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SCRIPTURES OF BUDDHISM

From the Pali Dhammapada

↳ Hatred is never appeased by hatred; it is appeased by non-hatred.

This is an eternal law.

↳ Whose senses have reached tranquility, like horses well-trained by a charioteer<sup>tear</sup>, whose pride is destroyed and who is free from passions, such an one even the deities envy.

↳ Though one conquers in battle a thousand times thousand men, he is the best among conquerors who conquers his own self.

↳ To him who always worships and respects those advanced in age, four things increase -- life, beauty, happiness and strength.

↳ Let one be quick to do good and let one restrain the thought from evil; the mind of one who is slow in doing good finds delight in evil.

↳ Rare is the noble man; he is not born everywhere; where that steadfast man is born, that nation obtains happiness.

It is not possible for anyone to estimate, saying this much it is,  
 ↳ The merit of that man who respects those that are worthy of respect,  
 who have passed beyond all hindrances, who have crossed over grief  
 and lamenting, who are pacified and fearless.

SACRED WRITING OF THE SIKHS

Seeks

A Selection from "The Hymn of Peace"

↳ Among all men that man is foremost

Who in the company of the saints, destroys his self-attachment;

↳ He who deemeth himself lowliest of the low, shall be deemed the highest.

The mind whose humility is the dust under all men's feet

Shall see the Holy Name in all men's hearts.

↳ He who expels malice from his own heart finds the whole creation his friend.

↳ To the saint, <sup>nah nāk</sup> Nanak, happiness and sorrow are as one;

Such a man is invulnerable to earthly good or evil.

SCRIPTURES OF ISLAM

is-lam

~~From the Holy Quran~~

↳ Our Lord, take us not to task

if we forget, or make mistake.

Our Lord, charge us not with a load such as

Thou didst lay upon those before us.

Our Lord, do Thou not burden us  
beyond what we have the strength to bear.  
And pardon us, and forgive us,  
and have mercy on us;  
Thou art our Protector.

### SCRIPTURES OF HINDUISM

~~From the Bhagavadgita~~ (Bahg a va gee ta)

(as in go)

Know thou that, that by which all this is pervaded is indestructible.  
Of this immutable being, no one can bring about the destruction.

He unto whom all desires enter as waters into the sea,  
which, though ever being filled is ever motionless,  
attains to peace, and not he who hugs his desires.

Never was there a time when I was not, nor Thou, nor these lords of men,  
nor will there ever be a time hereafter when we shall cease to be.

That devotee of mine, who hates no being, who is friendly, and compassionate,  
who is free from egoism, and from the idea that this or that is mine,  
to whom happiness and misery are alike, who is forgiving, contented,  
constantly devoted, self-restrained, and firm in his determinations,  
and whose mind and understanding are devoted to me, he is dear to me.  
He through whom the world is not agitated, and who is not agitated  
by the world, who is free from joy and anger, and fear and agitation,  
he too is dear to me.

SCRIPTURES OF JUDAISM

A Psalm of David, Psalm 23

The Lord is my shepherd; I shall not want.

He maketh me to lie down in green pastures:

He leadeth me beside the still waters.

He restoreth my soul:

He leadeth me in the paths of righteousness for his name's sake.

Yea, though I walk through the valley of the shadow of death,

I will fear no evil:

For thou art with me;

Thy rod and thy staff they comfort me.

Thou preparest a table before me in the presence of mine enemies:

Thou anointest my head with oil;

My cup runneth over.

Surely goodness and mercy shall follow me all the days of my life:

And I will dwell in the house of the Lord forever.

## SCRIPTURES OF CHRISTIANITY

Matthew 5:3-12

Blessed are the poor in spirit:

for theirs is the kingdom of heaven.

Blessed are they that mourn:

for they shall be comforted.

Blessed are the meek:

for they shall inherit the earth.

Blessed are they which do hunger and thirst after righteousness:

for they shall be filled.

Blessed are the merciful:

for they shall obtain mercy.

Blessed are the pure in heart:

for they shall see God.

Blessed are the peacemakers:

for they shall be called the children of God.

Blessed are they which are persecuted for righteousness' sake:

for theirs is the kindgom of heaven.Ⓞ

Blessed are ye when men shall revile you, and persecute you,

and shall say all manner of evil against you falsely, for my sake.Ⓞ

Rejoice, and be exceeding glad; for great is your reward in heaven;

for so persecuted they the prophets which were before you.Ⓞ

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