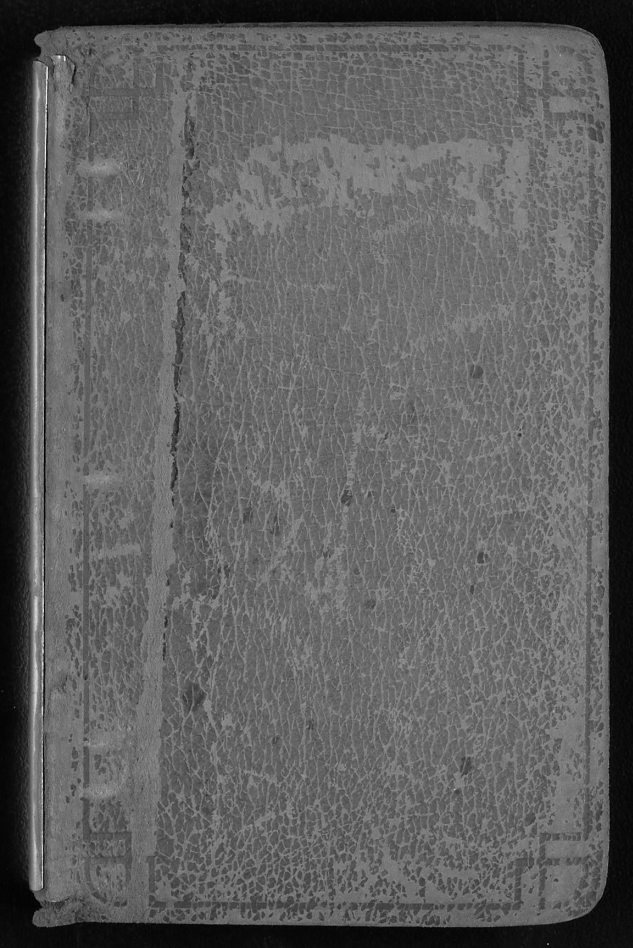




[Ruth Cutler and family papers.](#)

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CONDENSED MILK
BORDEN'S CONDENSED MILK CO.

THE SEMPLE-GREEN CO.
108 FULTON ST.
NEW YORK

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Ruth Cutler

360 Summit Avenue

St. Paul, Minn.

RUTH CUTLER
360 SUMMIT AVE.
SAINT PAUL, MINN.

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BORDEN'S CONDENSED MILK CO.

ALBERT E. VAIL, JUNIOR
NEW YORK, N. Y.
JANUARY 1911

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Birds.

BORDEN'S CONDENSED MILK CO.

Poisoning for Killing Sparrows.

Dissolve $\frac{1}{8}$ oz. powdered strychnine in $\frac{1}{2}$ pt. boiling water. Pour this, while hot, over 2 qts. of wheat (or cracked corn), stir well, & continue stirring from time to time, until all the liquid is absorbed. Dry thoroughly, without searching, & put away in some safe receptacle labelled **POISONED GRAIN. STRYCHNINE.**

Select safe, sheltered, smooth place. Accustom sparrows to feeding there on grain (like that medicated) every day for a week, or a month. Study times they come, & on a cold, dry morning, after a heavy snow storm - having swept up all the good grain the night before, wait until they have gathered, then sprinkle enough strychnized grain to feed the flock. Generally 10 min. before they begin to drop & others are frightened away.

Do this only in winter, when native birds are south & out of harm's way.

Sparrow traps - Dr. H. Dodson, Suite 1201-5,
19 E. Sibley St. - Chic. Ill. 75. or Jacobs Bird House Co.
4604 Washington St. - Washington Pa. 24.

Bird Houses + Homes

6 in. sq. Floor space. 8 in. high.

Single opening near top 2 in. diam.

for Blue birds, nuthatches, tree swallows
+ purple martins.*

1 in. diam. for wrens + chickadees. This
will exclude sparrows.

for wrens, set house in shady place.

Careful pruning of trees +
bushes to attract birds.

Dense like bushes or "syringa
thicket" for cat birds, +
brown thrashers.



Chickadee. High ec. value. Feeds
on insects in summer + their eggs in

winter. After heavy snow + sket, provide for them
a fresh bone with marrow + meat or piece
of suet fastened to limb of tree. Keep free of ice.
Swallows Every barn + house etc. should have
high hole in gable for them. Tack a rough
board along under eaves of barn to attract
them.

* Houses for purple martins should be on a pole some
distance from trees + bldgs. Opening - 3 in. diam.

BORDEN'S CONDENSED MILK CO.

Night Hawks. nest on flat roofs of Bldgs.

Swifts nest in unused chimneys.

Robbins. Put pan of mud beside watering
dish. Helps nest building.

Oroles, vireos + Provide nesting
materials such as lmen + cotton
thread + string, store twine, yarn
or tow. Hair for chipping
sparrow. Honeysuckles + plenty
of hectar. bearing flowers for
Humming birds. (see Bird charts



in Hodge's "Nature Study + Life" esp. pp 342-3)

feed animals + birds with oatmeal,
crackers, bacon rinds, almost anything
edible, preferably salty, for the squirrel
tribe; chopped grain or screenings for
seed eating birds, + in August, wild
cherries for the others.

Provide water lines shorted from ground.
Provide artificial nesting sites - box is, tin
cans, hollow stumps - + nesting material.

Nesting Boxes

Various

For box must be suitable for tract birds.

Bluebirds & tree swallows: 12 x 6 x 8" hole

1 1/2. 8 to 30 from ground

Wrens & Chickadees: 12 x 6 x 4 hole 1 1/4

6 to 25 from ground

Flickers: 15 x 10 x 8 hole 3-3 1/2

6-25 from ground.

Screech owl: 15 x 12 x 12 hole 3-3 1/2

15 from ground.

Martin house colony: hole 2. 16 to 20

high in open fields visible to Martins.

Cover should be detachable. clean gully.

A sloping top with overhang protection.

Inside depth of 6 to 8 from hole to

bottom. Keeps cats away from young.

Put wire around hole so that squirrels

cannot enlarge it & get in.

Visible hole - 2 holes on each side near

overhanging cover. Cover until hot

weather - then open.

Be sure paint is dry & hard - let boxes

weather over winter.

Have entrance face away from prevailing
storms. Better than trees are possible

& high - on top of wh. box may be placed.

(Leave away 20 feet of boundary fence

& high, & put box on top of each. Saves

house from cats & squirrels. Saw boards,

boards use on pile - shows painted

house. Or succide pole with tin band or wire

netting.

Wood the best material for nesting boxes.

Don't crowd boxes. Have one box for

clump of trees only.

Herbert K. Job says to make boxes as
follows: (long axis always vertical)

Saw out 4 pieces of 3/4 in. board 1 ft

long & 6 in. wide. In one of these cut

out a circular hole, the top of which

should come about 4 inches from the end

of the board. This hole should be 1 1/2 to 1 5/8

inches in diameter, no more or no less.

If more stacking will get in, if less, bluebird

will be shut out) nail boards together to form

terminal. Nail on a bottom board small hole

for drainage. Have roof under these box - level

or sloping forward. Project 2 in. over hole, to porch

"Bird Pudding" hemp, meat, head & fat are essential.

White head (dried & ground) $4\frac{1}{2}$ oz.

meat (scrap chicken food) 3 oz.

Hemp seed 6 oz.

maize (poppy seed) 3 oz.

Exp. millet 3 oz.

Oats $1\frac{1}{2}$ oz.

Dried blackberry $1\frac{1}{2}$ oz.

Sunflower seeds $1\frac{1}{2}$ oz.

Suet - twice total bulk.

Melt fat & stir dry materials in there.

Pour mixture hot in an old tin can.

Make food stick by boring auger holes

in log & filling same with mixture

when hot. Birds can pick it out

- but squirrels &c cannot carry it

off in bulk.

Serve in shallow pans or in solid

pieces in feeding stations - or tie

in loose meshed bags as suet is.

Camp Cookery from time no. of County
BORDEN'S CONDENSED MILK CO. Life

Boil water for 20 min. for safety.

Campers' Ice Box:

Put food or meat in closed tin bucket. On top of this, set another bucket filled with water. A bag, 3 times the length of 1 bucket & big enough to cover both, is soaked in water & put, open end down, around both buckets. Weight bottom of bag which covers open bucket with stone so that bag dips down to bottom of bucket full of water. Result: natural, slow siphon - evaporation which keeps lower bucket cold & meat in it cool.

Camp bread: (better carry flour than have tack or baked bread)

For 2 men - 3 good cups flour ($1\frac{1}{2}$ pt.)
+ 2 tablesp. baking powder (varies with kind)

Mix well & add 1 level tablesp. salt

1 good tablesp. cold grease, lard or grease,
butter, lard (any edible grease) Cut
into small pieces & rub well into flour.

Leave no lumps. Water enough to make

2 a stiff dough, added little by little. (Use cold, not hot water. latter makes bread rise too soon) form into small loaves, sprinkle with flour & bake in frying pan smeared with grease (not running with it.) Bake embers from fire & set pan upon them.

Keep loaves in pan until bottoms are slightly crusty, then prop pan up in front of fire as close as possible with burning logs & as nearly perpendicular as can be. Fire must be of embers - not flames.

Turn in all directions. If pan is wanted, put loaves when crusty on slab, stone or log as above. Test by straw should be eaten hot, but may be once

warmed up with a little water on crust. (Or bake in frying pan buckets in pot holes.)
Boiled beans Boil thoroughly first.

Dig hole in ground the size of bean pot & 3 inches deeper. Build a good fire over hole (which is better if lined with stones) & see that it burns briskly & makes plenty of embers. Place drained, boiled beans in pot & pot in hole & cover with anything. Take back all embers on top of

BORDEN'S CONDENSED MILK CO.

cover, cover with ashes & loose sod (don't choke out embers) & leave. When cool enough to eat they will be well baked. If molasses or syrup has been added to beans, there will be a delicious crusty upper layer. Heating the pot with boiling water before putting in beans, & turning beans finish boiling & draining just before putting in pot & pot in hole will insure better baking.

Dried fruits Stew dried apples with plenty of water. Stew slowly & simmering until apples are ready to fall apart. Drain them & save juice. Put apples, but keep on cooking juice, adding 1 cup sugar to 1 pint of juice, & simmering down until it jells when tried in cold water. Set aside to cool. This fruit jelly is of more food value than the apple itself.

Rice Better carry $3/4$ flour & $1/4$ rice than miss its nutritive value. Must be well cooked. When you think grains are

cooled, cook them some more - using plenty
of water - so that enough remains in
them when set aside to cool, to
make them spongy, not gelatinous &
thick. Rice can be added to soup.

Peppacks, gravy, potatoes etc.

Vegetables

Tomatoes can be cased in clay & baked in
the ashes. Strip beans can be fried as
well as boiled; corn, roasted in the ear
after first stripping it off but 2 or 3
thicknesses of its husk, is as edible as
if boiled; potatoes can be fried,
roasted, stewed, mashed & baked in
ashes.

Supplies

variety means a little less of each & more
kinds - not more weight.

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Miscellaneous

BORDEN'S CONDENSED MILK CO.

A figure Trick Get some one to put down a row of figures, to add them up & subtract the total, thus: -

$$63,214 - 16 = 63,198$$

now ask them to cross out any one figure, total them up again & tell the total - Thus, crossing out the 6, the total becomes 21. To tell them the figure crossed out subtract the total from the next multiple of 9 - Thus $27 - 21 = 6$.

Only, don't let the person cross out a zero, as your computations would give two possibilities there - a 9 or a zero.

Definition A blush is a temporary erythema & calidific effulgence of the physiognomy, etiological by one perceptiveness of the sensorium when in a predicament of unequilibrium from a sense of shame, anger or some other cause situating in a paresis of vasomotor

filaments of the facial capillaries;
whereby being divested of their
usual elasticity they are suffused
with a radiance emanating from
the undiminished praeordiae !!!

St. Paul Women: (Occupation Census 1904)

- 12,628 are saleswomen
- 2,259 " stenographers
- 3,222 work in factories
- 2,269 " " offices
- 1,354 teach school
- 498 are trained nurses
- 343 are musicians
- 35 are physicians
- 12,608

Among the unusual trades for women
by which St. Paul women earn their
living are those of cooper, glass
blower, plasterer, gunsmith,
lauper, broker, undertaker.

Style Plain, same as style 131 alexander,
Académie Size 32 style 131
Eugene W. Watch Exchange Rott #
#1 # 3984 C. 20 Irving Place nyc.

Ground Gipper Shols. style 46 size 501
Hyle

Size Style # 44 size # 501 low

5/4/16 5/5/15
Morassius Style # 90 size 6 # 2.75

Shampoo paste.

To a pint of boiling water, add
half a cake of Woodbury's Facial
Soap shaved fine. Boil five minutes
after the soap has dissolved. Pour
the mixture into a glass & allow
to cool.

Rub scalp fully five minutes
with finger tips to loosen dandruff
& dead skin. Then apply a hot bath
of W.F. Soap & Rub it in. Rinse
thoroughly in gradually cooler water,
having the final water really cold.
Dry perfectly, then brush gently
for some time.

Mrs Austin, 20 Rue Chalgrin, Paris
re nursing - address given by
Mrs Schofield - Orphelinat des Amies
336 Fifth Ave Bldg. nyc

Hearts

- 1 A heavenly body (star)
- 2 The more (haste) the less speed
- 3 An organ of sense (ear)
- 4 Four footed beasts (rats)
- 5 Derived from the sun (heat)
- 6 To burn (sear)
- 7 An animal mostly ears (hare)
- 8 From Japan (tea)
- 9 Three times a day (eat)
- 10 High ones, low ones, large and small
fashions change each spring & fall (hats)
- 11 To cut (shear)
- 12 Derived when tired (rest)
- 13 Heard at college (rahs)
- 14 In jay and crow (ears)

Dr. E.S. Taubli

Give massage (tooth) brush #1

V.H. unbleached

Quiet & Welfare

31 N. State St.

Chicag. - Ill.

Lettuce Bag.

no 6. Dexter's Cotton - Size & knitting needle.

Cast on 80 stitches. Knit 35 ridges.

Bind off. Fold over & sew up at side

& bottom. Crochet  to
run a chain stitch cord, & finish
top with a simple scallop.

(G.S. Little)

Biodip Deodorant.

1 g. glycerine.

$\frac{1}{2}$ oz. 40% formaldehyde

1 pint water.

To be applied after bathing
by means of a flannel of
cotton.

Hospital Sock. #3 celluloid needles.

Cast on 60 stitches. Rib for 17 inches.

Knit 1 row, purl 1 row, K. 1 r., p. 1 r.

K. 1 r. narrowing every 5th st. - P. 1 r.

K. 1 r., p. 1 r. K. 1 r., nar. every 3rd st.

P. 1 r., K. 1 r., p. 1 r. R. 1 r. nar. every

2nd st. P. 1 r., R. 1 r., nar. every 2nd

st. Bind off & sew up seam.

Do ships have eyes when they go to sea,
Are there springs in the ocean bed;
Can a jolly tar run from a tree,
Does a river ever lose its head?
Are fishes crazy when they go in
seine,

Does a hen ever sing her lay;
Can you bring relief to a window pane,
Can you mend the break of day?
What kind of a vegetable is a police-
man's beat,

Is a newspaper white when it's read;
Is a baker poor when he's kneading
dough,

Is an undertaker's business dead?
Policeman should be paid in pennies,
Because they're made for coppers;
If a grass-widow married a grass
widower,

Would the children be grasshoppers?
Is a lunatic yard like a big hotel,
With there so many boarders there;
Would you paint a rattle on a
bald man's head,

Just to give that man some hair?

Is that the reason why people don't
help? -

Because they are so stupid,
would you throw a rope to a
drowning man,

Just to give that demon aid?

"Recorded words are fetters;
When angry, don't write letters."
(Chinese Proverb)

"How small the Heavens are, the
fog can tell;
He's seen them! - from the Bottom
of the well."
(Chinese Proverb)

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"It is useless to appeal to the employer of child-labor. He may himself be a compassionate man, but his ready answer is that what his business rivals do, he must do likewise, — a brutal philosophy, but quite unanswerable."

"Children of good fortune." C.H.H.

"No matter what the bribe of wage and cajoling: the surrender of human excellence is an unpardonable sacrifice."

Idid - C.H.H.

"The primary function of occupation is the same as the function of evolution & education; it is the unfolding & perfecting of the human spirit, the development of the larger and more complex self." C.H.H.

"The great people of the world have this intense consciousness, with all its capacity for suffering & joy." C.H.H.

"The greatest good-fortune is an out-&-out gift of the gods, for it is associated with the full, rich temperament which a man is born with or not born with." C.H.H.

"To see, to feel, to think, - that is, to live, to live eagerly, even greedily, - this is the condition of enlightenment." A.H.H.

"In this path from nothingness to God, from ignorance to enlightenment, is not a broad highway on which men travel in noisy companies. It is rather an infinite spiral, up which a man climbs in ^{the} awful solitude of his own spirit." C.H.H.

"The best mother-of-pearl comes from healthy, full-grown shells; the finest pearls from shells distorted by crowding & disease, & invaded by parasites & foreign particles."

J. E. Rogers. New Nature Library. IV:2:395

"The more I think of it, I find this conclusion more impressed upon me, that the greatest thing a human soul ever does in this world is to see something - Hundreds of people can talk for me who can think, but thousands can think for me who can see. To see clearly is poetry, prophecy, and religion - all in one." Ruskin.

"Hast thou named all the birds without a gun?"

Loves the wild wood rose & left it not to stalk?

O, be my friend, & teach me to be thine.
(Limerick)

"Give a child large interests & give them young" (Alice Freeman Palmer)

"The amount of intellect necessary to please us is a most accurate measure of the amount of intellect we have ourselves." (Hegel)

"The first impulse of the half-baked intellect is to correct any sort of evil by law It is important, however, that we get the function of law clearly in our minds. Law records, expresses & marks progress; it never is a cause of progress. (Frank Crane)

"Oh the wild joys of living! the leaping
from rock up to rocks,

The strong rending of boughs from the
fir tree, the cool silver shock
of the plunge in a fo'rt living water.

"How good is man's life, the mere living!
How fit to employ
all the heart & the soul & the senses
for ever in play!"
("Saul" Browning)

"But once learn to apprehend as such
the poetic in every day talk, you will
see that it is unlimited either to any
range of objects, or to any ~~complexity~~
in handling them. It is simply the
giving to any object or thought or
event or feeling, the name that
makes it alive forth to you."

("Enjoyment of Poetry"
Max Eastman)

"In most people stuck with thought is
infantile. In the well-educated it is rare.
In time their minds become automatic
machines. People do not like to think.
If we think, we must reach conclusions,
& conclusions are not always pleasant. They
are a blow in the spirit. But I consider it
a priceless gift & a deep responsibility to
think. Thought - ~~instill~~ ^{instill} your thought - gives
new eyes to the blind & new ears to
the deaf." (Helen Keller)

"The conversation of the poetic is
acute & exhilarating, waking you to
the life & eminence in reality of all
things. The conversation of the practical
is instructive, interesting, some-
times full of surprise or feeling of
expressive possibility." (Max Eastman)

"Why will you trouble me with praise
Give me no praise, these songs I found!
"Flashing like wings across my ways
Or blown like leaves along the ground!"
20th Century (Fannie Stearns Davis)

"But there is never any real parting between those who love - no forgetting of people who are always in our hearts. When we think of them we live over the happy days which we spent together, till kind fate brings back again more of such days to live & to remember."

("Ye Dove". p. 152-3.

Emily, Nell's Sister)

"That man, I think, has had a liberal education, who has been so trained in youth that his body is the ready servant of his will, and does with ease and pleasure all the work that, as a mechanism, it is capable of; whose intellect is a clear, cold, logic engine, with all its parts of equal strength, and in smooth working order; ready, like a steam engine, to be turned to any kind of work, and spin the gossamers as well as forge the anchors of the mind; whose

mind is stored with a knowledge of the great and fundamental truths of nature and of the laws of her operations; one who, no stunted ascetic, is full of life and fire, but whose passions are trained to come to heel by a vigorous will, the servant of a kinder conscience; who has learned to love all beauty, whether of nature or of art, to hate all violence, and to respect others as himself." Huxley

from "Lay Sermons" ("A Liberal Education")

"The mental power which will be of most importance in your daily life will be the power of seeing things as they are without regard to authority, and of drawing accurate general conclusions from particular facts."

Huxley. Ibid.

"I say that natural Knowledge,
seeking to satisfy natural wants,
has found the ideas which
can alone still spiritual
craving." Huxley, "Lay
Sermons" (admirableness of
improving natural Knowledge)

"--- what are among the moral
convictions most fondly held by
barbarous & semi barbarous people?

They are convictions that
authority is the soundest basis of
belief; that merit attaches to a
readiness to believe; that the
doubting disposition is a bad one,
and scepticism a sin; that when
good authority has pronounced what
is to be believed, and faith has
accepted it, reason has no further
duty. ----- The improve of

natural Knowledge absolutely
refuses to acknowledge authority;
as such - for him, scepticism

is the highest of duties; blind
faith the one unpardonable sin."
Huxley - Ibid

"No mistake is so commonly made
by clever people as that of assum-
ing a cause to be bad because
the arguments of its supporters
are, to a great extent, non-sensical."
Huxley, "Lay Sermons" (Mansuetudo)

"You will have to weary your
soul with work, and weary a
house, eat your bread in sorrow
and in bitterness, & you shall not
have learned to take refuge in
the great source of pleasure without
alloy, the serene resting place for
worn human nature, - the
world of art." Huxley.

Lay Sermons. (Liberal Education)

'So, the vast results obtained by Science are won by us mythical faculties, by us mental firemen; other than those which are practised by every one of us, in the humblest and meanest affairs of life. --- The man of science, in fact, simply uses with scrupulous exactness, the methods which we all, habitually and at every moment, use coarsely." Huxley, Lay Sermons, (Ed. Value of Nat. Hist. Sciences)

"But I advocate natural-history knowledge -- because I would lead us to seek the beauties of natural objects, instead of trusting to chance to force them on our attention. To a person un-instructed in natural history, his country or sea-side stroll is a walk thro' a gallery filled with wonderful works of art.

nine-tenths of which have their faces turned to the wall. Teach him something of natural history, and you place in his hands a catalogue of those which are worth turning around."

our Huxley. This
"Learn ^{out} the Physiological Sciences from your curriculum, & you launch the student into the world, uneducated in that science where subject-matter would best develop his powers of observation; ignorant of facts of the deepest importance for his own & others' welfare; blind to the richest sources of beauty in God's creation; & unpurged with that belief in a living law, & an order manifesting itself in & thro' endless change & variety, which might serve to check & moderate that phase of despair thro' which, if he take an earnest interest in such problems, he will assuredly sooner

on later page. "Huxley, Ibid

"Truly it has been said, that to a clear eye the smallest fact is a window through which the Infinite may be seen."

Huxley. (Zoology)

Lay Sermons.

"The whole of modern thought is steeped in science. --- I believe that the greatest intellectual revolution mankind has yet seen is now slowly taking place by her agency. She is teaching the world that the ultimate court of appeal is observation & experiment, & not authority; she is teaching it to estimate the value of evidence; she is creating a firm & strong faith in the existence of immutable moral & physical laws, perfect obedience to which is the highest possible aim of an intelligent being." Huxley. Ibid

"There is not a fragment of the organism of this humble animal, (the lobster) whose study would not lead us into regions of thought as large as those which I have briefly opened up to you; --- The

great matter is, to make teaching real & practical, by fixing the attention of students on particular facts; but at the same time it should be rendered broad and comprehensive, by constant reference to the generalizations of which all particular facts are illustrations. The lobster has served as a type of the whole animal Kingdom, & to anatomy & physiology have illustrated for us some of the greatest truths of biology. The student who has once seen in himself two facts which I have described, has had their relations explained to him, & has clearly comprehended them, has, so far, a knowledge of

job, which is real & genuine,
however limited it may be, &
which is worth more than all
the mere reading knowledge
of the science he could ever gain."

Huxley. Ibid.

"addressing myself to you, as
teachers, I would say, how book
learning in physical science is
a sham & delusion - what you
teach, unless you wish to be
impotents, that you must first
know; & real knowledge in
science means personal acquaint-
ance with the facts, be they
few or many." Huxley. Ibid.

"Permit me to enforce this most
wise advice. I only trouble ourselves
about matters of which, however
important they may be, we do
know nothing, and can know
nothing? We live in a world
which is full of misery, and

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ignorance, and the plain duty
of each & all of us is to try
to make the little corner he can
influence somewhat less miser-
able & somewhat less ignorant
than it was before he entered it.
To do this effectually it is
necessary to be fully possessed
of only two beliefs: the first,
that the order of nature is
ascertainable by our faculties
to an extent which is practically
unlimited; the second, that our
volition counts for something as a
condition of the course of events.

Huxley. Lay Sermons - Physical
Basis of Life.

If we find that the ascertainment
of the order of nature is facilitated
by using one terminology, or one
set of symbols, rather than an-
other, it is our clear duty to use

the former; and we have can
ascend, so long as we have in
mind, that we are dealing merely
with terms & symbols. In itself
it is of little moment whether
we express the phenomena of
matter in terms of spirit, or the
phenomena of spirit, in terms
of matter.

Huxley. Did -

--- the man who should know the
true history of the bit of chalk
which every carpenter carries
about in his breeches-pocket, though
ignorant of all other history, is
likely, if he will think his know-
ledge out to its ultimate results,
to have a truer, & therefore a better,
conception of the wonderful
universe, & of man's relation to it,
than the most learned student
who is deep-rooted in the records of
humanity & ignorant of those of Nature.
Huxley. On a Piece of Chalk -

(See. - on a friendship calendar)
BORDEN'S CONDENSED MILK CO.

"Human companionship counts
for so much in this life - but,
after all, the sharpest corners
are to be turned alone."

"I've sometimes heard my grandpa
tell

That folks who know just how to
Smell

Can get the Senniver from one rose,
Or from a little breeze that flows."

Receipts + Recipes.

BORDEN'S CONDENSED MILK CO.

Receipts.

Cookies.

1 cup - butter. cream -
1 1/2 cups sugar. add to butter
2 cups flour.
Little milk
1 teasp. Baking Powder
1 " vanilla.
2 eggs - beaten (yolk & white together)

"Smith College Fudge"

Melt 1/4 cup butter. Mix together in another dish: 1 cup white sugar, 1 cup brown sugar, 1/4 cup molasses, + 1/2 cup cream - Add this to the butter, & after it has been brought to a boil, continue boiling for 2 1/2 min., stirring rapidly. Add 2 squares Baker's Premium #1 chocolate scraped fine. Boil this 5 min., stirring fast rapidly, then more slowly. After taken from fire, add 1 1/2 teasp. vanilla. Stir constantly till mass thickens. Pour into buttered pan & cool.

Receipts

Quick biscuit

1 qt. sifted flour. 1 even tsp. salt

3 level teasp. bak. pdr. 1 large tbsp. butter

milk to make dough soft.

Mix in order given, sifting dry ingredients into flour. Sift all together twice. Rub in butter with finger tips. Mix milk gradually - dabbing it. Wet only small part of flour each time. When stiff enough to handle (not knead) cut this.

till barely mixed. Should be spongy & airy. Turn on well floured board, knead, roll & cut. Put into buttered pan. Bake 10 to 15 minutes.

Nut loaf (as no. 114)

$\frac{1}{2}$ cup chopped pecans } 2 eggs

$\frac{1}{2}$ " " walnuts } 1 tablesp.

1 " dry bread crumbs } melted butter

milk enough to soak bread - soft but too thick to run. Butter small bread pan. Mix ingredients. Bake $\frac{1}{2}$ hr. & serve hot with tomato or mushroom sauce.

Chocolate Soufflé (mcg) 1917.

2 tbsp. butter	2 tbsp. hot water
2 tbsp. flour	1 1/2 sqs. chocolate
3/4 cup milk	3 eggs
1/3 cup sugar	1/2 tsp. vanilla

Melt butter. Add flour and pour milk on gradually. Cook until boiling point is reached. Melt chocolate over hot water. Add sugar & water, & stir until smooth. Combine mixtures. Add well beaten yolks. Cool. Fold in whites of eggs beaten stiff & add vanilla. Bake in moderate oven 25 minutes. Serve hot with cream sauce.

Oatmeal Cookies

1 1/2 cup oatmeal 1 cup sugar
1/2 " coconut 1 tsp. Baking powder
2 tbsp. melted butter. 2 eggs well beaten
Mix dry ingredients, then add eggs & butter. Drop 1/2 tsp. on buttered pan. Leave room to spread. Bake in slow oven.

BORDEN'S CONDENSED MILK CO.

Sour Milk Cake

1 cup brown sugar
1/3 cup butter
1 cup sour milk
2 cups flour
1 1/2 tsp. baking soda
1/2 tsp. cinnamon
1/2 tsp. cloves
1/2 tsp. nutmeg
1 cup raisins

Chopped roasted peanuts
mixed with mashed potato,
made into flattened ball &
browned in oil - a substitute
for meat.

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ROBERTSON'S CONDENSED MILK CO.

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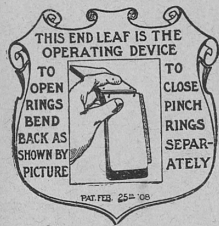
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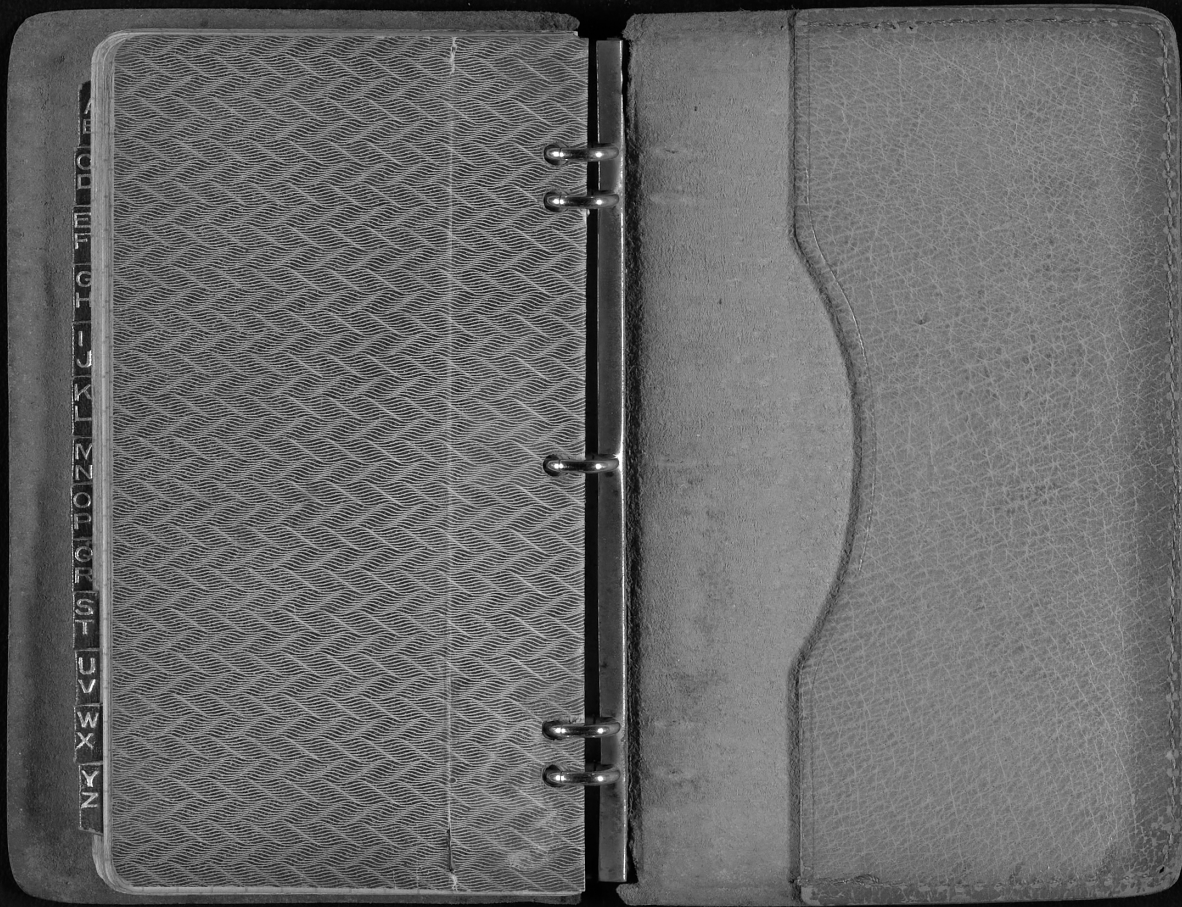
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