



Irene Gomez-Bethke Papers.

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LA RAZA MEDICAL ASSOCIATION

UNIVERSITY OF MINNESOTA CHAPTER

W61 Centennial Hall
614 Delaware Street. S.E.
University of Minnesota
Minneapolis, Minnesota 55455
(612) 376-7568

March 16, 1982

Estimada Irene Behke,

You are cordially invited to enroll in our class, "Chicanos and Health: Who Cares?", which will commence in the Spring Quarter of 1982 at the University of Minnesota--Minneapolis.

This course will be composed of guest speakers who will address the various aspects of health for Chicanos. The lectures will be followed by a panel of local community members who will integrate the information as it applies to Chicanos in the state of Minnesota.

The instructors of this course have decided to contribute all the earnings of this course (@ \$2,000) to the La RaMA Scholarship, a scholarship for Chicano High School Students who are interested in the Health Careers. Your support in making this a successful course is deeply appreciated. We look forward to your enrollment in this course. If it is not possible to enroll in this course (due to monetary reasons), please feel free to audit the lecture series.

Enclosed is a course description, a tentative list of speakers and panel members, and a brochure of the La RaMA Scholarship. Please feel free to contact our office if you have any questions.

Sinceramente,

Rene Charles

Rene Charles
Medical Student

David Mata

David Mata
Medical Student

Carlos Carballo

Carlos Carballo
Medical Student

CHICANOS AND HEALTH: WHO CARES?

Tentative Speakers

<u>DATE</u>	<u>SPEAKERS</u>	<u>TOPIC</u>
April 8	Juan A. Chavira, PhD. Medical Anthropologist Law Student Austin, Texas	<u>Curanderismo:</u> What is it, and how does it apply to current medicine in the barrio?
April 15	Jose Rodriguez, Director Virginia Garcia Memorial Health Center Cornelius, Oregon	<u>Migrant Health Care:</u> How do the current health ser- vices reach the migrant workers? Are things different from ten years ago?
April 22	Fernando Garcia, M.D., Pharm.D. Family Medicine & Obstetrics General Practitioner Visalia, California	<u>Primary Care vs. Specialty Care:</u> Why are there Chicanos in Specialty Care when we need them in the barrios? Why aren't there Chicanos in Academic Medicine?
April 29	Jorge Prieto, M.D. Chairman, Department of Family Practice Cook County Hospital Chicago, Illinois	<u>Urban Health Care:</u> What is the current mechanism for health care of Chicanos? Does the Chicano get lost in the Urban Health System?
May 6	Ciriaco Gonzalez, PhD. Director, Minority Biomedical Research Support National Institute of Health Bethesda, Maryland	<u>Chicanos in Research:</u> How is the system set up for Chicanos? Can we compete? What are our tools? How can we use them?
	Robert Pozos, PhD. Assoc. Professor and Head Department of Physiology Assoc. Professor of Biochemistry U of M-Duluth School of Medicine Duluth, Minnesota	

<u>DATE</u>	<u>SPEAKERS</u>	<u>TOPIC</u>
May 7	Sylvia Villareal, M.D. Chief of Pediatrics Denver Medical Center Denver, Colorado	<u>Chicanas in Health:</u> What are the difficulties? What are the rewards? What is a Chicana Doctor?
May 13	Roberto Montoya, M.D., MPH Director, Office of Statewide Health Planning and Development HCOP Sacramento, California	<u>Chicanos in Health:</u> Is Affirmative Action working for Chicanos? What does the current trend of enrollment tell us about the future?
May 20	Bernardo Ortiz de Montellano, PhD. Director Chicano/Riqueño Studies Wayne State University Detroit, Michigan	<u>Aztec Medicine:</u> How do our Aztec ancestors contribute to our destiny as medical professionals? How can we apply it to our current training?
May 27	Gil Ojeda, M.P.H. Health Planner La Clinica de la Raza Oakland, California	<u>Health Plannig:</u> What studies have been done? What considerations are important in planning for Chicanos? What predictions can be made for the future?

COURSE ANNOUNCEMENT!

COURSE ANNOUNCEMENT!

COURSE TITLE: CHICANOS and HEALTH: WHO CARES?

COURSE DATA: CHICANO STUDIES 3330/5970 REGISTRATION CALL #: 756554

(4 Credits; can be taken for undergraduate or graduate credit)

SPRING quarter, 1982

Thursdays, 6:00 - 9:00 P.M.

Ford Hall, Rm. To Be Announced

DESCRIPTION: This course will offer a comprehensive view of Chicano health care and will deal with the following areas:

I. HISTORY OF CHICANO MEDICINE

- A. Aztec Medicine
- B. Curanderismo

II. CHICANO HEALTH CARE

- A. Health Status and health care in migrant areas
- B. Health Status and health care in urban areas
- C. Primary care vs. Specialty care

III. CHICANO HEALTH MANPOWER DEVELOPMENT

- A. Legislation and Affirmative Action
- B. Chicanas in Health Care
- C. Chicanos in Research

IV. THE FUTURE OF CHICANO HEALTH CARE

- A. Health Care Planning
 - B. Health Care Delivery
- } in the Year 2000

Various panels composed of experts in each of these areas and medical students will present lectures and discussions dealing with core topics. Assigned readings will lay down the foundation upon which class participants will be able to understand the various issues confronting Chicanos/Latinos receiving and delivering health care in the U.S. Grading will be based on periodic quizzes, class participation, and a paper on topics covered in the course.

INSTRUCTORS: Rene Charles, David Mata, Carlos Carballo
Medical Students, University of Minnesota Medical School

FACULTY CONSULTANTS: Dennis Valdes, Ph.D., Assistant Professor, Department of Chicano Studies, University of Minnesota
John T. Kelly, M.D., M.P.H., Professor, Department of Family Practice & Community Health, University of Minnesota Medical School.





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UNIVERSITY OF MINNESOTA CHAPTER

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614 Delaware Street. S.E.
University of Minnesota
Minneapolis, Minnesota 55455
(612) 376-7568

March 31, 1982

Estimado/a IRENE BETHKE,

Enclosed is a final schedule of speakers for the course: CHICANOS AND HEALTH: WHO CARES?. Please disregard the earlier tentative speaker schedule. Also enclosed is a copy of an application for extension registration. If you are not interested in enrolling in the course, please disregard the registration form.

Please feel free to share the information with any other interested persons. If you know of any other interested individuals or agency, please contact us and we will gladly provide them with additional information.

Thank you for your interest and we hope to see you at the lecture series.

Sinceramente,

Rene Charles
Medical Student

David Mata
Medical Student

Carlos Carballo
Medical Student

CHICANOS AND HEALTH: WHO CARES?

Speakers

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April 22	Miguel M. Azar, M.D., Ph.D. Professor, Dept. of Pathology and Lab. Medicine, Univ. of Minn. Director, Pathology Services Veterans Hospital Chief, Clinical Lab. Medicine and Pathology, Veterans Hospital Minneapolis, MN	
	Fernando Garcia, M.D., Pharm.D. Family Medicine & Obstetrics General Practitioner Visalia, California	<u>Primary Care vs. Specialty Care:</u> Why are there Chicanos in Specialty Care when we need them in the barrios? Why aren't there Chicanos in Academic Medicine?
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May 7	<p>Silvia H. Azar, M.D. Associate Professor, Dept. of Internal Medicine University of Minnesota Medical School Minneapolis, Minnesota</p> <p>Sylvia Villareal, M.D. Chief of Pediatrics Denver Medical Center Denver, Colorado</p>	<p><u>Chicanas in Health:</u> What are the difficulties? What are the rewards? What is a Chicana Doctor?</p>
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Estimado INSTITUTO DE ARTE Y CULTURA,

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Sinceramente,

Rene Charles

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Medical Student

David Mata

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Carlos Carballo

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Medical Student

SCHOLARSHIP SELECTION COMMITTEE

LUIS AGUILAR, *Director*,
Chicano/Latino Learning Resources Center
Carlos Carballo, *Medical Student*
Rene Charles, *Medical Student*
Jeannette Lopez, *Medical Student*
Rosa Marroquin, *Medical Student*
David Mata, *Medical Student*
Cecilia Pacheco, *Medical Student*
Angela Vargas, *Medical Student*
Candelario Zuniga, *Counselor*,
Health Sciences Minority Program



La Rama wishes to acknowledge the
assistance given by:
Chicano/Latino Learning Resources
Center
Health Sciences Minority Programs

LA RAMA HEALTH PROFESSIONS SCHOLARSHIP



La Raza Medical Association
University of Minnesota
Medical School Chapter

LA RAMA HEALTH PROFESSIONS SCHOLARSHIP

La Raza Medical Association (La Rama), is an organization composed primarily of medical students, doctors, and pre-med undergraduates. RAMA is committed to increasing the numbers of Chicanos in the health professions in order to meet the severe needs of our medically underserved community. To aid Raza in obtaining a high quality education and afford them an opportunity to pursue their health professional goals, we are offering this scholarship with funds privately donated by our membership and other individuals.

PURPOSE:

The purpose of this scholarship is to increase the pool of Chicanos applying to the health professional and paraprofessional programs in the state of Minnesota. We strongly feel that one way to do this is to develop a substantial number of motivated and interested Chicanos early in the educational process.

AWARD

- Awards will be based on a competitive basis. Although monetary awards may be limited, recognition will be given to all applicants that express a strong interest in the health professions.



- Please note that RAMA is more interested in the future potential of the student as a health professional, not necessarily the present academic status of the applicant.

APPLICATION REQUIREMENTS

- Must be Chicano/Latino.
- Must be receiving a high school diploma or G.E.D. by June of this application year.
- Be enrolled in an accredited college by fall quarter of the application year.
- Must be a U.S. citizen or permanent resident.

HOW TO APPLY

- Tear off the attached form, fill out and mail.
- You will be sent an application form and additional information.
- Final Decisions will be made by June 1st of this year.

FOR MORE INFORMATION, CLIP & MAIL

NAME _____
ADDRESS _____
CITY/STATE _____
ZIP _____
PHONE NUMBER _____
HIGH SCHOOL _____

MAIL TO: **La Rama Health Professions
Scholarship**

W61 CENTENNIAL HALL
614 DELAWARE ST., S.E.
UNIVERSITY OF MINNESOTA
MINNEAPOLIS, MN 55455

☐ PLEASE SEND ME AN APPLICATION
FORM FOR LA RAMA HEALTH
PROFESSIONS SCHOLARSHIP AND
ADDITIONAL INFORMATION.

☐ PLEASE SEND ME ADDITIONAL
INFORMATION ABOUT OPPORTUNI-
TIES FOR CHICANOS/LATINOS IN
THE HEALTH SCIENCES AT THE
UNIVERSITY OF MINNESOTA.

COURSE ANNOUNCEMENT!

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Ford Hall, Rm. To Be Announced

Registration Call # 756554

Faculty: Valdes

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John T. Kelly, M.D., M.P.H., Professor, Department of Family Practice & Community Health, University of Minnesota Medical School.



MAY 20
AZTEC MEDICINE
BERNARDO ORTIZ DE MONTELLANO, PH.D.
CHICANO/RIQUENO STUDIES, DETROIT, MICHIGAN



7-9 PM FREE
PHILLIPS—WANGENSTEEN UNIT C RM2—470

HEALTH SCIENCES CENTER
UNIVERSITY OF MINNESOTA

Sponsored by: CHICANO/LATINO LEARNING RESOURCES CENTER, LA RAZA MEDICAL ASSN.,
MINNESOTA HUMANITIES COMMISSION IN COOPERATION WITH THE NATIONAL
ENDOWMENT FOR THE HUMANITIES.

WE WISH TO GIVE ADDITIONAL RECOGNITION TO THE CHICANO STUDIES DEPT., HEALTH SCIENCES MINORITY PROGRAM.
IF INTERESTED PLEASE CALL RENE CHARLES, DAVID MATA, CARLOS CARBALLO AT 376-7568

LA RAZA MEDICAL ASSOCIATION
UNIVERSITY OF MINNESOTA
W61 CENTENNIAL HALL
614 DELAWARE STREET S.E.
MINNEAPOLIS, MINNESOTA 55455



Irene Bethke
Office of the Mayor
Room 127
City Hall
Mpls., MN 55415

La Raza Adelante Raza

*"Salud
Para
La
Gente"*

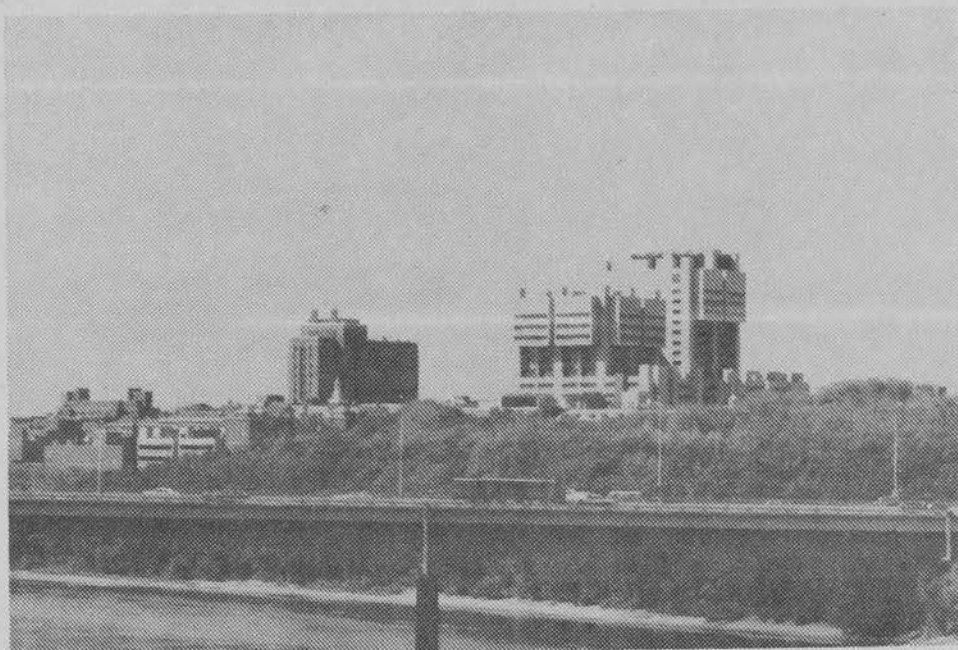


University of Minnesota
School of Medicine



We, the members of La RaMA at the University of Minnesota Medical School, Minneapolis, come from throughout the U.S. with varying backgrounds, yet are united by a common purpose: the provision and improvement of the health care delivery system in the Raza community. We are aware that historically we have been grossly underrepresented in participation in the field of medicine. The consequence has been a shortage of trained minority doctors, especially Chicanos, as health care providers who are knowledgeable of and sensitive to the needs of Raza patients. To this end, the University of Minnesota is actively seeking Chicano applicants to its School of Medicine with our strong encouragement and participation.

It is our hope that this pamphlet will provide helpful information and will answer your questions about our medical school and its program. If you need further information, please feel free to contact us.

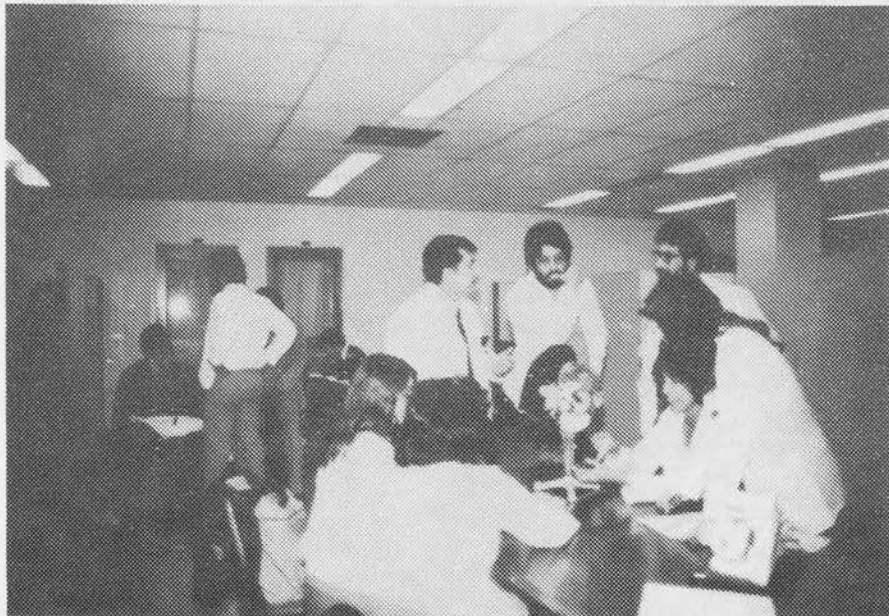


WHAT ARE WE TODAY?

La RaMA of the University of Minnesota, School of Medicine, Minneapolis! A very few years ago we numbered between 3 and 4, now are over 40 students. We've come to Minneapolis from many places, from San Francisco and San Diego, Boston and Brawley, Tucson and El Paso, Los Angeles and Chicago, and across the city limits from St. Paul. We came as farmworkers and engineers, activists and army medics, all of us with the determination to survive and succeed. We feel that our belief in and support for each other has allowed us to survive and grow stronger. We support each other as friends and as colleagues, partying as well as studying together. We have an annual picnic in the summer and a banquet in late fall, but we also hold many more parandas for the sake of welcoming new students, sending off old ones, celebrating the end of a course or clerkship, but most importantly for the sake of our mental health and happiness. Our social events may outnumber our meetings, but every chance to meet is an opportunity to renew ties with our compañeros and compañeras, to see how far we have come together toward the realization of our dream.



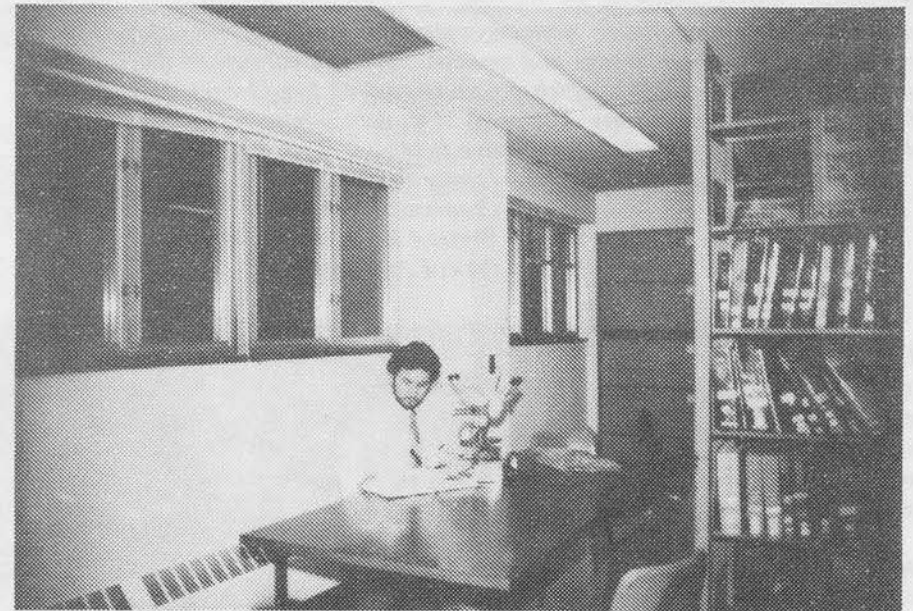
The Chicano students at the University of Minnesota Medical School have persevered and grown stronger even while minority enrollments at many schools are dropping. We feel that in large part this is because we have played a direct role in every aspect of admissions and recruiting, along with our efforts to support and retain students once they are here. We take an active part in the admissions process, beginning even before applicants are interviewed by meeting them at the airport, providing a place to stay for the night, helping them prepare for their interview and giving a tour of the school while they wait. We try to let students get to know us as we get to know them, and our interest does not end with the interview. Through our follow-up committee we maintain contact, letting applicants know if their forms are all in and calling accepted students to encourage them to come here. We give new students orientation, help with housing, books, babysitting, etc., letting them know that they should never feel isolated here. We sometimes feel as though everything we do still leaves us two steps behind what needs to be done, but we keep going, because we know that if we let up now there would soon be none left to dream and no dream to keep alive.



ADMISSION

Qualified students are selected by faculty and student members of the minority admissions committee. Strong consideration is given to those students who have demonstrated a commitment to improve the health care of Raza in the U.S. In addition, MCAT scores and GPA are also considered, all carrying equal weight. Each application is considered individually for its unique qualities.

In the last two years, 1979-80, Raza students have scored a 7 or better in the MCAT overall and GPA's have ranged from 2.31 to 3.54. Although students with a low GPA have been accepted, these students have demonstrated their abilities with higher than the above average MCAT scores. These numbers can be used as guidelines by future applicants.



CURRICULUM

The course of study for the M.D. degree consists of a core program of 8 academic quarters and a track program of 5 quarters. Students may choose one of three schedules to fulfill their requirements. The traditional 4 year schedule is composed of the core and track quarters along with additional electives and vacation time. The program also can be accomplished in 3½ years by taking the 5 track quarters concurrently without additional electives. Finally, a 5 year program is available for those who choose to take ½ the course load for either of the first 2 years. There is the option of deferment for those students who wish to wait out one year before entering medical school.

Phase A (first year) consists of 4 quarters covering the structure and function of human organisms. Clinical activities are begun early in the first year and upon completion of Phase A, the medical student is able to perform a complete history and physical exam. The required program consists of:

Gross Anatomy	Pathology
Human Histology	Neuroanatomy
Embryology	Microbiology
Biochemistry	Pharmacology
Intro. to Clinical Medicine	Human Behavior
Physiology	

Students have the option of taking the National Boards part I after completion of their first year since the majority of the basic science courses have been covered.

Phase B (second year) is divided into 2 sections. Part one consists of integrated courses designed to highlight fundamental principles in clinical medicine and to emphasize pathophysiology concepts. These courses are organized in relation to organs and systems. Part two consists of the Student as Physician (SAP) tutorials which are composed of five, 7-week rotations in different clinical departments. The medical student works in groups of 2 to 4 along side a physician in their perspective field:

Internal Medicine	Family Practice
Pediatrics	Chemical Dependency
Ob-Gyn	Physical Medicine and Rehabilitation
Neurology	Patient Assessment
Surgery	

Students are eligible to begin their third year after completion of phase A & B, and after taking part I of National Boards. Because of the option of completing the M.D. program in 3½-5 years the last two years are combined and designated as phase D. Here the medical student may choose from six broadly defined career tracks or pathways. Students may also consider elective work in other medical schools in the United States or abroad. Up to one quarter of credit for such activities may be approved.

Small group tutoring and review sessions are available for the majority of the courses in phase A and in addition an optional summer program is offered prior to entering medical school. The summer program is a Basic Science Enrichment program which reviews basic science concepts from undergraduate courses and those concepts that often prove difficult during the first year of medical school.



MINNESOTA: Lakes and a whole lot more!

Swimming in picturesque lakes. Canoeing around majestic islands. Jogging along side the Mississippi River. RAZA IN MINNESOTA are experiencing the great outdoors in unique ways, many of us for the first time! Downhill and cross-country skiing, outdoor ice-skating, and camping under the stars. No other place can compare!

Jose Feliciano, Neil Diamond, Dionne Warwick, George Benson, Bob Hope, The Guthrie Theater, Ballet Folklorico, Butler Square, the New Science Museum, The New Minnesota Zoo. RAZA IN MINNESOTA do not lack in top entertainment, cultural activities, and metropolitan attractions!

The Vikings, Twins, North Stars. Big Ten football, basketball, baseball, raquetball. 4,200 university intramural teams. RAZA IN MINNESOTA have every access to competitive sports of all kinds and levels. The new Humphrey Metrodome promises even more!

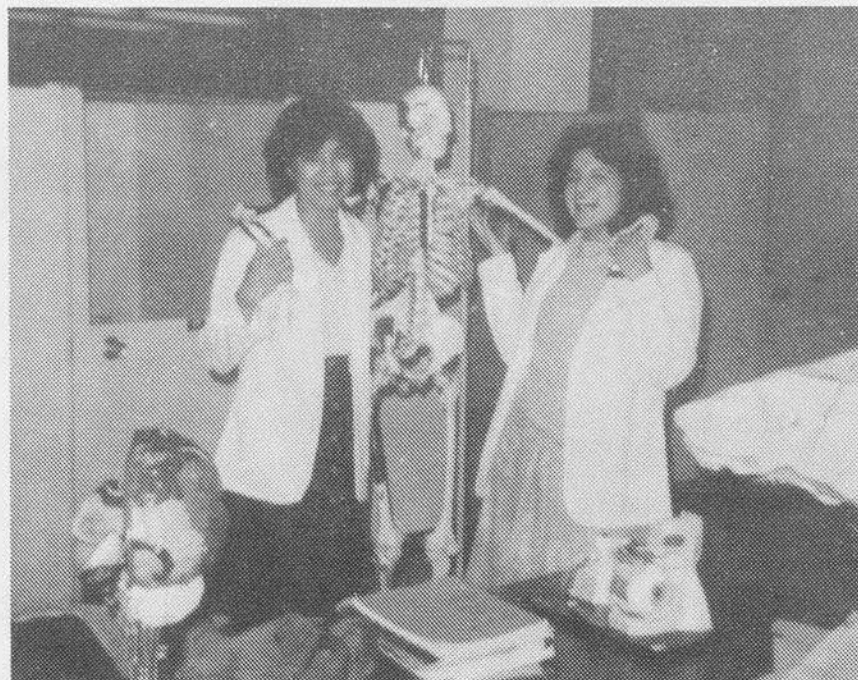
Pachangas, Holiday dinners, Birthday parties. Cinco de Mayo, comida mexicana, bailes internacionales. RAZA IN MINNESOTA enjoy each other como familia at almost every opportunity. Medical school doesn't have to sever your social ties to la comunidad either. We invite you to come join us! ¡Vente!



Chicanos and Health Care in Minnesota

Chicanos comprise the largest minority group in the state of Minnesota, numbering approximately 60,000. Here in the Twin Cities (Minneapolis-St. Paul) the largest group of Chicanos live in St. Paul's west side. Large numbers of Chicanos came here at the turn of the century and subsequent influxes have incurred since the early sixties, mainly as migrant farmworkers. Many continue to work on ranches while others find industrial jobs or vocational training to develop other skills. They have made opportunities for themselves and establish permanent residence.

The West Side Community Health Center/La Clinica began operation in 1972 as the need for bilingual-bicultural health care for Chicanos and Spanish-speaking people was recognized. The Clinic offers Pediatric, General Medical, Pre-Natal, Family Planning, Dental Services, and more. Still, larger and better facilities are needed. An effort is being made with those goals in mind. Other clinics have been sensitive to these needs and are also providing quality care to the Spanish-speaking community.



Financial Aid

To be considered for financial aid, you must fill out an ACT form and submit this form to the ACT processing center in Iowa. Both you and your parents have to fill out this form even though you may be financially independent of them. We must have parental information in order to be able to consider you for Health Profession funds. After we have our copy of the analysis of the Family Financial Statement (ACT will send us a copy of the analysis the same time they send you a copy) we can determine your financial need.

The standard need analysis will count any resources you have. Examples might be G.I. Bill, Social Security benefits, outside grants or scholarships or spouse earnings. If you are dependent upon your parents, we will use the expected parental contribution as calculated by ACT. If you are independent of your parents but they have high income and assets, we may also expect some contribution from them.

Your financial need is the difference between our standard budgets and your outside resources, if any. The gift/loan ratios will be calculated against your need only on our standard budgets. If we do fund you for additional costs (trip home, instruments, etc.), funding may only be in the form of loans.

There are various outside sources of funding you may apply to such as the National Medical Fellowship Gift Assistance, 250 West 57th Street, New York, New York, 10019. This agency funds 1st and 2nd year minority medical students. Apply directly to the National Medical Fellowship. Another source is the Minnesota Medical Foundation (MMF) located at 5412 Powell Hall. This office provides loans to medical students up to a maximum of \$2500 per year. These loans are interest free while you are a student, with repayment over the 5 years immediately following graduation from medical school. MMF has also provided up to a 50% grant for first and second year minority students.

Other loan funds you may be awarded as part of your financial aid package are as follows:

1. Health Profession Loan — Maximum of \$2500 plus cost of tuition. 0% interest during school and residency. Repayment begins after completion of residency at 7% interest.

2. Guaranteed Student Loans (GSL) — Maximum of \$5000 every 9 months. Total indebtedness of \$25,000 including any undergraduate loans you may have received. (This is the same as the Federally Insured Student Loan, FISL.)

3. *University Trust Fund Loans* — Maximum of \$1500 per year. These are 6% interest loans and ½ of the interest is forgiven while you are in school. You have to pay the 3% interest charge while you are a student. Immediately after graduation you begin repayment at 6% interest.

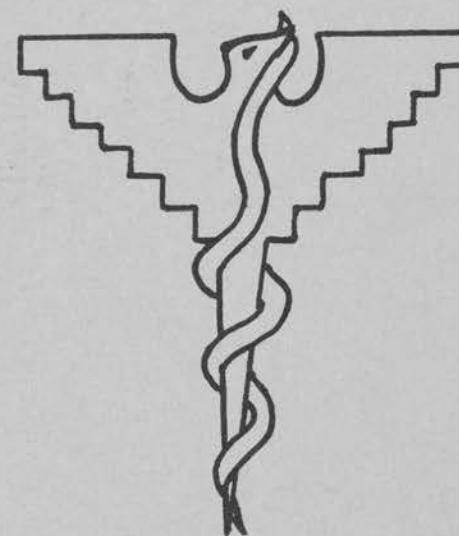
4. *National Direct Student Loan (NDSL)* — Interest is 0% while a student and 4% upon repayment, which begins 6 months after graduation.

If you are interested in primary care you may wish to make an application for the National Health Service Corps program. If you are accepted for this program you will receive a tax-free stipend plus direct payment of tuition and fees. You must serve in a designated shortage area one year for each year you receive aid, with a minimum of two years required. Your service begins after you complete your residency. You may write to the following address for applications to this program: NHSC Scholarship Program, Center Building, Room 5-44, 3700 East-West Highway, Hyattsville, Maryland, 20782.

If you have any questions, feel free to contact Lupe Charles, (612) 376-8020. Please leave a message.



"
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Gente"
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Health Sciences Student Affairs Office (La RaMA)
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