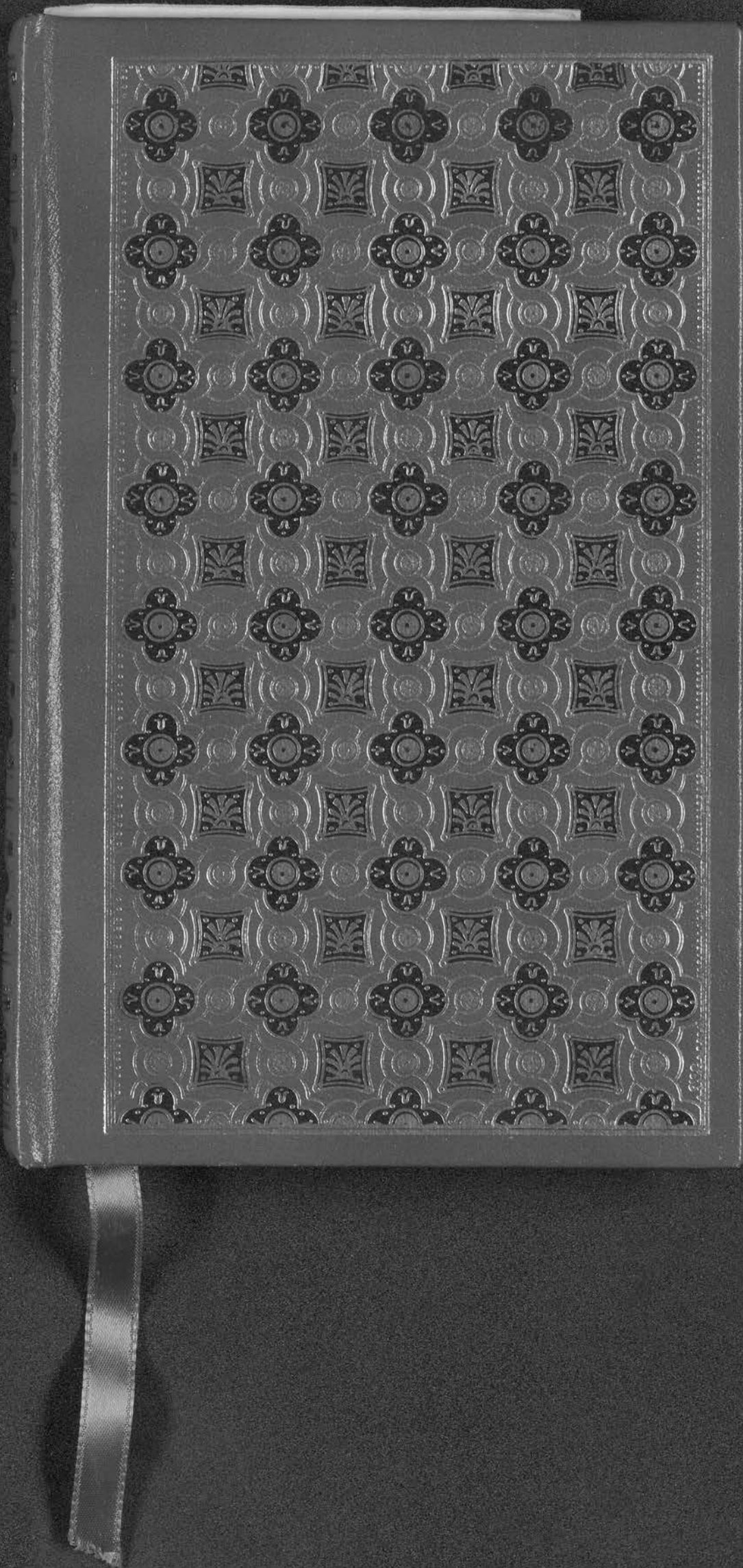






This Book Belongs To:

Emily Anne Staples

Nairobi

Wed - July 10, 1985

After one hour of sleep was awakened by pounding and found out that a pool is being built in the room next to where we were camping in the Schilling Office.

By 8:30 was off to the Kenyatta Centre. Ran into Eleanor Aherness in line and moved thru the line with her and some Philippine women. The hall was full but by scrambling - and being alone I found a marvelous seat on the main floor next to a woman who had graduated from Macalaster - Mary Jacob - who is at Mt. Holyoke.

The opening ceremonies were typical. Speeches and music - couldn't see the Kenyan dancers or a movie - but the women on the podium were spectacular.

Got lost on the return to the hotel, but finally found it and met some people in the Schilling room with whom to have lunch - which we did on the terrace of the hotel.

Were joined by Laverne Leila and Joyce.
I left to take a bag to the Ambassador
and returned to wander with
Laverne and Joyce (since it was too
late to register)

Met Alena Grossman and Marcia
Yugard in front of the hotel and
visited for awhile before joining
forces to go to the 680 for a drink.
Nine of us walking into a bar
filled only with men (2 exceptions)
caused quite a stir!

Laverne + Joyce invited me to join
them to meet a Kenyan couple for
dinner at Hunters Den. When we
walked in who should be there
but Barbara Knudsen and a
Minnesota group.

Dinner was delicious -
fish (tapioca) masala. (No bones -
a red sauce) Cab back to the
Ambassador. Michelle Alufour joined
me - bed at last and a sound
sleep - after snoozes and one hour
since Mon

Nairobi

Thurs. July 11, 1985

Alou came knocking on our
door at 8:20 saying news about
the hotel didn't look good but to
check later. Michelle and I
walked to the University campus
which was fantastic - an array of
colorful costumes - a huge jam at
the entrance where everyone
was checked by security -

Still can't register - "Come
back at 2:30" so decided to see
what workshops I could find.
Ran into Elizabeth Schippe and
visited. Found that the Education
Bldg was the center for information.
A large board had all
events for the day listed and
literature was available from
Central Information.

Ran into Laverne and we had
a chat and a walk. She told me
about her life - Washburn grad.
25 yrs later entered the U - came
out summa and working on a
masters. Delightful person.

Went to a development workshop -
met two Indian women - one Bombay
one Dublin with a daughter who graduated

from Swarthmore. After an incredible array of remarks from the floor walked back toward the hotel. Changed money. Had lunch at Jox (Recommended by Doug) and to the New Stanley. Still no room! Now 3:45. I had wanted to go back to campus but Doug said for Michelle and me to wait. Patience paid off about an hour later. We got a Room - 331. Got slightly organized and then out to dinner. Missed the "Minnesota meeting" but met Kate Bryant. Asked if she wanted to join us. - then met Joyce Benson and Haverne and all went to Stavros - delicious dinner fish again. Marvellous conversation - brought flowers outside and met Argentine women.

Back to bed - after getting organized it was midnight.

Tamaraund

Fri July 12

Awakened by Tina and decided that she and her father will pick me up at 11:30 tomorrow

Michelle left for breakfast only to return with the news that we had to move into a room with 3. Met Alana and Marcia and negotiated that we three team up and Michelle go with Isabelle Kattelber and Helen Ransome.

Wonderful Doug checked us out so I could go on the city tour. Saw the poorer parts of Nairobi as well as the elegant Murathi area. According to our guide Felix - 200,000 people live in shacks around the city.

Back to collect my belongings and move to another room. Then off to Kenyatta Center to register as an official observer. Got credentials but had to wait for a photo until 2:30 - crazy hours and no one cares! Had lunch on the first floor where stands are being set up to serve the delegates.

Got credentials - and headed for a cab to get me to the OEF program. As a cab drove up I opened the door and Betty Friedman hopped out.

The OEF workshop was jammed. Made it in time to hear Anne Jaffe - she was splendid. A variety of responses followed until 5:45. Met Carolyn Tribe and we had a long visit about how to implement a women's strategy in Mass. - and generally. Nancy Ruben and others were going to dinner for conference organizers, but I decided to honor my date with Marcia and Alex for dinner.

Walked back and made the hotel just as the sky opened up and it poured. We decided on the Jamareud - and it was splendid. I had calimari and crepes.

Observations - women in general very gracious, security at the hotel and at Kinyatta is very tight. So far we haven't heard of a single hotel room where everything works.

Sat July 13, Nairobi

dear morning getting prepared to meet Mr. Khamachio. He arrived to pick me up shortly after 11:30. He is charming - greeted me with a kiss on the head. Their house is modest - in lovely grounds. He popped champagne and we visited before a lovely lunch which Tina had prepared. Mr. P. had much on his mind so after lunch Tina and I took John and the car to the Pan African Museum and to the Mandela project where I bought some kongas - and to the Norfolk Hotel where we admired the birds.

Back to the hotel where I met Michelle and we asked Alex to join us for dinner.

Drinks at the Lillian Towers (Kenya Safari Club) and dinner at the Iris room of the Norfolk. Alex recounted her tale of the New Year's Eve bombing. Back in our room Alex and I talked until after 2:00 AM.

July 14, Nairobi

Met Catherine Warreck and Freddie in front of the hotel to go to the women's project at Mugumoini. Bumpy and very dusty ride

When I returned there was a message from Tina that she would pick me up at 6:00 for the opening of the Women's Art Project in Parliament. Not such good art - but Mrs. Perez de Cuellar officially opened - then to a reception at the New Stanley for Family Planning. The Pennachios left and I met Michelle. We went to and had a lovely relaxed dinner and good talk.

Mon. July 15 - Nairobi

Brief stop at a family planning strategy meeting in room 611. Breakfast downstairs with Aileen - debated trying to get into the opening session but decided I'd rather go to a workshop. Aileen and Marcia and I walked over to the University with a little shopping en route.

Aileen and I went to Maudelo (the Women's project) and then split. I went to the O & F workshop on law & development. Quite good. Met Caroline Tribe by chance and we had lunch at the Norfolk. Then walked to the museum to go to the Ford Foundation workshop but it was disorganized and never started.

Back to the hotel for Tina to pick me up at 3:30 to go to the Museum to see the skeleton of the 1.7 mil year old man (boy). Richard Leakey was attractive and explained to me Gen. Perez de Cuellar about "AD 115,000". The Museum is lovely.

Changed to be picked up at 6:15 for a reception for delegates. Had a visit with an MP from Australia.

Had a brief visit with Mrs. Papandreu

Carol Beckwith

Whisked off again to meet Mrs Mubarak and Mrs Leticia Shatani. Listened to a discussion about the impact of the Decade. Mrs. Shatani stated that strides have been made.

After being dropped at the hotel I went to the new African Museum to meet Allen and Marcia. The photographer of the ~~Wahdogo~~ tribe gave a slide talk which was marvelous. She caught a wonderful sense of their lives and describes it splendidly.

Annette Magnuson joined us for dinner.

Tues July 16, Nairobi

Fairly leisurely morning because I decided to go to the official session. Walked over for the 10 AM start. On my way in I met a Kenyan woman and we sat together. She is Florence Muli and is involved in criminal justice. We listened to Mrs. Shatani who was splendid. Listened to a few others and then went out for tea where we had a fabulous conversation - about US policy to developing countries - about marriage - keeping one's name - about women's lot - 2 hours later we went back to hear Mrs. Mubarak! At lunch break Florence left and I wandered around collecting materials which were wonderful. Then went to sit on the floor and met a law professor from Chicago. We had a long conversation about law, judgeships etc. Just after lunch was Maureen Reagan - wearing red. She was not an embarrassment -

but not splendid. listened to several others - especially Margaret Papendreau who I found very strong and good. She suggested that women from troubled areas of the world meet together with a mediator and make proposals for a solution.

By four I had so much material I couldn't carry it. I looked for the working session but decided to go back to the hotel - by cab.

Tina & Mr. P. picked me up at 6:00 for a reception given by Mrs. Shahani at the SO Hotel.

After they dropped me off I started to sneak out but they were still in front of the hotel so they took me to the new African Museum where I was to meet Alice. Didn't see her but watched the splendid slide show given by Angela Fiske her from her book on African Adornment. She autographed a book for me and had a chat with her and with Nicky Seven Seven. Alice & I had tea downstairs and then the three of us talked til 2 1/2.

Wed. July 17 - Nairobi

Called Nessy thinking it was her birthday! She was surprised and thinks I'm a bit confused.

Had a long conversation on the phone with Carolyn Tribe about our impressions of life here.

Went downstairs for tea (which I never got) and saw Osborne who talked about the need for our support for another conference.

Over to a briefing on what goes on at the Keagatta Center. U.S. delegates briefed - not splendid. Esther Peterson was one, but didn't speak.

Took in the scene - some photos - met Mary Mantis by Betty Friedman's tree - also saw Meridel Le Sueur.

Lunch in the faculty room - to another briefing where I heard Maureen O'Keefe from Canada.

To Bella Abzug's happening with elected women from all over. The woman from Ireland

was a delight. In fact several were excellent including Claudine Schnieder. Sat with Coroleya Tribe. Had tea with her and ran into (Sat with) a Belgian woman, head of the "partie feministe." Really interesting discussion on work, labor unions etc.

Cabbed back to the hotel in a panic - arrived at 5:25 for a message that I would be fetched at 5:45!

Porter in the room. Great haste but indeed I did it.

To the Hilton - but waited while Mr. P went to the Swedish reception - to Kellian Towers for the Greek reception. Mrs. P now calls me Ski-U-Mah! Chatted with her - then to the Bomar of Kenya. Sat next to Mrs. Phillip Healey for awhile. She was charming. The show was spectacular (in parts) but we left at 9:30.

Changed money, washed hair etc.

Mr. P. has taught me a great deal about how to go to receptions. He's got it to a science. Arrive promptly, and leave soon. However in general I like to visit too much!

Alone told wonderful mother-in-law stories before bed time.

Thurs. July 18 - Nairobi

Missip 30th Birthday!

7:30 breakfast with Arwonne, Eliz Schippe, Joyce Benson (Duluth) Finette, Mary Jo Leader and we three to plan how to report back on our time here. Inconclusive!

Met Catherine ^{in the lobby} from the first night (Pop Crisis) who filled me in on what is transpiring in the US on family planning, aid to other nations for birth control, Rovers Wade etc. - a travesty!

Walked over to the 9:00 (a bit late) briefing for US participants. Pat Goldman was one of the briefers. The official sessions are moving at their own pace - Vietnam denounced the US yesterday.

Cabbed back to the hotel to meet Tina and go stone (gem) shopping. What fun! Bought a few pieces - but didn't ask to see big stones darn it! Then to the gold smith where I selected settings.

We met Mr. P and then to pick up goodies for lunch which we took to the house.

Drove to a Maasai mission about an hour out on the road to Mombassa. Got a few trinkets, but they didn't have the big gorgeous necklaces which I would love to have.

Dropped Mr. P at his office and went to Abdulla's for Kangas. Marcia was in the room when I got back so we visited for a few minutes before going to the OEF reception.

The reception was here and was very nice - crowded with outstanding women.

Carolyn Tribe asked me to meet friends of hers for dinner including

Bank of the Now legal defense fund. Interesting conversation on harassment cases against ABC, CBS and NBC. By the time I got to the room Marcia and Aileen were asleep.

Thu. July 19 - Nairobi

A slow leisurely morning. Aileen and I visited until about 10:00. No briefing! Walked over to Kenyatta Center to check up. Sat in on the plenary session for a few minutes and then on Committee One. Saw Joan Goodin busily at work lobbying delegates. Had lunch at the buffet and then took a cab to the forum. Shared it with Dr. Claire Fulcher from New York. Stopped at Maadaleo. Found a banana basket which I like - then to the forum where I snapped pictures. Ran into Tida and her friends and eventually went to the H/H session. Had to leave at 2:30 to meet Tida at the Hotel. We went to market where I bought more baskets - and to a couple of craft stores. Then to leave things at Pennachos. John brought me back to the forum for closing ceremonies. Sat next to Paula Herr, the Director of the Museum Shop at the Museum.

She was petit & delightful. Hated to leave but was being picked up at 6:00. Raced and made it.

The reception was at the Russian Embassy. Wonderful gothic type house and red carpet leading to the Ambassador and the first woman in space - the Russian astronaut. She is tall slender and attractive. Lots of savor - a pectoral representation of the accomplishments of Soviet women. Spoke to several Russian women - in English naturally. Mr. P says there is a thaw and much less isolation. The Russians here are more open.

Back to the hotel to meet Aileen and Michelle for dinner at Tamara's. Festive and full of Chinese.

Back to pack and bed at 1:15! Check out.

Sat. July 20 - Nairobi. Masai Ma
Downstairs by 8:00 and
off by 8:45 in a safari van.
Seven of us including Gordon
Wallace of Population Crisis
Nancy Ramson

Drove at breakneck speed
over incredible roads - tons of
dust. I certainly see why
safari clothes are recommended.
The Rift Valley was spectacular.
Had morning rest stop at
Narok where I bought a
Masai necklace.

Started seeing game around
noon. Thompson's gazelle, wildebeest,
kudu, zebra, great herds
of migrating wildebeest.
It really was a thrill. On to
see ostrich, baboons.

Arrived at Mara Sereva
lodge about 3:00 but they
held lunch. At 4:00 out on
a game watch. First saw
two male lions, then three
females with several cubs.
Saw many giraffes.

The van carried a wildlife
guide with a gun to protect
us.

Back for dinner - a drink
beforehand with the ladies
and a performance afterward
by the Masai Men - jumping
to great heights.

We persuaded a guide
to take us out at 6:30 tomorrow.

Sun. July 21, Mara Serengeti Lodge

lovely sunrise & fresh air
Out at 6:30. First saw
elephants walking across the
road and directly to a
hippo pool where we watched
several lazing in the early
light. Saw lions - dad and
them mother and cubs.
The list of animals was
endless and spectacular -
and thrilling.

Back to the lodge for
breakfast and some boredom.
Sat around the pool. It got
very hot so went swimming
and then spent some time
in the shop picking up
trinkets and as a result
almost missed lunch.

Alene and I visited
until time to go on the 4:00pm
run. She bought some hand-
some necklaces.

Our afternoon was a
leisurely "Sunday drive"
saw lions but then followed
gazelle, wildebeest, impala etc.
Just after our return

it started to pour and the
rain came in buckets.

After dinner got organized
washed my hair and to bed.

Our bus driver - M uongi

Alene

Nancy Ransome

Elleanor Hall (Nonie) (Taft)

Gordon Wallace (Gordie)

Virginia Kinn

Mon. July 22 Mara Serena - Narok

Left at 7:30 prompt. Saw a cheetah before we had gone far, also several lions, elephants, lots of giraffes, zebra and the usual after the rain the dust was down but the roads were mucky. The drivers have to be very skilled to get these vans through - but they do it - at breakneck speed!

Arrived at Narok before noon to be met by Donna Klump and the women of the group as well as several city officials and the district officer (DO). The city officials are elected, the DO appointed by the Pres.

Had "tea" with the group and found our rooms at the Spear Hotel, a Kenyan travelers hotel. Got sorted out and had lunch (prepared by the chef Doug + Dianne had imported from Nairobi) and a visit with the women. Then to visit the

women's project. They greeted us singing and dancing and in colorful dress. They had their wares available for purchase which we did. It seemed like a big event for the city, which I'm sure it was! We went to the chief counselors home for drinks and to watch "Kenyan TV" that is the cows coming in from the fields. The commissioners wife milked their cows - they have 300 head having lost 200 to drought last year. We visited the inside of a typical Masai home - small and very smoky in which the commissioners mother lives (with her goats), Loma, & visited the site of a primary school which is to be built, and saw women constructing homes of sticks woven together filled with leaves of shrubs which grow nearby, and plaster both inside and out with cow dung.

Back to the hotel for dinner
(to which we found later 40
extras supposedly came because
of a political fight between the
Commissioner and some of his
opponents' supporters) Had
a question and answer period
which hinged on why taking
out garbage is man's work.

The officials left about
11:00 and we talked until 12
about how we could assist
the Kenyan Women's project.

Rebecca Griep and I visited
a little before going to sleep.

Tues. July 23 - Narok - Nakuru

Alene and I decided we
should take up a collection
(Harambee) for the women's
group so started an envelope
around at breakfast.

Donna arrived and we had
a very frank discussion with
the women about Kenyan
customs - female circumcision,
wife beating - marriage customs,
female responsibilities etc.

Then at about 11:00 AM went
to St. Mary's Secondary School
where Sr. Marie Gorette is head-
mistress. She graduated from
Makato State and I promised
her I would greet Margaret
Preska. We visited with the
girls individually and then
had group discussion before
a tour of the grounds. The
girls - 9th - 12th grade or forms
11-4 are from all over Kenya and
board here. There were a few
who had had poles including
the daughter of a minister in
Moi's cabinet who he refuses

to acknowledge.

Toured the grounds - back to Spear Hotel for lunch and on the road for a very bumpy ride. We passed Lake Naivasha where we could see the pink stripe on the lake made by the flamingos and right on past to Nakuru. Stayed at a lovely hotel with small guest cottages. Beautiful grounds with bougainvillea, cosmos, mums - poinsettias - a profusion of color.

We were bushed, but took showers and talked until 7:30 when it was time for dinner - buffet. Tour 1 was here so it was old home week.

Had dinner with a couple from West Virginia who told me that Betty McCreight died in March.

It poured - we slept like logs.

Lake Nakuru to
Wed July 24 Nairobi

Off at 9:00 to see the flamingos with a few warthogs, impala and a cheetah on route. We drove right onto the beach and it was spectacular. Hundreds of thousands of pink flamingos interspersed with a few pelicans. They are a delight to watch skittering across the surface of the lake before takeoff. The sound of them all together is sort of a whooshing. We stayed for well over an hour walking on the beach.

Saw some giraffe on the way back to the hotel (Lake Nakuru Lodge) for lunch.

Left right after lunch but organized a group to insist upon a stop at a tea plantation at Kericho. Very old English and Colonial took pictures and admired the Kisii pottery but didn't buy any. Alex found a lovely

platter.

On to Kisumu - Sunset Beach Hotel on Lake Victoria. Kisumu is the second largest city in Kenya and has many relics of British colonialism. The hotel isn't much from the outside, but our room looks out over the lake and the swimming pool. It was cloudy so no sunset of note.

Dinner was so-so - but with Mary Gates and which was fun.

A group of CARE people came to show us slides of their projects and to tell us about tomorrow's visit.

Reforestation, goat raising and bee keeping (Borey) are what we are to see.

Fell into bed around 11.

Thurs. July 25 - Kisumu - Nairobi

Were in no rush because Aleen decided not to go on the tour even if she was unable to get a plane ticket. When we got downstairs we found that she had one. After breakfast we went to town to pick it up and came back to sit in the sun. It was hot and lovely and there were a few other defectors.

Aleen felt rotten so it was quiet. Met two young women who are married to Episcopal priests and are here for 6 weeks. They are from Atlanta and very nice.

Packed and took the hotel van to the airport - with a flat tire on the way. Nice flight in a prop plane. Right on time and cabbed to the New Stanley for Aleen to stay and for me to pick up my bag. Met Brownie in the

lobby who is on the way
to Uganda tomorrow.

Doreen met me at the
door of the Intercontinental at
7:30 to tell me that we are
due at a 7:30 dinner. Raced
to dress and John was
waiting.

Dinner at a lovely home
with great art. Ann and
she a planner and he an
architect are house sitting.
Birgitta from Sweden
and from FAO
were the other two along
with Mr. P. and Tina. Good
food, wine and conversation.
Talked about South Africa,
peace, and the forum.

Back to report!

Fri. July 26 - Nairobi - Mombasa

Breakfast in the room and
were downstairs by 8:30 to be
picked up to go to the airport.
The van was late but we
got there just in time to check
in and board the plane.

1 hour flight on a 707 from
which we were whisked to
the Mombasa Beach Hotel.
It's lovely and right on the
water with a pool overlooking
the Indian Ocean as is our
room.

Changed into shorts and
cased the joint. Had a
drink and lunch by the
pool and then, in bathing
suit went for a long walk
on the beach.

Took a few slides on the
great slide - washed my
hair and took a nap.

Went to dinner at Inverness.
Had Indian Ocean oysters +
lobster. Fell into bed by 11:00.

Sat. July 27 - Mombasa

After breakfast went to the shop to get White Mischief which I had seen through the window last night but it was already gone - as was the paper.

Walked by a woman in a Decade gown and stopped to visit. She was Nancy Tobin from Wellsley. Talked about the conference. She had stayed with Kathy, I don't know the food critic for the Times as did Lynn Sher and several other Wellsley people. Mrs. Shahan is a Wellsley grad who has not been recognized by the college. I told her I will speak about it to Dorcella as well as about Wellsley's program with colleges in India.

Nancy's boss is Barbara Lazarus who is going to Carnegie Mellon. Also talked about a career advisor at Barnard who Nancy says is excellent - Martha Green.

Walked on the beach in the afternoon. Had barbecue at the hotel and watched local dancers.

Sun. July 28 - Mombasa - Nairobi

Glorious day. Sat in the sun and read. Walked down the beach, took pictures and went swimming. Washed my hair before lunch so that it could dry in the sun.

Were picked up for the airport about 3:45 which gave us a leisurely time. Our flight had come from Johannesburg so there were no windows. Pass Mt Kilimanjaro coming to Nairobi but got only a fleeting glance above the clouds.

Dinner at Alan Babbie's. Good but too much. I had the trots & cramps so wasn't able to appreciate it fully.

Mon. July 29 - Nairobi - The Mountain Lodge - Mt Kenya.

Met our group at 9:30. Seems to be a very congenial gathering one family of 5 and one deaf young woman.

Got our briefing - finished packing - talked to Tina and went to The New Stanley for lunch at The Shore Tree. Saw Barbara Kneiden who is staying here another week.

Then back to the Intercontinental where we assembled and took off in 2 vans. Drove the way we had gone to Mugoinse - passed by Shika - got to Mountain Lodge about 5:15 in time to see a Stately elephant and while we were at dinner a black Rhino.

Several others including hyena, wildbeast, monkey, gazelle - came to the salt lick. Got up several times during the night to look out over our balcony to check the action. Always several cape buffalo.

Tues July 30 - Mountain Lodge
to Samburu River Camp

14 elephants came while
we were at breakfast so I
preferred to watch them.
Drove to Samburu in time
for lunch thru Isiola
where the whole flavor of
the country change to be
much more Arabic in look,
dress and surroundings.
Saw a few camels along the
road.

The vegetation also
changed dramatically as
we crossed the crest of
the highest "hill". Green
and lush on the south,
very arid on the north
(Isiola) side.

As we approached Mountain
Lodge we saw an entire herd
of camels in a dry river bed.
Also saw ostrich, elephants
dikdik and several giraffes.

Had lunch at the lodge -
a brief swim and relaxing
time before a 4:00 PM

Just after lunch a pack of monkeys
put on a show for me by our cabin

game drive. Saw familiar
things and a few greaves
rebra - Crocodile at the lodge.
Just as I was getting
ready for dinner he came
to say that a leopard
had taken bait across the
stream. Got the glasses and
watched for about 1/2 hour
until he came down the
tree. Bed soon after dinner.

Settling: Foot paths thru
most fields and near
roads.

The Samburu are first cousins
of the Masai and dress in red
painted with red dust and
heads covered with elaborate
decoration.

Birds as well as the beasts
are fascinating.

Kathy Haas is amazing - bright
and very much with the group.

Ernest, our driver, was an
AFS student near Boston and
tried out for the Celtics.

Wed. July 31 - Bamburu to
Mt. Kenya Safari Club -

6:30 game drive -
elephants and morning
types like impala,
gazelle etc. A warthog or
two. Back for breakfast and
then announced we were
leaving directly afterwards
a change of plan.

Drove back yesterday's
path and had lunch at
Kentrout in Isiola - a
lovely spot with as hand-
some calla lilies as I have
ever seen. We had fresh
trout. I gather this place
supplies all Kenya. After
lunch looked at the spawning
tanks.

On to Mt Kenya Safari Club
which is truly a bit of old
England mixed with a bit of
William Holden's Hollywood
in the middle of Kenya.

Peacocks all over lawns and
roofs. gorgeous lawns and
gardens. All in all a

spectacular sight.

Got our rooms and decided
to go to the animal orphanage,
but it started to rain. Hung
around the gift shop. Angela
Fisher's "Africa Adorned" is
1150/KS here. I paid her 900 -
and it was 750 next to the
New Stanley.

The rain let up so Grace
and Jake McK and
hois and John walked over to
the orphanage.

I fed an elephant and a
bongo deer. ^(an endangered species) Also saw a bush
baby which was adorable.

Back to wash my hair. When
I opened my door I heard
drums and went to investigate.
Another group had hired Meru
dancers and they were
spectacular with birds
wings on their arms and
all with drums.

Back to take a pic of
Mt. Kenya from our balcony -
and shortly afterwards watch
the full moon rise over Mt.

Kenya. For a moment it looked like it had a halo. What a sight!

Gathered for drinks and an elegant 7 course dinner. Splendid service and food. Dressing up was certainly worth it!

After dinner found out that Grace is a psychologist - works with chem. dependent physicians and uses Hazeldon materials.

Perted up our fire for awhile but it finally died.

Thurs Aug. 1 - Mt Kenya Safari Club to Lake Nakuru Safari Club
9:45 AM

Had a leisurely start after a little shopping. Had picnic lunches in the vans so didn't feel pressed. However, roads weren't good, and shortly after lunch I felt a funny thud in the left rear wheel but when I mentioned it everyone pook-pooked me. (I was in the back seat ~~alone~~) As it turned out all the legs in the rear left wheel were loose and we almost lost it.

We stopped in Gilgil where Traist phoned for a new van to meet us in Nakuru. After about an hour the wheel was deemed repaired temporarily and we continued - slowly.

Met the other van returning to look for us. On to Nakuru to look at flamingos - and a few animals. Slowly to Nakuru where we arrived about 6:30 P.M. Safairland

is a lovely spot - marina
large pool. birds - but
not much time to enjoy
it.

Celebrated Lois' 19th
birthday. Susan provided
Moet + Chandon. Very festive

Had a good long conversation
with Kathy on the bus.
Remarkable woman.

Fri Aug 2 - Safariland at Lake
Mavasha to Kichwa Tembo in
Masa Mara.

Left promptly at 8:00 in our
new van. It was hard pulling
away from the colorful
parrots - and the albino
ones as well. - as well as
from the black swan and
the white swan, peacocks
etc.

The road was bumpy, even
on pavement. - We stopped
in Narok, but at a different
place near the grain storage
facility. Got some Kisii
trinkets and we were on
our way again. Very
dusty and bumpy but
we arrived at 1:15 in
time for lunch. The
tents - with attached
baths - are very pleasant.
Small - we are in VK which
Ken says is for Valerie
Kent when she comes.

Went on an afternoon
game drive during which

We saw several lions.
First² females, then males,
and finally a group of
about 10 cubs. I also
saw giraffe aplenty - but
no leopard or cheetah.

Had drinks with the
group - using Sid's
Canadian Club. Lor
sat with the Mc Kewes for
dinner and Dorothy Denson
popped for wine for our
table. Len was filling
us in on stories of safaris
91 yr old woman etc.

After dinner were
joined by a couple who
had driven from Resume.
She, Lisa Connor, is manic
depressive, Smith and HBS
degrees. Long talk on
treatment of the mentally ill.

Sat. Aug 3 - Kichwa Tembo Camp

6:30 game run - saw lions,
a humping hippo and the
usual other marvelous
animals. Back for breakfast
and a relaxed snooze on the
deck until 11:00 when I went
to wash my hair in Pat's and
Sue's shower. Dried it in the
sun and read until Lor returned
from his visit to a Masai
village. A drink - late lunch
and visiting until 3:00 when
we started to stalk the wily
rhino. We drove - and drove -
and drove - to another park
entrance. Got totally hung
up on rocks - saw a few
lions - the other van saw a
rhino in the distance but couldn't
get to it. Were far out - it
started to rain and get
dark - and slippery. Anyway,
we made it back about 6:45.
Poured - met Helen Weiss &
~~Andy~~ Gilmakers of
the Women's Conference for the
SFO UN Society. They are

making a promo film for
Abercrombie + Kent. Ken
invited them to join us
for dinner.

Saw slides on the Masi
Mara after dinner and
then some tape Helen +
Ricky had shot.

Bed by 11:00.

I really like the ~~Huts~~!

Sun. Aug. 4 - Kichwa Tembo (lion's
Head) to Nairobi

5:30 wake up call. Packed
and out by 6:00 to be told by
Ken that there had been an
overbooking and that Sue,
Ruthy + Bud could not come in
the balloon. For and I debated
giving up our space - but
didn't. Got into 4 wheel
drive vans and set off
across the field in front of
the camp. Were delayed
slightly by a family of lions in
the path.

When we arrived at the
launching site were told our
names were not on the list!
After a few uneasy moments
we got into a basket and away
we went - skimming over the
fields - raising to above tree
height when necessary, but
keeping low because there
were strong winds. The views
were splendid, but not many
animals - 2 big + 2 small
giraffe, gazelles, vultures,

wild beasts (but no great migration) not much else, handed with a Thompson & a drag and waited for the follow up vans.

They set up a table, started breakfast on the burners for the balloons and opened champagne. We all toasted our successful flight and sat down on the fuel drums around a table for breakfast. Fresh pineapple slices, mushrooms, bacon, sausages (impala?) French toast, juice coffee & tea. What more could one want?

A family from Weston, Ct. 3 Germans, an English woman, Helen Weiss & Andy among others.

^{Heane}
Vanned back - Brothy to catch her plane and for I to meet Ernest for the ride back. Started about 11: AM. to drive to Nairobi - I in the front seat with Ernest.

We had a nice conversation. He is fluent in French as well as English. - has 8 brothers and sisters and supports his mother and younger brothers & sisters. Was offered a scholarship in Paris last year but couldn't afford to take advantage of it. - hopes to some day. AFS has become too expensive for all but the very wealthy to participate. Discussed the population problem.

Got to the Intercontinental about 4:30. Picked up bags and came to the Hilton. Talked to Tina - took a bath - walked back to the Intercontinental to pick up a forgotten carry-on bag.

Dinner at the Hilton in the Ambroseli Room. Very pleasant and a good night's sleep.

Mon. Aug. 5 - Nairobi

A day to do all the errands at the Intercontinental breakfast in the room - to Denny to see about my jewelry. He said to come back tomorrow. To select a Robin Anderson batik. Lor chose Zebras. The Starlings are not available because Robin has broken her wrist. To the market for gifts which had not been taken care of. Also got games along the street - and to African Heritage where I got a tape - necklace earrings etc. lunch at the Red Bull. Saw both Carol Beckwith and Angela Fisher.

Back to the Hilton where Tina and her dad picked us up to go to Giraffe Manor. It abuts the game park and is lovely. A male giraffe was just killed by a car - John Paul - which is a tragedy - but we saw others. Back to the hotel - I had thought we were having dinner but Lor and I were on

our own so I made reservations at the Intercontinental to hear the African Heritage band.

It was a buffet with both standard and African food. The music was outstanding!

Sues Aug. 6 - Nairobi -

When I called to confirm our plane reservations he found that the plane was delayed about 12 hours - supposedly due to "mechanical difficulty" with the aircraft. We went over to BA to get rearranged and then to the National Museum. Interesting leakey exhibits - reproductions of cave drawings - footprints etc. Saw dioramas - birds - animals etc. Stopped in the shop to say hello to Paula Herr and bought a bag. Walked over to the Norfolk Hotel (after taking a wrong turn and crossing Uthman Highway to Loring's disgust)

Met her who was about to embark with another group.

Walked back to the hotel picking up flowers, a taper and jewelry from Daisy on the way. Called Miss to tell her we'd be late and Tina to let her know the change in plan.

John picked us up at 4:00 PM to take us to Erica and Igor Morris to see their fantastic collection of artifacts. We had tea and a visit and then heard stories about their pieces - some completely unique. Igor has some pieces - silver - from Afghanistan which are priceless. They have handsome and totally unique African pieces which have been given to them. Erica also showed us her workroom where she assembles her jewelry and makes her glazed pieces.

Then to Renacchio's where I helped a little in the kitchen as Tina prepared for dinner.

Ambassador and Mrs. Thomas arrived about 7:30 and shortly afterward Ian and Oria Douglas-Hamilton. He has been taking a census of elephants in Africa. Interesting dinner. Tina is a splendid hostess.

To the hotel after midnight to consolidate packing.

Wed. Aug. 7 - Nairobi - London





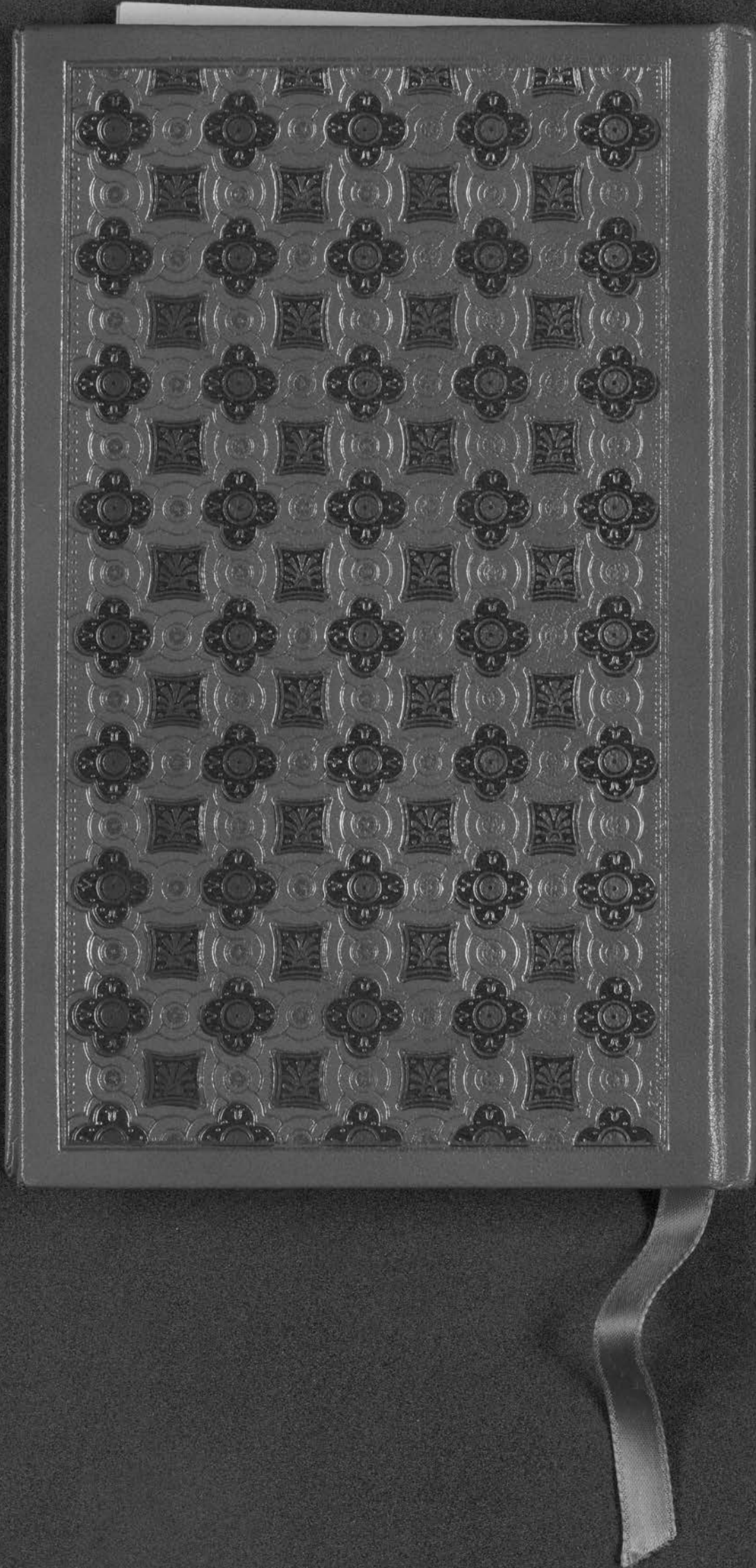


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URBAN and RURAL ENCOUNTERS



VISIT WOMENS PROJECTS IN

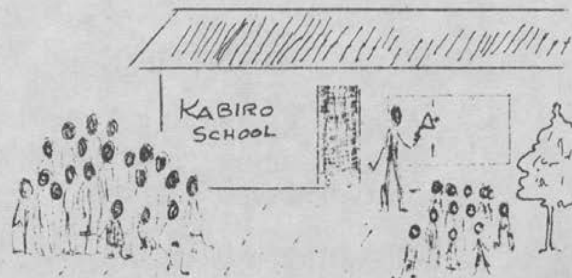
....KABIRO, KAWANGWARE
6 kilometres from the
University of Nairobi

....MUGUMOINI, MURANG'A
80 kilometres from the
University of Nairobi

KABIRO

Kabiro - A community in transition which, in five years, has journeyed from a collection of squatter families to a community 'on the move'....known today throughout Nairobi for its active demonstrations in the social and economic arenas.

- 10:00 am Leave the University by bus
 10:30 am Reception in Kabiro
 Songs and Dances by
 Kabiro Womens Group
 and school children
 11:00 am Tour of Womens Projects
 12:00 pm African Lunch
 Irio (Two varieties)
 Meat Sauce
 Fresh Fruit
 Kenyan Chai
 Soda
 1:00 pm 'Sharing Approaches That Work'
 A discussion with the
 Kabiro women (in translation)
 about project approaches
 2:00 pm Return to the University by
 bus.



SIGN UP AT THE INFORMATION DESK

NGO FORUM '85

UNIVERSITY OF NAIROBI

PLEASE NOTE

*The limit for each trip:
 25 persons*

FEE

	USD	KSH
Kabiro	\$15.00	Ksh 225/-
Mugumoini	\$20.00	Ksh 300/-

Fee includes:

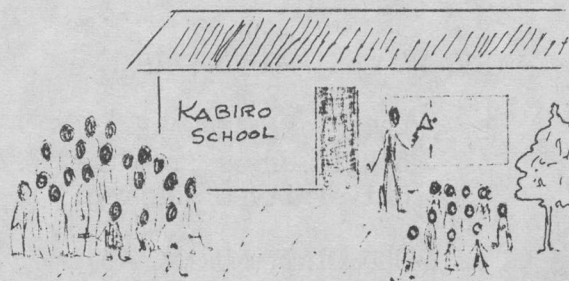
- *Roundtrip transportation
- *African Celebrational Lunch
- *Project Site Visits
- *Honorariums for participating groups

*For advance or group bookings,
 please contact the ICA, Tel.
 567728*

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 2:00 pm Return to the University by
 bus.



See these evidences of local women on the move:

- +o Adult Literacy Groups
- +o Bio-intensive Gardens
- + Breast-feeding Information Group
- +o Brick-making Project
- + Child-spacing Information Programme
- + Community School
- +o Craft Industry
- o Dispensary
- +o Health Caretakers Programme
- +o Leadership Training Programme
- o Local Market
- + Nursery School
- o Pig-raising Project
- + Rabbit-keeping Project
- + Seedling Nurseries
- + Sisal Roofing-Panel Industry
- + Solar-powered Health Clinic
- +o Sisal Baskets
- +o Sweater-knitting Industry
- + Traditional Birth Attendant Training
- +o Traditional Dance Groups
- o Water Catchment Tank Self-Help Groups
- + Water Vending Cooperative

- + - To be seen in Kabiro
 o - To be seen in Mugumoini

MUGUMOINI

Mugumoini - A small Kikuyu village 80 km. from Nairobi which faces Mt. Kenya in the intensively cultivated typical shamba-land of Murang'a District ...whose water catchment demonstrations are now moving across the district.



- 9:00 am Leave University by bus
 10:30 am Reception in Mugumoini
 Songs and Dances by
 Mugumoini Womens Group
 and school children
 11:00 am Tour of Womens' Projects
 12:00 pm African Lunch
 Irio (Two varieties)
 Meat Sauce
 Fresh Fruit
 Kenyan Chai
 Soda
 1:00 pm 'Sharing Approaches That Work'
 A discussion with the
 Mugumoini women (in trans-
 lation) about project
 approaches
 2:00 pm Leave Mugumoini
 3:15 pm Arrive at the University



The Institute of Cultural Affairs is a private non-profit organisation with offices and projects in over 21 nations. Attacking global problems at their roots, the Institute has provided programmes that foster local initiatives and solutions to improving the quality of life. Working in Kenya since 1972, the Institute has been involved with rural villages and urban communities in assisting their local development efforts, as well as promoting international understanding and cooperation. The Institute is funded by contributions from individuals, from the private sector, by honorariums, and international grants.

ICA

THE INSTITUTE OF CULTURAL AFFAIRS

P.O. Box 21679, NAIROBI, Kenya

Telephone: 567728

Safari No. 4: Kenya Rural Encounter

This trip is designed to provide you with a unique opportunity to experience Kenya's spectacular wildlife and scenery, as well as to learn first-hand about life in rural Kenya. Following is a very brief outline for Trip 4:

- July 20 - Travel to Masai Mara National Reserve; enjoy game drives and evening relaxation at either Mara Serena Lodge or Cottar's Tented Camp.
- July 21 - Full day to enjoy Masai Mara, game drives and relaxation.
- July 22 - Arrive in Narok, a major Maasai town in the Great Rift Valley, to spend 24 hours with Donna Klump, an anthropologist from Columbia University whose specialty is Maasai culture. Visits to town market, Maasai bomas, hospital, and evening slide lecture. Stay in Narok at Spear Hotel (note: the hotel here will be rather rustic so be prepared i.e. communal bathroom, etc.)
- July 23 - Half day of activity in Narok, meeting women's groups, local community leaders, etc. Drive over the hills to Lake Nakuru home to over 1 million pink flamingoes and spectacular bird life.
- July 24 - Depart Lake Nakuru in the morning, drive to Kisumu, a town on the shores of Lake Victoria. Evening dinner with C.A.R.E. staffers, followed by a slide show on rural Kenya women. Stay at the Sunset Hotel on Lake Victoria.
- July 25 - Spend a full day visiting women's income-generating projects (agroforestry, goat-raising, and bee-keeping) in rural Siaya near Kisumu with C.A.R.E. staff members. You will lunch with one of the women's groups. Final evening program and discussion after dinner.
- July 26 - Drive back to Nairobi, leaving early morning and reaching Nairobi around 3:00 PM.

A few "tips" that were suggested by the Kisumu C.A.R.E. staff:

- Bring comfortable walking shoes and a casual skirt for the Kisumu visit.
- In rural Siaya and Narok, you may have to use local bathroom facilities so bring your own toilet paper those days.
- It has been suggested that visitors to the projects do not smoke cigarettes in front of the women's groups.
- Picture taking should be no problem in Kisumu as long as the women are asked first whether they mind. It would be nice if visitors sent copies of some of the pictures to the members.
- Both women's groups in Siaya are quite religious and will most likely pray before drinking soda and eating food.

* There will be 1 or 2 Schilling staffers with you both in Narok and Kisumu for the topical parts of the trip.

** ENJOY YOUR SAFARI!



MARA SERENA LODGE

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Nairobi, Kenya



Hotel Inter-Continental

PO Box 30353 Nairobi Kenya

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