



Your best life is rooted in recovery!

The Pines of Poteau is the newest substance use disorder recovery facility within the Health & Wellness Center Network. The Pines of Poteau is located on 35 acres of open and picturesque grounds including lush, natural landscaping, featuring a reflection pond and walking trails.

Treatment is focused on each individual's specifically identified goals for recovery. The structured therapeutic environment empowers individuals to develop a healthy physical, mental, and spiritual self, free from the challenges of Substance Use Disorder. Each individual is embraced by the welcoming and recuperative experiences while fostering the skills and resources needed to lead a sober life.

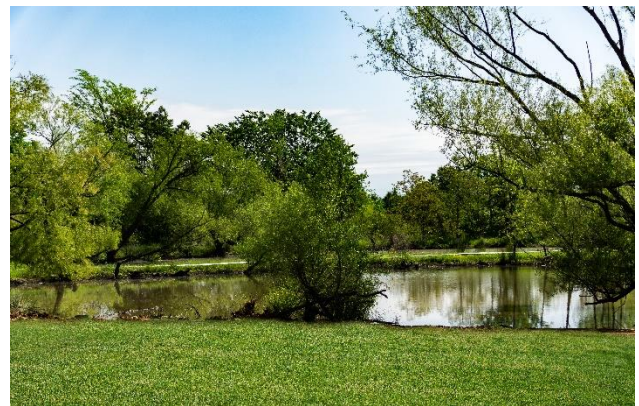
About The Pines of Poteau

- Residential substance use disorder treatment facility for adult males
- Serving up to 50 individuals in 14 home-like cottages
- Currently accepting HealthChoice and Blue Cross Blue Shield of Arkansas insurance coverage with private pay options available as well.
- On-site staff 24/7
- Residential Accommodations
 - Each individual has a private bedroom and shared living room, kitchen, and bathroom spaces. Cottages are equipped with a washer and dryer.
 - Three meals and snacks each day
 - Our Recreation Hall provides access to our dining area, media room, chapel, gym, group activities room, as well as an area for reading and games.

- Treatment plans are tailored individually based on specific recovery goals. Plans are centered on assisting consumers with navigating through their own recovery, thus creating accountability and laying the foundation for success in the real world.
 - Individual, group, and family therapy
 - Multi-disciplinary treatment teams including doctors, nurses, licensed counselors, and peer recovery support specialists
 - Peer Recovery Support Specialists (PRSS) are certified by the State of Oklahoma and provide personal insight from their own past journey to recovery. By sharing these insights, it gives individuals currently seeking treatment the opportunity to utilize the PRSS's experiences to help further their own recovery.
 - Psychiatric medication management is available, including medication for opioid use disorder (Suboxone)
 - Holistic approach to treatment inclusive of mind, body, and spirit
 - Assistance with accessing medical detoxification when needed

“The Pines of Poteau welcomes individuals suffering from the challenges of addiction, including those with co-occurring mental health illnesses. The Pines of Poteau is a structured treatment environment that empowers individuals to enter into recovery and prepares them to live their best lives. Consumers are embraced by a welcoming and caring treatment team focused exclusively on their personal recovery.”

For more information about The Pines of Poteau, including admissions and insurance verification, please contact Austin Coats at (800) 640-9741 ext. 2046 or acoats@healthwellnessok.com



- Investing in Our Communities • Improving Quality of Life •
- Providing Comprehensive Services •

www.healthwellnessok.com

1 (800) 640-9741