

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 9:30am ■ Balance, Boost Fitness DVD 11am ■ Classic Cowboy Movie "Six-Shootin' Sheriff" 2pm ■ Jane Fonda Walkout Fitness DVD 4:30pm ■ Merion Musicals "Soundies Cavalcade" 7:30pm ■ Cinema Sunday "Lady Sings the Blues"				Legend ■ = Arts & Culture ■ = Health & Fitness ■ = Life Long Learning ■ = Music ■ = Social Activities ■ = Spiritual Wellness	1 Happy New Year 10am ■ Balance, Boost and Better Stepping 11:30am ■ Morning Movie Grumpy Old Men 2pm ■ Jane Fonda Walkout Fitness DVD 4:30pm ■ Early Evening Movie Grumpier Old Men 7:30pm ■ Friday Night Movie New Year's Eve	2 10:30am ■ French Connections (Bonjour) w/Koffi 11:30am ■ Mindful Meditation w/Mui 1pm ■ Core Fitness w/Daniel 2pm ■ Art Alive Programming w/D Levie Presents The Washington Color School 3pm ■ Merion Matinee: Sylvia's Love 7:30pm ■ Saturday Night Movie The Good Liar
3 9:30am ■ Balance, Boost Fitness DVD 11am ■ Classic Cowboy Movie "The Range Busters" 2pm ■ Jane Fonda Walkout Fitness DVD 4:30pm ■ Merion Musicals "Rhythm & Blues Review" 7:30pm ■ Cinema Sunday "The Women of Brewster Place"	4 10am ■ Jane Fonda Walkout Fitness DVD 11am ■ Blood Pressure Screening 2:30pm ■ Balance, Boost Fitness DVD 4pm ■ Merion Musical: Second Course 7:30pm ■ Comedy Legends "Something Special"	5 9:30am ■ Integrated Movement for Mind & Body w/Barbara 11am ■ Musical Lectures w/A Riccards "Dexter Gordon" 12pm ■ Bingo @ The Merion w/Ashley 1pm ■ Body Balance Strength & Fitness w/David 2:30pm ■ Strings & Conversations w/J Gorgojo & S Tsomaia 3:30pm ■ NETFLIX/Queen's Gambit /6	6 9am ■ Redefining Strength w/Nichola 11am ■ Merion Roundtable Discussion w/Doug Asbury 12pm ■ NETFLIX/FAUDA Season Three/Episode 8 1pm ■ Fit & Functioning w/Johnny 2pm ■ NWU Bienen School of Music 3:30pm ■ NETFLIX/MANK 6pm ■ Merion Movie Showcase Back To The Future	7 9:30am ■ Tai Chi Fitness w/M McGinn 11am ■ BeMoved Dance w/Heidi 12:30pm ■ The Lyric Opera Stage Artists & Chicago Lyric Opera Orchestra 2pm ■ Mindful Stretch, Balance & Breath w/Barbara 3pm ■ Art Alive Programming w/D Levie Presents: Winter Scenes 4pm ■ Movie: Selah and The Spades 7:30pm ■ Thursday Night Classic The Revenge of The Pink Panther	8 9am ■ Sabbath Services w/J Footlik 10am ■ Aerobic Cardio w/Nichola 11:30am ■ Merion Short Story Discussion w/Glen Phillips: Refund 12:30pm ■ The Lyric Orchestra w/The Kirk Family 1:30pm ■ People, Places & Culture w/Charlotta Presents: Zora Neale Hurston 2:30pm ■ SHOPTALK 2021! w/J Peck 3:30pm ■ NETFLIX/The Prom	9 10:30am ■ French Connections (Bonjour) w/Koffi 11:30am ■ Mindful Meditation w/Mui 1pm ■ Core Fitness w/Daniel 2pm ■ Merion Matinee: Disney's Soul 3:30pm ■ The Music Institute of Chicago w/Dr Soo Lee 7:30pm ■ Saturday Night Movie A Simpler Favor
10 9:30am ■ Balance, Boost Fitness DVD 11am ■ Classic Cowboy Movie "Thunder River Feud" 2pm ■ Jane Fonda Walkout Fitness DVD 4:30pm ■ Merion Musicals "Check & Double Check" 7:30pm ■ Cinema Sunday "Vertigo"	11 10am ■ Jane Fonda Walkout Fitness DVD 11am ■ Blood Pressure Screening 2:30pm ■ Balance, Boost Fitness DVD 4pm ■ Merion Musical: Stage Door Canteen 7:30pm ■ Comedy Legends "The Nasty Rabbit"	12 9:30am ■ Integrated Movement for Mind & Body w/Barbara 11am ■ Musical Lectures w/A Riccards "Sarah Vaughan" 12pm ■ Bingo @ The Merion w/Ashley 1pm ■ Body Balance Strength & Fitness w/David 2pm ■ History in Perspective w/E Finerman "Meet Your Calendar" 3:30pm ■ NETFLIX/Queen's Gambit /7	13 9am ■ Redefining Strength w/Nichola 11am ■ Merion Roundtable Discussion w/Doug Asbury 12pm ■ NETFLIX/FAUDA Season Three/Episode 9 1pm ■ Fit & Functioning w/Johnny 2pm ■ NWU Bienen School of Music 3:30pm ■ Open Forum 6pm ■ Merion Movie Showcase The Blues Brothers	14 9:30am ■ Tai Chi Fitness w/M McGinn 11am ■ BeMoved Dance w/Heidi 12pm ■ Historical Lectures w/J Boda Presents Elvis: An American Idol 1pm ■ SHOPTALK 2021! w/J Peck 2pm ■ Concierge Home Care Presents Finding Your Mind in COVID Times 3pm ■ Mindful Stretch, Balance & Breath w/Barbara 7:30pm ■ Thursday Night Classic Roman Holiday	15 Dr. Martin Luther King Jr. Birthday 10am ■ Aerobic Cardio w/Nichola 11am ■ MLK Tribute w/Doug Asbury 11:45 ■ The Lyric Orchestra 12:45pm ■ MLK Tribute w/Marcus White 1:30pm ■ MLK Tribute w/Charlotta 2pm ■ MLK Tribute w/Maura Junius 2:30pm ■ MLK Tribute w/Ameerah Tatum 3pm ■ MLK Tribute w/A Riccards Healy 4pm ■ MLK Interview w/David Suskind DVD 5pm ■ MLK Jr "I Have A Dream" 7:30pm ■ Friday Night Movie: Selma	16 10:30am ■ French Connections (Bonjour) w/Koffi 11:30am ■ Mindful Meditation w/Mui 1pm ■ Core Fitness w/Daniel 2pm ■ Art Alive Programming w/D Levie Presents: Folk Art 3pm ■ The Music Institute of Chicago w/Dr Soo Lee 3:45pm ■ NETFLIX: The Laundromat 7:30pm ■ Saturday Night Movie Just Mercy
17 9:30am ■ Balance, Boost Fitness DVD 11am ■ Classic Cowboy Movie "Ghost Patrol" 2pm ■ Jane Fonda Walkout Fitness DVD 4:30pm ■ Merion Musicals "Killer Diller" 7:30pm ■ Cinema Sunday "Lackawana Blues"	18 Dr. Martin Luther King Jr. Day 10am ■ Jane Fonda Walkout Fitness DVD 11am ■ Blood Pressure Screening 2:30pm ■ Balance, Boost Fitness DVD 4pm ■ Merion Musical: Wild Guitar 7:30pm ■ Comedy Legends "The Fat Spy"	19 10am ■ Balance, Boost Fitness DVD 11am ■ Bell, Book & Candle 1pm ■ Body Balance & Strength w/David 2:30pm ■ Magic of Strings w/J Gorgojo 4:30pm ■ Best Picture: Million Dollar Baby 7:30pm ■ Tuesday Night Movie Blazing Saddles	20 10am ■ Audiology Visit w/Dr Mayo 11am ■ Merion Roundtable Discussion w/Doug Asbury 1pm ■ Fit & Functioning w/Johnny 2pm ■ Unplugged: Eric Clapton 4:30pm ■ Harrison Ford is The Fugitive 6pm ■ Merion Movie Showcase American Graffiti	21 9:30am ■ Tai Chi Fitness w/M McGinn 11am ■ BeMoved Dance w/Heidi 2pm ■ Jane Fonda Walkout Fitness DVD 4:30pm ■ Two Thumbs Up The Full Monty 7:30pm ■ Thursday Night Classic Love Afternoon	22 10am ■ Aerobic Cardio w/Nichola 11:30am ■ The Chen Family String Quartet 2pm ■ Balance, Boost Fitness DVD 4:30pm ■ Best Mission Yet: M.I. III 7:30pm ■ Friday Night Movie The Souvenir	23 10am ■ Balance, Boost Fitness DVD 11am ■ Walt Disney: MIRACLE 2pm ■ Jane Fonda Walkout DVD 4:30pm ■ Award Nominated: LINCOLN 7:30pm ■ Saturday Night Movie The Marriage Story
24 9:30am ■ Balance, Boost Fitness DVD 11am ■ Classic Cowboy Movie "The Fighting Renegade" 2pm ■ Jane Fonda Walkout Fitness DVD 4:30pm ■ Merion Musicals "Mr. Imperium" 7:30pm ■ Cinema Sunday "Rear Window"	25 10am ■ Jane Fonda Walkout Fitness DVD 11am ■ Blood Pressure Screening 2:30pm ■ Balance, Boost Fitness DVD 4pm ■ Merion Musical Let's Go Collegiate 7:30pm ■ Comedy Legends "There Goes The Bride"	26 9:30am ■ Integrated Movement for Mind & Body w/Barbara 11am ■ Podiatrist Visit w/Dr Poole 11am ■ Musical Lectures w/A Riccards "Freddie Mercury/Queen" 1pm ■ Body Balance & Strength w/David 2pm ■ History in Perspective w/E Finerman "Fredrick The Grating" 3pm ■ Merion Matinee One Night in Miami	27 9am ■ Redefining Strength w/Nichola 11am ■ Merion Roundtable Discussion w/Doug Asbury 12pm ■ NETFLIX/FAUDA Season Three/Episode 10 1pm ■ Fit & Functioning w/Johnny 2pm ■ NWU Bienen School of Music 3:30pm ■ Open Forum 6pm ■ Merion Movie Showcase An Officer and A Gentleman	28 9:30am ■ Tai Chi Fitness w/M McGinn 11am ■ The Chen Family String Quartet 12pm ■ Historical Lectures w/J Boda Presents: Swinging On A Star Jimmy Van Heusen 1pm ■ Merion Book Club Meeting 3:30pm ■ Art Alive Programming w/D Levie Presents: The NABIS Group Part Two 7:30pm ■ Thursday Night Classic All The President's Men	29 10am ■ Aerobic Cardio w/Nichola 11:30am ■ Merion Short Story Discussion w/Glen Phillips: Big Island Small Island 12:30pm ■ One Woman Show w/M Junius 1:30pm ■ People, Places & Culture w/Charlotta: Oprah Winfrey 2:30pm ■ Piano Conversations w/Sandro and Johnny Garcia 3:30pm ■ The Gin Game w/Maura Junius 7:30pm ■ Friday Night Movie: Beanpole	30 10:30am ■ French Connections (Bonjour) w/Koffi 11:30am ■ Mindful Meditation w/Mui 1pm ■ Core Fitness w/Daniel 2pm ■ Music Theory w/Kurt Loeffler Presents Benny Goodman 3:15pm ■ The Music Institute of Chicago w/Dr Soo Lee 7:30pm ■ Saturday Night Movie 21 Bridges