

**Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday**



**Legend**

- = Arts & Culture
- = Health & Fitness
- = Life Long Learning
- = Music
- = Social Activities
- = Spiritual Wellness

**1**

- 9:30am ■ Tai Chi Fitness w/M McGinn
- 11am ■ BeMoved Dance w/Heidi
- 1pm ■ Merion Bridge Club
- 2pm ■ Mindful Stretch, Balance & Breathe w/Barbara
- 3pm ■ Activities Discussion w/Tammy
- 4pm ■ Happy Hour @ The Merion
- 7:30pm ■ Thursday Night Movie: The Best Exotic Marigold Hotel

**2**

- 10am ■ Aqua Aerobics w/Nichola
- 11:30am ■ Jane Fonda Fitness DVD
- 12:30pm ■ Merion Matinee: 2nd Best Exotic Marigold Hotel
- 2pm ■ Jewelry Making & Beading w/Abigail
- 3pm ■ Pilates Fitness w/Suzy
- 4pm ■ Happy Hour & Live Music w/Ameerah Tatum
- 7:30pm ■ Friday Night Movie: Another Round

**3**

- 11am ■ Bingo & Prizes w/Mary
- 11am ■ French Connections (Advanced) w/Koffi
- 1pm ■ Core Fitness w/Daniel
- 2pm ■ Art Alive Programming w/D Levie Vivian Dorothy Maier
- 3:30pm ■ Rummikub @ The Merion
- 7:30pm ■ Saturday Night Movie: The Mauritanian

**4 4th of July**

- 9am ■ St. Mary's Pick Up
- 9:45am ■ St. Francis Parrish Pick Up
- 9:45am ■ St. Athanasius Pick Up
- 10am ■ Body Balance Strength & Fitness w/David
- 11:30am ■ 4th of July BBQ
- 1pm ■ Jane Fonda Walkout Fitness DVD
- 3pm ■ Jane Fonda AM/PM Yoga DVD
- 7:30pm ■ Sunday Night Movie: Forest Gump

**5**

- 10am ■ Redefining Strength w/Nichola
- 11am ■ Blood Pressure Screening
- 11am ■ Spanish Lessons (Beginning) w/Sofia
- 1pm ■ Merion Bridge Club
- 3pm ■ Armchair Travel Spain w/Charlotta
- 4pm ■ Happy Hour & Live Music w/Tim Fitzgerald Duo
- 7:30pm ■ Strings & Conversations w/Jaime & Sandro

**6**

- 9:30am ■ Integrated Movement for Mind & Body w/Barbara
- 10am ■ Podiatrist Vist w/Dr Poole
- 11am ■ Spanish Lessons (Advanced) w/Sofia
- 2pm ■ History in Perspective w/E Finerman Presents: A Tale of Two Revolutions
- 3:30pm ■ Rummikub @ The Merion
- 4pm ■ Happy Hour @ The Merion
- 6pm ■ Mindful Meditations w/Mui
- 7:30pm ■ The Black Oak Ensemble

**7**

- 10am ■ Fit & Functioning w/Johnny
- 11am ■ Merion Roundtable Discussion w/Doug Asbury
- 12pm ■ NETFLIX/High on The Hog Season One/Episode 1
- 1pm ■ Canasta Club @ The Merion
- 3:30pm ■ Open Forum
- 4pm ■ Happy Hour & Live Music w/Jerry Tiberi Trio
- 7:30pm ■ Wednesday Night Movie: The Autobiography of Miss Jane Pittman

**8**

- 9:30am ■ Tai Chi Fitness w/M McGinn
- 11am ■ BeMoved Dance w/Heidi
- 12:30pm ■ NETFLIX/Cuba and The Cameraman
- 1pm ■ Merion Bridge Club
- 2pm ■ NETFLIX/LIONHEART
- 3pm ■ Figure Drawing w/Duffy
- 4pm ■ Happy Hour @ The Merion
- 7:30pm ■ Thursday Night Movie: The One Hundred Foot Journey

**9**

- 10am ■ Aqua Aerobics w/Nichola
- 11:30am ■ Merion Short Story Discussion w/G Philips: Blessings
- 1pm ■ Improv @ The Merion w/M Junius
- 1:30pm ■ Classic Movie Friday: The Devil Wears Prada
- 3pm ■ Zumba Gold w/Suzy
- 4pm ■ Happy Hour @ The Merion
- 5pm ■ Winner! Winner! Chicken Dinner
- 7:30pm ■ Friday Night Movie

**10**

- 11am ■ Bingo & Prizes w/Mary
- 11am ■ French Connections (Beginning) w/Koffi
- 1pm ■ Core Fitness w/Daniel
- 2pm ■ Art Alive Programming w/D Levie: The Art of The Vatican
- 3pm ■ The Music Institute of Chicago w/Dr Soo Lee
- 3:30pm ■ Rummikub @ The Merion
- 7:30pm ■ Saturday Night Movie: Little Woods

**11**

- 9am ■ St. Mary's Pick Up
- 9:45am ■ St. Francis Parrish Pick Up
- 9:45am ■ St. Athanasius Pick Up
- 10am ■ Body Balance Strength & Fitness w/David
- 12pm ■ Jane Fonda Walkout Fitness DVD
- 1pm ■ Card Creations w/Pam
- 3pm ■ Posture & Mobilization w/Daniel
- 7:30pm ■ Sunday Night Movie: Major League

**12**

- 10am ■ Redefining Strength w/Nichola
- 11am ■ Blood Pressure Screening
- 11am ■ Spanish Lessons (Beginning) w/Sofia
- 1pm ■ Merion Bridge Club
- 3pm ■ Armchair Travel Spain w/Charlotta
- 4pm ■ Happy Hour & Live Music w/Abigail Riccards Healy
- 7:30pm ■ Strings & Conversations w/Jaime & Sandro

**13**

- 9:30am ■ Integrated Movement for Mind & Body w/Barbara
- 10:30am ■ Merion Field Trip: The Botanic Garden
- 11am ■ Spanish Lessons (Advanced) w/Sofia
- 11am ■ New Resident Orientation Luncheon
- 1pm ■ Levy Lecture Series: Ava Thompson Greenwell Presents: Mandela in Chicago
- 3pm ■ NETFLIX/Who Shot the Sherriff "A Bob Marley Story"
- 4pm ■ Happy Hour @ The Merion
- 6pm ■ Mindful Meditations w/Mui

**14 Bastille Day**

- 10am ■ Fit & Functioning w/Johnny
- 11am ■ Merion Roundtable Discussion w/Doug Asbury
- 12pm ■ NETFLIX/High on The Hog Season One/Episode 2
- 1pm ■ Canasta Club @ The Merion
- 3pm ■ Bastille Day @ The Merion
- 4pm ■ Happy Hour @ The Merion
- 6pm ■ Armchair Travel France w/Charlotta
- 7:30pm ■ Wednesday Night Movie

**15**

- 9:30am ■ Tai Chi Fitness w/M McGinn
- 11am ■ BeMoved Dance w/Heidi
- 1pm ■ Merion Book Club
- 1pm ■ Merion Bridge Club
- 3pm ■ SHOPTALK! 2021 w/Jonathan Peck: A Nation's Story: Reparations in Evanston
- 4pm ■ Happy Hour & Live Music w/Stephanie Aaron
- 7:30pm ■ Thursday Night Movie: Field of Dreams

**16**

- 10am ■ Aqua Aerobics w/Nichola
- 11:30am ■ NETFLIX/Come Sunday
- 1:30pm ■ Classic Movie Friday: Something's Gotta Give
- 2pm ■ Jewelry Making & Beading w/Abigail
- 3pm ■ Pilates Fitness w/Suzy
- 4pm ■ Happy Hour & Live Music w/Jerry Tiberi Trio
- 7:30pm ■ Friday Night Movie: Driveways

**17**

- 11am ■ Bingo & Prizes w/Mary
- 11am ■ French Connections (Advanced) w/Koffi
- 1pm ■ Posture & Mobilization w/Daniel
- 3pm ■ Jane Fonda Walkout Fitness DVD
- 3:30pm ■ Rummikub @ The Merion
- 7:30pm ■ Saturday Night Movie: Portrait of a Lady on Fire

**18**

- 9am ■ St. Mary's Pick Up
- 9:45am ■ St. Francis Parrish Pick Up
- 9:45am ■ St. Athanasius Pick Up
- 10am ■ Body Balance Strength & Fitness w/David
- 12pm ■ Jane Fonda Walkout Fit DVD
- 3pm ■ Core Fitness w/Daniel
- 5pm ■ Southern Fried Chicken Dinner
- 7:30pm ■ Symphonic Masterpiece At The Piano w/Katrina Sudman and Vincent Catalano

**19**

- 10am ■ Redefining Strength w/Nichola
- 11am ■ Blood Pressure Screening
- 11am ■ Spanish Lessons (Beginning) w/Sofia
- 1pm ■ Merion Bridge Club
- 3pm ■ Art Alive w/Debra Levie: Western American Art
- 4pm ■ Happy Hour & Live Music w/Tim Fitzgerald Duo
- 7:30pm ■ The Fulton Chamber Players: P. Hauer, A. Hess, A. Teng

**20**

- 9:30am ■ Integrated Movement for Mind & Body w/Barbara
- 11am ■ Spanish Lessons (Advanced) w/Sofia
- 10:30am ■ Merion Field Trip: L. Woods Tap & Pine Lodge
- 2:30pm ■ Merion's Men's Club
- 3pm ■ SHOPTALK! 2021 w/Jonathan Peck: A Nation's Story: An American Paradox
- 4pm ■ Happy Hour @ The Merion
- 6pm ■ Mindful Meditations w/Mui

**21**

- 10am ■ Fit & Functioning w/Johnny
- 11am ■ Merion Roundtable Discussion w/Doug Asbury
- 12pm ■ NETFLIX/High on The Hog Season One/Episode 3
- 1pm ■ Canasta Club @ The Merion
- 3:30pm ■ Open Forum
- 4pm ■ Happy Hour & Live Music w/Jerry Tiberi Trio
- 7:30pm ■ NWU Bienen School of Music

**22**

- 9:30am ■ Tai Chi Fitness w/M McGinn
- 11am ■ BeMoved Dance w/Heidi
- 1pm ■ Merion Bridge Club
- 2pm ■ Mindful Stretch, Balance & Breathe w/Barbara
- 3pm ■ Figs, Figures and Frangelico w/Duffy
- 4pm ■ Happy Hour @ The Merion
- 7:30pm ■ Thursday Night Movie: A League of Their Own

**23**

- 10am ■ Aqua Aerobics w/Nichola
- 11:30am ■ Merion Short Story Discussion w/G Philips: Heist
- 1pm ■ Improv @ The Merion w/ Junius
- 2pm ■ NETFLIX/Audrey
- 3pm ■ Zumba Gold w/Suzy
- 4pm ■ Happy Hour & Live Music w/Ameerah Tatum
- 7:30pm ■ Friday Night Movie: A Dog's Journey

**24**

- 11am ■ Bingo & Prizes w/Mary
- 11am ■ French Connections (Advanced) w/Koffi
- 1pm ■ Core Fitness w/Daniel
- 2pm ■ Music Appreciation Lecture w/Kurt Presents: The Big Bands Part I
- 3pm ■ The Music Institute of Chicago w/Dr Soo Lee
- 3:30pm ■ Rummikub @ The Merion
- 7:30pm ■ Saturday Night Movie: The High Note

**25**

- 9am ■ St. Mary's Pick Up
- 9:45am ■ St. Francis Parrish Pick Up
- 9:45am ■ St. Athanasius Pick Up
- 10am ■ Body Balance Strength & Fitness w/David
- 12pm ■ Jane Fonda Walkout Fitness DVD
- 1:45pm ■ Posture & Mobilization w/Daniel
- 3pm ■ Historical Lectures w/J Boda Presents: Amelia Earhart-Skylark

**26**

- 10am ■ Redefining Strength w/Nichola
- 11am ■ Blood Pressure Screening
- 1pm ■ Merion Bridge Club
- 2:30pm ■ Jane Fonda Walkout Fitness DVD
- 4pm ■ Happy Hour & Live Music w/Abigail Riccards Healy
- 7:30pm ■ Strings & Conversations w/Jaime & Sandro

**27**

- 9:30am ■ Integrated Movement for Mind & Body w/Barbara
- 10:30am ■ Merion Field Trip: The Lincoln Park Zoo
- 1pm ■ Levy Lecture Series: Robert Watson Presents Harry S. Truman
- 2pm ■ History in Perspective w/E Finerman: The Genesis of Genetics
- 3:15pm ■ Fireside Chat w/Tammy
- 4pm ■ Happy Hour @ The Merion
- 6pm ■ Mindful Meditations w/Mui

**28**

- 10am ■ Fit & Functioning w/Johnny
- 11am ■ Merion Roundtable Discussion w/Doug Asbury
- 12pm ■ NETFLIX/High on The Hog Season One/Episode 4
- 1pm ■ Canasta Club @ The Merion
- 4pm ■ Happy Hour & Live Music w/Jerry Tiberi Trio
- 4pm ■ July Birthday Celebration
- 7:30pm ■ NWU Bienen School of Music

**29**

- 9:30am ■ Tai Chi Fitness w/M McGinn
- 11am ■ BeMoved Dance w/Heidi
- 12:30pm ■ NETFLIX/In Our Mother's Gardens
- 1pm ■ Merion Bridge Club
- 3pm ■ SHOPTALK! 2021 w/Jonathan Peck: A Nation's Story: The American Empire
- 4pm ■ Happy Hour @ The Merion
- 7:30pm ■ Thursday Night Movie: 42-The Jackie Robinson Story

**30 National Cheesecake Day**

- 10am ■ Aqua Aerobics w/Nichola
- 12:30pm ■ Cheesecake & Coffee @ The Merion
- 1:30pm ■ Classic Movie Friday
- 2pm ■ Jewelry Making & Beading w/Abigail
- 3pm ■ Pilates Fitness w/Suzy
- 4pm ■ Happy Hour & Live Music w/Jerry Tiberi Trio
- 7:30pm ■ Friday Night Movie: The Call of The Wild

**31**

- 11am ■ Bingo & Prizes w/Mary
- 11am ■ French Connections (Advanced) w/Koffi
- 1pm ■ Posture & Mobilization w/Daniel
- 2pm ■ Music Appreciation Lecture w/Kurt Presents: The Big Bands Part II
- 3pm ■ The Music Institute of Chicago w/Dr Soo Lee
- 3:30pm ■ Rummikub @ The Merion
- 7:30pm ■ Saturday Night Movie: Hope Gap