



Hypertension Review (Page 1/2)

08 Dec 2022



Name Test Adult Patient

DOB 1 Jan 1980 (42y)

Email testpatient@gmail.com

General Health		Clinical coding	
Weight (kg)	100.0	27113001	22A
Height (cm)	180.0	248333004	229
BMI	30.9	60621009	22K
Ethnicity	White - British	97663100000101	9t00
Smoking	Light (1-9 cigarettes per day)	160603005	1373
	Smoking cessation advice	225323000	8CAL
Alcohol	3 u/wk	160573003	136
Average Blood Pressure	125 / 83 (4 readings)	163020007	246

Medication		Clinical coding	
Effectiveness			
Understands Purpose (concordance)	No - I don't understand my blue pill	408364003	8BIh
Side Effects	Yes - I have headaches	408356009	8BIZ
Taking Medicines			
As Prescribed (compliance)	No - I take two blue pills instead of one	408373006	8BIq
Difficulty taking	Yes - I find it hard to swallow pills		
Problems ordering	Yes - The pharmacy is slow		
Changes			
Medication no longer required	Yes - I don't think I need my brown inhaler		
Interested in reducing	Yes - I would like to take fewer blue pills		
Dose changes	Yes - I now take two red pills a day		
Additional Medication			
Over the counter, complementary, herbal or Chinese medication	Yes - Chinese herbal medication		
Medication prescribed by a hospital or another clinic	No		
Recreational drugs	No		
Over Counter Aspirin	Yes	314481009	8B3T
BP Medicine Info	Shown to patient: ACE, ARB, Beta-blockers, CCB, Diuretics		

Cardiovascular Disease		Clinical coding	
Relative with angina	Yes	266895004	12C2
Migraines	Yes		
Erectile Dysfunction	Yes	397803000	E2273
GPPAQ	Active	36624100000106	138b
Salt in Diet	Information on reducing salt in diet shown		

Complete Review	I feel my blood pressure is under control - I am happy to complete my review without further discussion if appropriate	REMOTE REVIEW
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Clinician Next Steps			
1. Code review	Hypertension Annual Review	401118009	662d
	Medication Review	182836005	8B314
2. Inform patient			



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Social Prescribing	
Self Referral	Offered
	Accepted
	Referral to social prescribing service

Clinical Coding	
871731000000106	8T09

Weight Management	
Eligibility	Eligible for NHS Digital Weight Management Programme
High BP or Diabetic	Yes
Referral	Offered
	Consent given
	Suggested code if patient referred
	Referral to weight management service offered
	Referral to weight management service

Clinical Coding	
767661000000105	9NS03
1326201000000101	N/A

Individual BP Readings	
BP	Date / Time
120 / 80	
130 / 85	
115 / 75	
135 / 90	

GPPAQ	
Employment	My work involves definite physical effort including handling of heavy objects and use of tools (e.g. plumber, electrician, carpenter, cleaner, hospital nurse, gardener, postal delivery workers etc.)
Exercise	Some, but less than 1 hour
Cycling	1 hour but less than 3 hours
Walking	3 hours or more
Housework	Some, but less than 1 hour
DIY	1 hour but less than 3 hours