



**Name** Test Adult Patient

**DOB** 1 Jan 1980 (43y)

**Email** testpatient@gmail.com

General Health	
Weight (kg)	100.0
Height (cm)	180.0
BMI	30.9
Ethnicity	White - British
Smoking	Light (1-9 cigarettes per day)
	Smoking cessation advice
Blood Pressure	120 / 80

Clinical coding	
27113001	22A
248333004	229
60621009	22K
976631000000101	9t00
160603005	1373
225323000	8CAL
163020007	246

Pregnancy & Delivery	
Pregnancy Health Concerns	<b>Yes</b> - Very strong headaches
Delivery Date	08 Jan 2023
Delivery Type	Normal vaginal delivery
Baby Registered at Practice	Yes

Current Health	
General Health Concerns	<b>Yes</b> - I am suffering from depression
Stitches	No
Periods Restarted	Yes
Unusual Discharge	No
Bladder/Bowel Problems	No
Breastfeeding	Partially with some bottles
Breastfeeding with supplement	
	169743001
	62P3

Social & Mental Health	
Support Sources	My spouse
Home Situation	They are calm
Reduced interest or pleasure in the last month	No
Feeling down, depressed or hopeless in last month	No
Motherhood As Expected	Yes

Sexual Health	
Sexually Active	<b>Yes</b>
Contraception Required	<b>Yes</b> - Condoms
Pain During Sex	No

<b>Complete Review</b>	I would like to discuss things further	<b>FURTHER DISCUSSION</b>
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Clinician Next Steps			
1. Code review	Maternal postnatal 6 week examination	384636006	62S
2. Inform patient			



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### Social Prescribing

Self Referral Offered

**Accepted**

Referral to social prescribing service

### Clinical Coding

871731000000106

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### Weight Management

Eligibility NOT Eligible for NHS Digital Weight Management Programme

High BP or Diabetic No

Other Services NOT Interested in other weight management services

### Clinical Coding