

Instead of...
Fixed mindset 😞

I'm not good at this

I hate this

This is too hard

This is bad

I don't enjoy this

I'll never be as
Smart as her/him

It's not fair, I
can't do it

I won't do this
again

I can't do it

I did ok on that test
but other students did worse

I give up

I don't need to learn
that

I can't read this
text, it's too hard

Say.... Growth mindset 😊

I won't give up

I'm positive

I'll try a different way

I Love this challenge

How can I improve

What am I missing?

If he or she can do it, then
I can do it too

Mistakes help me
learn better

I will try again

I can't do this yet

I'm not good at reading/
doing math/writing, but if I
read/do math/write everyday,
I will get better.

I can do better if I
Spend just 10 mn more