

**Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday**

**1**  
 9am ■ St. Mary's Pick Up  
 9:45am ■ St. Francis Parrish Pick Up  
 9:45am ■ St. Athanasius Pick Up  
 10am ■ Body Balance Strength & Fitness w/David  
 12pm ■ Jane Fonda Walkout Fitness DVD  
 3pm ■ Core Fitness w/Daniel  
 7:30pm ■ The Chen Family String Quartet

**2**  
 10am ■ Redefining Strength w/Nichola  
 11am ■ Blood Pressure Screening  
 1pm ■ Current Events Discussion w/H Voeks  
 1pm ■ Merion Bridge Club  
 2:30pm ■ Mantra Meditation w/Mui  
 4pm ■ Happy Hour & Live Music w/Tim Fitzgerald Duo  
 7:30pm ■ Strings & Conversations w/Jaime & Sandro

**3**  
 9:30am ■ Integrated Movement for Mind & Body w/Barbara  
 10am ■ Merion Field Trip The Chicago Botanic Garden  
 12pm ■ Merion Field Trip The Chicago Botanic Garden  
 2pm ■ History in Perspective w/E Finerman Presents: How Rome Became an Empire  
 4pm ■ Happy Hour @ The Merion  
 6pm ■ Mindful Meditations w/Mui

**4**  
 11am ■ Merion Roundtable Discussion w/Doug Asbury  
 12pm ■ NETFLIX/The Cook of Castamar Season One, Episode 1  
 1pm ■ Fit & Functioning w/Johnny  
 1pm ■ Canasta Club @ The Merion  
 3:30pm ■ Open Forum w/Special Guest The Evanston Fire Department  
 4pm ■ Happy Hour & Live Music w/Jerry Tiberi Trio  
 7:30pm ■ Wednesday Night Movie Mamma Mia!

**5**  
 9:30am ■ Pilates Core Fitness DVD  
 11am ■ BeMoved Dance w/Heidi  
 12:30pm ■ NETFLIX/Naomi Osaka Season One, Episode 1  
 1pm ■ Merion Bridge Club  
 1pm ■ Arnold Palmer's & Palmiers  
 2pm ■ Mindful Stretch, Balance & Breathe w/Barbara  
 3pm ■ SHOPTALK! 2021 w/J Peck  
 4pm ■ Happy Hour & Live Music w/Stephanie Aaron  
 7:30pm ■ Thursday Night Movie Hannah & Her Sisters

**6**  
 10am ■ Aqua Aerobics w/Nichola  
 2pm ■ HULU/McCartney 3, 2, 1 These Things Bring You Together The Notes that Like Each  
 2pm ■ Jewelry Making & Beading w/Abigail  
 3pm ■ Pilates Fitness w/Suzy  
 4pm ■ Happy Hour & Live Music w/Ameerah Tatum  
 7:30pm ■ Friday Night Movie Minari

**7**  
 11am ■ Bingo & Prizes w/Mary  
 1pm ■ Core Fitness w/Daniel  
 2pm ■ Art Alive w/D Levie  
 The Prado Museum in Spain  
 3pm ■ Merion Billiards Challenge  
 3:30pm ■ Rummikub @ The Merion  
 7:30pm ■ Saturday Night Movie The Chaperone

**8**  
 9am ■ St. Mary's Pick Up  
 9:45am ■ St. Francis Parrish Pick Up  
 9:45am ■ St. Athanasius Pick Up  
 10am ■ Body Balance Strength & Fitness w/David  
 12pm ■ Jane Fonda Walkout Fitness DVD  
 1:30pm ■ Aqua Aerobics w/Nichola  
 3pm ■ Posture & Mobilization w/Daniel  
 7:30pm ■ Piano Conversations w/Sandro

**9 National Women's Day**  
 10am ■ Redefining Strength w/Nichola  
 11am ■ Blood Pressure Screening  
 11am ■ Morning Movie: Hidden Figures  
 1pm ■ Merion Bridge Club  
 2:30pm ■ Mantra Meditation w/Mui  
 4pm ■ Happy Hour & Live Music w/Abigail Riccards Healy  
 7:30pm ■ Monday Night Movie Damn Yankees

**10**  
 9:30am ■ Integrated Movement for Mind & Body w/Barbara  
 10am ■ Podiatrist Vist w/Dr Poole  
 10am ■ Merion Field Trip Chicago Architectural Boat Tour  
 2:30pm ■ SHOPTALK! 2021 w/Jonathan Peck  
 4pm ■ Happy Hour @ The Merion  
 6pm ■ Mindful Meditations w/Mui

**11**  
 11am ■ Merion Roundtable Discussion w/Doug Asbury  
 12pm ■ NETFLIX/The Cook of Castamar Season One/Episode 2  
 1pm ■ Fit & Functioning w/Johnny  
 1pm ■ Canasta Club @ The Merion  
 3pm ■ Fireside Chat w/Tammy  
 4pm ■ Happy Hour & Live Music w/Jerry Tiberi Trio  
 7:30pm ■ Wednesday Night Movie Mamma Mia/Here We Go Again!

**12**  
 9:30am ■ Tai Chi Fitness w/M McGinn  
 11am ■ BeMoved Dance w/Heidi  
 12pm ■ New Resident Orientation Luncheon  
 12:30pm ■ NETFLIX/Naomi Osaka Season One, Episode 2  
 1pm ■ Merion Bridge Club  
 2pm ■ Mindful Stretch, Balance & Breathe w/Barbara  
 3pm ■ Figure Drawing w/Duffy  
 4pm ■ Happy Hour @ The Merion  
 7:30pm ■ Thursday Night Movie The Purple Rose of Cairo

**13**  
 10am ■ Aqua Aerobics w/Nichola  
 11:30am ■ Merion Short Story Discussion w/G Philips: The Crippled Man  
 1pm ■ Radio Players w/M Junius  
 3pm ■ Pilates Fitness w/Suzy  
 4pm ■ Happy Hour @ The Merion  
 5pm ■ Southern Fried Chicken Dinner  
 7:30pm ■ Friday Night Movie Human Capital

**14**  
 11am ■ Bingo & Prizes w/Mary  
 11am ■ French Connections (Advanced) w/Koffi  
 12pm ■ French Connections (Beginning) w/Koffi  
 1pm ■ Posture & Mobilization w/Daniel  
 2:30pm ■ Cards Against Humanity  
 3:30pm ■ Rummikub @ The Merion  
 7:30pm ■ Saturday Night Movie The Secret Garden

**15**  
 9am ■ St. Mary's Pick Up  
 9:45am ■ St. Francis Parrish Pick Up  
 9:45am ■ St. Athanasius Pick Up  
 10am ■ Body Balance Strength & Fitness w/David  
 12pm ■ Jane Fonda Walkout Fitness DVD  
 1:30pm ■ Aqua Aerobics w/Nichola  
 3pm ■ Core Fitness w/Daniel  
 7:30pm ■ Sunday Night Movie The Sunshine Boys

**16**  
 10am ■ Redefining Strength w/Nichola  
 11am ■ Blood Pressure Screening  
 1pm ■ Merion Bridge Club  
 2:30pm ■ Mantra Meditation w/Mui  
 4pm ■ Happy Hour & Live Music w/Tim Fitzgerald Duo  
 7:30pm ■ Magic of Strings w/Jaime Gorgojo

**17**  
 9:30am ■ Integrated Movement for Mind & Body w/Barbara  
 10am ■ Merion Field Trip The Bahai Temple  
 2pm ■ History in Perspective w/E Finerman: The Inadvertent Hero Thomas Cromwell  
 3pm ■ NETFLIX/The Ice Road  
 4pm ■ Happy Hour @ The Merion  
 6pm ■ Mindful Meditations w/Mui

**18**  
 11am ■ Merion Roundtable Discussion w/Doug Asbury  
 12pm ■ NETFLIX/The Cook of Castamar Season One/Episode 3  
 1pm ■ Fit & Functioning w/Johnny  
 3:30pm ■ Open Forum  
 4pm ■ Happy Hour & Live Music w/Jerry Tiberi Trio  
 7:30pm ■ Wednesday Night Movie Tammy Tell Me True

**19**  
 9:30am ■ Tai Chi Fitness w/M McGinn  
 11am ■ BeMoved Dance w/Heidi  
 12:30pm ■ NETFLIX/Naomi Osaka Season One, Episode 3  
 1pm ■ Merion Book Club  
 1pm ■ Merion Bridge Club  
 2:30pm ■ Merion Men's Club  
 3pm ■ SHOPTALK! 2021 w/J Peck  
 4pm ■ Happy Hour & Live Music w/Stephanie Aaron  
 7:30pm ■ Thursday Night Movie Broadway Danny Rose

**20 National Lemonade Day**  
 10am ■ Jane Fonda Walkout Fitness DVD  
 11am ■ NETFLIX/HAMPSTEAD  
 1pm ■ Radio Players w/M Junius  
 2pm ■ Jewelry Making & Beading w/Abigail  
 2pm ■ HULU/McCartney 3, 2, 1 People We Loved Were Loving Us! Like Professors in a Laboratory  
 3pm ■ Pilates Fitness w/Suzy  
 4pm ■ Happy Hour & Live Music: Tribute to Frank Sinatra w/S Magdal  
 5pm ■ Prime Rib Dinner @ The Merion  
 7:30pm ■ Friday Night Movie Wild Rose

**21**  
 11am ■ Bingo & Prizes w/Mary  
 11am ■ French Connections (Advanced) w/Koffi  
 1pm ■ Core Fitness w/Daniel  
 2pm ■ Music Appreciation Lecture w/Kurt Presents: After The Big Bands The Vocalists  
 3pm ■ Merion Billiards Challenge  
 3:30pm ■ Rummikub @ The Merion  
 7:30pm ■ Saturday Night Movie The Nightingale

**22**  
 9am ■ St. Mary's Pick Up  
 9:45am ■ St. Francis Parrish Pick Up  
 9:45am ■ St. Athanasius Pick Up  
 10am ■ Body Balance Strength & Fitness w/David  
 12pm ■ Jane Fonda Walkout Fit DVD  
 3pm ■ Posture & Mobilization w/Daniel  
 7:30pm ■ Sunday Night Movie On Golden Pond

**23**  
 10am ■ Jane Fonda Walkout Fitness DVD  
 11am ■ Blood Pressure Screening  
 12pm ■ Yoga Fitness w/M McGinn  
 1pm ■ Merion Bridge Club  
 3pm ■ Art Alive w/Debra Levie  
 4pm ■ Happy Hour & Live Music w/Abigail Riccards Healy  
 7:30pm ■ Monday Night Movie The Best Exotic Marigold Hotel

**24**  
 9:30am ■ Jane Fonda Walkout Fitness DVD  
 11am ■ Merion Field Trip Lincoln Park Zoo  
 12:30pm ■ Yoga Fitness w/M McGinn  
 3pm ■ Musical Lectures w/J Novi Presents Frank Sinatra  
 4pm ■ Happy Hour @ The Merion  
 6pm ■ Mindful Meditations w/Mui

**25 National Banana Split Day**  
 11am ■ Merion Roundtable Discussion w/Doug Asbury  
 12pm ■ NETFLIX/The Cook of Castamar Season One/Episode 4  
 1pm ■ Fit & Functioning w/Johnny  
 1pm ■ Canasta Club @ The Merion  
 2:30pm ■ Go Banana's Meet & Greet  
 4pm ■ Happy Hour & Live Music w/Jerry Tiberi Trio  
 7:30pm ■ Wednesday Night Movie Tammy and the Doctor

**26 National Dog Day**  
 9:30am ■ Tai Chi Fitness w/M McGinn  
 11am ■ BeMoved Dance w/Heidi  
 12:30pm ■ NETFLIX/Gunpowder Milkshake  
 1pm ■ Merion Bridge Club  
 2pm ■ Biscotti & Berries w/Dolores E.  
 3pm ■ Figures Drawing w/Duffy  
 4pm ■ Happy Hour @ The Merion  
 7:30pm ■ Thursday Night Movie Midnight in Paris

**27**  
 10am ■ Jane Fonda Walkout Fitness DVD  
 11:30am ■ Merion Short Story Discussion w/G Philips: So Much Water So Close to Home  
 1pm ■ CPAG Workshop @ The Merion  
 3pm ■ HULU/McCartney 3, 2, 1 Couldn't You Play It Straight? The Long and Winding Road  
 4pm ■ Happy Hour @ The Merion  
 7:30pm ■ Friday Night Movie The Current War

**28**  
 10am ■ Bella Bleu Visits The Merion  
 11am ■ Bingo & Prizes w/Mary  
 11am ■ French Connections (Beginning) w/Koffi  
 1pm ■ Posture & Mobilization w/Daniel  
 2pm ■ Music Appreciation Lecture w/Kurt Presents: After The Big Bands The Latin Music Influence  
 3pm ■ Merion Billiards Challenge  
 7:30pm ■ Saturday Night Movie The Secret: Dare to Dream

**29**  
 9am ■ St. Mary's Pick Up  
 9:45am ■ St. Francis Parrish Pick Up  
 9:45am ■ St. Athanasius Pick Up  
 10am ■ Body Balance Strength & Fitness w/David  
 11am ■ Sunday Brunch @ The Merion  
 12pm ■ Jane Fonda Walkout Fitness DVD  
 2pm ■ Historical Lectures w/J Boda Presents: My Fair Lady  
 3pm ■ Core Fitness w/Daniel  
 7:30pm ■ Music Institute of Chicago

**30**  
 10am ■ Jane Fonda Walkout Fitness DVD  
 11am ■ Blood Pressure Screening  
 12pm ■ Yoga Fitness w/M McGinn  
 1pm ■ Merion Bridge Club  
 2:30pm ■ Canvas Creations w/Charlotta  
 4pm ■ Happy Hour & Live Music w/Kurt Loeffler Jazz Trio  
 7:30pm ■ Strings & Conversations w/Jaime & Sandro

**31**  
 9:30am ■ Integrated Movement for Mind & Body w/Barbara  
 10:30am ■ Merion Field Trip Maggiano's Little Italy  
 1pm ■ Merion Matinee New York Stories  
 3pm ■ Art Alive w/Debra Levie Henri de Toulouse-Lautrec  
 4pm ■ Happy Hour @ The Merion  
 6pm ■ Mindful Meditations w/Mui

**Legend**  
 ■ = Arts & Culture  
 ■ = Health & Fitness  
 ■ = Life Long Learning  
 ■ = Music  
 ■ = Social Activities  
 ■ = Spiritual Wellness

