



Helena is experienced in advising on coverage issues under a wide range of insurance policies. She has also acted for insurers in a number of complex disputes and is EC3 Legal's expert on GDPR and data protection.

She has spent time on secondment at large insurance and reinsurance companies in France, Germany and Bermuda and advises on policy wording and regulatory issues.

Helena speaks French fluently and many of the matters on which she advises involve cross-border issues. When not at work, Helena loves to travel and enjoys skiing in winter and trying her hand at different outdoor activities in summer.

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She is both a solicitor and Associate of the Chartered Insurance Institute. Sara has worked across claims, corporate development, operations, governance and risk areas within law firms and London and Lloyd's market insurers and MGA businesses.

She is a qualified lawyer and well known within the industry for taking a logical and practical approach when problem-solving and is adept at bridging the gaps between 'front end' business ambitions and FCA regulatory requirements.

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