementary, herbal or Chinese medication	<b>Yes</b> - Chinese herbal medication
Sleep Advice	Given
Mental Health Videos	Shown
CBT	<b>Yes</b> - I meet with my counsellor every other week
Additional Information	I recently moved house which created a lot of stress
Concerns	No concerns
PHQ9 Score	12 / 27

Clinical coding	
408364003	8BIh
408373006	8BIq
408356009	8BIZ
720433000	388f

PHQ9 - Over the last 2 weeks, how often have you been bothered by...	Not at all	Several days	More than half the days	Nearly every day
Little interest or pleasure in doing things	0			
Feeling down, depressed, or hopeless		1		
Trouble falling or staying asleep, or sleeping too much			2	
Feeling tired or having little energy				3
Poor appetite or overeating	0			
Feeling bad about yourself - or that you are a failure or have let yourself / family down		1		
Trouble concentrating on things, such as reading the newspaper or watching television			2	
Moving or speaking slowly... OR Being fidgety/restless that you move more than usual				3
Thoughts that you would be better off dead, or of hurting yourself in some way	0			

Practice Customised Questions	
Practice Support	Yes, very well thank you

Clinical coding

<b>Complete Review</b>	I am happy to complete my review without further discussion if appropriate	<b>REMOTE REVIEW</b>
------------------------	--	----------------------

Clinician Next Steps		Clinical Coding	
1. Code review	Depression interim review	413973005	9H92
2. Inform patient			



# Depression (Page 2/2)

08 Dec 2022



**Name** Test Adult Patient

**DOB** 1 Jan 1980 (42y)

**Email** testpatient@gmail.com

### Social Prescribing

### Clinical Coding

Self Referral	Offered	
	<b>Accepted</b>	Referral to social prescribing service

871731000000106	8T09
-----------------	------

### Weight Management

### Clinical Coding

Eligibility	Eligible for NHS Digital Weight Management Programme	
High BP or Diabetic	Yes	
Referral	Offered	Referral to weight management service offered
	Consent given	
	Suggested code if patient referred	Referral to weight management service

767661000000105	9NS03
-----------------	-------

1326201000000101	N/A
------------------	-----