



Education and Housing Equity Project Records.

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**Minneapolis Public Schools
Family and Community Educational Services
1006 W. Lake Street
Minneapolis, Minnesota, 55408**

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TO: RESIDENTIAL POSTAL CUSTOMER

ECRWSS

Community Education

Fall 1998 Adult Enrichment Catalog

Serving Minneapolis for over 30 years



**A program of Minneapolis Public School's
Family and Community Educational Services Department**



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SPECIAL SCHOOL DISTRICT NO. 1



FAMILY
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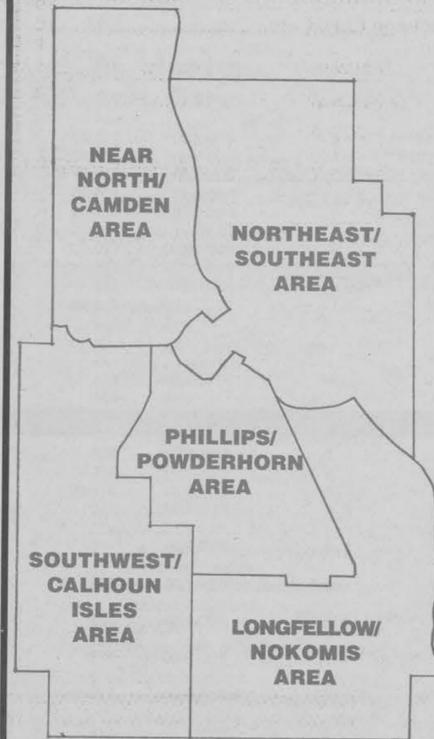
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FALL CLASSES BEGIN OCTOBER 5

COMMUNITY EDUCATION ADULT CLASS LOCATIONS

SCHOOL	COORDINATOR	SCHOOL ADDRESS	ZIP	PHONE
Andersen	Leon Oman	2727 10th Ave. S.	55407	627-2310
Anwatin	Debby Peterson	256 Upton Ave. S.	55405	627-3169
Armatage	Steve Bonine	2501 W. 56th St	55410	627-2486
Barton	Cindy Smedberg	4237 Colfax	55409	627-2378
Dowling	Paddy Sullivan	3900 W. River Pkwy	55406	627-2737
Fulton	Gary Wineman	4912 Vincent Ave. S.	55410	627-2499
Henry	Kathy Nelson	2020 43rd. Ave. N.	55412	627-2937
Jefferson	Joanne Nelson	1200 W. 26th St.	55405	627-3202
Lyndale	Sandra Laffen	3333 Grand Ave. S.	55408	627-2404
North Star	Sandi McDonald	2410 Girard Ave. N.	55411	627-2971
Northeast	Hedy Walls	2955 Hayes St. N.E.	55418	627-3058
Olson	Holly Hofmann	1607 51st Ave. N	55430	627-2980
Pratt	Brenda Eccleston	66 Malcolm Ave. S.E.	55414	627-2279
Roosevelt	Cash Luck	4029 28th Ave. S.	55406	627-2697
Sanford	Rita Keltgen	3524 42nd Ave. S.	55406	627-7192
Seward	Scott Bols	2309 28th Ave. S.	55406	721-6320
South	Deb Clark	3131 19th Ave. S.	55407	627-2567
Southwest	Tom Neiman	3414 W. 47th St.	55410	627-2463
Waite Park	Ginny Plumb	1800 34th Ave. N.E.	55418	627-3077
Washburn	Jeanne Olsen	201 W. 49th St.	55409	627-2560
Wilder	To Be Named	3345 Chicago Ave. S.	55407	627-2649



REGISTRATION INFORMATION

CLASSES BEGIN ON MONDAY, THE WEEK OF OCTOBER 5, UNLESS OTHERWISE NOTED. NO CLASSES WILL BE HELD ON THANKSGIVING DAY, NOVEMBER 26

TO REGISTER BY MAIL: Register by returning the registration form on this page, and a check payable to the Community Education program which is offering this class. You may begin registering by mail immediately. Mail in registration will continue throughout the quarter until classes are filled. You may register for more than one school.

TO REGISTER IN PERSON: See geographic area banners for addresses and dates.

FEE INFORMATION

● PAYMENT: Registration is not final until the fee is paid. Please make sure that your registration reaches the school where the class is offered. Make additional copies of the registration form if needed.

● FEE REDUCTIONS: Adults who are 62 and older, people receiving Supplemental Security Assistance, Unemployment Compensation or AFDC may register for classes at half of the fee. This does not include the cost of materials, meals, transportation and admissions fees.

● REFUNDS: Refunds are generally not made once a class begins. One night class fees are not refundable. If a class is cancelled, a full refund will be made to all registered students.

● NONRESIDENT FEES: Community Education is supported by Minneapolis taxpayers; therefore, we ask people who do not live in Minneapolis to pay a \$2.00 registration fee to offset the costs of serving nonresidents. Nonresidents pay only \$2.00 extra per quarter whether they take one class of several.

DISABILITY ACCESS INFORMATION: If you need information or assistance contact the Community Education Coordinator at a number on page 17 or call Deb Clark, Coordinator of Programs for Adults with Disabilities, at 627-2925 or TDD 627-3131.

CLASSES FOR CHILDREN AND YOUNG ADULTS

*★ Indicates adult classes open to young people when accompanied by an adult. Call site for age range. Youth fee is 1/2 adult fee.

SCHOOL CLOSING INFORMATION: Community Education is closed when public schools are closed. This includes holidays, and inclement weather days.

ATTENTION HEALTH PARTNERS AND UCARE MEMBERS

HealthPartners Approved classes are identified by an (HP) in their title. HealthPartner members may register for a HealthPartner approved class and pay only the difference between \$10.00 and the class cost. (\$30.00 maximum reimbursement per policy per school year).

Ucare Minnesota members take classes free of charge and may qualify for additional incentives from UCare.

Complete the following form and mail it with a check to the location where the class is offered.

REGISTRATION FORM

Class _____ Class Code _____

First Day of Class _____ Day of Week _____ Time _____

Class Location _____ Class Fee _____ (Include an additional \$2.00 for non-Minneapolis resident)

Adult's Name _____

Child's Name and age (if needed) _____

Address _____ City _____ Zip _____

Day Phone _____ Evening Phone _____ 8 digit code if needed _____

Special Needs (Please circle): Sign Language Interpreter, Wheelchair Accessibility, Mobility Assistance, Other _____

Near North/Camden/Northeast/Southeast Area Adult Classes

Henry

2020 43rd Ave. N.
Minneapolis, MN 55412
627-2937
Call: Kathy Nelson

Northeast Middle

2955 Hayes St. N.E.
Minneapolis MN 55418
627-3058
Call: Hedy Walls

Olson Middle

1607 51st Avenue North
Minneapolis MN 55430
627-7413
Call: Holly Hoffman

Pratt

66 Malcolm Ave. S.E.
Minneapolis MN 55414
627-2279
Call: Brenda Eccleston

Waite Park

1800 34th Ave. N.E.
Minneapolis MN 55418
627-3077
Call: Ginny Plum

Registrations by mail: Immediately

In-person Registration - September 22, 23 and 24. Call one of the numbers above for more information

Red letters indicate daytime classes

★ Indicates adult classes open to young people when accompanied by an adult. Call site for age range. Youth fee is 1/2 adult fee.

ACADEMIC ENRICHMENT

CLASS	CODE	LOCATION	DAY	BEGINS	# WEEKS	TIME	COST
A.B.E.: Call 381-2516		Northside	M-F	Ongoing		6:30-9:30	Free
A.B.E. and ESL: Call 381-2516		Norwest Bank	T,W,Th	9/14			Free
A.B.E. for Deaf Adults - Daytime		Pratt	M	10/5	8	2:30-4:30	Free
★ ACT Preparation	AZ02	Henry	T&Th	10/6	2	3:15-4:45	Free
Adult Basic Education: Call 627-2283		Pratt	M-F				Free
Adult Math Basics	AM10	Henry	T	10/6	6	7:00-8:30	\$20.00
Adult Reading Basics	AZ010	Henry	T	10/6	6	7:00-8:30	\$20.00
Chinese: Beginning	PAL10	Pratt	M	10/5	8	6:30-8:30	\$36
Citizenship Classes (627-2283 for info.)		Pratt					Free
Community Circle Conversations							
Call for info							
English As A Second Language: Call 627-2283		Pratt	M-F	Ongoing			Free
French: Beginning II	AL10	Northeast	T	10/6	8	7:00-8:30	\$26
G.E.D. Saturdays Call 627-3058		Northeast					
German: Beginning	AL21	Northeast	W	10/7	8	5:30-7:30	\$34
\$17 text needed 2nd week							
German: Continuing	AL22	Northeast	W	10/7	8	7:30-9:30	\$34
text needed 2nd week							
Polish: Continuing	AL61	Northeast	Th	10/8	8	5:30-7:00	\$26
Sign Language: Beginning (HP)	AL80	Northeast	W	10/7	8	6:00-7:30	\$26
Sign Language for Adults/Developmental Disability	ARSL100	Northeast	W	10/7	8	6:30-8:00	\$20
Both hearing impaired and hearing							
Spanish I	PAL60	Pratt	T	10/6	8	6:30-8:30	\$34
Bring \$7 for materials & dictionary required							
★ Spanish I	AL50	Henry	W	10/7	8	6:30-8:00	\$26.00
Spanish II	AL60	Henry	W	10/7	8	8:00-9:30	\$26.00
Writing: A "Brain" Balancing Act	AW00	Northeast	M	10/26	2	6:00-9:00	\$14
Writing: Creative / Beginners	AW101	Waite Park	Th	10/8	6	1:15-3:15	\$12
Call 627-3077							
Writing Poetry	AW10165	Waite Park	S	9/26	6	9:30-11:30 a.m.	\$15

ADULTS 55+

55 Alive - 4 Hour Mature Driving Refresher/AARP	PCONZ01	Pratt	T	10/20	1	5:30-9:30	\$8
Call 627-2279 for details							
55 Alive - 4 Hour Mature Driving Refresher/AARP	S12	Northeast	M	10/26	1	5:30-9:30	\$8
Call 627-3058 for details							

ADULTS 55+ (Continued)

CLASS	CODE	LOCATION	DAY	BEGINS	# WEEKS	TIME	COST
55 Alive - 8 Hour Mature Driving/AARP Call 627-3058 for details	S10	Northeast	M/T	10/19,20	1	5:30-9:30	\$8
Alternative Therapy Call 627-3077		Waite Park	T	10/27	1	10:30-11:30	Donate
Bone Tired and Aching Call 627-3077		Waite Park	T	9/22	1	10:30-11:30	Donate
Defensive Driving 55+ 8 Hour Bring lunch, no discounts	S30165	Waite Park	W/T	10/28,29	1	10-2:00	\$19
Defensive Driving 55+ Refresher: 4 Hour Bring lunch, no discounts	S33165	Waite Park	M	10/5	1	10-2:00	\$10
Defensive Driving 55+ Refresher: 4 Hour Bring lunch, no discounts	S34165	Waite Park	W	11/4	1	10-2:00	\$10
Driver Ed / Auto Accident Prevention	DRE10	Henry	W&Th	10/14&15	1	2:30-6:30	\$19.00
Driver Ed/Auto Accident Prevention	DRE20	Henry	M/T	10/19&20	1	5:00-9:00	\$19.00
Driver Ed/Auto Accident Prevention 4 Hour Renewal	DRE22	Henry	W	10/14	1	2:30-6:30	\$10.00
Driver Ed/Auto Accident Prevention 4 Hour Renewal	DRE23	Henry	M	10/19	1	5:00-9:00	\$10.00
Elder Enrichment Series Call 362-2418 for details			M	9/21	4	1:30-3:00	Donate
Exercise: Beg. W orkout for W omen/Men (HP)	PFE109	Pratt	T	10/6	9	9:30-10:30	\$20
Exercise: Beg. W orkout for W omen/Men (HP)	PFE110	Pratt	Th	10/8	9	9:30-10:30	\$20
Great Decisions	ASO10165	Waite Park	Th	10/8	4	10-11:30	\$12
Health: Exercise and Diet Plan Call 627-3077		Waite Park	T	11/24	1	10:30-11:30	Donate
Just Older Youth Call 378-2714		Pratt					
Medicare Plus Choice - New Options	PFH11	Pratt	T	10/20	1	10:45-11:45	\$1
Words/Music: Intro to Amer. Musical Comedy	WASO10	Waite Park	T	10/6	3	10 to Noon	\$14

ARTS AND CRAFTS

Art Break For Adults with Developmental Disabilities	CRZOR5	Northeast	T	10/6	6	6:30-8:00	\$20
Bows For Gift Giving	CRZ07	Henry	T	10/27	1	7:00-9:00	\$10.00
Family Photos	CRZ013	Henry	M	10/12	1	6:00-9:00	\$12.00
Jewelry: Nontraditional Beaded Bring beads, buttons, charms, \$10	PCRJO1	Pratt	M	10/5	4	7:00-9:00	\$18
Jewelry: Sterling Silver Materials extra + \$15 lab fee	PCRJ10	Pratt	W	10/7	8	6:30-9:15	\$46+
Knitting: Beginning Call 627-2279 for list of materials	PCRN42	Pratt	W	10/7	8	6:00-7:30	\$26+
Knitting: Multi-level Bring project if you have one unfinished	PCRN43	Pratt	W	10/7	8	7:30-9:00	\$26
Knitting: Multi-level Bring project or #6 needles and 4 ply yarn	CRN55	Northeast	W	9/9	5	6:30-8:30	\$22
Knitting: Multi-level Bring project or #6 needles and 4 ply yarn	CRN40	Northeast	W	10/14	6	6:30-8:30	\$26
Memory Album	CRP20	Northeast	M	10/5	3	6:30-8:30	\$18
Memory Album Bring photos	CRP16165	Waite Park	T	11/3	3	10:30-12:30	\$18
New: Making A Bird Nest	CRZ05	Henry	M	10/19	1	6:30-8:30	\$6.00
New: Making A Birdhouse	CRZ06	Henry	M	10/26	1	6:30-8:30	\$6.00
Painting and Sketching	CRG10	Henry	M	10/5	8	5:30-8:30	\$50.00
Picture Framing	CRZ011	Henry	Th	10/8	4	6:15-9:15	\$26.00
Pottery: Beginning	CRC14165	Waite Park	T	10/6	6	6:30-8:30	\$32
Pottery: Beginning/Intermediate	CRC12165	Waite Park	T	10/6	8	9:30-11:30	\$45
Pottery - Ceramic I	CRC3	Henry	W	10/6	8	6:30-8:30	\$34.00
Pottery: Intermediate	CRC11165	Waite Park	Th	10/8	8	6:30-8:30	\$45
Rug Braiding Bring needles, scis., thread, ruler, 3lg. safe pins, \$17	PCRFO7	Pratt	Th	10/8	6	6:30-8:30	\$26
Watercolor: W et on W et	PCRG20	Pratt	Th	10/8	7	6:45-8:45	\$47

COMPUTERS AND BUSINESS

Absolutely Terrified of Computers	BCO20	Northeast	W	10/7	8	6:30-9:00	\$44
Computer For Beginning Adults (Macintosh)	BCO15165	Waite Park	Th	10/1	6	4:30-6:00	\$27
Computers: Brush Up and Internet	BCO23	Northeast	Th	10/8	8	6:30-9:00	\$44
Computers: MAC Intro		Pratt	T	10/6	2	6:30-8:30	\$10
Genealogy and the Internet	P25165	Waite Park	T	10/6	6	6:30-8:30	26
Internet Introduction	BCO25165	Waite Park	Th	11/19	2	4:30-6:00	\$9
Internet Introduction		Pratt	T	10/20	2	6:30-8:30	\$10
Intro to Internet - Call for details 627-2943		Lincoln / Henry					
Intro to Windows '95	BCO050	Lincoln	T	10/20	6	6:30-8:30	\$25.00
Keyboarding - All Levels	BO10	Henry	M	10/5	6	7:00-9:00	\$26.00
Keyboarding and Intro to W ord Processing	BO12	Northeast	T	10/6	8	7:00-8:30	\$28
Keyboarding and Intro to W ord Processing	BO10165	Waite Park	W	10/7	4	4:30-6:00	\$14
Keyboarding: Intermediate	BO11165	Waite Park	W	11/4	4	4:30-6:00	\$14
Microsoft 3.0 Introduction to computers - Macintosh	BC010	Henry	W	10/7	8	7:00-9:00	\$26.00

CONSUMER INFORMATION

Auto: Secrets of Buying A Car	CONZO30	Northeast	T	10/6	1	6:30-9:00	\$7
Automobiles: Basic Care We're out with cars, rain or shine	PCONP13	Pratt	S	10/17	1	10-12:00	\$6
Buy/Sell "Stuf" at Huge Southeast Yard Sale Annual Pratt Boot Sale is here: Call 627-2279		Pratt	S	9/19	1	9:00-3:00	
College Aid Information	BZO010	Henry	T	10/20	1	6:30-7:30	Free
Eliminate debt, secure retirement, Tax Relief Act	CONF18	Northeast	M	10/19	2	7:00-8:45	\$3
Financial Planning/Basic Concepts	CONF8	Henry	Th	10/15	1	7:00-9:00	\$6.00
Finances: College Tuition	CONF15	Northeast	W	10/21	1	6:00-7:30	\$3
Realize Your Retirement Dreams	PCONFO11	Pratt	M	10/26	1	6:30-8:30	\$6
Stock Market W orkshop	PCONFO3	Pratt	M	10/19	1	6:30-8:30	\$6
Budgeting/Ef fective Money Management	CONF16	Henry	Th	10/5	1	7:00-9:00	\$6.00
Home Inspections	CONZO40	Henry	M	10/19	1	6:30-8:30	\$6.00
Probate, Wills, Trusts, And Nursing Home Insurance	CONL40	Henry	T	10/7	2	6:30-8:30	\$10.00

FAMILY ACTIVITIES

Baby and Me - Especially for newborn Call 362-4103		Pratt	Th	9/10	10	3:00-5:00	
Baby and Me - Especially for newborn Call ECFE @362-4103	NELC		T	9/8	12	1:00-3:00	
Family Topics (light dinner included) Call Barbara 617-1163 for details		Pratt	T	9/7	13	5:30-7:30	Free

FAMILY ACTIVITIES (Continued)

CLASS	CODE	LOCATION	DAY	BEGINS	# WEEKS	TIME	COST
Family Topics @ Nelc Call 362-4103 for details.	NELC	Th	9/10	13		6:00-8:00	
Call ECFE @362-4103 for details Family Topics Series (light dinner included) Call Barbara 617-1163 Come to one or many							
Gym: Parent/Child (Ages 2-8)	ECKF10165	Waite Park	T	9/28		5:30-7:15	Free
Hispanic Parenting/English as 2nd Language Call Sarah at 627-2298		NELC	T	10/6	8	9:00-12:00	
Swimming is much in demand. Register now! Kids under 16 must be accompanied by adult		Northeast	M-S				\$18
Swimming: Level 1	SWO15	Northeast	S	10/10	6	9:00-9:30	\$18
Swimming: Level 2	SWO27	Northeast	S	10/10	6	9:45-10:15	\$18
Swimming: Level 3	SWO35	Northeast	S	10/10	6	10:15-11:00	\$18
Swimming W ith Your Family Call 627-3058 for registration details	SW101	Northeast	S	10/10	6	11-noon	\$20
Tennis: Beginning for Parent and Child \$12/person	FS98	Northeast	S	10/10	6	9:00-10	\$12
Tiny Tots in the Park (Ages 3 & 4) Call 627-3077 for details		Waite Park					

FITNESS AND HEALTH

* Action Aerobics	FE50	Henry	M&W	10/5	8	6:20-7:20	\$28.00-\$34.00
* Action Aerobics	FE60	Henry	T&Th	10/6	8	6:20-7:20	\$34.00
* Adult and Family Open Swim	FSW198	Olson	M	10/5	8	7:00-8:00	\$.75 p/session
Accupressure Self Help	FH47	Northeast	M	10/19	1	7:00-9:00	\$6
Aerobics: High/Low	PFE61	Pratt	Th	10/8	8	5:30-6:30	\$18
Aerobics: Low Impact & Body Toning (HP)	FE20165	Waite Park	M	9/28	12	5:30-6:30	\$27
Aerobics: Low Impact & Body Toning (HP)	FE21165	Waite Park	W	9/30	12	5:30-6:30	\$27
Aerobics: Low Impact & Body Toning (HP)	FE18165	Waite Park	S	10/10	12	8:30-9:30	\$27
Aerobics: Low Impact (HP)	PFE22	Pratt	S	10/10	9	8:50-9:50	\$20
Aerobics: Morning W orkout (HP)	FE10165	Waite Park	M/W	9/28	10	10-11:00	\$44
Aerobics: Power/Low Impact, Toning & Step (HP)	FE33165	Waite Park	M	9/28	12	5:30-7:00	\$38
Aerobics: Power/Low Impact, Toning & Step (HP)	FE33165	Waite Park	W	9/30	12	5:30-7:00	\$38
Aerobics - Step (HP)	PFE60	Pratt	T	10/6	8	5:30-6:30	\$18
Aiki Ju Jitsu: Classical Japanese Martial Art all for details/location	PFS01	Pratt	Th	10/8	10	5:30-7:00	\$40
Basketball: Beginning / Mother/Daughter Register @ \$26 for 2	FS104	Northeast	W	10/7	8	6:30-8:00	\$26
Belly Dancing	FE14	Henry	T	10/6	8	7:00-8:00	\$18.00
Body Shaping/Circuit W eight Training - Days (HP)	PFE73	Pratt	S	10/10	9	8:45-10:00	\$25
Body Shaping/Circuit W eight Training - Days (HP)	PFE74	Pratt	S	10/10	9	10:15-11:45	\$29
Body Shaping/Circuit W eight Training (HP)	PFE80	Pratt	M	10/5	10	5:30-7:00	\$32
Body Shaping/Circuit W eight Training (HP)	PFE81	Pratt	T	10/6	10	6:30-8:00	\$32
Body Shaping/Circuit W eight Training (HP)	PFE82	Pratt	W	10/7	10	5:30-7:00	\$32
Body Shaping/Circuit W eight Training (HP)	PFE83	Pratt	Th	10/8	9	6:30-8:00	\$29
Bowling for Adults w/ Physical Disabilities Coffman Bowl, bring \$2 ea. class	FED10	Northeast	T	10/6	8	6:00-8:30	\$20
Chi: Accupressure/Reflexology (HP)	PFH102	Pratt	W	11/2	4	7:15-9:45	\$18
CPR Heartsaver Plus (HP) No disc. except HP	PFH110	Pratt	T	11/17	1	5:30-9:30	\$30
First Aid: Basic 'CPR for Adult' Develop. Disability	FH77	Northeast	M	10/5	6	7:00-8:30	\$20
First Aid: Pediatric Orientated (HP) No disc. except Health Partners	PFH76	Northeast	M/W	11/9,11	1	5:30-9:30	\$42
Fresh Start: Stop Smoking Call! No discounts, 627-3058	FH40	Northeast	T/T	10/13,15	2	6:00-7:30	\$3
Golf: Beginning/Refresher Do not bring clubs the first night.	FS20	Northeast	T	10/6	8	6:00-7:15	\$25
Golf: The Mental Side	FS23	Northeast	M	10/26	1	6:30-8:30	\$6
Herbs: A Survey of Useful Plants	PH15	Pratt	S	10/10	7	10:30-12	\$23
Hikes on Thursday Nights Wear walking shoes	FE020	Northeast	W	10/21	1	7:00-8:30	\$5
Karate/Tae Kwon Do: Beginning	FS10165	Waite Park	T/T	9/29	10	7:00-8:00	\$42
Karate/Tae Kwon Do: Intermediate	FS11165	Waite Park	T/Th	9/29	10	6:00-7:00	\$42
Make-up Application Like a Pro Bring makeup you have	FP10	Northeast	T	10/13	1	6:30-8:30	\$6
Massage During Pregnancy Pillows, loose clothing, partner	FH16	Northeast	W	10/14	1	6:00-8:00	\$10/2
Massage: Seated (HP) No discounts except HP	PFH25	Pratt	M	10/26	1	6:00-9:00	\$12
Massage Self For Stress Relief	FH18	Northeast	W	10/21	1	6:30-8:30	\$6
Medicinal Herbs 101 Bring baggie/container	FH19	Northeast	Th	10/29	1	6:30-8:30	\$2
Reflexology W orkshop (HP) Bring notebk, blanket, towel, 4 pillows for legs	FH53	Northeast	M	10/26	2	6:00-9:00	\$14
Relieving Stress Naturally Bring firm pillow, blanket, wear loose clothes	FH78	Northeast	W	10/28	2	6:00-7:30	\$8
Shapewalking (sm) W orkshop (HP) Wear walking shoes and approx. clothes	PFH61	Pratt	T	10/13	1	7:00-8:30	\$14
Sleep Apnea/Snoring/Insomnia	FH17	Northeast	T	11/17	1	6:30-8:30	\$5
Sports: Indoor for Adults w/ Devel. Disabilities	FSR1	Northeast	T	10/6	6	6:30-8:00	\$20
Swimming: Beginning - Adults with Disabilities	SW300	Northeast	M	10/5	6	6:30-7:15	\$20
Swimming: Interm. - Adults with Disabilities	SW400	Northeast	M	10/5	6	7:30-8:15	\$20
* Swimming - Level 1	FSW11	Olson	W	10/7	8	6:30-7:00	\$14.00
* Swimming - Level 1	FSW14	Olson	M	10/5	8	6:00-6:30	\$14.00
* Swimming - Level 2	FSW20	Olson	W	10/7	8	7:00-7:30	\$14.00
* Swimming - Level 2	FSW21	Olson	Th	10/8	8	6:30-7:00	\$14.00
* Swimming - Level 2	FSW24	Olson	M	10/5	8	6:30-7:00	\$14.00
* Swimming - Level 3	FSW30	Olson	W	10/7</			

FITNESS AND HEALTH (Continued)

CLASS	CODE	LOCATION	DAY	BEGINS	# WEEKS	TIME	COST
Family Topics @ NelcSwimming: Open	SW100	Northeast	S	10/10	6	11-12:00	\$15
Swimnastics at the Northeast Pool	SW10	Northeast	T	10/6	8	6:45-7:30	\$15
Register now for this popular class							
Swimnastics at the Northeast Pool	SW11	Northeast	T	10/6	8	7:30-8:15	\$15
Register now for this popular class							
Swimnastics at the Northeast Pool	SW12	Northeast	Th	10/8	8	6:45-7:30	\$15
Register now for this popular class							
Swimnastics at the Northeast Pool	SW13	Northeast	Th	10/8	8	7:30-8:15	\$15
Register now for this popular class							
Tai Chi	FPH300	Pratt	Th	10/8	8	7:15-9:15	\$34
Tennis at Nicollet Tennis Center: Call 627-2279		Pratt	M/S	9/29	4	A.M. & P.M.	\$30
Tennis for Parent/child \$12 ea.	FS98	Northeast	S	10/10	6	9:00-10:00	\$12
Tennis: Group Play: Call 627-2279		Pratt	T-S	9/29	4		\$30
Tradicional Chinese Medicine	FH5	Henry	Th	10/5	6	7:00-9:00	\$26.00
Traditional Chinese Medicine	PFH65	Pratt	T	11/3	4	7:00-9:00	\$18
Volleyball: Recreational: Adult Coed	FS20165	Waite Park	W	9/23	12	8:00-9:25	\$25
Volleyball: Women's Recreational Call 627-3077		Waite Park	M	9/14			
Walk For Fitness' Adults with Develop. Disabilities	FER2	Northeast	W	10/7	8	6:30-8:00	\$20
Walking at Northeast	FEO01	Northeast	M-Th	10/5	8	5:30-8:30	Free
Walking at Pratt		Pratt	T/Th	10/6	8	10:45-1:00	Donate
Walking The Hall	FE15	Henry	Th	10/8	8	5:30-8:00	\$5.00
Water Exercise	FE10	Olson	M	10/5	8	8:00-8:45	\$18.00
Swimming/Adult Lessons	FSW40	Olson	W	10/7	8	8:00-8:45	\$16.00
Water Exercise	FE50	Olson	T	10/6	8	6:30-7:45	\$18.00
Water Exercise	FE90	Olson	Th	10/8	8	8:00-8:45	\$18.00
Weight Training for W omen	FE100	Henry	M	10/6	10	6:00-7:00	\$22.00
Weight Training for W omen	FE110	Henry	T	10/7	10	6:00-7:00	\$22.00
Weight Training for W omen	FE130	Henry	Th	10/9	10	6:00-7:00	\$22.00
* Yoga (HP)	FE40165	Waite Park	M	10/5	7	5:30-7:00	\$26
Bring mat/ towel, app. clothes, empty stomach.							
* Yoga (HP)	FE25	Northeast	T	10/13	7	5:45-7:00	\$26
Bring mat/ towel, app. clothes, empty stomach.							

HOBBY AND LEISURE

CLASS	CODE	LOCATION	DAY	BEGINS	# WEEKS	TIME	COST
Acupressure & Chiropractic Help for Animals	H10	Northeast	Th	10/15	1	6:00-8:00	\$6
Don't bring your pet							
Bridge Club Call 627-3077		Waite Park	T				
Dog Obedience	H30	Henry	W	10/7	7	7:00-8:00	\$25.00
Dog Obedience I	H31	Northeast	T	10/6	8	6:30-7:45	\$22
No dog 1st night. No children under age 10.							
Dog Obedience II	H40	Northeast	W	10/6	8	7:45-9:00	\$22
Dog Obedience, Intermediate	H50	Northeast	W	10/7	7	8:15-9:15	\$25.00
Explore Minnesota	H161	Northeast	Th	10/8	1	6:00-7:30	\$1
Haunted Houses - Are They?	H13	Northeast	T	10/27	1	7:00-9:00	\$6
How To Explore Minnesota	H161	Northeast	Th	10/8	1	6:00-7:30	\$1
Psychic Development Series	H519	Northeast	W	10/7	8	6:30-8:30	\$45
Call 627 3077 about taking classes singly							
Video Workshop	H55	Northeast	M	11/2	2	6:30-8:00	\$8

HOME IMPROVEMENT EDUCATION

CLASS	CODE	LOCATION	DAY	BEGINS	# WEEKS	TIME	COST
Buying A Home	HG10165	Waite Park	W	10/28	1	6:30-8:30	\$6
Duplex as an Investment	HG16165	Waite Park	W	11/4	1	6:30-8:30	\$6
Glass Block Windows	HB25	Northeast	Th	10/8	1	7:00-9:00	\$6
Hardwood Floor Refinishing	PHD05	Pratt	M	10/19	1	6:00-9:00	\$8
Home Buying Seminar	HG12	Northeast	Th	10/15	2	6:30-8:30	\$10
Home Sellers Seminar	HG21	Northeast	T	11/10	1	6:30-8:30	\$6
Selling A Home	HG20165	Waite Park	W	10/21	1	6:30-8:30	\$6

MUSIC, DANCE, AND THE PERFORMING ARTS

CLASS	CODE	LOCATION	DAY	BEGINS	# WEEKS	TIME	COST
Ballroom Dance: Beginning (HP)	MD20165	Waite Park	W	10/7	8	7:00-8:30	\$26
Register with partner/fee listed per person							
Ballroom Dance: Beginning (HP)	MD21165	Waite Park	Th	10/8	8	7:00-8:30	\$26
Register with partner/fee listed per person							
Belly Dance: Advanced (HP)	PMD70	Pratt	T	10/6	7	6:30-8:00	\$26
Belly Dance: Beginning (HP)	PMD50	Pratt	M	10/5	8	6:00-7:30	\$26
Belly Dance: Intermediate (HP)	PMD60	Pratt	W	10/7	8	6:00-7:30	\$26
Belly Dance IV: Call for O.K. (HP)	PM80	Pratt	M	10/5	8	7:30-9:00	\$26
Dance: Impressionistic	MD11	Northeast	T	10/6	6	7:00-9:00	\$26
Guitar: Beginning	PMM10	Pratt	T	10/6	8	7:30-8:30	\$20
Bring guitar							
Latin Dance: Beginning	PMD82	Pratt	W	10/7	8	7:45-8:45	\$22
Register with partner/fee listed per person							
Piano Playing in 90 Minutes or Less	MM22	Northeast	Th	10/15	1	7:00-9:00	\$6
Tap Dance: Intermediate/Beginning	MD31165	Waite Park	T	10/6	8	7:30-8:30	\$24
* Piano	MM3	Lincoln	T	10/13	8	5:30-6:30	\$16.00

PERSONAL DEVELOPMENT

CLASS	CODE	LOCATION	DAY	BEGINS	# WEEKS	TIME	COST
Communicating Across All Cultures	P16	Northeast	T	10/20	1	6:00-8:00	\$6
Communication for Men & W oman	P15165	Pratt	W	10/7	1	6:30-8:00	\$5
Confidentially Speaking	PP107	Pratt	M	10/5	4	7:30-8:30	\$10
Genealogy and the Internet	P25165	Waite Park	T	10/6	6	6:30-8:30	\$26
Highly Successful: 7 Habits	P1516	Pratt	M	10/12	1	6:00-8:00	\$6
Handwriting Analysis	P10	Henry	M	11/2	4	6:00-8:30	\$22.00
Nuturing The Father-Child Relationship	P22	Henry	T	10/20	1	7:00-9:00	\$1.00
"Sandwich Generation" Burning Out	P63	Northeast	T	10/6	1	6:30-8:00	\$2
Call 627-3058							
Self Esteem	P26165	Waite Park	M	10/5	6	6:30-8:00	\$20
Stop Procrastination	P18	Northeast	W	10/21	1	6:00-8:00	\$6
Toastmasters	BC50	Northeast	M	10/5	1	6:30-8:00	\$5

Phillips/Powderhorn Area Adult Classes

Andersen	Jefferson	Lyndale	South High	Wilder
2727 10th Avenue South Minneapolis, MN 55407 627-2310 Call: Leon Oman	1200 W. 26th Street Minneapolis MN 55405 627-3202 Call: Joann Nelson	3333 Grand Avenue South Minneapolis MN 55408 627-2404 Call: Sandra Laffen	3131 19th Avenue South Minneapolis MN 55407 627-2567 Call: Deb Clark	3345 Chicago Avenue South Minneapolis, MN 55407 627-2649 Call: To Be Named

Registrations by mail: Immediately In-person Registration - September 22, 23 and 24. Call one of the numbers above for more information
Red letters indicate daytime classes
* Indicates adult classes open to young people when accompanied by an adult. Call site for age range. Youth fee is 1/2 adult fee.

ACADEMIC ENRICHMENT

CLASS	CODE	LOCATION	DAY	BEGINS	# WEEKS	TIME	COST
ACT Preparation	KS1000-362	South	T & Th	10/8	2	3:15-4:45	\$25.00
Adult Basic Education: Call 627-2310 for details	AL10-191	Andersen	M-F	Ongoing	Ongoing	A.M. & P.M.	Free
Adult Literacy: G.E.D. Preparation 627-2459		Lehmann Ctr.					Free.
Adult Diploma 627-2459, ESL 627-2458							
American Sign Language - Introduction	AL40-362	South	Th	10/8	8	5:00-7:00	\$34.00
Suggested to purchase text book - \$25.75							
Citizenship Class	AL30-191	Andersen	S	10/3	13	10:00-12:30	Free
Dakota/Lakota Language	AL25-362	South	W	10/7	8	6:30-8:30	\$34.00
English as a Second Language		South	M/W	Ongoing		6:30-8:30	Free
For more information call 627-2458							
English as a Second Language		Andersen	T/Th	Ongoing		6:30-8:30	Free
For more information call 627-2310							
English as a Second Language		Jefferson	M/W	Ongoing		6:30-8:30	Free
For more information call 627-3202							
Foreign Policy Issues Discussion Group		Walker Place	M	10/5	4	10:00-11:30	\$12.00
GED Preparation	AL20-191	Andersen					Free
For more information call 627-2310							
Italian	AL90*-362	South	W	10/7	8	7:00-9:00	\$38.50+
SAT/PSAT Preparation	KS1001-362	South	T & Th	9/22	3	3:15-4:45	\$25.00
Spanish: Beginning (Daytime)	AL40-191	Andersen	M	10/5	8	3:00-4:00	\$18.00
Spanish Conversational	AL50-362	South	W	10/7	8	6:30-8:30	\$41.00
Spanish I: Beginning	AL70-179	Jefferson	M	10/5	8	6:00-8:00	\$38.00
Spanish I: (Intensive) Beginning	AL60-362	South	Th	10/8	8	6:30-9:00	\$42.00+
Additional materials fee \$15.00							
Spanish II: Continuing	AL80-179	Jefferson	T	10/6	8	6:00-8:00	\$38.00
Spanish II (Intensive): Continuing	AL70-362	South	T	10/6	8	6:30-9:00	\$42.00+
Additional materials fee \$15.00							
Spanish III: Intermediate		Jefferson	W	10/7	8	6:00-8:00	\$38.00

ADULTS 55+

CLASS	CODE	LOCATION	DAY	BEGINS	# WEEKS	TIME	COST
Coffee and Conversation		Lehmann Ctr.	W	9/30	8	10:45-11:30	Free
Defensive Driving - 4 Hr Renewal	CONF16-362	South	T	11/10	1	10:00-2:00	\$10.00
Class held at Walker Place							
Defensive Driving: 8 Hour	CONF10-362	South	T	11/17	2	10:00-2:00	\$20.00
Class held at Walker Place							
Food Storage: Can Your Kitchen Pass the Test?		Sabathani	Th	10/8	1	10:30-11:30	Free
Hospice: A Special Kind of Caring		Sabathani	Th	9/10	1	10:30-11:30	Free
Hypnosis for Health		Sabathani	Th	12/10	1	10:30-11:30	Free
Managed Care and Medicare		Sabathani	Th	11/12	1	10:30-11:30	Free
Tai Chi Chuan For Older Adults		Andersen	Th	10/8	7	2:00-3:00	\$14.00
held at Park Avenue Senior Ctr., 1505 Park							

ADULTS WITH DISABILITIES

CLASS	CODE	LOCATION	DAY	BEGINS	# WEEKS	TIME	COST
Adult Basic Education	AMR87-362	Lyndale	W	10/7	8	7:00-8:30	Free
For adults with developmental disabilities							
Adult Basic Education	AMR75-362	So.Side Svcs.	W	10/7	8	6:00-8:00	Free
For adults with developmental disabilities							
Adult Basic Education	AMR40-362	Reuben Lindh	F	10/9	Ongoing	8:30-11:00	Free
For adults with developmental disabilities							
Adult Basic Education	AMR45-362	Reuben Lindh	F	10/9	Ongoing	1:00-3:30	Free
For adults with developmental disabilities							
American Indian Beading	CZRO10-362	South	W	10/7	5	6:30-8:30	\$25.50+
Computers: An Introduction		Andersen	W	10/7	6	6:30-8:30	\$16.00
For adults with physical disabilities							
Exercise to Music With Lisa	FER4	Lyndale	Th	10/8	8	6:45-8:15	\$20.00
Intergenerational Multicultural Quilting Project	CZRO10-191	Andersen	T	Call for dates	12	6:30-8:30	Free
Call 627-7001 for more details							
Mandala: Sacred Circle	CZRG40-362	South	T	10/6	4	6:30-8:30	\$18.00
Additional materials fee \$3.00							
Ojibwe Dream Catcher	CZRN20-362	South	W	12/2	1	6:3	

COMPUTERS AND BUSINESS (Continued)

CLASS	CODE	LOCATION	DAY	BEGINS	# WEEKS	TIME	COST
Good Jobs Without a College Degree Fee includes Minnesota Careers book	BC30-191	Andersen	W	10/7	1	6:00-9:00	\$13.00
Health Care Careers	BC40-191	Andersen	M	10/12	1	6:30-8:00	\$5.00
Intentional Living: The Art & Science of Balance Time Management for Entrepreneurs	BA10-191	Andersen	T	10/13	1	6:00-9:00	\$8.00
Interviewing for a Job Bring a blank VCR tape to class	BC1-362	South	T	10/13	2	6:30-8:30	\$10.00
Resume Writing	BV2-362	South	T	10/27	1	6:30-8:30	\$6.00
Web Mania - Making Your Web Page Macintosh computers used	BCO50-191	Andersen	M	10/26	4	7:00-8:30	\$14.00
Word Processing Should have some experience with computers	BCO60-191	Andersen	T	10/20	6	6:30-8:30	\$26.00
Financial Planning for the Future	CONF16-362	South	T	10/13	1	6:30-8:30	\$6.00
Getting Control of Your Finances	CONF10-191	Andersen	S	10/17	1	10:30-12:00	\$5.00
Money Matters Meets at Reuse Center, 2216 East Lake St.	CON50-362	South	Th	10/15	1	6:00-8:00	\$5.00
Mutual Funds	CONF18-362	South	T	10/20	2	6:30-8:30	\$10.00
Home Canning and Pickling	COY50-362	South	M	9/14	1	7:00-9:00	Free
Stretch Your Food Dollar Call 627-2310 for details	COY10-191	Andersen					
Thai Cooking - A Crash Course	COY20-191	Andersen	Th	10/29	1	6:30-8:30	\$12.00

FAMILY ACTIVITIES

Attention Deficit Hyperactive Disorder (ADHD)	F10-191	Andersen	S	10/24	1	10:00-12:00	\$6.00
Family Computers	F20-191	Andersen	S	10/3	8	1:00-2:00	18.00
Family Pottery Held at Stewart Park, 2700 12th Av S	F30-191	Andersen	S	10/3	6	12:45-2:00	\$20.00
Helping Your Child Pass The Basic Skills Test	F40-191	Andersen	S	10/10	1	10:00-12:00	\$6.00
Helping Your Child Pass The Basic Skills Test	F50-191	Andersen	T	11/10	1	6:30-8:30	\$6.00
Kids Karate Sec.1 (2-4 yrs) Fee includes uniform		Wilder	T/Th	10/6	6	5:00-5:30	\$49.00
Parenting Support Group Child care available-call 627-2310	F60-191	Andersen	T	10/6	Ongoing	7:00-8:30	Free
Saturday Afternoon Specials Call 627-2310 for details		Andersen	S	10/3	8	1:00-2:30	\$5.00 Each
Stretching Your Food Dollars includes preparing and sharing a family dinner	F70-191	Andersen	W	10/7	6	5:00-7:00	Free
Super Saturday Youth Activities Call 627-2310 for details		Andersen	S	10/3	8	10:00-12:30	
Tap & Ballet (4-5 yr olds)	P10-191	Andersen	S	10/3	8	1:30-2:30	\$18.00

FITNESS AND HEALTH

Aqua Exercise Held at Phillips Community Ctr., 2323 11th Av S		Andersen	M-Th	10/5	Ongoing	8:45-9:45 a.m.	\$1/Time
Cardio Kick Boxing Held at Griff Martial Arts, 3405 Chicago		Wilder	T/Th	10/6	6	6:15-7:15	\$49.00
Creative Movement	MD10-362	South	M	11/2	3	7:00-8:15	\$10.00
Funk Dance Aerobics Held at Old Arizona Studio, 2821 Nicollet	FE10-191	Andersen	T	9/15	7	6:30-7:30	\$30.00
Funk Dance Aerobics Held at Old Arizona Studio, 2821 Nicollet	FE20-191	Andersen	T	11/3	7	6:30-7:30	\$30.00
Golf Lessons: Improve Your Skill Do not bring golf clubs to first lesson	FS13-362	South	W	10/7	6	7:00-8:15	\$22.00
Golf: Mental Side	FS16-362	South	M	10/19	1	7:00-9:00	\$8.00
Low-Impact Dance Aerobics Childrens' activities also available-call 627-2310	FE30-191	Andersen	S	10/3	8	1:15-2:15	\$30.00
Qigong	FE83-362	South	W	10/7	5	7:00-8:30	\$20.00
Relaxation & Guided Imagery: A Pathway to Health	FE40-191	Andersen	W	10/21	1	7:00-9:00	\$6.00
Step Aerobics With Doris	FE90362	South	T & Th	10/6	8	6:30-7:30	\$29.00+
Stop Smoking	FE11-362	South	M & W	11/2	2	7:00-9:00	\$15.00
T'ai Chi I Wu style-108 movements		Jefferson	W	10/7	8	6:00-7:30	\$26.00
T'ai Chi II Wu style-108 movements		Jefferson	W	10/7	8	7:30-9:00	\$26.00
Tennis: Group Lessons Held at the indoor Nicollet Tennis Center	FS91-362	South (Nicollet)	T/W/Th/S	9/29	4	Varied	\$34.00
Tennis: Group Play Held at the indoor Nicollet Tennis Center	FS92-362	South (Nicollet)	T/W/Th/S	9/29	4	Varied	\$34.00
Trad. Chinese Medicine	FE50-191	Andersen	Th	10/8	4	7:00-9:00	\$18.00
Volleyball: Power Instruction/lockers not provided	FS100-362	South	T	10/6	8	7:00-9:00	\$10.00
Volleyball: Recreational (Coed) Instruction/lockers not provided	FS101-362	South	Th	10/8	6	7:00-9:00	\$10.00
Water Walking held at Phillips Community Ctr., 2323 11th Av S	FE60-191	Andersen	M-Th	10/5	8	9:45-10:15 a.m.	\$.50/Time
Weight Training	FE20-362	South	Th	10/8	8	6:30-8:30	\$36.00
Yoga & Meditation (Sec.1)	FE81-362	South	M	10/5	8	6:00-7:30	\$20.00
Yoga & Meditation (Sec.2)	FE82-362	South	M	10/5	8	7:30-9:00	\$20.00

HOBBY AND LEISURE

African Armchair Safari	H18-362	South	Th	10/22	1	7:00-8:30	\$3.00
Bird Watching	H16-362	South	Th	10/15	1	7:00-9:00	\$6.00
Snowshow Making Bring \$70.00 to 1st class for the kit	H60362	South	W	11/4	3	6:30-9:00	\$17.00+
Video Editing and Transfer	H48-362	South	M	10/5	2	6:30-8:30	\$10.00
Wolves, Wolves, and more Wolves	H17-362	South	T	10/20	1	7:00-8:30	\$3.00

HOME IMPROVEMENT EDUCATION

Building an Eco-City Held at the ReUse Center, 2216 E. Lake St.	H64-362	South	Th	11/12	1	6:00-8:00	\$5.00
Contractors, How to Hire and Work With One	HD13-362	South	W	10/21	1	7:00-9:00	\$6.00
Contractors: How to Hire and Work with One	H13-362	South	W	10/21	1	7:00-9:00	\$6.00
Duplex / Fourplex Buying	HD11-362	South	Th	10/22	1	7:00-9:00	\$6.00
Duplex/Fourplex Buying	H11-362	South	Th	10/22	1	7:00-9:00	\$6.00
Eco-Teams Held at the ReUse Center, 2216 E. Lake St.	H60-362	South	Th	10/22	1	6:00-8:00	Free

HOME IMPROVEMENT EDUCATION (Continued)

CLASS	CODE	LOCATION	DAY	BEGINS	# WEEKS	TIME	COST
Electrical Wiring	HD02-362	South (ReUse)	T	11/10	1	7:00-9:00	\$6.00
Electrical Wiring Held at the ReUse Center, 2216 E. Lake St.	HD02-362	South	T	11/10	1	7:00-9:00	\$6.00
Energy-wise, Gaarbage and You Held at the ReUse Center, 2216 E. Lake St.	H62-362	South	Th	11/5	1	6:00-8:00	Free
Environmental Justice Held at the ReUse Center, 2216 E. Lake St.	H54-362	South	M	9/28	1	6:00-8:00	\$5.00
Fall Bulb Planting Held at Stewart Park, 2700 12th Ave. S.	H58-362	South	S	11/7	1	1:00-3:00	Free
Fall Yard Clean-up Held at Stewart Park, 2700 12th Ave. S.	H63-362	South	S	10/10	1	1:00-3:00	Free
First Time Home Buyers	HD10-362	South	Th	10/15	1	7:00-9:00	\$600
First Time Home Buyers 1	HD10-362	South	Th	10/15	1	7:00-9:00	\$6.00
First Time Home Buyers 2	HD10-362	South	T	10/27	1	7:00-9:00	\$6.00
Furnaces, Maintenance	HC4-362	South	W	11/4	1	6:30-8:30	\$6.00
Furnaces - Maintenance, Operation or Repair	HC4-362	South	W	11/4	1	6:30-8:30	\$6.00
"Green" Holiday Held at the ReUse Center, 2216 E. Lake St.	H66-362	South	Th	11/17	1	6:00-8:00	\$5.00
Hanging Doors and Windows Held at the ReUse Center, 2216 E. Lake St.	H57-362	South	Th	10/8	1	6:00-8:00	\$5.00
Hardwood Floor Refinishing	HD10-362	South	T	10/27	1	6:00-9:00	\$8.00
Hardwood Floors Refinishing	HD10-362	South	T	10/27	1	6:00-9:00	\$8.00
Hiring a Contractor - Do's and Don'ts Held at the ReUse Center, 2216 E. Lake St.	H60-362	South	Th	10/15	1	6:00-8:00	\$5.00
Kitchen Remodeling Held at the ReUse Center, 2216 E. Lake St.	HH20-362	South	T	10/27	1	7:00-9:00	\$6.00
Lead Safety Held at the ReUse Center, 2216 E. Lake St.	H52-362	South	Th	9/10	1	6:00-8:00	\$5.00
Phillips Environment & Transportation Forum Held at Stewart Park, 2700 12th Ave. S.	H50-362	South	T	2nd/mo.	1		Free
Pollution Prevention Days Held at the ReUse Center, 2216 E. Lake St.	H53-362	South	W	9/23	1	6:00-8:00	\$5.00
Putting Your Garden to Bed Held at Stewart Park, 2700 12th Ave. S.	H65-362	South	M	11/16	1	7:00-9:00	Free
Reupholstery Workshop Call 627-3202 for supplies to bring & more details	I20-179	Jefferson	W	10/7	8	6:00-9:00	\$54.00
Sink and Toilet Repair	H-362	South (ReUse)	T		1	7:00-9:00	\$6.00
Sustainability Held at the ReUse Center, 2216 E. Lake St.	H56-362	South	T	10/6	1	6:00-8:00	Free
Turn Your Building "Green" Held at the ReUse Center, 2216 E. Lake St.	H52-362	South	T	9/22	1	6:00-8:00	\$5.00
Water Damage Held at the ReUse Center, 2216 E. Lake St.	H61-362	South	Th	10/29	1	6:00-8:00	\$5.00
Window Glazing Held at the ReUse Center, 2216 E. Lake St.	H67-362	South	Th	11/19	1	6:00-8:00	\$5.00
Windows: Weatherization & Repair	H-362	South	T	10/13	1	6:30-9:00	\$7.00
Windows: Weatherization & Repair	HB11-362	South	T	10/13	1	6:30-9:00	\$7.00
Winterizing Your Home Held at the ReUse Center, 2216 E. Lake St.	H55-362	South	Th	10/1	1	6:00-8:00	\$5.00

MUSIC, DANCE, AND THE PERFORMING ARTS

Acting	MD10-179	Jefferson	W	10/7	8	6:00-8:00	\$34.00
African Dancing	MD10-191	Andersen	W	10/28	6	7:15-8:15	\$30.00
Held at Center for Performing Arts, 3754 Pleasant							
Ballroom Dance	MD20-179	Jefferson	W	10/7	8	6:00-8:00	\$34.00
Clogging	MD20-191	Andersen	M	10/26	6	6:30-7:45	\$30.00
Held at Old Arizona Studio, 2821 Nicollet							
Drum (Make a Hand Drum) Materials fee of \$60.00 will be collected		South	Th	10/15	1	6:00-9:00	\$8.00+
Folk Music Workshop		South	Th	10/8	8	7:00-9:00	\$10.00
Guitar Call 627-3202 for times - no discounts		Jefferson			Ongoing	Arranged	\$88.00
Lindy Hop	MD30-191	Andersen	T	10/27	6	8:00-9:15	\$30.00
Swing Dance	MD40-191	Andersen	T	10/27	6	6:30-7:45	\$30.00
Woodwinds: Private Lessons Call 627-3202 for times - no discounts		Jefferson	M or T	10/5	8		\$88.00

OTHER THINGS OF INTEREST

Community Barter Network-Orientation Call Waite House at 721-1681 for more info	O10-191	Andersen	M	10/19	1	6:30-8:00	Free
Community Circle Conversations- Call 627-7229 Education, Housing & Segregation	O20-191						
Drivers Education: Adult Permit	CONF30-362	South	T	10/6	6	6:30-8:30	\$25.00
Future Life Progression		South	M	11/9	1	7:00-9:00	\$8.00
Mediation: An Introduction	O40-191	Andersen	Th	10/8	2	6:30-8:30	\$10.00
Psychic Development		South	Th	10/8	4	6:30-8:30	\$20.00
Singles: Meeting People		South	T	10/20	1	7:00-9:00	\$6.00
Too Your Horn Call 822-0075							
VCR Cleaning & Maintenance Bring your VCR & a screwdriver if you can	O30-191	Andersen	M	10/19	1	7:00-9:00	\$6.00

TRIPS AND SPECIAL EVENTS

Big Bad Wolf at Wildlife Center Call 627-2567 for more information		South	Th	10/8	1	9:00-3:00	\$28.00
Ethnic Market Shopping Tour Call 627-2567 for more information		South	F	11/6	1	9:00 a.m.	\$15.00
Fanny Hill Dinner Theatre Call 627-2567 for more information		South	Th	12/3	1	8:30 a.m.	\$46.00
Layman's Cemetery Tour (Sec.1) Meets at the cemetery		South	F	10/9	1	10:30-11:30	\$4.00
Layman's Cemetery Tour (Sec.2) Meets at the cemetery		South	Sat	10/10	1	10:30-11:30	\$4.00
River Ramble to Wabasha Call 627-2567 for more information		South	F	10/16	1	9:00 a.m.	\$30.00

Longfellow/Nokomis Area Adult Classes

Dowling

3900 West River Parkway
Minneapolis, MN 55406
627-2737
Call: Paddy Sullivan

Roosevelt

4029 28th Avenue South
Minneapolis MN 55406
627-2697
Call: Cash Luck

Sanford

3524 42nd Avenue South
Minneapolis MN 55406
627-7192
Call: Rita Keltgen

Seward/Matthews

2309 28th Avenue South
Minneapolis MN 55406
627-7229
Call: Scot Bol

Registrations by mail: Immediately In-person Registration - September 22, 23 and 24. Call one of the numbers above for more information

Red letters indicate daytime classes

* Indicates adult classes open to young people when accompanied by an adult. Call site for age range. Youth fee is 1/2 adult fee.

ACADEMIC ENRICHMENT

CLASS	CODE	LOCATION	DAY	BEGINS	# WEEKS	TIME	COST
ACT	P36-360	Roosevelt	M	10/19	5	3:15-5:00	\$22.00
* American Sign Language, Beginning A Basic Course in ASL book available \$25.75	AL25-360	Roosevelt	W	10/07	6	7:30-9:00	\$20.00+
* American Sign Language, Continuing A Basic Course in ASL book available \$25.75	AL43-360	Roosevelt	W	10/07	6	6:00-7:30	\$20.00+
* Drama Reading Group	AL110-360	Hale	M	10/05	10	6:00-8:00	
* Exploring the World of the Celts \$5.00 materials fee payable/instructor	AH11-360	Seward	M	10/05	4	6:30-8:30	\$14.00+
Family Papers-Preserve	AZO11-360	Roosevelt	M	10/19	1	7:00-9:00	\$6.00
* French, Beginning	AL11-360	Roosevelt	M	10/05	8	6:30-8:30	\$34.00
Genealogy	H80-360	Roosevelt	T	11/10	3	7:00-9:00	\$14.00
* German, Beginning	AL12-360	Roosevelt	T	10/06	7	7:00-9:00	\$30.00
Haiku	AW17-360	Roosevelt	T	10/13	2	7:00-9:00	\$10.00
* History-Neighborhood Downtown to Minnehaha Falls	ZO55-360	Roosevelt	T	11/10	1	7:00-9:00	\$6.00
* History-Scandinavia & The European Union	AH16-360	Roosevelt	T	10/13	1	7:00-9:00	\$6.00
* History-T eddy Roosevelt	AH17-360	Roosevelt	T	10/27	2	7:00-9:00	\$10.00
* Native American Spirituality	AH10-360	Roosevelt	W	10/28	2	7:00-9:00	\$10.00
PSAT/SAT Preparation	P38-360	Roosevelt	M	10/05	2	3:15-5:00	\$9.00
Screenwriting, Intro	AW20-360	Roosevelt	W	10/07	6	7:00-9:00	\$26.00
* Spanish, Beginning	AL32-360	Roosevelt	T	10/06	8	6:30-8:30	\$34.00
* Spanish, Beginning	AL30-360	Roosevelt	W	10/07	7	6:30-8:30	\$30.00
* Spanish II, Continuing	AL36-360	Roosevelt	M	10/05	8	6:30-8:30	\$34.00
United States Citizenship Test Preparation Call North Area-381-2516, NE/SE Area-381-2283, South Area-627-2458	BC25-360	Roosevelt	M	10/12	2	6:00-9:00	\$14.00
Writing-Creative	BC25-360	Roosevelt	M	10/12	2	6:00-9:00	\$14.00

ADULTS 55+ACADEMIC ENRICHMENT

Adult Accident Prevention 55+ (4 hour)	DRE12-360	Roosevelt	M	11/02	1	4:00-8:00	\$9.50
Adult Defensive Driving 55+ (8 hour)	DRE10-360	Roosevelt	M	10/05	2	4:00-8:00	\$19.00
Choir 55+	S65-360	Roosevelt	M	call	8	1:00-3:00	Free
Held at Our Redeemer Lutheran, 4000 28th Ave S							
Computers for Older Adults 1 hour lunch break	BCO10-324	Sanford	W	10/14	1	9:30am-3:30pm	\$12.50&
Computers for Older Adults 1 hour lunch break	BCO34-324	Sanford	Th	10/15	1	9:30am-3:30pm	\$12.50&
Family Belongings Without Conflict	AZO18-360	Roosevelt	T	11/10	1	7:00-9:00	\$6.00
Medicare	FH32-360	Roosevelt	W	11/04	2	6:00-8:30	Free
Retirement Money-Maximize	CONF10-360	Roosevelt	W	11/11	1	6:30-8:30	\$6.00
Surfing (The Internet) for Seniors	BCO20-324	Sanford	F	10/16	1	9:30-11:30	\$6.50&
Tai Chi-Older Adults	FE12-360	Roosevelt	Th	10/08	7	9:30-10:30	\$14.00
Held at Our Redeemer Lutheran, 4000 28th Ave S.							

ARTS AND CRAFTS

Cartooning	CRZO100-360	Roosevelt	T	10/20	3	6:30-8:30	\$14.00
* Cornucopia-Make for Thanksgiving \$15.00 material fee payable instructor, bring hot glue gun	CRZO73-360	Roosevelt	T	11/17	1	6:00-9:00	\$8.00+
* Counted Cross Stitch	CRN10-360	Roosevelt	T	10/13	4	7:00-9:00	\$18.00
* Crochet Bring size G aluminum crochet hook, 1 skein light colored 4-ply yarn	CRN20-360	Roosevelt	T	10/06	4	6:30-8:30	\$18.00
* Face Painting For Events Purchase face painting kit, \$15.00	CRZO43-360	Roosevelt	M	10/12	4	7:00-9:00	\$18.00+
* Floral Arrangements-Fresh \$10.00 materials fee payable to instructor	CRZO71-360	Roosevelt	T	10/13	1	6:00-9:00	\$8.00+
Fragrance Gifts \$5.00 materials fee payable to instructor	CRCO65-360	Roosevelt	W	11/04	1	7:00-9:00	\$6.00+
Fresco Making-Ancient Greek	CRZO105-360	Roosevelt	M	10/19	6	7:00-9:00	\$26.00+
* Handmade Paper	CRP13-360	Roosevelt	M	10/12	1	6:30-8:30	\$6.00+
Bring large bread board, \$5.00 materials fee payable/instructor	CRP17-360	Roosevelt	M	10/19	3	6:30-8:30	\$14.00+
* Handmade Paper and Watercolor Bring large bread board, \$10.00 materials fee payable/instructor	CRP30-360	Roosevelt	M	11/30	1	6:00-9:00	\$8.00+
* Handmade Paper Holiday Box Instructor collects a \$7.00 materials fee	CRP20-360	Roosevelt	M	11/23	1	6:00-9:00	\$8.00+
* Handmade Paper Holiday Cards Bring ribbon, lace, fabric, paper, \$12.00 materials fee payable instructor	CRP40-360	Roosevelt	M	11/16	1	6:00-9:00	\$8.00+
* Handmade Paper Holiday Ornament \$7.00 materials fee payable to instructor	CRP50-360	Roosevelt	M	12/07	1	6:30-9:00	\$7.00+
* Handmade Paper Holiday Wreath or W all Hanging \$7.00 materials fee payable to instructor	CRZO25-360	Roosevelt	W	12/02	1	6:30-9:00	\$7.00
* Holiday Bows \$3.00 supply fee payable/instructor	CRZO72-360	Roosevelt	T	12/01	1	6:00-9:00	\$8.00+
* Holiday Wreaths-Fresh Fruit Evergreen \$25.00 materials fee payable to instructor	CRC12-360	Roosevelt	W	11/04	1	6:00-9:00	\$8.00+
* Kaleidoscope-Make Purchase a kaleidoscope kit for \$35.00/instructor	CRN90-360	Roosevelt	M	10/05	8	6:30-8:30	\$34.00+
* Knitting Bring skein of 4-ply worsted yarn and 2 size 6 knitting needles	CRP18-360	Roosevelt	T	10/27	1	6:30-8:30	\$6.00+
* Note Cards, Pressed Flower \$5.00 materials fee payable to instructor	CRP19-360	Roosevelt	M	11/02	1	6:30-8:30	\$6.00+
* Note Cards, Rubber Stamp \$5.00 materials fee payable to instructor	CRZO33-360	Roosevelt	M	10/19	2	7:00-9:00	\$10.00+
Photo Albums-Bring and Make Materials fee payable/instructor	CRG20-360	Roosevelt	T	10/13	4	6:30-8:30	\$18.00+
* Photography, SLR Beginning Bring 35mm SLR, two rolls print film							

ARTS AND CRAFTS (Continued)

CLASS	CODE	LOCATION	DAY	BEGINS	# WEEKS	TIME	COST
Quiltmaking \$3.00 pattern/materials fee payable to instructor	CRF30-360	Roosevelt	T	10/06	6	7:00-9:00	\$26.00+
Stained Glass I Tool kit available, \$75.00, held at Glass Endeavors, 4000 Minnehaha Ave S	CRC10-360	Roosevelt	T	10/06	7	6:00-8:00	\$30.00+
Stained Glass II Bring tools/safety glasses, held at Glass Endeavors, 4000 Minnehaha Ave. S	CRC20-360	Roosevelt	Th	10/08	8	6:00-8:30	\$42.00+
* Watercolor List of supplies-first class. Bring samples if available	CRZO23-360	Roosevelt	W	10/07	5	6:30-8:30	\$22.00+

COMPUTERS AND BUSINESS

Computer Crash Course	BCO15-324	Sanford	Th	10/08	3	6:30-9:00	\$21.25&
Computer-Internet	BCO15-360	Roosevelt	W	10/21	2	7:00-9:00	\$10.00
Computer-Intro Macintosh	BCO10-360	Roosevelt	T	10/06	4	7:00-9:00	\$20.00
Introduction to the Internet	BCO35-324	Sanford	Th	11/12	1	6:30-9:00	\$8.50&
Real Estate-Become a Real Estate Agent	HG18-360	Roosevelt	M	10/19	1	7:00-9:00	\$6.00
Sanford Open Computer Lab		Sanford	T	10/06		6:30-8:45	
10/06-12/15, \$1.00/evening lab fee, printing \$.25/copy							
Sanford Open Computer Lab		Sanford	call				
Call Carolyn Townsend at 627-2720, \$1.00/visit, printing \$.25/copy							
Small Business-Start	BZO13-360	Roosevelt	M	10/19	1	7:00-8:30	\$5.00
Spreadsheet Primer	BCO22-324	Sanford	Th	11/05	1	6:30-9:00	\$8.50&
Word Processing: Phase Two For those who took Computer Crash Course	BCO21-324	Sanford	Th	10/29	1	6:30-9:00	\$8.50&

CONSUMER INFORMATION

* Barter Network	CONZO15-360	Roosevelt	W	10/21	1	7:00-9:00	Free
Living Trust	CONL20-360	Roosevelt	T	10/27	1	7:00-9:00	\$6.00
* Make a Million-Invest	CONF18-360	Roosevelt	W	10/21	1	6:30-8:30	\$6.00
* Mutual Funds	CONF16-360	Roosevelt	W	11/04	2	6:30-8:30	\$10.00
* Reading Stock Info In Newspaper Bring copy of Wall Street Journal dated day of class	P27-360	Roosevelt	W	10/28	1	6:30-7:30	\$4.00
Spend Less, Save More	CONF21-324	Sanford	Th	10/29	1	6:30-8:00	\$5.00
* Used Car-Evaluate	CONZO20-360	Roosevelt	M	10/19	1	7:00-9:00	\$6.00
Will-Prepare Your Own \$18.00 attorney costs included in fee	CONL10-360	Roosevelt	T	11/10	1	6:30-9:00	\$26.00&
Wills, Probate, Living Trusts Nursing Home Insurance	CONL12-360	Roosevelt	M	10/12	2	6:30-8:30	\$10.00

COOKING

* Breads-Holiday Food fee approx. \$3.50 payable/instructor	COYC30-360	Roosevelt	W	12/02	1	6:00-9:00	\$8.00+
* Chinese Stir Fry Food fee approx. \$3.50 payable/instructor	COYC100-360	Roosevelt	T	10/20	1	6:00-9:00	\$8.00+
* Dumping Extravaganza Food fee approx. \$3.50 payable/instructor	COYC160-360	Roosevelt	M	11/23	1	6:00-9:00	\$8.00+
* Fillo Fun \$7.00 food fee payable/instructor	COYC35-360	Roosevelt	W	12/09	1	6:00-9:00	\$8.00+
* Greek Dinner \$9.00 food fee payable/instructor	COYC40-360	Roosevelt	T	11/10	1	6:00-9:00	\$8.00+
* Holiday Cookies Food fee approx. \$6.00 payable/instructor	COYC39-360	Roosevelt	T	12/08	1	6:00-9:00	\$8.00+
* India Cooking, Indian Snack \$6.00 food fee payable/instructor	COYC42-360	Roosevelt	W	11/18	1	6:00-9:00	\$8.00+
* Lefse Small food fee payable/instructor	COYC50-360	Roosevelt	T	12/01	1	6:30-9:00	\$7.00+
* Mexican Cooking \$6.00 food fee payable/instructor	COYC55-360	Roosevelt	M	10/19	1	6:00-9:00	\$8.00+
* Szechuan Stir Fry Food fee approx. \$3.50 payable/instructor	COYC11-360	Roosevelt	M	11/02	1	6:00-9:00	\$8.00+

FAMILY ACTIVITIES

Families Make Holiday Gifts		Seward	W	11/18	1	6:30-8:00	Free
Family and Friends Pottery \$15.00 materials fee payable/instructor	CRC13-360	Seward	S	10/24	6	10:00-noon	\$26.00+
Family Pumpkin Carving for Fun and Profit Free pumpkins and treats, pre-register		Seward	Th	10/29	1	6:30-7:30	Free
* Gangs, Drugs and Violence Raising Responsible Children	ECKO14-360 ECKF15-360	Roosevelt Roosevelt	M T	10/26 11/10	1 1	6:30-8:30 6:30-8:30	\$6.00 \$6.00

FITNESS AND HEALTH

Acupressure Face Lift	FP10-360	Roosevelt	T	10/27	1	6:30-8:30	\$6.00
Adult Water Exercise	FSW40-180	Dowling	W	10/07	7	7:15-8:00	\$15.00
Arrive 10 minutes early to change, park in back lot, swim cap required							
Adult Water Exercise	FSW-180	Dowling	Th	10/08	7	6:05-6:45	\$15.00
Arrive 10 minutes early to change, park in back lot, swim cap required							
Adult Water Exercise	FSW50-180	Dowling	MW	10/05	7	4:30-5:10	\$30.00
Arrive 10 minutes early to change, park in back lot, swim cap required							
Adult Water Exercise	FSW60-180	Dowling	TTh	10/06	7	4:30-5:10	\$30.00
Arrive 10 minutes early to change, park in back lot, swim cap required							
Aerobic Exercise	FE10-360	Seward	Th	10/08	8	5:30-6:30	\$18.00
Wear gym shoes and loose clothing							
Aerobic Exercise: Low Impact	FE10-160	Seward	T	10/06	8	5:30-6:30	\$18.00
Wear gym shoes and loose clothing							
Aikido	FE11-160	Seward	S	10/10	8	10:30am-noon	\$26.00
Youth age 12+ free with parent							
Aroma Therapy	FH35-360	Roosevelt	T	11/10	1	6:30-8:30	\$6.00
Back/Neck Pain	FH62-360	Roosevelt	M	10/12	1	7:30-8:30	\$4.00
Bring a blanket or pad							
Basketball-Adult	FS11-360	Roosevelt	T	10/06	6	6:30-8:30	\$15.00
Blood Pressure Screening	FH37-360	Roosevelt	M	10/05	6	3:00-4:00	Free
Held at Our Redeemer, 4000 28th Ave S, 1st Mon. of month							
* C.P.R.	FH20-360	Roosevelt	Sat	10/24	1	9:00-5:00	\$24.00+
Held at Our Redeemer, 4000 28th Ave S. \$							

FITNESS AND HEALTH (Continued)

CLASS	CODE	LOCATION	DAY	BEGINS	# WEEKS	TIME	COST
★ Hairbraiding Bring hair accessories, comb, brush and hand mirror	FP30-360	Roosevelt	M	10/19	1	7:00-9:00	\$6.00
Headache, Non-Drug Relief	FH105-360	Roosevelt	T	11/10	1	7:30-8:30	\$4.00
Healing Touch and Acupressure Wear comfortable clothes, flat shoes or slippers	FH44-360	Roosevelt	W	10/21	2	7:00-9:00	\$10.00
Hikes-Thursdays Night Wear hiking shoes to class	FE19-360	Roosevelt	T	10/20	1	7:00-8:30	\$5.00
Hospice Care	FH95-360	Roosevelt	T	11/10	1	7:00-9:00	\$6.00
Massage and Self Massage Bring blanket or mat, wear socks, loose clothing	FH45-360	Roosevelt	M	11/02	1	7:30-8:30	\$4.00
Meditation	P39-360	Roosevelt	T	10/06	5	7:00-8:00	\$12.00
Northern Shaolin Kung Fu For more information call 824-3477	FZO11-160	Seward	MWF	10/05		5:00-7:00	\$35.00/month
★ Shiatsu-Finger Pressure Massage Bring beach towel	FH38-360	Roosevelt	M	11/02	2	7:00-9:00	\$10.00
Simplify Your Life	FZO25-360	Roosevelt	W	11/11	1	7:00-9:00	\$6.00
★ Tai' Chi Chuan I, Beginning	FE17-360	Roosevelt	T	10/06	6	6:45-7:45	\$14.00
★ Tai' Chi Chuan II, Continuing	FE23-360	Roosevelt	T	10/06	6	7:45-9:00	\$14.00
Tennis, Group Lessons	FS22-360	Roosevelt	call	call	4	call	\$34.00
Classes on Tuesday, Wednesday, Thursday, Saturday							
Tennis, Group Play	FS71-360	Roosevelt	call	call	4	call	\$34.00
Classes on Tuesday, Wednesday, Thursday, Saturday							
Vision-Low	FH39-360	Roosevelt	T	10/13	1	7:00-9:00	\$6.00
★ Volleyball	FS40-360	Roosevelt	W	10/07	7	7:00-8:45	\$15.00
Volleyball, Adult Recreational Class held at W enonah Community Ed., 5625 23rd Ave S	FE1-324	Sanford	Th	10/08	7	6:30-8:30	\$14.00
★ Walkers	FE31-360	Roosevelt	MTW	10/05	8	5:00-8:00	\$4.00
★ Weight Training	FE18-360	Roosevelt	T	10/06	4	6:30-8:30	\$18.00
★ Yoga	FH80-360	Roosevelt	M	10/05	6	6:30-7:45	\$17.00
Wear loose clothing, bring exercise mat							
★ Yoga	FH82-360	Roosevelt	M	10/05	6	7:45-9:00	\$17.00
Yoga	FH10-160	Seward	T	10/13	6	7:00-8:30	\$20.00
Wear loose clothing, bring exercise mat							
Yoga-Very Gentle	FH81-360	Roosevelt	W	10/07	5	7:00-8:00	\$12.00

HOBBY AND LEISURE

Backpacking Info	H25-360	Roosevelt	W	10/28	1	7:00-9:00	\$6.00
Dating Beyond Ads, Bars & Single Groups	P15-360	Roosevelt	M	11/02	1	7:00-9:00	\$6.00
★ Dog Obedience I Collar \$4.00, Leash \$16.00 available	H10-360	Roosevelt	T	10/06	8	5:30-7:15	\$30.00+
★ Dog Obedience I Collar \$4.00, leash \$16.00 available	H11-360	Roosevelt	T	10/06	8	7:15-9:00	\$30.00+
Help Plan Seward's Halloween Parade & Party		Seward	T	10/06	1	6:30-7:30	Free
★ Palm Reading	P18-360	Roosevelt	T	11/10	1	6:30-8:30	\$6.00
★ Puppy Pre-School Collar \$4.00, leash \$16.00 available. Puppies must have their shots and be 10-18 weeks old	H30-360	Roosevelt	W	10/07	6	5:30-7:00	\$20.00+
★ Stargazing	H18-360	Roosevelt	T	10/13	2	7:00-9:00	\$10.00
★ Wild Plants With Special Uses	T19-360	Roosevelt	S	10/17	1	8:00-noon	\$8.00

HOME IMPROVEMENT EDUCATION

★ Automobile Repair	I10-360	Roosevelt	W	10/07	6	5:45-8:45	\$40.00&
Basement Problems	HD14-360	Roosevelt	M	10/12	1	7:00-9:00	\$6.00
★ Bulbs-Plant Now for Spring	HE21-360	Roosevelt	T	10/13	1	7:00-9:00	\$6.00
★ Buying a Home	HG10-360	Roosevelt	T	10/27	1	7:00-9:00	\$6.00
★ Buying A Home-Special Programs	HG16-360	Roosevelt	W	11/04	1	7:00-9:00	\$6.00
★ Cement Repair	HA11-360	Roosevelt	T	10/20	1	6:30-9:00	\$7.00
★ Clean Your Home Like a Pro	HJ10-360	Roosevelt	M	11/9	1	6:30-8:30	\$6.00
★ Duplex-How to Invest	HG19-360	Roosevelt	W	10/21	1	7:00-9:00	\$6.00
Electrical Repair	HF12-360	Roosevelt	W	10/28	1	7:00-9:00	\$6.00
★ Fantasy Wall Finishing	HD31-360	Roosevelt	M	10/12	1	7:00-9:00	\$6.00
Furnace Maintenance	HD16-360	Roosevelt	W	10/21	1	7:00-9:00	\$6.00
Glass Block Windows	HH18-360	Roosevelt	W	10/21	1	7:00-9:00	\$6.00
Hardwood Floors-Refinish	HD17-360	Roosevelt	M	10/12	1	6:00-8:00	\$6.00
Landlord/Tenant Rights	HG15-360	Roosevelt	T	11/10	1	7:00-9:00	\$6.00
★ Painting-Interior	HD19-360	Roosevelt	T	10/27	1	6:30-8:30	\$6.00
★ Plumbing Repair	HD18-360	Roosevelt	M	10/19	1	7:00-9:00	\$6.00
★ Pruning Trees/Shrubs	HE28-360	Roosevelt	M	10/19	1	7:00-9:00	\$6.00
★ Roofing	HB50-360	Roosevelt	T	10/27	1	7:00-9:00	\$6.00
★ Selling a Home	HG20-360	Roosevelt	T	11/10	1	7:00-9:00	\$6.00
Small Engine Repair	I30-360	Roosevelt	M	10/05	6	6:30-9:00	\$34.00&
★ Stucco Repair	HB10-360	Roosevelt	M	11/09	1	7:00-9:00	\$6.00
★ Tuckpointing	HB20-360	Roosevelt	W	10/21	1	7:00-9:00	\$6.00
★ VCR Cleaning Bring a VCR	I11-360	Roosevelt	M	11/09	1	7:00-9:00	\$6.00
★ Wall Repair-Interior	HD22-360	Roosevelt	T	11/10	1	6:30-8:30	\$6.00
Wallpaper	HH19-360	Roosevelt	M	10/19	1	7:00-8:30	\$5.00
★ Window Repair	HB21-360	Roosevelt	T	10/20	1	6:30-9:00	\$7.00
Window Treatments Quick and Easy	HH17-360	Roosevelt	W	10/28	1	6:30-8:30	\$6.00
★ Wood Refinishing	H22-360	Roosevelt	M	11/02	2	7:00-9:00	\$10.00

MUSIC, DANCE, AND THE PERFORMING ARTS

Ballroom Dance Held at Lake Hiawatha Park, 27th Ave. S & E. 44th St.	MD10-360	Roosevelt	T	10/06	8	6:00-8:00	\$34.00
★ Clowning Purchase basic clown kit, \$20.00 payable/instructor	ZO15-360	Roosevelt	T	10/06	6	6:30-9:00	\$32.00+
★ Country Western Line	MD62-360	Roosevelt	W	10/07	6	6:45-7:45	\$14.00
Flute Call 370-4950 to arrange, \$13.00/1/2 hour	MM10-160	Seward	call	call		\$13.00/1/2 hour	
Guitar Lessons Call 827-4424 to arrange, \$7.50/1/2 hour	MM11-160	Seward	call	call		\$7.50/1/2 hour	
Juggling Continuous on Mondays	MP12-160	Seward	M	10/05		7:00-9:00	Free
Latin Dance Held at Lake Hiawatha Park, 27th Ave & 44th St	MD14-360	Roosevelt	W	10/07	8	7:45-9:00	\$22.00
★ Music Appreciation-Classical	MM80-360	Roosevelt	M	10/26	2	7:00-9:00	\$10.00

MUSIC, DANCE, AND THE PERFORMING ARTS (Continued)

CLASS	CODE	LOCATION	DAY	BEGINS	# WEEKS	TIME	COST
★ Music Appreciation - Jazz	MM90-360	Roosevelt	M	11/09	2	7:00-9:00	\$10.00
Piano Lessons Call 721-6320 to arrange, \$7.50/1/2 hour	MM13-160	Seward	call	call		\$7.50/1/2 hour	
★ Piano Playing	MM10-360	Roosevelt	W	11/11	1	7:00-9:00	\$6.00
★ Roosevelt Community Chorus	MM16-360	Roosevelt	M	10/05	8	7:00-9:00	Free
Seward Community Band Continuous on Thursdays	MP10-160	Seward	Th	10/08		7:00-9:15	\$15.00
Seward Community Choir all to pre-register 721-6320	MM15-160	Seward	Th	11/05	6	7:00-8:30	Donations
Swing Dance Held at Lake Hiawatha Park	MD15-360	Roosevelt	W	10/07	8	6:00-7:30	\$26.00
Tango Argentine	MD19-360	Roosevelt	M	10/05	6	7:30-9:00	\$20.00
★ Tap Dance, Beginning	MD30-360	Roosevelt	W	10/07	6	7:45-8:45	\$14.00

Southwest/Calhoun Isles Area Adult Classes

Anwatin	Armatage	Barton	Fulton	Southwest	Washburn
256 Upton Avenue South Minneapolis, MN 55405 627-3169 Call: Debby Peterson	2501 West 56th Street Minneapolis MN 55410 627-2486 Call: Steve Bonine	4237 Colfax Avenue South Minneapolis MN 55409 627-2378 Call: Cindy Smedberg	4912 Vincent Avenue South Minneapolis MN 55410 627-2499 Call: Gary Wineman	3414 W 47th Street Minneapolis MN 55410 628-2463 Call: Tom Neiman	201 W 49th St. Minneapolis MN 55409 627-2560 Call: Jeanne Olsen

Registrations by mail: Immediately In-person Registration - September 22, 23 and 24. Call one of the numbers above for more information
Red letters indicate day time classes
★ Indicates adult classes open to young people when accompanied by an adult. Call site for age range. Youth fee is 1/2 adult fee.

ACADEMIC ENRICHMENT

ACT Preparation	AZ018	Washburn	W	09/23	4	3:20-4:50	\$24.00
American Sign Language	AL12	Washburn	T	10/13	6	6:30-8:30	\$26.00
Book Discussion Class		Anwatin	M	10/05	8	7:00-8:30	Free
Egypt & Peru, Lands of Mystery & Mystique	AH2	Fulton	W	10/14	1	7:00-9:00	\$6.00
French, Advanced	AL3	Southwest	T	10/13-12/8	8	7:30-9:00	\$30.00
French - Beginning Bring "Fraisais 1999" the first night of class	PPP100-39q	Pratt	W	10/23	8	7:00 p.m	\$35.00
French For Beg. & Travelers	AL40	Washburn	T	10/06	8	6:30-8:30	\$36.00
French I, Pt 1	AL1	Southwest	Th	10/8-12/3	8	6:00-7:30	\$30.00
French I, Pt. 2	AL2	Southwest	Th	10/3-11/12	6	7:30-9:30	\$30.00
German I	AL4	Southwest	W	10/7-12/2	8	6:30-8:00	\$30.00
Great American Authors	AL138	Washburn	W	10/14	3	7:00-9:00	\$14.00
Great Mysteries	AL140	Washburn	T	10/13	3	7:00-9:00	\$14.00
History of Minneapolis	AH2	Southwest	T	11/10	1	6:30-9:00	\$12.00
History of Science/Aristotle to Einstein	AH25	Washburn	T	11/03	3	7:00-9:00	\$14.00
History-Lake History	AH1	Fulton	W	10/21	1	7:00-9:00	\$6.50
History-Walking Tour of Kenwood	AH2	Southwest	S	10/31	1	9:30-12:30	\$10.00
History-Walking Tour of Washburn/Fair Oaks Area	AH1	Southwest	S	10/17	1	10:00-12:30	\$10.00
Italian (Beginning Part 1)	AL5	Southwest	T	10/13-11/17	6	6:00-8:00	\$30.00
Italian (Beginning Part 2)	AL6	Southwest	T	10/13-11/17	6	8:00-9:30	\$30.00
Japanese I	AL50	Washburn	T	10/06	8	7:00-9:00	\$36&
Japanese-Beginning		Anwatin	M	10/05	8	6:30-8:00	\$30.00
Literature - Great American Authors	AL1	Southwest	Th	10/19-11/9	4	7:00-9:00	\$20.00
PSAT/SAT Math & Verbal Prep.	AZ031	Washburn	M	09/21	5	3:20-4:50	\$29.00
Russian Language, Beginning	AL25	Washburn	W	10/07	8	6:30-8:30	\$34.00
Science - Current Environmental Problems	AS1	Southwest	M	10/12-10/26	3	7:00-9:00	\$16.00
Spanish - Beginning part I \$6.00 fee to instructor 1st night for workbook	AL6	Southwest	W	10/7-12/2	8	6:00-7:30	\$30.00
Spanish - Beginning part II	AL7	Southwest	W	10/7-11/11	6	7:30-9:30	\$30.00
Spanish I - Intensive	AL30	Washburn	W	10/07	8	6:30-9:00	\$42+
Spanish II	AL8	Southwest	W	10/7-12/2	8	8:00-9:30	\$30.00
Spanish III - Intensive	AL35	Washburn	M	10/05	8	6:30-9:00	\$42+
Spanish III	AL9	Southwest	W	10/7-12/2	8	6:30-8:00	\$30.00
The Titanic, The Real Story	AH15	Washburn	T	10/06	3	7:00-9:00	\$14.00
Writing: Journaling for Seniors	AW2	Southwest	T	10/13-10/20	2	7:00-8:30	\$10.00
Writing-Creative Writing	AW1	Southwest	W	10/7-11/18	7	7:00-8:30	\$25.00

ADULTS 55+

Adult Automobile Accident Prevention 4 Hour	2017	Washburn	T	10/20	1	3:30-7:30	\$10.00
Adult Defensive Driving	2020	Washburn	T	10/27	2	3:30-7:30	\$19.00
Amer. Hist. Through Novels Held at Washburn Public Library	APO33	Washburn	T	09/22	7	10:30-12:00	\$24.00
Auto Accident Prevention	ZO1	Southwest	M & T	10/19-10/20	1	4:30-8:30	\$19.00
Auto Accident Prevention Refresher	ZO2	Southwest	M	10/12	1	4:30-8:30	\$10.00
Bunco		Armatage	M	First M of M		10:30-11:30	Free
Creating New Possibilities for Living W/Ease Held at Mayflower Church	FH99	Washburn	Th	11/19	1	11:00-12:00	\$1.00
Cribbage		Armatage	M	All Year		11:00-1:00	No fee
Exercise-Fun & Fitness for 55+ Wednesday class is 4:40-5:30	FE40	Southwest	M&W	10/5-11/11	8		

ARTS AND CRAFTS

CLASS	CODE	LOCATION	DAY	BEGINS	# WEEKS	TIME	COST
Boiled Wool Jacket/Vest	CRN23	Washburn	T	10/13	3	6:00-9:00	\$20.00
Bows for Gift Giving	CRZ01	Fulton	M	10/26	1	6:30-9:00	\$7.00 +
\$3.00 supply fee collected in class.							
Calendar, 1999	CRG78	Washburn	M	10/05	7	6:30-8:30	\$30.00+
Calligraphy II (Intermediate)	CRG2	Southwest	Th	10/8-12/3	8	7:00-9:00	\$36.00
Calligraphy I (Beginning)	CRG1	Southwest	T	10/13-12/1	8	7:00-9:00	\$36.00
Candlemaking	CRCO1	Southwest	W	10/14-10/28	3	7:30-9:30	\$26.00
Chair Caning	CRZ1	Southwest	T	10/13-11/24	7	7:00-9:00	\$32.00
Creative Hand Papermaking	CRZ061	Washburn	Th	10/08	6	7:00-9:30	\$49+=
Held at studio, 48th and 4th							
Crochet An Afghan or Baby Blanket	CRN25	Washburn	T	11/03	4	6:30-8:30	\$18.00+
Decorative Packaging For Gifts		Anwatin	M	11/16	1	7:00-9:00	\$10.00
Drawing, Beginning	CRG80	Washburn	M	10/05	8	6:30-8:30	\$34.+
Drawing "But I Can't Draw" - Sec. 1	CRG4	Southwest	W	10/7-11/11	6	6:30-8:30	\$32.00
Drawing "But I Can't Draw" - Sec. 2	CRG4	Southwest	Th	10/8-11/12	6	6:30-8:30	\$32.00
Hand Painted Holiday Ornaments		Barton	S	12/05	1	9:30-11:30	\$8.00
Holiday Floral Design	H64	Washburn	W	11/18	2	6:00-8:00	\$14.+
Held at Lake Harriet Florist							
Knitting	CRN60	Washburn	W	10/07	8	6:30-8:30	\$34.+
Netted Charm Bag		Anwatin	M	10/12	5	5:30-7:30	\$22&
Painted Holiday Ornaments	CRCO1	Fulton	M	11/2-11/23	4	6:30-8:30	\$18.00
\$15 supply fee to be paid to instructor 1st night							
Painting, Oil and Acrylic, Inter. & Adv.	CRG40	Washburn	T	10/06	8	6:30-9:00	\$42.+
Painting: Pastels	CRG1	Fulton	W	10/7-10/28	4	6:30-8:30	\$19.00
Painting: Watercolors	CRG7	Southwest	T	10/13-12/1	8	6:30-8:30	\$36.00
Pastels	CRG83	Washburn	T	10/06	8	6:30-9:00	\$42.+
Photography for Amateurs	CRG51	Washburn	W	10/07	6	6:30-8:30	\$26.+
Picture Framing & Matting	CRG60	Washburn	W	10/14	4	7:00-9:00	\$18.+
Pottery: Clay Sculpture	CRG9	Southwest	Th	10/8-11/19	7	7:30-9:30	\$50.00
Pottery: Handbuilt	CRG10	Southwest	M	10/5-11/16	7	6:30-9:00	\$55.00
Pottery: Wheel II	CRG13	Southwest	W	10/7-11/8	7	6:30-9:00	\$55.00
Pottery-Wheel 1 sec 1	CRG11	Southwest	T	10/13-12/8	8	6:30-9:00	\$55.00
Pottery-Wheel 1 sec 2	CRG12	Southwest	Th	10/8-12/10	8	6:30-9:00	\$55.00
Primitive Rug Hooking	CRN64	Washburn	W	10/21	4	6:30-8:30	\$18+
Rug Braiding	CRF31	Washburn	W	10/07	6	6:30-8:30	\$26+
Sampler Quilted Jacket		Anwatin	W	10/07	8	6:30-9:00	\$42&
Scandinavian Rosepainting		Barton	M	10/05	5	6:30-8:30	\$30.00
Sculpey	CRG7	Southwest	Th	10/8-10/15	2	7:00-9:00	\$24.00
Sewing: Draperies	CRF2	Southwest	W	10/7-12/2	8	8:00-9:30	\$30.00
Sewing: Slipcovers	CRF3	Southwest	W	10/7-12/2	8	5:30-6:45	\$30.00
Sewing: Window Shades	CRF4	Southwest	W	10/7-12/2	8	6:45-8:00	\$30.00
Shibori (Silk Scarf Dyeing)	CRF1	Fulton	W	11/11	1	6:00-9:00	\$8.00 +
Additional supply fees							
Stained Glass Design	CRG10	Washburn	M	10/05	7	6:30-8:30	\$30+=
Stained Glass I	CRG14	Southwest	Th	10/8-12/3	8	7:00-9:00	\$36.00
Stained Glass II	CRG16	Southwest	Th	10/22-12/3	6	7:00-9:00	\$28.00
Still Life Painting With Acrylics		Barton	M	10/05	8	6:30-8:30	\$34+
Watercolor, Advanced	CRG101	Washburn	W	10/07	8	6:30-9:00	\$42.+
Watercolor Painting, Beg.	CRG100	Washburn	W	10/07	8	6:30-9:00	\$42.+

COMPUTERS AND BUSINESS

Advancing Your Career	BC6	Southwest	W	10/14	1	6:30-8:30	\$8.00
Computer, IBM & Compatibles	BC014	Washburn	W	10/07	6	6:30-8:30	\$36=&
How To Become A Community Education Teacher	BC3	Southwest	W	11/4	1	7:15-8:30	Free
You must preregister							
How to do Your Own Market Research	BC4	Southwest	T	10/20-10/27	2	7:00-8:30	\$15.00
Intro to Macintosh	BC04	Southwest	T	10/13-10/20	2	6:30-8:30	\$12.00
Intro to PC & Windows 95 - Sec 1	BC01	Southwest	T	10/20	1	6:30-8:30	\$7.00
Intro to PC & Windows 95-Sec 2	BC02	Southwest	T	10/27	1	7:00-8:30	\$6.00
Intro to Spreadsheets with Microsoft Excel - Sec 1	BC07	Southwest	T	11/3	1	7:00-9:00	\$10.00
Intro to Spreadsheets with Microsoft Excel - Sec 2	BC07	Southwest	T	11/10	1	7:00-9:00	\$10.00
Keyboarding	B010	Washburn	M	10/05	6	6:30-8:30	\$34&
Realize What Job is Really for You & Write Resume	BC5	Southwest	T	10/13-10/20	2	6:30-9:00	\$14.00
Surfing the Internet sec. 1	BC05	Southwest	Th	10/15	1	7:00-9:00	\$10.00
Surfing the Internet sec. 2	BC06	Southwest	Th	11/5	1	7:00-9:00	\$10.00

CONSUMER INFORMATION

Avoiding Probate and Preserving Assets	CONL1	Southwest	W	10/28	1	7:00-9:00	\$8.00
College Planning: Financial Aid		Anwatin	W	10/14	1	6:30-8:00	N/C
Exploring IRA Choices	CONF40	Washburn	T	10/27	1	7:00-9:00	\$6.00
Finances For the Future	CONF18	Washburn	T	10/20	1	6:30-8:30	\$6.00
Financial Independence For Today's W/mn.	CONF19	Washburn	T	10/13	1	7:00-9:00	\$6.00
Financial Planning Basics		Anwatin	M	10/12	1	6:30-8:30	\$6.00
Financial Planning Simplified	CONF20	Fulton	M	10/5	1	6:30-9:00	\$7.00
Financial Strategies for Successful Retirement	CONF4	Southwest	W	10/28-11-18	4	6:30-9:00	\$24.00
How to Make a Million Through Investing	CONF1	Fulton	W	11/18	1	6:30-8:30	\$6.00
How to Make Money in Mutual Funds	CONF2	Southwest	Th	10/15	1	6:30-9:30	\$8.00
Investment Basics	CONF3	Southwest	T	10/20	1	6:30-9:30	\$8.00
Investment: The New Breed Of IRA: Roth IRA	CONF5	Southwest	W	11/4	1	7:00-8:30	\$7.00
Money Management		Anwatin	M	10/19	1	6:30-8:30	\$6.00
Mutual Funds	CONF50	Washburn	T	10/13	1	6:30-8:30	\$11.00&
New Car Buying - No Lemons Please	CONP10	Fulton	M	10/5	1	6:30-9:30	\$8.00
Probate, Wills, Living Trusts & Nursing Home		Anwatin	M	10/12	2	6:30-8:30	\$10.00
Protect Yourself From Nursing Home Expenses	CONF60	Southwest	T	10/8	1	6:30-8:30	\$8.00
Stock Market Workshop	CONF10	Fulton	M	10/12	1	6:30-9:00	\$7.00
Stock Portfolio Building & Management	CONF29	Washburn	T	10/20	1	7:00-9:00	\$6.00
The Tax Relief Act of 1997		Anwatin	M	10/26	1	6:30-8:30	\$6.00
Used Car Buying - How to Save a Bundle	CONP20	Fulton	M	10/19	1	6:30-9:30	\$8.00
Wills and Trusts (The Basics)	CONL20	Southwest	T	11/10	1	7:00-9:00	\$8.00
Worry Free Retirement	CONF90	Southwest	W	10/7	1	6:30-9:00	\$9.00

COOKING

Beginning Breads	COYC1	Fulton	M	10/26	1	6:30-9:00	\$10.00
Cajun Cooking	COYC2	Fulton	W	11/4	1	6:00-9:30	\$13.50
Garlic Gala XI		Anwatin	M	11/09	1	6:00-9:00	\$15.50
Italian Pasta	COYC3	Fulton	W	11/18	1	6:00-9:00	\$12.00
Making Sushi at Home	COYC7	Fulton	W	12/2	1	6:00-9:00	\$23.00

COOKING (Continued)

CLASS	CODE	LOCATION	DAY	BEGINS	# WEEKS	TIME	COST
Mrs. Trahn's Vietnamese Egg Rolls	COYC4	Fulton	M	10/5	1	6:30-9:00	\$12.00
Sauces	COYC5	Fulton	W	11/11	1	6:30-8:00	\$9.00
Scandinavian Smorgasbord Dinner	COYC6	Fulton	M	12/7	1	6:30-9:00	\$21.00
Thai Cooking		Anwatin	W or M	10/14, 11/4	1	6:00-9:00	\$14.00& ea.
Wine Tasting with a Flair	COYC1	Various	M	10/26-11/2	2	7:30-9:30	\$25.00
Call Southwest for location							

FAMILY ACTIVITIES

Dance: Music & Dance For Parents and Tots	KP5	Fulton	S	10/17-12/12	8	9:15-9:45	\$15.00
Family Cross Stitching	KF9	Fulton	W	10/7-11/11	6	7:00-9:00	\$30.00
Fabric Painting w/Nature		Barton	S	10/03	1	9:30-11:30	\$8.00
Families Read the Classics Book Co-Op		Barton	M	10/05	6	6:30-7:30	\$12.00/Fam.
Knitting		Barton	M	10/05	6	6:00-7:00	\$15.00
London Bridge Playgroup	KP7	Fulton	T	10/6-12/8	10	10:15-12:00	\$25.00
Miniature Gingerbread Houses	KF11	Fulton	M	11/30	1	6:30-8:30	\$10.00
Mulberry Bush Playgroup	KP8	Fulton	Th	10/8-12/10	10	10:15-12:00	\$23.00
Parent & Child Art-Holiday Gift Surprises	KF12	Fulton	M	12/14	1	6:30-8:30	\$12.00
Parent & Child Art-Pumpkin Decorating	KF13	Fulton	M	10/26	1	6:30-8:30	\$5.00 +
\$2.50 per pumpkin collected in class							
Tell Your Family Story With A Quilt		Barton	M	11/02	4	7:00-8:00	\$20.00
Watercolor Paint Your Own Holiday Cards		Barton	S	11/07	1	9:30-11:30	\$8.00
Wooden Toys	CRW31	Washburn	M	12/07	1	6:30-8:00	\$9.75&

FITNESS AND HEALTH

Anti-Aging Formula-The Latest Info on how to Increase Your Vitality and Move Forward	FH1	Fulton	W	10/21	1	7:00-9:00	\$6.00
Back & Neck Pain - Self Care	FH90	Washburn	M	10/26	1	7:30-8:30	\$5.00
Basketball For Adults	FS10	Washburn	T	10/06	8	6:30-8:30	\$8.00
Held at Ramsey School							
Body-Mind Connection- The Art & Science of Meditation	FH	Fulton	W	11/11	1	7:30-8:45	\$5.00
Carpal Tunnel		Anwatin	M	11/02	1	7:00-9:00	\$6.00
CPR - Adult CPR (Red Cross)	FH1	Southwest	W	10/21	1	5:30-9:30	\$40.00
CPR - Infant CPR (Red Cross)	FH20	Southwest	M&W	11/16-11/18	2	6:00-9:00	\$54.00
Ear Infections		Anwatin	M	10/26	1	7:00-9:00	\$6.00
Exercise+W eight Training For Women	FE1	Southwest	T&Th	10/8-12/3	8	6:30-7:45	\$34.00
Exercise-Fit Prints	FE2	Southwest	Th	10/15	1	6:30-8:30	\$8.00
Exercise-Fun & Fitness 55+	FE4	Southwest	M&W	4/13-6/3	8	5:00-5:50	\$28.00
Exercise-Low Impact Aerobics - Sec. 1	FE5	Southwest	M	10/5-11/23	8	6:00-7:00	\$36.00
Exercise-Low Impact Aerobics - Sec. 2	FE6	Southwest	T	10/13-12/1	8	5:30-6:30	\$36.00
Exercise-Low Impact Aerobics - Sec. 3	FE7	Southwest	W	10/7-12/2	8	5:30-6:30	\$36.00
Exercise-Low Impact Aerobics - Sec. 4	FE8	Southwest	Th	10/8-12/3	8	6:00-7:00	\$36.00
Exercise-Power Pumping	FE9	Southwest	T	10/13-12/1	8	6:30-7:00	\$16.00
Exercise-Step Aerobics Plus	FE10	Southwest	T & Th	10/8-12/10	9	6:00-7:15	\$34.00
First Aid-Basic	FH19	Southwest	Th	11/5	1	5:30-9:30	\$18.00
Hair Braiding		Anwatin	M	10/26	1	7:00-9:00	\$6.00
Headache? Non-Drug Relief!	FH92	Washburn	M	12/07	1	7:30-8:30	\$5.00
Hiking Club	FE40	Washburn	T	10/13	1	7:00-8:30	\$5.00
In Line Skating for Adults - Sec 1	FH17	Southwest	S	10/3-10/17	3	8:00-10:00	\$18.00
In Line Skating for Adults - Sec 2	FH18	Southwest	S	10/3-10/17	3	10:00-noon	\$18.00
Indonesian Martial Art	FZO12	Southwest	Th	10/8-12/3	8	7:30-8:45	\$24.00
Karate (Goj-Kai Karate-Do)	FZO2	Southwest	T&Th	4/14-6/4	8	7:00-9:00	\$50.00
Massage & Self Massage	FE23	Washburn	W	10/07	1	7:30-8:30	\$5.00
Massage & Self-Massage	FH3	Southwest	W	10/22	1	7:30-8:30	\$8.00
Massage: Soothing Backrubs	FH3	Fulton	W	11/4</			

HOBBY AND LEISURE (Continued)

CLASS	CODE	LOCATION	DAY	BEGINS	# WEEKS	TIME	COST
Sea-Kayaking (Basic Skills) - Sec 1	H13	Southwest	F		1	6:30-8:30	\$28.00
Sea-Kayaking (Basic Skills) - Sec 2	H14	Southwest	F		1	8:15-9:30	\$28.00
Sea-Kayaking (Classroom) - Sec 1	H11	Southwest	T		1	6:30-8:30	\$10.00
Sea-Kayaking (Classroom) - Sec 2	H12	Southwest	Th		1	6:30-8:30	\$10.00
Understanding Your Cat	H10	Fulton	T	11/10	1	7:00-9:00	\$6.00

HOME IMPROVEMENT EDUCATION

Attic Remodeling	HH90	Washburn	T	10/20	1	7:00-9:00	\$8.00
Auto Mechanics for Women	I1	Southwest	Th	10/8-11/12	6	6:30-8:30	\$36.00
Basement Problems	HB60	Washburn	W	11/18	1	7:00-9:00	\$6.00
Basement Problems & Concerns	HD1	Fulton	M	11/9	1	7:00-9:00	\$6.00
Basement Remodeling	HI23	Washburn	T	10/13	1	7:00-9:00	\$8.00+
Bathroom Design & Planning	HH31	Washburn	T	10/27	1	7:00-9:00	\$8.00
Bike Maintenance & Repair	I10	Southwest	W	10/7-11/11	6	6:45-8:45	\$36.00
Buying a Home in Today's Market	HG20	Southwest	T	10/13-11/3	4	6:30-8:00	\$16.00
Cement Repair	HB30	Washburn	M	10/05	1	6:15-9:00	\$10.50
Cement Repair	HB30	Washburn	M	10/05	1	6:15-9:00	\$10.50&
Ceramic Tiling	HB50	Washburn	W	11/18	1	6:00-9:00	\$8.00
Electrical Repair	HF40	Washburn	M	10/12	1	6:00-9:00	\$8.00
Electrical Wiring	HD2	Fulton	M	10/26	1	6:30-8:30	\$6.00
Faux Finishes For Walls & Furniture	HH41	Washburn	W	10/07	2	6:30-8:30	\$16.00
Feng Shui, An Intro.		Anwatin	W	10/21	1	6:30-8:00	\$5.00
Feng Shui, An Intro.		Washburn	T	10/20	2	6:30-8:30	\$14.00
Gardening: Continuous Bloom in Perennial Garden	HH67	Southwest	W	11/4	1	7:00-9:30	\$9.00
Gardening: Perennials for Minnesota	HE4	Southwest	T	10/20	1	7:00-9:30	\$9.00
Hardwood Floor Refinishing	HD20	Southwest	T		1	6:00-9:00	\$8.00
Home Inspection-What To Look For		Anwatin	M	10/12	1	6:30-8:30	\$6.00
Home Inspections	HG1	Southwest	M	10/12	1	6:30-8:30	\$8.00
Home Repair and Maintenance	HG7	Southwest	W	10/5-11/9	6	7:00-9:00	\$28.00
How to Buy a Sound Older Home	HG11	Washburn	W	11/4	2	7:00-9:00	\$10.00
Ice Dams - Weatherization	HJ9	Washburn	T	10/06	1	7:00-9:00	\$8.00
Insulation of Attic & Side Walls	HA10	Washburn	W	10/21	1	6:30-8:30	\$8.00
Mortgages: Understanding the Home Loan	HH16	Washburn	T	10/13	1	7:00-9:00	\$6.00
Painting: Interior	HB39	Washburn	W	11/4	1	6:30-8:30	\$6.00
Plaster Wall Repair	HB41	Washburn	W	11/11	1	6:30-8:30	\$6.00
Plumbing Repair & Replacement	HI20	Washburn	M	11/2	1	7:00-8:30	\$6.00
Putting Your Garden to Bed for the Winter		Anwatin	M	10/26	1	7:00-9:00	\$6.00
Real Estate: Buying a Home in the 1990's Market	HG1	Fulton	M	11/2	1	6:30-9:00	\$7.00
Refinishing Hardwood Floors	HI21	Washburn	T	10/20	1	6:00-9:00	\$8.00
Roofing for the Homeowner	HB2	Fulton	W	10/21	1	6:30-8:30	\$6.00
Selling a Home in the 1990s Market	HG2	Fulton	W	11/4	1	6:30-9:00	\$7.00
Selling Your Home?	HG21	Washburn	M	10/05	1	6:30-8:30	\$6.00
Selling Your Home In Today's Market		Barton	M	10/05	1	7:00-9:00	\$6.00
Sheetrock and Plaster Repair	HD3	Fulton	M	11/16	1	7:00-9:00	\$6.00
Soil Fertility or How Does Your Garden Grow?	HE9	Washburn	T	10/06	3	7:00-9:00	\$14.00
Stucco Repair		Anwatin	W	11/04	1	6:30-8:30	\$6.00
Stucco Repair	HB40	Washburn	W	10/21	1	6:30-8:30	\$6.00
Stucco Repair and Refinishing	HB3	Fulton	M	10/12	1	7:00-9:00	\$6.00
Thunderstorm in a Box	HE6	Southwest	T	10/13	1	7:00-8:30	\$7.00
Tuckpointing Your Foundation & Chimney		Anwatin	W	10/14	1	7:00-9:00	\$6.00
Tuckpointing Your Foundation & Chimney	HB4	Fulton	M	10/19-10/26	2	7:00-9:00	\$10.00
VCR Cleaning and Maintenance	HF50	Washburn	T	11/10	1	7:00-9:00	\$6.00
Windows: Weatherization & Repair	HB10	Washburn	T	10/27	1	6:30-8:30	\$6.00
Wood Refinishing	HD10	Washburn	W	10/21	4	6:30-8:30	\$24.00&
Wood Refinishing	HI1	Fulton	W	10/7-10/14	2	7:00-9:00	\$10.00
Woodshop - Sect. 1	I21	Southwest	M	10/5-11/23	8	6:30-9:00	\$50.00
Woodshop - Sect. 2	I22	Southwest	T	10/13-12/1	8	6:30-9:00	\$50.00
Woodshop - Sect. 3	I23	Southwest	W	10/7-12/2	8	6:30-9:00	\$50.00
Woodworking	CRW30	Washburn	T	10/06	8	6:30-9:00	\$458+
Your First Home—How To Find It-How to Buy It		Barton	M	10/26	1	7:00-9:00	\$6.00

MUSIC, DANCE, AND THE PERFORMING ARTS

Dance: Classical Ballet & Jazz II	KP3	Fulton	S	10/17-12/12	8	12:30-1:00	\$15.00
Dance: Classical Ballet & Jazz (Section A)	KP1	Fulton	S	10/17-12/12	8	11:00-11:30	\$15.00
Dance: Classical Ballet & Jazz (Section B)	KP2	Fulton	S	10/17-12/12	8	11:45-12:15	\$15.00
Dance: Creative Dance, Movement, & Music	KP4	Fulton	S	10/17-12/12	8	10:00-10:45	\$17.00
Ballroom (Beginners Part 1)	MD1	Southwest	T	10/13-11/17	6	6:30-8:30	\$28.00
Ballroom Dancing	MD12	Washburn	M	10/05	6	6:30-8:30	\$26.00
Country Line Dancing -- Held at Ramsey School (HP)	MD40	Washburn	M	10/05	8	6:30-7:30	\$18.00
Dance For Joy - Adults		Barton	M	10/05	8	7:00-8:30	\$18.00
Dance-Lindy Hop	MD4	Southwest	M	10/5-11/9	6	8:00-9:30	\$22.00
Dance-Middle Eastern (Belly Dance)	MD	Fulton	W	10/7-11/25	8	7:30-9:00	\$26.00
East Coast Swing Dance	MD3	Southwest	M	10/5-11/9	6	6:30-8:00	\$22.00
Guitar Class for Beginners	MM2	Southwest	Th	10/8-12/3	8	7:00-8:00	\$24.00
Guitar - Folk or Classical		Barton	M	10/05	On-going	Call Barton	\$10.00
Guitar Lessons - Private Lessons	MM3	Southwest	Th	10/8-12/3	8	Call Call for more info	
Harmonica	MM6	Southwest	W	10/7-11/18	7	6:30-8:00	\$30.00
Hosting Your Own Open Stage		Southwest	T	10/13	1	7:00-9:00	\$8.00
Piano		Barton	M	10/05	On-going	Call Barton	\$10.00
Piano Lessons - 1/2 hour private lessons	MM7	Southwest	Th	10/8-12/3	8	6:30-9:00	\$88.00
Swing I -- Held at Ramsey School (HP)	MD42	Washburn	T	10/13	6	6:30-7:30	\$14.00
Swing II -- Held at Ramsey School							
Tap Dancing: Continuing (HP)		Barton	T	10/06	8	6:00-7:00	\$18.00
This Isn't Your Father's Hi-Fi Anymore!		Southwest	Th	10/22	1	7:00-9:00	\$8.00

PERSONAL DEVELOPMENT

Discover Your Fountain of Youth	P7	Southwest	W	11/4-11/18	2	6:30-8:30	\$12.00
Finding the Right Hairstyle for You	P6	Southwest			1	7:00-9:00	\$8.00
Intimacy & Honesty	P5	Southwest	Th	10/22	1	7:00-9:00	\$8.00
Myers-Briggs	BC20	Washburn	M	10/12	3	6:30-9:00	\$24&
Quality Date-Finding	P1	Southwest	T	11/10	1	7:00-9:00	\$8.00
Simplify Your Life	FH37	Washburn	W	10/14	1	7:00-8:30	\$6.00
Women's Wisdom Circle	P3	Southwest	T	4/21-5/12	4	7:00-8:30	\$16.00

TRIPS AND SPECIAL EVENTS

Big Bad Wolf at Wildlife Science		Barton	Th	10/08	1	9:15	\$28.00
Church Tour	T42	Washburn	T	10/23	1	10:00	\$14.00
Ethnic Market Shopping Tour		Barton	F	11/06	1	9:15	\$15.00
Fanny Hill Dinner Theatre Holiday Show		Barton	Th	12/03	1	8:45	\$46.00
Perfect Wedding At The Old Log	TIII	Washburn	F	11/20	1	11:00	\$30.00
River Ramble To Wabasha		Barton	F	10/16	1	9:15	\$30.00

MINNEAPOLIS KIDS

FALL SCHOOL AGE CHILD CARE PROGRAMS

ANDERSEN 2727 10th Ave. S.	EMERSON 1421 Spruce Pl.	MARCY 415 S.E. 4th Ave.
ARMATAGE 2501 W. 56th St.	HALE 1220 E. 54th St.	MORRIS PARK 3810 E. 56th St.
BURROUGHS 1501 W. 50th St.	HAMILTON 4119 Dupont Ave. N.	PILLSBURY 2250 Garfield Ave. N.E.
BRYN MAWR 252 Upton Ave. S.	JEFFERSON 1200 W. 26th St.	RAMSEY 1 W. 49th St.
DOWLING 3900 W. River Pkwy.	KENNY 5720 Emerson Ave. S.	RICHARD GREEN/CENTRAL 3416 4th Ave. S
DOWNTOWN OPEN 706 2nd. Ave. S.	LONGFELLOW 3017 E. 31st St.	

Your child will love learning, playing and making friends at Minneapolis Kids. Experienced staff plan interesting and enjoyable activities that are just right for High-5 through 6th grade kids.

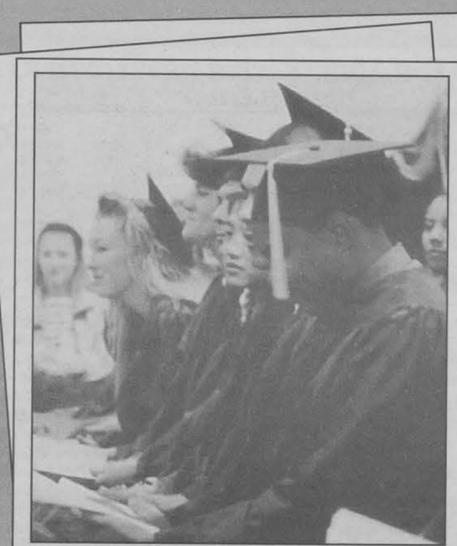
Indicates recipient of the national award for quality. Accredited by the National Academy of Early Childhood Programs, a division of NAEYC.

SERVING MINNEAPOLIS FAMILIES FOR 25 YEARS

CALL 627-2935

THE MINNEAPOLIS ADULT LITERACY PROGRAM OFFERS YOU...

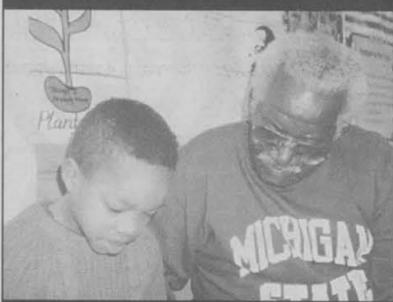
LEARNING FOR WHAT'S NEXT



- G.E.D. (General Educational Development)
- Adult Basic Education
- High School Diploma
- English as a Second Language
- Refresher and Enrichment
- Project Regina Sewing Program for Immigrants and Refugees
- Workforce Education

WORK WITH DEDICATED TEACHERS WHO WILL HELP YOU BUILD ON STRENGTHS YOU ALREADY HAVE. CALL 627-2406

VOLUNTEER!



TUTORING ADULTS

Who can be a school volunteer?

Anyone who enjoys helping students can be a volunteer in the schools. Parents, relatives, retirees, college students, professionals, extroverts, introverts, homemakers, world travelers - people just like you can volunteer.

What are the qualifications I need to volunteer?

- an interest in working with students
- comfort with a multicultural environment
- dependability
- respect for the uniqueness of each student
- ability to work cooperatively
- a positive attitude and a sense of humor
- teaching experience is not required

When would I be working?

Most volunteer assignments are during the school day. As a volunteer you will be asked to serve one or more hours a week between 7:30 a.m. and 4:00 p.m.

Flexible schedules can be arranged for many volunteer jobs. Evening hours can be arranged for volunteers interested in tutoring adults.

What training is provided?

Volunteers receive orientation and training. This will introduce you to the volunteer program and prepare you to work with students

VOLUNTEER!



INTERGENERATIONAL SHARING

Call Volunteer Services at 627-2242 for information

VOLUNTEER!



ASSISTING IN A CLASSROOM

Where would I be working?

There are more than 85 school and program sites in Minneapolis. You may have the option to choose an assignment close to home or workplace, at a time convenient to you, and volunteer in areas that are of special interest to you.

Who would I work with?

Depending on your interests and the needs of the schools, you could work with elementary-age children, or secondary-age youth or adults. As a volunteer you will have the opportunity to work in a multicultural environment with children learning to read, adults learning English as a Second Language, high school students needing tutoring and others.

55 PLUS

OLDER ADULT PROGRAM

Call 627-2565 to receive our mailings.

Lifelong Learning



It is very gratifying to me to be able to have a part in a child's development.



My friends and I have a wonderful time taking the Older Adult Program trips and tours.



I have enjoyed the humanities lectures. I always come away with new ideas and insights.



I learned how to "surf the web" in a senior computer class. It is much easier than I thought it would be.

Access Services

Helps disabled adults participate in Family And Community Educational Services
Call 627-2925 for more information.



CLASSES & SPECIAL EVENTS FOR ADULTS WITH PHYSICAL DISABILITIES

Adult Basic						
Deaf Adults	Pratt	8 M	10/5	2:30-4:30 PM	FREE	
Bowling/Adapted	Coffman Union	6 T	10/6	6:00-8:30 PM	LANE	
Bowling/Adapted	Lynbrook Bowl	6 T	10/20	4:00-5:30 PM	\$28.00	
Bowling/Adapted	Lynbrook Bowl	6 SA	10/10	2:30-4:00 PM	\$28.00	
Christmas Show & Luncheon	Daytons	1 SU	11/7	12:45-3:00 PM	\$12.00	
Famous Daves Restaurant		1 SA	11/27	7:30-Whenever	Dinner	
Handel's "Messiah"	Basilica of St. Mary	1 W	12/9	8:00 PM	\$16.00	
Timberwolves	Target Center	1	TO BE ANNOUNCED		\$16.00	
Triple Espresso	Music Box Theater	1 SU	10/18	3:00-5:15 PM	\$25.00	
Triple Espresso	Music Box Theater	1 SU	10/25	3:00-5:15 PM	\$25.00	

CLASSES & SPECIAL EVENTS FOR ADULTS WITH PHYSICAL/ DEVELOPMENTAL DISABILITIES

Baseball	MetroDome	1 SA	9/26	7:00-9:30 PM	\$7.00
Bowling	Lynbrook Lanes	6 M	10/19	4:00-5:30 PM	\$28.00
Bowling	Lynbrook Lanes	6 SA	10/10	1:00-2:30 PM	\$20.00
Christmas Show/ Luncheon	Daytons	1 SA	11/7	Begins 1:00 PM	\$12.00
Circus Pizza Party	Circus Pizza	1 T	12/6	6:00-7:30 PM	\$7.00
Excentricus	Ordway	1 TH	10/8	Begins 7:00 PM	\$18.00
Ice Show—Anastasia	Target Center	1 SU	11/15	5:30-7:30 PM	\$15.50
Omnitheater/Science Museum		1 SU	10/25	Begins 2:00 PM	\$12.00
Timberwolves	Target Center	1	TO BE ANNOUNCED		

CLASSES FOR ADULTS WITH DEVELOPMENTAL DISABILITIES

Adult Basic Ed	Lyndale	7 W	7:00-8:30 PM	FREE
Adult Basic Ed	South Side Svcs.	8 W	6:00-8:00 PM	FREE
Adult Basic Ed	Reuben Lindh	8 F	8:30-11:00/1:00-3:30 PM	FREE
Art Break	N.E. Middle	7 T	6:30-8:00 PM	\$20.00
B.A.T.S.—First Aid	N.E. Middle	6 M	6:30-8:00 PM	\$20.00
Bowling	Nokomis Lanes	8 W	4:15-5:45 PM	\$24.00
Bowling	Nokomis Lanes	8 TH	4:15-5:45 PM	\$24.00
Creative Extravaganza	Anwatin	7 W	6:30-8:00 PM	\$20.00
Deserts Galore	N.E. Middle	1 W	6:00-8:30 PM	\$8.00
Entrees & Vegetable	N.E. Middle	1 W	6:00-8:30 PM	\$8.00
Exercise To Music	Lyndale	7 TH	6:45-8:15 PM	\$20.00
Feeling Safe/Community	Anwatin	7 W	6:30-8:00 PM	\$20.00
Foods From Around/World	Anwatin	7 W	6:30-8:00 PM	\$20.00
Healthy Snacks	Lyndale	7 TH	6:45-8:15 PM	\$20.00
Indoor Sports	NE Middle	7 T	6:00-8:00 PM	\$20.00
Photography	NE Middle	7 T	6:30-8:00 PM	\$20.00
Precious Gifts	Anwatin	8 M	7:00-8:30 PM	\$20.00
Relationships & Sexuality	Anwatin	6 M	7:00-8:30 PM	\$20.00
Sign Language	NE Middle	7 T	6:30-8:00 PM	\$20.00
Sing-A-Long	Anwatin	7 W	6:30-8:00 PM	\$20.00
Soups & Salads	N.E. Middle	1 W	6:00-8:30 PM	\$8.00
Swimming—Beginners	NE Middle	6 M	6:30-7:15 PM	\$20.00
Swimming—Intermediate	NE Middle	6 M	7:30-8:15 PM	\$20.00
Walk For Fitness	Anwatin	8 M	7:00-8:30 PM	\$20.00
Walk For Fitness	NE Middle	7 W	6:30-8:00 PM	\$20.00
Watercolors	Lyndale	7 TH	6:45-8:15 PM	\$20.00

Classes begin the week of October 5

- ★ Sports
- ★ Reading
- ★ Math
- ★ Community Service



- ★ Creative Activities
- ★ Adult Guidance
- ★ Tutoring
- ★ Computers

COMMUNITY EDUCATION



Elementary students



Middle School and High School Students

AFTER SCHOOL ACTIVITY PROGRAMS

A.S.A.P. programs are designed to help young people develop the skills, attitudes, and knowledge they need to succeed.

A.S.A.P. programs are offered after school and during the summer in 40 Minneapolis schools.

Community Education partners with over 150 organizations to bring additional programs and services for youth into schools and school communities.

Programs begin October 5th this fall. For information ask at your school or call 627-2940.

COMMUNITY CIRCLE CONVERSATIONS: ADDRESSING THE CHALLENGES OF EDUCATION, HOUSING AND SEGREGATION

Thoughtful consideration of different perspectives can lead to better understanding of problems, more practical solutions, and citizens who can help make a difference. Groups of 8 to 14 persons will meet for 5 sessions.

Community Circle Conversations promote learning and understanding from many points of view. Participants will be part of a metro-wide dialogue culminating in the opportunity to share insights with other groups. This program is cosponsored by East Lake Library, 2727 E. Lake St.

MEETING SCHEDULE

ALL SESSIONS ARE FREE, BUT PLEASE PREREGISTER BY CALLING SCOTT BOL AT 627-7229.

BARTON SCHOOL (43 & Colfax Ave. S.)
5 Wednesdays starting October 21, 6:30-8:30 p.m.

BRYANT SQUARE PARK (31st St. & Bryant Ave. S.)
5 Thursdays starting October 22, 6:00-8:00 p.m.

EAST LAKE LIBRARY (28th and E. Lake St.)
5 Thursdays starting October 22, 6:30-8:30 p.m.

LUXTON PARK (112 SE Williams Ave.)
5 Thursdays starting October 22, 6:30-8:30 p.m.

NORTHSTAR (24th and Girard Ave. N.)
5 Saturdays starting November 6, 10:00 a.m. to 12:00 noon

Family and Community Educational Services is committed to ensuring that all students learn. We also work to support the learning and participation of adults so that everyone has opportunities to improve their lives and their communities.

The biggest opportunities and challenges for education in the new century will be the ability of Minneapolis, its schools, and its neighborhoods to collaborate in ways that will ensure the academic success of each child. Family and Community Educational Services is committed to not only ensuring that all students learn, but also works to support the learning and participation of adults so that they, and their children, can improve their lives and their community.

Because we believe that young people need adults in their lives who support their learning...

◆ Early Childhood Family Education, offers child development education, and kindergarten preparation, is available to young parents. We introduce many to the schools for the first time, and lay the foundation for lifelong learning.

◆ Volunteer Services recruits and trains volunteers to tutor math and reading in Minneapolis classrooms. Other volunteers provide lessons on a variety of subjects that complement the school day. These volunteers work during the school year and during the summer.

Because we believe that children need safe, supervised places to go after school...

◆ A.S.A.P. provides After School Activity Programs and summer in over 40 locations. A.S.A.P. programs are designed to help young people develop the skills, attitudes, and knowledge to succeed.

◆ Minneapolis Kids, a high-quality child care program for school age children, has been accredited by the National Association of Education of Young Children. It is open available to Minneapolis families eleven and a half hours a day all year long.

◆ Youth Service and Youth Development provide the opportunity for young people to take part in community service during and after school hours.

Because we believe that providing resources to families is essential to the success of their children...

◆ Adult Literacy classes are held throughout the city. The parents of Minneapolis children can get a G.E.D. or diploma, study English as a Second Language, or prepare themselves for the work force by brushing up on Math and English.

◆ We are involved in keeping buildings open more hours in the evening, and on week ends so that more families can use the pools, and gyms,

and participate in social and educational activities.

Because we believe that collaborating with other organizations increases resources immeasurably...

◆ We collaborate with over 150 organizations through the A.S.A.P. (After School Activity Program). Every other program has similar patterns of partnerships.

◆ Family and Community Educational Services works with schools, through the Office of Family Involvement, on ways to increase community involvement in the schools.

Because we believe in involving communities...

◆ We encourage you to get involved in our various Advisory Councils. Community input is valued as we make plans to meet community needs and solve community problems. If you would like more information on joining one of our citizen advisory councils please call 627-2929

Jack Tamble

*Director
Family and Community
Educational Services*

If they came with instructions you wouldn't need us!



Early Childhood Family Education

The #1 resource for Minneapolis Families!

For more information call 627-2927

St. Paul residents take aim at acts of prejudice, bigotry

Kellert and 13 others have just completed special training for their volunteer work. In most cases handled by the alliance, members will meet with all involved parties in hopes of defusing anger and tension. Then they will offer moral support to victims, connect them with other resources and help organize neighborhood-based intervention when incidents are serious but not legally actionable.

Andy Schneider, who leads the alliance, said prejudice and hate crimes aren't any worse in Hamline-Midway than in any other racially diverse community. But by bringing attention to the problem, he said, the traditionally civic-minded neighborhood is hoping to create a climate where diversity is embraced rather than feared.

"If you scratch the surface of any neighborhood, you see these biases that keep people from building relationships," Schneider said.

Changing demographics

Like other Twin Cities neighborhoods, Hamline-Midway has undergone a major population shift in the past two decades. Historically a predominantly white, blue-collar enclave, the area's estimated 12,000 residents now include thousands of people of color and many recent immigrants.

The neighborhood's minority-group population was estimated at 13 percent in 1990, and more recent school data suggest the upward trend has continued. Two years ago, school-age minority children totaled 39 percent.

The changing racial demographics mirror those of St. Paul, whose minority population increased from 4.6 percent in 1970 to 17.7 percent in 1990. City officials say the numbers have risen steadily since 1990, although no current data are available.

In Hamline-Midway, the changes are reflected in the myriad ethnic businesses along Snelling Avenue, the commercial corridor that slices through the heart of the neighborhood.

Within just one block, for instance, there is a Korean restaurant, a martial-arts academy, an Oriental supermarket, a Japanese video store and an Asian-imports establishment.

Nearby, Sam Umana has operated Africarm Market and an African clothing store for almost four years. His imported-food shop, just east of Snelling on Sherburne Avenue, works with Compatible Technology Inc. at nearby Hamline University to develop food-processing technologies for Third World countries.

The Nigerian immigrant said he has felt the sting of prejudice, particularly when he began his business. "I call it an attitude people had," Umana recalled. "They looked at me as if I did not belong here."

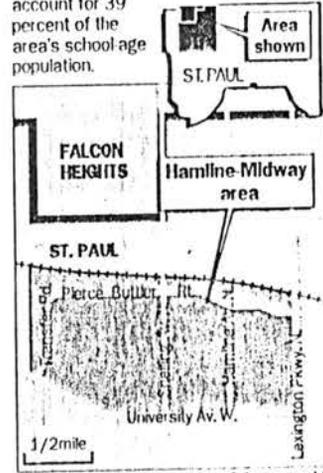
Racial conflicts

Hamline-Midway's growing diversity sometimes has erupted in not-so-subtle racial conflict. A longtime resident and self-proclaimed white supremacist continually harassed a mixed-race family who lived across the street until other neighbors opposed his efforts in the summer of 1996. He eventually left the neighborhood.

That episode prompted residents to form the alliance under the auspices of the Hamline Midway Coalition, the neighborhood's community planning group. Alliance members have

Neighborhood diversity

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Star Tribune graphic

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In June, they repainted the garage of a lesbian couple; it had been defaced with antigay graffiti. Although under state guidelines the vandalism was a hate crime, homeowner Tina Jamison said in an interview that the police told her there wasn't much they could do.

She said the suspected vandals were neighborhood children, whose mother denied their involvement. Jamison said the comfort that alliance members provided helped; she later joined the group.

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Last year, 239 hate crimes were reported in the state, according to the Minnesota Department of Public Safety. Of those, 170 were racially motivated, while 34 stemmed from bias on the basis of sexual orientation. In St. Paul, police said only 10 hate crimes were reported in 1997.

The Hamline Midway Alliance hopes that by educating residents through block clubs, local business associations and religious groups, victims of hate crimes will be compelled to come forward.

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Tuesday
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By Lourdes Medrano Leslie
Star Tribune Staff Writer

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- Vandalizing a church, synagogue or cemetery.
- Attacking an individual because of an accent.
- Assaulting a person believed to be gay or lesbian.

For help or more information:

- If you think you have been the victim of a bias crime, call the police department in your area.
- The Hamline Midway Alliance for a Prejudice-Free Community can be reached at 651-646-1986. Ask for the community organizer.

Source: Minnesota attorney general

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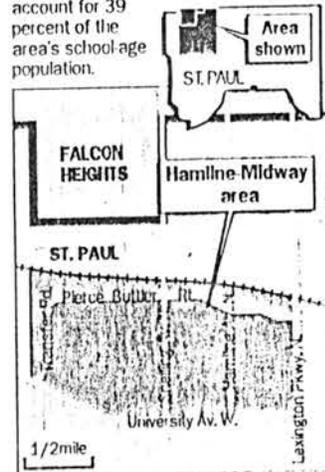
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Source: Minnesota attorney general

September 18:

*Minnesota Fair
Housing Center
Will Sponsor Day-
Long Conference,
'Building Inclusive
Communities'*

The Minnesota Fair Housing Center will present a one-day conference Friday, September 18, "Building Inclusive Communities," for suburban planners, municipal officials and citizens. The event is intended to discuss proactive ways to counter racial and income segregation in housing in the metro area.

Speakers will include George Latimer, former St. Paul Mayor; Eric Larsen, Montgomery County, Maryland's Density Bonus Program; Werner Lohe, Massachusetts' State Override Planning Authority; John Lukeheart, Oak Park Illinois' Affirmative Diversity Program.

The conference also will feature workshops on the Builders Association's perspective on development, the Metropolitan Council's growth strategy, Human Rights Commissions, and Reconciling City and Suburban Needs.

Registration begins at 8:30 a.m. at the Radisson Hotel South, 7800 Normandale Blvd., Bloomington (near interchange of Hwy. 100 and 494). The conference program will run from 9:00 a.m. to 5:00 p.m. and includes lunch. The day will conclude with a reception from 5:00-6:30 p.m. (cash bar).

The conference fee is \$ 19.95, payable in advance to:

**Minnesota Fair Housing Center
2700 University Ave. West, Suite #40
St. Paul MN 55114**

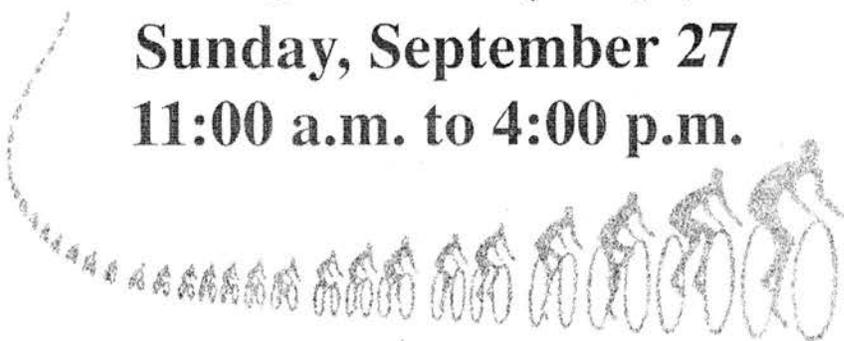
The conference is co-sponsored by Hennepin County, the Family Housing Fund, and the Metropolitan Council.

For additional information, contact Kristy Greenwalt at 651-917-8869.

**2469 UNIV. AVE. W.
510 - 8734**

THIRD ANNUAL TOUR DE SPRAWL

Sunday, September 27
11:00 a.m. to 4:00 p.m.



The Tour de Sprawl is back by popular demand! This bike tour is designed to raise awareness of the environmental and social problems related to urban and suburban sprawl and to highlight possible solutions. Event sponsors include the Sierra Club, the Alliance for Metropolitan Stability, Transit for Livable Communities, and the St. Paul Neighborhood Energy Consortium.

This year's tour will focus on good and bad development and transportation projects within the city of St. Paul and how their design can prevent or promote urban and suburban sprawl. Highlights will include the proposed expansions of the I-35E bridge and Ayd Mill Road, Selby-Dale area housing, and Midway market area.

Learn about these important issues and how you can help, while taking a fun bike ride with lots of great people!

To register, clip out and mail the form below. Limited van space will be provided for those not physically able to bike the tour.

I want to be part of the 3rd Annual Tour de Sprawl!

Name: _____ Date: _____

Address: _____

Evening Phone: _____ Age: _____

Participant's Signature: _____

CHECK ONE: Tour by van Tour by bike

Note: Bike riders under 18 years of age will not be allowed to participate in the Tour de Sprawl without the consent and signature of a parent or legal guardian:

Parent/Guardian's Signature: _____

Relationship: _____ Date: _____

Mail to:

Tour de Sprawl, Sierra Club, 1313 5th St. SE, #324B, Minneapolis, MN 55414

I, the undersigned, know that bicycling is a sport carrying significant risk of personal injury. I know there are obstacles, hazards, environmental conditions, and risks which in combination with my actions can cause me severe injury. I agree to take an active role in understanding and accepting these risks. I also agree that I, not the Sierra Club and/or its staff, volunteers and sponsors, am responsible for my safety while I participate or train for the Tour de Sprawl. I hereby waive, release, and dismiss all claims for damage and personal injury which I may incur before, during, or after the above named event, against any and all ride officials, persons or organizations involved with the Tour de Sprawl. While bicycling in this event, I agree to wear a bicycle helmet and obey all traffic laws.

"The problems facing the Twin Cities metro area are, at root, spiritual. To solve these problems we all must realize that we belong to the same community and that we are all, in a sense, neighbors."

—Rev. Steve Van Kuiken
Presbyterian Church of the Apostles, Burnsville

MICAH Invites You to Sponsor or Join a Community Circle to Promote Racially and Economically Inclusive Communities and Schools

This fall, MICAH and the Education and Housing Equity Project (EHEP) will join dozens of other organizations to sponsor citizen discussions on some of the most pressing social, economic, and moral issues facing our region.

Community Circles will consider questions such as:

- What should we do about segregation in our metropolitan area?
- How can we increase housing choice for families of diverse racial, ethnic, and economic backgrounds?
- How does where we are able to live affect the life opportunities and school achievement of our children?

Twelve MICAH member congregations and housing organizations sponsored Community Circles in 1997. With the advent of our musical play about justice and housing, *Like Waters Rolling Down*, MICAH has renewed its commitment to another round of Community Circle conversations in fall/winter 1998.



Join the Discussion! Congregations of all faiths and advocates for affordable housing contribute an important voice to the regional dialogue about the future of our communities.

We urge you and your congregation to convene a Community Circle (8–12 individuals volunteering to meet for 5 sessions of 2 hours each) and pair up with another congregation if you can.



MICAH and EHEP will provide the facilitators (or training to your facilitators), a discussion guide and faith-based compendium, informative background materials, a calendar of related events, information to assist you in organizing your Circle, and a concluding Action Forum to connect citizens and parishioners with service and action opportunities. All Community Circles will be invited to take part in a Citizens Summit to be co-sponsored with the Minnesota Meeting and Minnesota Public Radio.

Sign up by calling Joy Sorensen Navarre (871-8980) or Dick Little (871-2519) or contact us by fax (813-4501) or by e-mail (joysn@micah.org)

The Education and Housing Equity Project Joins the Alliance for Metropolitan Stability

Discussion Circles Will Address Regional Inequities

*doesn't
leave
people
hungry*

by Dick Little

The Alliance for Metropolitan Stability welcomes its newest member, the Education & Housing Equity Project (EHEP). EHEP was founded in 1995 to advance public understanding of and constructive community responses to the growing economic and racial segregation and disparities in the Twin Cities Metropolitan Area. EHEP's ultimate goal is to promote economically and racially inclusive communities and schools that give citizens of all races, incomes and cultural backgrounds access to quality education, housing and jobs throughout the region.



EHEP's 15-member board strongly believes that metropolitan approaches must be used to address the challenges of school achievement, social equity, racial harmony and affordable housing, and that addressing these problems holistically is critical to building metropolitan stability. EHEP also is committed to deliberative dialogue and informed public conversation as a vehicle for constructive community change.

In the interest of moving the community in a new direction, EHEP has partnered with other community-based organizations to form the Community Circle Collaborative, which sponsors "Community Circle" conversations focused on these issues and potential solutions. Recently recognized by the President's Initiative on Race as a "promising practice," the Community Circles project is bringing together people who have never before conversed with one another about the future of their region. It is helping to bring a much needed public voice into the process of shaping an agenda for regional social and economic equity for the Twin Cities region.

This fall and winter, local sponsoring organizations will convene new Community Circles to build on the conversations held in 1997 and to develop action agendas for 1999. Participating citizens also will be

invited to a "Citizens Summit" co-sponsored with the Minnesota Meeting and Minnesota Public Radio. In addition, participants will be connected to action opportunities at the end of the conversations.

then what happened?
Each Community Circle will be supplied with a trained facilitator, discussion guide and resource materials. The results of each conversation will become part of the collective findings, conclusions and recommendations of the project to be presented to local, metropolitan and state policy mak-

ers. Elected officials will be invited to participate in the Community Circles and to act on their results.

In addition to the Community Circle conversations, EHEP is co-sponsoring a conference on "Building Inclusive Communities" with the Minnesota Fair Housing Center. The conference—for suburban planning, housing and human rights officials—also is open to the public and will be September 18, 1998 at the Radisson Hotel South in Bloomington. EHEP also is co-sponsoring MICAH's fair housing theatre event, "Like Waters Rolling Down," coming to various locations in the metropolitan area over the next year (*see below*).

If you want to help us work toward regional social stability, or if you just want more information on EHEP, Community Circles, the September 18 conference, or theatre events, please contact Dick Little, Executive Director, or Kesha Tanabe, Associate, at 612-871-2519 (phone), 612-813-4501 (fax) or ehep@micah.org (e-mail). We look forward to contributing toward the Alliance for Metropolitan Stability.

Dick Little is executive director of the Education and Housing Equity Project.

MICAH, Illusion Theatre produce play on Fair Housing Issues, 'Like Waters Rolling Down'

The Metropolitan Interfaith Council on Affordable Housing (MICAH), an Alliance member, is collaborating with the renowned Illusion Theatre to produce a play to promote community discussion of affordable housing and fair housing issues. The project is supported by a grant from the federal Department of Housing and Urban Development. The play, "Like Waters Rolling Down," uses song and humor to raise awareness and to spark discussion and action. For more information, contact MICAH at 612-871-8980.

Dates/Times for next performances:

Sunday, September 27, 1998, 6-8 p.m.
Church of the Risen Savior
1501 East Cty. Rd. 42, Burnsville

Directions:
1 3/4 miles east of I-35 on Cty. Rd. 42

Sunday, October 25, 6-8 p.m.
Guardian Angels Catholic Church
Woodbury

Directions: I-94 at Radio Drive

QUESTIONS

Question 5: Interdependence of Housing, Jobs, and Education

The complex interplay of affordable housing, job opportunities, race relations, and educational achievement has turned traditional conversations about neighborhood schools on their head. Neighborhood schools cannot be allowed to exacerbate concentrations of poverty. But neither can the benefits of strengthening connections between neighborhoods and schools be discounted.

Existing patterns of residential, economic, and racial segregation have profound impacts on the educational achievement and life opportunities of city children and families. Yet, we have too often pursued strategies that isolate housing strategies from jobs strategies, transit strategies from human development strategies.

What package of housing, employment, and education strategies could be put in place by the end of your term that would mitigate concentrations of poverty while working within the structure of the Minneapolis Community Schools initiative?

In Brief

City to conduct zoning code workshops and hearings

The City of Minneapolis will conduct sector workshops and public hearings on the city's proposed new zoning code through October. The hearings will be held before the city planning commission to provide an opportunity for public testimony.

The meetings will focus on the proposed zoning map. All properties which currently have a business or manufacturing zoning will receive a new zoning map classification. Most current residence districts and district boundaries will remain the same.

Interested persons should attend one of the workshops and the public hearing in the sector where the property in question is located. Sector meeting dates and locations are as follows:

North

Folwell Park Community Center
1615 Dowling Ave. N
Workshops: Sept. 16 & Sept 30
Public Hearing: Oct. 15

Southwest

Martin Luther King Neighborhood Center
41st St. & Nicollet Ave.
Workshops: Sept. 9 & 21
Public Hearing: Oct. 8

Northeast and Southeast

Logan Community Center
690 13th Ave. NE
Workshops: Sept. 10 & 24
Public Hearing: Oct. 22

South

Powderhorn Community Center
E 34th St. & 15th Ave. S
Workshops: Sept. 14 & Oct. 1
Public Hearing: Oct. 29

All meetings are from 6:30-9:00 p.m. Copies of the proposed zoning map, and summaries and complete drafts of the proposed zoning code text will be available. For more information, please call the Minneapolis Planning Department at 673-2597.

CUE Awards nominations accepted through Sept. 15

The Committee on Urban Environment is calling for nominations for this year's CUE Awards. CUE Awards are made for projects which represent significant achievement in urban design, architectural design, preservation, neighborhood improvements,

conservation and public art. Projects or events nominated for a CUE award must be located within the City of Minneapolis and must have been completed within the last five years. Nominations are due September 15, 1998.

For more information or to obtain a nomination form, please call the CUE office at 673-3014.

Fannie Mae sponsors Maxwell Awards of Excellence

The Fannie Mae Foundation is sponsoring the Eleventh Annual Maxwell Awards of Excellence to acknowledge outstanding examples of the work of nonprofit organizations in providing quality housing for low-income families and individuals.

Fannie Mae will distribute up to 62 grants which can be used to address: organizational development and stability; project design/safety; long-term financial stability of housing developments; or resident involvement and/or building community support.

To obtain an application and eligibility information, please write to: Maxwell Awards of Excellence, Fannie Mae Foundation, c/o Development Training Institute, 2510 St. Paul Street, Baltimore, MD 21218.

Sponsor a Community Circle

Minneapolis Public Schools and the NRP have partnered with the Education and Housing Equity Project (EHEP) to organize community conversations on the challenges of educational achievement and housing segregation in the Twin Cities.

Community Circles consist of 8-12 citizens who meet 4-6 times to study, discuss and seek common ground on important public policy topics. Local organizations are encouraged to convene discussions and provide meeting facilities. EHEP also provides a discussion guide, background materials and a trained facilitator for each group.

Minneapolis neighborhood organizations are invited to sponsor a circle. Those interested in this collaborative effort should contact Dick Little at 871-2519.

MINNESOTA OFFICE OF DISPUTE RESOLUTION
340 CENTENNIAL OFFICE BUILDING
ST. PAUL, MN 55155

FAX TRANSMISSION

To: *Sick & Amy*
Fax No: *330-~~444~~ 1507*
From: Barbara Blackstone, Mediation Coordinator
Number of Pages: *5* (including this sheet)

Message: *Great coverage on Study Circles.
Disp Res. Mag. - Dispute Resolution
Sector of The American Bar Assn.*

NEW ADR PROCESSES & APPLICATIONS



What's So Bad About Conflict?

Study circles move public discourse from acrimony to democracy building

By Catherine Flavin-McDonald and Martha L. McCoy



Conflict is a fundamental reality of public life. It is difficult to imagine living in a real community or a diverse society in which there are no differences of interest or opinion. In fact, the freedom to express our differences is fundamental to a democratic society. Through the ages, democratic ideas and ideals have revolved around finding participatory ways to live with, work through, and resolve our conflicting ideas and interests. Making conflict productive is an essential aspect of a healthy democracy.

Yet conflict is also at the heart of what we denounce and disdain about our public life. Some say conflict denigrates our public life to the point of exhaustion, exclusion and indifference. It is the very thing that people name when they say they are turned off by "politics as usual."

Why this paradox? Why does our society usually consider conflict in public life to be such a negative thing? The problem isn't with conflict itself, but with how we handle it (or don't handle it). We have failed to create democratic arenas in which everyday people can engage in productive exploration of differences and work together on public life.

One avenue that holds great promise is the study circle — a face-to-face, participatory process for involv-

ing large numbers of people from all walks of life in addressing public issues. Many communities are organizing study circles to replace a negative conflict that discourages participation with a productive conflict that invites everyone to take part in the conversation and work for the good of their community's public life.

The Effect of 'Conflict As Usual'

There are a number of ways in which conflict is typically managed and portrayed in American political life. In almost all cases, the idea of conflict that is being promoted is detrimental to a participatory public life. Conflicting ideas and interests are not honestly expressed and examined in their complexity.

In our public life, we frequently experience conflict as a rhetorical battle. Advocates of all stripes often use confrontational rhetoric to define the parameters of an issue and to win converts. As a strategy, it feeds on itself: The party that tries to stop playing the game is understandably afraid that it will be left with all of the integrity and none of the spoils. ("Nice guys finish last.") A frequent result of this treatment of public conflict is that ordinary people feel sidelined. Feeling patronized, they opt out of the conversation. Another harmful result of this style of conflict is that people come to expect all public conversation to be the equivalent of war, or come to believe that people who are on the "other side" of an issue are misguided, stupid, or immoral.

Public conflict also is treated as the machinery of a zero-sum game, in which a win for one side exacts a loss for the other. Antagonism overshad-

ows our willingness to search for common ground and decreases the potential for collaboration. Another result of this view of public life is that we come to underestimate the assets and strengths of the community — and of the society as a whole — for solving public problems.

Next, consider the role of the media. The tendency of the media is to cover public concerns as areas of intractable conflict, often reporting on extreme positions. The nuances and the areas of ambivalence are frequently ignored in favor of what will make a "good story." The media spend a lot of time focused on superficial discord or show-stopping events, and fail to address the underlying issues that are the real sources of our frictions. As a result, it's easy to get a skewed notion of our public problems and lose the sense that we have any real potential for addressing them.

Each of these orientations to conflict leaves most of us on the sidelines, and each reinforces the idea that unproductive, hostile conflict is the essence of our public life. In these cases, few everyday people take part in the debates, and few participate in framing the issues under consideration.

Often, there is little room or reason for citizen involvement. Instead of involving large numbers of people in addressing an issue of shared concern, a few people — the ones who have an exceptional zeal for an issue and are brave enough to enter into the public debate — battle for their side.

Others of us, for whom the issues are still important, may feel ambivalent about them, or we may be unsure about what is happening or how best to move

Catherine Flavin-McDonald is coordinator of writing and research at the Study Circles Resource Center of the Topsfield Foundation, Inc., based in Pomfret, Conn. She can be reached at cathyf@studycircle.com.

Martha L. McCoy is SCRC's executive director. She can be reached at martham@studycircles.com.

forward. Too often, we are left without a home in the conversation. In these cases, the logic, cost and consequences of conflict narrow the pool of people willing to get involved.

These orientations to conflict also obscure the very things that make a productive use of conflict possible. They ignore the complexities of issues, the values and concerns of everyday people that underlie conflicting views and the attainability of solutions. Without ways to deal with our real concerns and differences, we pay dearly on a daily basis. We fail to address the problems that affect people's lives — race, violence, education, poverty, jobs, youth issues,

immigration and so many more. At times, more immediate and terrible consequences, such as civil strife, are the result. When that happens, violence destroys lives and further diminishes the possibility of building the trust we need in order to work together. But people are tired of this state of affairs, and many want to take part in a different, productive form of public life.

Handling Conflicts

Conflicting ideas and interests can be an opportunity for growth and collaboration, not just a reason to be fearful, to feel threatened or to retrench. The antidote to unproductive

conflict is to bring our inevitable differences into democratic arenas in which we can use them for productive problem solving. We can approach conflict as a normal, necessary, and potentially productive component of public life — that is, conflict can be a good thing, not just a necessary evil.

In a growing number of cities and towns across the United States, communitywide study circle programs provide democratic arenas in which productive conflict is an ingredient in collaborative problem solving. Study circles are small-group, democratic, highly participatory discussions. In these structured discussions, community members have the opportunity to

MEDIATORS PLAY A KEY ROLE IN MANY COMMUNITYWIDE STUDY CIRCLE PROGRAMS

Increasing numbers of dispute resolution professionals are collaborating with other community institutions and using their special skills to advance community problem solving in study circle programs. A few examples follow:

- **Washington, D.C.:** A diverse working group is creating a Multicultural Community Service Center that will organize study circles as a counterpart to their mediation programs. The center will operate in four north neighborhoods in the district: Columbia Heights, Adams-Morgan, Shaw and Mount Pleasant. The Center for Dispute Settlement (CDS) and Eastern Mennonite College are among the organizations involved. CDS staff members are training mediators to serve as study circle facilitators. And, as an expansion of a CDS school-based peer mediation program, five study circles on violence are going on in Bell Multicultural High School.

- **New Haven, Conn.:** Community Mediation, Inc. is coordinating the facilitation component of the communitywide study circle program that is getting off the ground there. Following a high-profile police incident involving community members from both New Haven and neighboring East Haven, clergy, public officials and community members gathered for several public events. Responding to a general call for dialogue on race, the coalition, with Interfaith Cooperative Ministries in the lead, is coordinating the church-pairing phase of this growing program.

- **Las Vegas, Nev.:** The Neighborhood Justice Center, under the auspices of Clark County Social Services, has joined with the Anti-Defamation League, the NAACP, the Clark County government and a group of multicultural educators to organize a communitywide study circle program on racism and race relations. Clark County Social Services staff members are recruiting and training conflict resolution professionals, volunteer community mediators and youth mediators as facilitators for the community's study circle program.

- **Los Angeles, Calif.:** Hundreds of people participated in a "Day of Dialogue" at sites all around the city only two weeks after the Simpson Verdicts. Supervised by the Los Angeles City Council and the City Attorney's Office, community institutions reached out and invited people from all over the community to talk about race and ethnicity. Hundreds of community mediators, who had been trained at the City Attorney's Office, learned how to apply their skills to study circle facilitation. Study circles are continuing, and community leaders are looking for ways to sustain the dialogue.

- **Tallahassee, Fla.:** The mayor's office is working closely with the Neighborhood Justice Center to organize a pilot study circle program on racism and race relations. So far, organizers have involved 150 participants and trained 10-15 facilitators. Dispute resolution professionals are playing key roles on the steering committee — helping to ensure that the program is truly community based and teaming up with community people to pass on their skills at facilitation.

better understand others' perspectives and concerns. They discover common ground, and enhance their ability to work together — as individuals, as members of small groups, and as voters and members of large organizations in the community.

Study circles can have great reach and impact when organizations across a community work together to engage large numbers of citizens in study circles on a public issue, such as race relations, crime and violence or education.

These study circle programs use conflict in a way that advances the participation of everyday people. The cross-sector collaboration that is necessary to create large-scale involvement brings out all parts of the community, and provides a way for people from many backgrounds to work together. Each study circle (of about eight to twelve people, meeting several times) provides a safe, non-threatening, structured environment, where people can speak honestly about their concerns and views. The deliberation in a study circle treats difference as a normal, essential component of community life: unbiased facilitation and nonpartisan discussion materials help to ensure a hearing for a wide range of views. Disagreement is about ideas rather than about personalized conflict. Rather than glossing over differences, people have the chance to face them and consider reasons for disagreement.

Because people meet over several sessions, they have the chance to build trust and relationships that help them see the world through someone else's eyes. Though study circle participants don't have to come to agreement, they have the chance to look for common ground, and often find more than they expected. Participants also have a chance to realize that solutions are as complex and multifaceted as is the issue, and that there are abundant opportunities and resources for making a difference. By discovering a range of possible workable solutions, the community can find ways to go beyond the "win-lose" idea of public life.

The community of Orford, N.H., provides a good example of using conflict for the good of public life. In 1996, a communitywide study circle program on education brought out more than 10 percent of registered voters.

The study circles dealt, in particular, with the question of whether Orford should maintain a high school or begin sending its students to nearby school districts. This had been an acrimonious and controversial subject for many years. The study circles provided a way for people to air longstanding grievances, hear each other's concerns, find common ground and move ahead on the issue.

As reported in the *San Jose Mercury News*: One of the first things that happened was a lot of people realized they had been forming opinions on the matter based on rumors, not facts, so some participants started doing research between meetings. The groups also started to level the playing field among participants. Everybody got the chance to speak, everybody was expected to listen and nobody got to dominate. "It brought people together whose paths didn't normally cross, like the local junkyard operator and a retired State Department worker," said participant Jude Parker. "It makes you have to not hold on to your assumptions about other people in town. It becomes more difficult to demonize people as 'other.'"

The Orford program had many outcomes, including resolution of a dispute over whether to maintain the town's high school. At a concluding forum, program participants passed a nonbinding resolution that "the economic problems of the town wouldn't

be allowed to affect the quality of the local schools." At a subsequent town meeting, citizens voted to appropriate \$5,000 for a planning process for a regional high school.

In this case, people decided to go beyond arguing about whether to close the school. Institutions and people from all sides (including the teachers, the taxpayer's association and the school board) were willing to work together and to address each other's concerns. As one participant put it, "There are now more people in the middle trying to find answers, rather than just taking a position."

Orford and other communities around the country are showing that

In spite of the different contexts of the work, mediators are often drawn to apply their skills to study circles. Fortunately for democratic community building, their dispute resolution skills are directly applicable to study circle facilitation.

conflict properly used is an ingredient of a vital public life, not an impediment to it. This vision of community life is motivating leaders in communities of all sizes to create arenas for productive public engagement. Their efforts are already having an impact on "conflict as usual." Opportunities for productive participation are leading to increased participation, new community relationships, new alliances for solving public problems and better media coverage of community issues.

The Role of Mediators

Study circles differ from the work that dispute resolution professionals and mediators usually do. The sharpest distinction is the context of the work.

Dispute resolution seeks settlements of discrete disputes between identified parties, often about a private matter. Study circles seek to involve the whole community in open, public dialogue and problem solving on an issue of common concern.

Because of this, people in a study circle may or may not think of themselves as "in conflict" on the issue at hand, though they know that they can share their differing opinions (sometimes strongly held) in a safe, productive setting. Also, study circle participants are often getting to know one another for the first time — their connection is through a common community concern (in which there are elements of stalemate, conflict and disagreement), but not through a specific private conflict.

Finally, study circles offer a long-term, community building process — one in which organizers try to involve more and more people with each round of discussions. Typically, dispute resolution professionals are not trying to involve more people in a conflict or in its resolution.

In spite of the different contexts of the work, mediators are often drawn to apply their skills to study circles. Fortunately for democratic community building, their dispute resolution skills are directly applicable to study circle facilitation. Those skills include the ability to stay neutral, communication skills that generate productive discussions and helping people to find their own solutions.

"What attracted me to study circles is that, like mediation, the facilitator is not posing as an expert on the issue — be it crime or race relations or education," says Charlie Pillsbury of Community Mediation, Inc., in New Haven, Conn. "The facilitator is an expert on group process — someone who works to advance citizen problem solving, not to provide the answers."

A New Arena

Part of the good news is that "conflict as usual" in public life is provoking people to create better ways to work together on public issues. Sometimes, people decide to organize

study circles because of a longstanding issue that has gone unresolved. Sometimes, it takes a tragic incident to remind us that we need to create public opportunities for all of us to work together.

For their recent study, *Bridging the Racial Divide: A Report on Interracial Dialogue in America*, Paul Martin DuBois and Jonathan Hutson interviewed scores of people involved in interracial dialogue programs, many of whom are organizing study circle programs. DuBois and Hutson found that, of the dialogue groups they investigated, "[Fifty] percent of interracial dialogues began in the past five years, prompted by alarm over

racial polarization triggered by the Rodney King police beating and the O.J. Simpson murder trials." Around the country, forward-looking community leaders are responding to divisive incidents by making grassroots dialogue and action a priority.

The other part of the good news is that there are people with skills to bring to this kind of democratic community building. The work that study circle organizers are doing around the country shows how each of us, particularly those who bring the unique skills of mediation, can apply this knowledge in the service of democratic community building.

Study Circles in a Nutshell

A study circle...

- is a voluntary, participatory process for small-group deliberation;
- is a small group of 8-to-12 participants that is guided by an impartial facilitator;
- considers many perspectives, rather than advocating a particular point of view;
- uses ground rules to set the tone for a respectful, productive discussion;
- meets over multiple sessions — moving from personal experiences, to examining different points of view and then to devising creative strategies for action; and
- reminds individual participants that they can make a difference.

A communitywide study circle...

- is organized by a strong, cross-sector coalition;
- involves individuals and organizations from different sectors of the community, such as the Chamber of Commerce, the faith community, the media, local government, the United Way, youth groups, the police department, the YWCA, the local community mediation center, the Urban League and neighborhood association. Each brings unique tools, knowledge and grass-roots connections to the partnership;
- is an inclusive program, designed to invite the whole community to get involved in public dialogue and problem solving;
- begins with a large public kickoff;
- involves many study circles happening at the same time across a community;
- wraps up with an action forum, where the small groups come together to give participants a chance to talk about common concerns, get involved in community projects, form new action groups and connect with community organizations and public officials; and
- provides an opportunity for people to work together to improve the community.