October 20, 2014

**Growth Mindset Lesson Plan Grade 5**

California Common Core Standards: SL 5.1b, c, d; SL 5.3

Objective: Students will demonstrate knowledge of Growth Mindset by producing

Thinking Maps.

Essential Question: What is Growth Mindset?

Vocabulary: Neurons, Criticism

Opening:

Slide 1

* From a PowerPoint presentation, students were told to think internally on what Growth Mindset means. They were told to break apart the words and look at what ‘Growth’ means and what ‘Mindset’ means.
* Students pair/shared with partners on what they thought Growth Mindset meant.
* A video was shown to the class on Growth Mindset.

(<https://www.khanacademy.org/youcanlearnanything>)

Direct Instruction:

Slide 2

* I asked the students to think internally if they really believed that making mistakes would help them learn.
* A video was shown to the class discussing that when you make mistakes, neurons are making connections and learning is taking place. ([www.youtube.com/watch?v=wh0OS4MrN3E](http://www.youtube.com/watch?v=wh0OS4MrN3E))

Slide 3

* I asked the students if they believed what the video had said. What proves it?
* A video was shown to the class on neurons making connections in the brain. ([www.youtube.com/watch?v=wh0OS4MrN3E](http://www.youtube.com/watch?v=wh0OS4MrN3E))

Slide 4

* We discussed the differences between a Fixed Mindset and a Growth Mindset. I cold-called students to read bullet points from the PowerPoint slide.

Slide 5

* Students thought about what type of mindset they had individually, as I read the slide.

Guided Practice:

Slide 6

* Students created a Tree Map categorizing phrases seen on my PowerPoint slide. Phrases were either a Growth Mindset characteristic or a Fixed Mindset characteristic.
* Students shared their Thinking Map with their partner and we went over the correct placement for each phrase as a class.

Slide 7

* Students pair/shared with partners on the following question: If I have a Fixed Mindset, what can I do to change and have a Growth Mindset?

Independent Practice:

Slide 8

* Students created a Multi-Flow Thinking Map to show what you can do to have a Growth Mindset, and if you do, what effects it can have on your life.

Closure:

* Class discussion on what students put on their Multi-Flow Thinking Map.













