

Faribault State School and Hospital.

Superintendent.

Correspondence.

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State School for Feeble-Minded Faribault, Minn., Nov. 2nd, 1908. Miss Catherine Shook, Mema, Minn. My dear Muss Shook: In reply to your letter of September 3rd, which reached us October 4th, I will say: Manual work is the chief means of training employed with us. In the kindergarten we fold paper chairs, windmills and other forms which interest. I say kindergarten but our pupils are some of them ten years old and the folding and other work I tell of is combined throught the primary grades with still older pupils. When scissors and paste are added to the folding we have better times yet. For the children like the baskets, cradles and other more life-like forms now made. We knit on sp ools, the same old -fashioned knitting all children learn and we have sewed the knitting into doll caps, woven it on small looms into holders, and some of the older pupils by adding tassels to the white cotton knitting, made very pretty curtain cords. The children of all ages like to cut or color leaves or make designs of the leaves themselves, string berries and do any work with nature forms. What never fails to interest them is cutting and pasting pictures for scrap books. In beginning reading we use much action, as primary teachers often do. We run and then learn the word run, jump and do the actions with their words, run to the door or bounce the ball along with their sentences. Of course the progress is slow In numbers too we proceed slowly and assure ourselves that the pupils understand with pbjects before trying numbers in the abstract

Some, even of the school children never learn to abstract number.

It seems to me from your description that the girl will never do anything in her books. If she could learn to read simple stories that would be doing well.

But I judge she needs to be taught to darn and to sew, to dust and do other housework or help in a garden, all work tho is nearly beyond your means. In our kindergarten and in some other rooms the children wash and wipe dishes, wash paste and apint rags and hang these up to dry and they are very happy dusting. But I hardly see how you could do even that much housework. I should thank you mught have her sew, dress a doll or fit out a dolly's bed. If she is self conscious and dislikes being different from the others, perhaps others might bring sewing they had done at home.

I shall be glad if any of this account of our work is a help to you at this late date.

The office people will answer your questions about the institution.

Yours cordially,

Agnes Millingham.

STATE BOARD OF CONTROL S. W. LEAVETT, CHAIRMAN ROCHESTER STATE HOSPITAL P. M. RINGDAL J. D. MILLS, SECRETARY DR. ARTHUR F. KILBOURNE, SUPERINTENDENT ROCHESTER, MINN. Dr. A. C. Rogers, Supt. School for Feeble Minded, Faribault, Minn. Dear Doctor :-Your letter of the 22nd, I am sorry to say, was not answered promptly. I was waiting to hear the report from the wards and kept forgetting to urge the matter. There were 12 epileptics reported upon the women's side of the house, and, although I did not expect to find so many, -39 on the men's side. In answer to your second question, we would say that practically none of our epileptic patients have parole, and parole would be a distinct sign that they were trustworthy. On the other hand, probably ten out of 51 could be called fairly trustworthy as regards general behavior, there being simply the fear of their getting into trouble by having an unexpected fit. In answer to your third question, if an epileptic colony is to keep all epileptics, I do not know why they should not have those that are here as well as those elsewhere. Our epileptics are only different from others in that they are somewhat more troublesome on account of some peculiarities of behavior than are those which remain outside. Hoping this will answer your questions as definitely as desired, I am, Very truly yours, of M. Thelp. DAK is in St. Paul ssistant Superintendent. GOVERNED BY THE BOARD OF CONTROL of State Institutions

S. W. LEAVETT, CHAIRMAN. L. A. ROSING P. M. RINGDAL J. D. MILLS, SECY M. C. CUTTER, PURCH. AG'T

## Hastings State Asylum

W. J. YANZ,
Superintendent

A. M. ADSIT,
Resident Physician

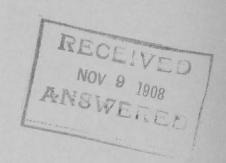
Subject-

Hastings, Minn., Nov. 7th, 190 8.

Dr. A. C. Rogers, Supt.,

School for Feeble Minded,

Faribault, Minn.



Dear Sir:

Complying to your request as to how many Epileptics we have at our institution, would say that we have 3 men and 3 ladies.

Yours truly,

Supt

Nov. 9, 1908.

Prof. Ladd,

Fargo, N. Dak.

. My dear Sir:

I write to know if you would honor us by presenting a paper on dietary for public institutions at our next conference of the State Board of Control and Superintendents of State Institutions in St. Paul during the first week in February? We hold these meetings quarterly and have papers and discussions on subjects pertaining to institution policies, administration, organization, economics, etc.

We desire next time to consider the matter of the dietary table adapted to the markets of the Northwest, something on the order of the "Flint Dietary". I do not mean by this, of course, that it is possible to prepare a table that could be applied universally to the diverse conditions exemplified in our different state institutions, but it would seem possible to prepare something that would serve as a standard for average conditions, to which we, as superintendents, can refer in making up our estimates for food supplies, with such modifications as our special people require. You perhaps get the idea.

11/9/08-

I understand that you have given considerable study to this subject and made a large number of food experiments.

We cannot offer you any special fee for your contribution, but the Board will pay all traveling and hotel expenses involved. I will be glad to hear from you at your convenience.

ACR/OL Very sincerely yours,

Sec. Programme Committee.

### Committee:

H. A. Tomlinson, M.D., St. Peter, Chairman.

F. A. Randall, M.D., St. Cloud.

A. C. Rogers, M.D., Faribault.

Nov. 9, 1908. Dr. Geo. Welch, Pergus Falls, Minn. Dear Doctor. I believe we told you while at the Frederick that we were counting on you for a paper on institution dietary for the February meeting. We have written Prof. Ladd of the Agricultural College at Fargo to secure him, if possible, to assist in forming a dietary standard adapted to the markets of the Northwest. ACR/OL - Very sincerely yours, -

## First Congregational Church Rochester Minnesota

Victor Lynch Greenwood

Minister

215 West Third Street

11-10-08

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Nov. 11 , 1908.

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which the following is a resume:

"In the examination of 2400 consecutive applications for admission to the Minnesota School for Feeble-minded and Colony for Epileptics, we find that in 641 cases only, or 26.7% is there a history of more or less use of alcoholic liquors as a beverage by one or both of the parents and by one or more of the grandparents.

Ву	he	father only	343	cases
21	97	mother only	4	11
- 11		Father and mother	14	- 11
11	22	father and grandfather	100	11
11	11	father and two grandfathers	33	11
12	- 11	one grandfather only	112	11
8)	11	two grandfathers only	20	'n

Of the above 641 cases, 204 were epileptic.

In the further analysis of 140 of these cases, consecutively

If you could get statisties without too much trouble to as to much me by Sunday I would be most frateful - Ihmet all goes well with you or your frat m'teresting family Corchatty Fratemally Vielor hynch Tranwood

that be unch us for work to be unch Nov. 11 , 1908. Rev. Victory Lynch Greenwood. 215 West Third St.. 'Rochester, Minn. My dear Sir: -Your letter to Miss McLean regarding statistics of our institution as to the parentage of children effected by alcoholic or veneraal taint has been handed to me for reply. The statistics, such as we have, have been gained through our application blanks and show probably only a partial truth, for, as you can readily see, these things are covered and hidden, and in a great many cases we do not learn of such conditions even when they exist. In a paper written by Dr. Rogers, we collected statistics concerning drunkenness, of which the following is a resume: "In the examination of 2400 consecutive applications for admission to the Minnesota School for Feeble-minded and Colony for Epileptics, we find that in 641 cases only, or 26.7% is there a history of more or less use of alcoholic liquors as a beverage by one or both of the parents and by one or more of the grandparents. By he father only 343 cases " " mother only 4 " Father and mother 14 " " father and grandfather 100 " " father and two grandfathers 33 " " one grandfather only 112 " " two grandfathers only, of the above 641 cases, 204 were epileptic. In the further analysis of 140 of these cases, consecutively

from the first, we find:

First, as to amount of liquor used:

Slightly l father

50 fathers, I mother Moderately Excessively (drunkards) 79 fathers, 4 mothers, 72 grand--fathers, and 2 grandmothers.

Second, as to collateral relatives:

Brothers 328 Sisters 327

Of these, 307 brothers and 291 sisters were stated to be .in good health.

There were five deformed children. One hundred and seventeen brothers and one hundred and three sisters were dead.

Third, as to the age of the parents at the time of the birth of the children;

The fathers: 20 to 25 12 cases in 25 to 30 29- # 91 30 to 35 32 35 to 40 註 26 40 to 45 11 45 to 50 89 17 50 to 55 6 14 55 to 60. " 60 to 65 11 13 11 No data

The mothers:

15 to 20 in 3 cases 20 to 25 11 - 0 41 25 to 30 12 26 30 to 35 40 11 35 to 40 22 40 to 45 " 20 45 to 50 85 25 2 No data 12

The French have given considerable attention to this

and Dr. Bourneville of the Bicetre gives the following:

The fathers The fothers The fathers	of	Boys 785 67	Girls 148 13	Totals 933 80	were			alcoholic	exce
mothers		30	10	40	- 11	11	1	11	TI .
Of The fathers	and	340	110	450 1	we har	re no (	lata	١.	
mothers		850	201	1051	were	sober.			
Totals		2072	482	2554					

Our statistics include the epileptics as well as the feeble-minded while those of Dr. Boumeville are practically of the feeble-minded.

These statistics must be interpreted with care in their bearing upon the causes of the condition. It is now felt by many investigators that they indicate more of a pathological taint, or that the alcoholism and the feeble-mindedness are a result of defective conditions reah r than that the alcoholism was a direct cause of the feeble-mindedness or epilepsy.

In regard to venereal diseases, our statistics show very little. Syphilis is now regarded by all as entering ve y little into the causes of feeble-mindedness.

In a table giving the result of the causes in 2,380 cases, syphilis all figured in 28 cases or 1.17%. In an American report upon 3,050, syphilis was found to figure in 6 or .20%. In our own institution in the last ten years we have had only one case in which we felt at all certain that syphilis appeared.

As to gonorrhoea, it does not appear as a ethological factor in our work. It is a very prominent one in the production of blindness. In a paper which I wrote some years ago concerning the blind, after a study of the best authorities on the subject, I reached the conclusion that about 30% of our blindness is due to this cause.

Hoping this will meet your needs, I remain, Very respectfully.

ARTW/OL

Nov. 10, 1908. Hotel Frederick, St. Paul, Minn. Gentlemen: On Thursday evening I left a chart roll, on a window shade roller, in your check room. If you will kindly lay it away, I will call for it some time when in the city. ACR/OL Ve y respectfully, Supt.

# Peoples Church

St. Paul, Minn.

November 16, 1908.

Superintendent School for Feeble-minded,

Faribault, Minn.

My dear Dr. Rogers:

The State Board of Visitors desires information from you on the following points:

/ M. Doo M. Belg (80 000) 1. What appropriation is your institution asking

- 2. How much for repairs and improvements?
- 3. How much for maintenance?
- 4. Kindly give the number of inmates in your institution and the per capita cost
- 5. State if any new methods of administration or care of your people have been employed during the past two years; if so, what are they?

An early reply to these questions will greatly oblige,

Yours very truly, South

Pres. State Board of Visitors.

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Mov. 20, 1908.

Nov. 16th.

Rev. S. G. Smith,

Pres. State Board of Visitors, St. Paul, Minn.

My dear Dr. Smith:

additional buildings for inmates to the amoun of \$80,000, industrial building and gymnasium \$25,000, and other improvements amounting to \$75,000. The includes complete renewal of heat ng plant, better fire protection, renewing of some plumbing, the beginning of the process of fireproofing the old buildings, a few cerp contagious wards annexed to the hospital, small warehouse, horse barn, etc., etc.

For s anding repairs, we request the usual allowance, for miscellaneous repairs, of \$5,000.

of the Board of Control. Assuming an average population of 1,260 for 1909-10 and 1300 for 1910-11, we shall want approximately \$226,800 and \$234,000 respectively for these two years, less the payments from private sources and counties, which are figures on the basis of \$30.00 per year per capita for actual attendance.

Our institution population at the present time is 1,115 (inmates). Buildings in the processes of erection and to be occupied early in the semine cor will increase our capacity

early in the coming year will increase our capacity to 1,300. The gross per capita expense for the biennial period just closed was \$199.25 for 1906-07 and \$184.88 for 1907-08.

While we have kept up our standard of training during the last two years, the difficulty in securing good help has made the problem an unusually trying one. Ho special innovations in either administrat on or training have been introduced during the last two years. We are planning a radical change in the method of preparing and distributing food, a large and well equipped central kitchen being in the process of construction at the present time. Without sacrificing any of the work being done in our training school for the brighter children, I am especially anxious to increase the amount of training given the intermediate grades classed in the custodial department. In this connection, it is especially desirable that the State should secure a permanent and well equipped farm for colonizing both the brighter boys from the school department and a large number of these intermediate boys from the custodial department. ACR/OL Very sincerely yours,

Supt.

# a chicken raising dipt, is being developed for additional employment for girls.

O. C. R.

Dr. J. M. Murdoch, Polk, Pa. My dear Doctor: Last surmer while on a steamboat excursion on the Mississippi with our children, one of the deck hands disclosed the fact that he had been in your institution. He handed me the inclosed card which he was ancious to have me send you, with the inquiry as to whether you remembered him. I neglected to comply with his request until now. He seemed to be doing very well, but had very pleasant memories of his institution experience. I asked him how he happened to leave and he stated that while his going was not a matter of pre-arrangement, he thought it was entirely satisfactory to the administration. With very kind personal regards to yourself and Mrs. Murdoch. ACR/OL Very sincerely yours, Tell Mr. Weaver we now have a chicken ranch and while we are not ready to talk "Records", we feel that we have made a good start.

Nov. 19, 1908.

ELMORE T. ELVER,
Director of
Mental Defective Investigation.

STATE BOARD OF CONTROL.

WISCONSIN REFORMATORY,

CHARITABLE AND PENAL

INSTITUTIONS.

Not

Dr. A. C. Rogers, Supt.,

Fairbeault, Minn.

Dear gir:-

mI acknowledge receipt of your favor of the 19th inst., enclosing list of foreign institutions for feeble minded, epileptic, etc. Kindly accept my thanks for the same. I shall include the same in my report as an appendix thereto. Unless there is objection on your part shall use your name as authority for the same.

Respectfully yours,

ETE/FMD

State Board of Control,

By Oleum/

Director.

H. GROTOPHORST, President, BARABOO.

ALLAN D. CONOVER, Vice Prest MADISON.

L.B. DRESSER, ST. CROIX FALLS.

DR. ALMAH J. FRISBY, MILWAUKEE, ELMER GRIMMER, MARINETTE.

M. J. TAPPINS, Secretary, MADISON.

Tiled hor, 23 Mov. 28, 1908. Nov. 23d. New Institutio s for Feeble-Minded. Maine. Dr. Geo. Mogridge, Glenwood, Ia. Dear Doctor: Answering your letter, will say that I have no recent information concerning Maine. I will write Dr. Fernald, who will know the situation, and will inform you of the result. You might note, if you do not already have the data, the following new institutions: Eastern Pennsylvania- "State Institution for Feeble-Minded and Epileptics" - Spring City - Dr. Thos. C. Fitzsimmons, Superintendent. Rhode Island - "Rhode Island Home for Feeble-Minded " - -Slocums - Dr. Jos. H. Ladd, Supt. Massachusetts - "Wrentham State School" - Wrentham -Dr. Geo. L. Wallace, Supt. There has been some discussion with regard to organization in Mississippi, Colorado, Georgia, Wyoming and Utah. If you happen to have any information concerning either of them, I should be very glad to have it. ACR/OL Very respectfully. ......Supt.

Address all communications to the Superintendent Jowa Institution for Geo. Mogridge, M. D., Superintendent. feeble-Minded Children GLENWOOD, IOWA NOV. 23, 1908. RECLIVED NOV 25 1908 ANSWERED Dr. A. C. Rogers, Supt., Fairbault, Minn. Dear Doctor: --Several years ago, I understood that Maine was trying to establish an institution for feeble minded. Do you know whether they succeeded, and if so, where it is located? Have any other institutions been established in the last two years that you know of? Thanking you in advance for the information, I remain, Yours very truly, Superintendent. GM:J

State Institution Holk Pennsulvania J. A. Aurduch, M. D. Superintendent Nevember 23, 1908 Dr. A. C. Rogers, Faribault. Minn. Dear Dector Regers:- Yours of the 19th instant enclosing a photograph of Willie Huston, a boy who left our Institution some years ago, is received. I thank you very much for the same, as, of course you appreciate it is always interesting to hear of those who go out from the Institution. Everything is going along very nicely here. A few weeks ago I attended the meeting of the Association for the Study of Epilepsy. etc., at Indianapolis, Indiana. Doctors Smith, Hardt and Athen of Illineis, the Superintendent of the Institution for Feeble-Minded and Epileptic at Lapeer, Dr. Barr of Elwyn and Dr. Weeks of Spring City were present. The meeting was quite an interesting one. The new Institution for Epileptics at New Castle, Indiana, is beautifully situated and has great pessibilities. The new Pennsylvania Institution at Spring City was opened last week. With very kind regards to yourself and family, I am. Very sincerely yours, mundo JMM-

Jowa Institution for feeble-Minded Children

Geo. Mogridge, M. D., Superintendent.

GLENWOOD, IOWA NOV. 24, 1908.

Dr. A. C. Rogers, Supt.,

Fairbault, Minn.

Dear Doctor:--

Our Board of Control in its current biennial report, which has been recently filed with the governor, advocate the establishment of a separate institution or colony for the care and treatment of epileptics. The legislature meets this coming January, and it seems to me that the probabilities are that the legislature will look with some favor upon the proposition.

Our State Conference of Charities and Corrections meet in Des Moines toward the end of January, at a time when the legislature will be in session, and I have been asked to present a paper to the Conference bearing on the subject. If there are any suggestions that you can make in regard to this matter, I shall esteem it a favor to hear from you, and I would also like to have information as to the existing institutions in the United States, caring exclusively for epileptics' What I mean is, the states maintaining such institutions, the location of same etc., so that I may correspond with the various superintendents.

Have you any recent reports from the Biefield Colony?
Yours very truly,

GM:J Superintendent.

Nov. 28, 1908. Epileptic Colony Nov. 24th Dr. Geo. Mogridge, Glenwood, Ia. Dear Doctor: The institutions for epileptics in this country are as follows: Ohio - Gallipolis - Dr. W. H. Pretchard, Supt. New York - Sonyea Massachusetts - Palmer - Dr. Everett Flood, Supt. New Jersee - Skillman - Dr. H. M. Weeks, Supt. Kansas - Parsens - Dr. Middleton L. Perry, Supt. Texas - Abilene - Dr. Jno. Preston, Supt. Indiana - New Casite - Dr. Wm. C. Van Huys, Supt. Pennsylvanis - Oakbourne - Dr. Wharton Sinkler, Supt. Ontario Canada - Woodstock - Dr. J.J. Villiamson, Supt. I have no information concerning Biefield of recent date. ACR/OL Very respectfully, Supt.

#### C. W. WILKOWSKE, M. D.

PHYSICIAN AND SURGEON Office 114 1-2 West Third St. (West of Security Bank Blags 14) Chippewa Falls Wis Nov. 38 1908 Faribault Min. Dear Doctor; I am making application to the Wiscousin State Board for a License This application must be signed by the President of our County Society I am sending the application to m. archer young of Faribault and would like to ask you if you could Call on him at Mrs Weston r fewetto, office at your earliest convience and sign Form VII on page 3 of the application. Your kindness will be greatly appreciated. would also ask you if you could send me a letter of introduction to the Supt. of the School for Feeble Mindel here at Chippewa Falls, lois, you will find inclosed stamp for a reply. Thanking you for your kindness I big to remainably yours C.W. Wilkowske.

Board of Control of State Institutions. Des Moines, Jowa. Miss Miriam E. Caren. Tihrarian. State Hospital, Clarinda, Ia., 1960. 1, 108 Dr. Rogers, Institution for Feeble-minded Children,, Faribault, Minn., Dear Sir:-May I ask for samples of the book cards and borro cards which you use with your readers? I am about to pay my yearly wisit to Glenwood, our Institution for Feeble-minded , and I wish to see if we cannot increase the use of the library there. How many library days or hours do you have each week?Do the children select their own books or what method do you emply to get the books into their h ands? You may be interested to see the little "finding list" which

You may be interested to see the little "finding list" which has been printed at Glenwood, and I shall take pleasure in sending you a copy. The selection of books is good - and I can say so bold-ly, as I had nothing to do with it.

Hoping that I am not imposing upon you by these questions, I remain, with thanks,

Mirique E Carey,

Please address me at Clarinda.

Dec. 14, 1908. December first. Institution library blanks Miss Miriam E. Carey, C/o Board of Control of State Institutions, Des Moines, Iowa. Dear Wiss Carey: I am inclosing herewith copy of our library catalogue, a borrower's card and a book card, concerning our simple system for handling books, in addition to which, there is a record book, as explained in Miss McLean's notes which are as follows: "The children's library books are issued once a week, but a child may keep a book two weeks without renewal. - Each playroom has one or more copies of the catalogue of books in library, and the children select what they want to read, putting the numbers on their cards. The librarian knows the children, and if one selects an unsuitable book, a change is made by her. The children are held responsible for the care of the books. If a child is destructive, or careless, and his book is returned in bad condition, he is not allowed the privilege of drawing another one for two weeks. This privilege is seldom forfeited. the second time by the same child. The record of books issued is kept in a book, each childs name being entered, and the number of the book charged to him; when returned, the number is cancelled. The li tle formality of the child being required to furnish a certificate that he reads well enough to have books, and signing a promise to care for them, works well with our children. The books are issued ever Sunday morning, at Sunday school time, and it is considered a very severe punishment to be deprived of one. Books from this library are used in every department, Farm, Epileptic, Custodial and school. The letters A- -C-D- on back of loan card refer to the section in which the books are found. Each additional

printed and added to old catalogue.

ACR/OL

Very respectfully,

Supt.

J. H. WORST, LL.D. PREST. C.E. NUGENT. SECY. NORTH DAKOTA AGRICULTURAL GOLLEGE AGRICULTURAL COLLEGE NORTH DAKOTA OFFICE OF E.F. LADD FOOD COMMISSIONER December 1st,1908 Dr. A. C. Rogers, Faribault, Minn' Dear Sir :--On my return from the East I find your favor of Nov.9th upon my desk. I should be very glad to present a paper at your next conference, the first week in February, on the subject of Dietaries if I felt that I was sufficiently well posted to be able to give you anything which would prove of direct benefit to you or to the Superintendents of the State Institutions. I feel, however, that, at the present time, I am not sufficiently well posted on this particular line of work to present anything which would be creditable. I would not care to go into mere generalities, neither would you care to have a discussion of this kind. I thank you very much for your kind invitation and, possibly, at some future time, I may be able to meet with you. Yours very truly, C. F. Lad No. 4463. E.F.L.-J.

Dec. 14, 1908. December 1st. Prof. B. F. Ladd, C/o Nort: Dakota Agricultural College. Agricultural College, North Dakota. My dear Sir: I regret very much that you are not able to discuss the subject of diet for our next Conference. It is true we especially wanted, at this time, a discussion of the practical dietary rather than theoratical composition. I was under the impression that you had made quite a number of experiments and studies along the practical side. If you have not, could you suggest some one who has has? The practical difficulty that we as institution people, have to contend with, is to determine by some recognized standard, the proper food allowances essential to a balanced dietary and yet consistent with the market price of available material. I find that different superintendents use different amounts of food in their institutions without any apparent reason why there should be such variation. In fact, none of theore able to explain our special demand except that the articles are called for and insisted upon by the various people in our sev ral departments. It has occurred to me that possibly some standard might be provided similar to the well-known Plint Dietary which for a

York. This, of course, tion, but made something demand upon your time, est in the subject is my

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number of years was standard in New York. This, of course, did not answer for universal application, but made semething definite by which to make comparison.

I hope you will pardon my demand upon your time, and understand that my intense interest in the subject is my only excuse.

ACR/OL

Very sincerely yours,

Supt.

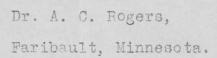
### ST. PETER STATE HOSPITAL

SUPERINTENDENT'S OFFICE

DR. H. A. TOMLINSON, SUPERINTENDENT

ST. PETER, MINN. Dec. 5, 1908.

Replying to your letter dated concerning





My dear Doctor: Miss Davis tells me that the Quarterly is held up waiting for your paper, and the revision of the part you took in the discussion. May I ask you to please chase yourself, and remember that Christmas is coming?

Wishing you a Merry Christmas, and a Happy New Year, I am

Sincerely yours,

HAT-CLC

Minnesota State Training School

For Boys and Girls

BOARD OF CONTROL

HON. S. W. LEAVET, LITHFIELD
HON. L. A. ROSING, ST. PAUL
HON. P. M. RINGDAL, CROOKSTON
J. D. MILLS, SECRETARY
M. C. CUTTER, PURCHASING AG'T

DEC 8 1908

ANSWER RED WING, MINN. Dec. 7, 1908.

Dr. A. C. Rogers,

Faribault, Minn.

Dear Sir .-

The State Board of Control recently appointed a committee "for the purpose of formulating a plan of organization for those interested in the work of and for the children of this State who are subject to public care or concern."

It was the decision of the committee that a meeting of all those interested in the child problem be called to meet at the office of the Board of Control at the State Capitol on Saturday, December 12th, at two p.m., at which time papers will be presented and a general discussion held in the hope that good will result therefrom.

Renclose herewith a programme for this meeting and knowing of your interest in the matter it is urgently hoped that you will be present. Please consider yourself at liberty to bring others that may be interested, as it is the desire of the Board and the Committee that we have as full a representation as possible.

Please acknowledge receipt of this on the enclosed card and state whether or not you expect to be present. Hoping that you will be present, I am,

Very sincerely yours,

Secretary of Committee.

State Institution for Feeble Minded

S. C. WOODRUFF

Medical Lake, Wash., Dec. 12, 1908.

A. C. Rogers, M. D., Supt. Faribault, Minn.

Dear Doctor: -

Referring to your two favors of the 5th inst, I beg to say that I am very glad that you understand the circumstances with reference to my offer of a position here to your Mr. Haley. I had received an application furthim some days before, to which I replied that I had no desire to deprive you of his services and would only consider his application when I had a vacancy, with the understanding that he had determined to make a change anyway. As he gave you as a reference, I took it that he had advised you as to his intentions and as a vacancy here occurred sooner than I expected, I had no time to communicate with you.

I am greatly pleased to note that you are going to give me the benefit of your ideas with reference to proper plans and arrangements for Institutions of this character.

Under the laws of this state, we are supposed to care for and educate when possible, idiotic, epileptic and all children under the age of twenty-one years, who through mental or physical defects, cannot be educated in the public schools. In my last report, I have recommended m that after admission, the age limit be eliminated; that a large tract of farm land be purchased; that the colony plan be adopted and the institution be laid out with a view to eventually accommedating I500 pupils.

I have just seen a general plan of the Institution at Polk, Pa. This seems to be a modified colony plan and, on paper, looks to be very compact, well arranged and practical, with a good opportunity for almost unlimited extension, without getting too far away from the administrative center and power plant. If you have seen their plan, I would be glad to have your comments, if not too much trouble.

Wishing you the compliments of the season, I beg to remain

Yours very truly,

Superintendent.

#### SYRACUSE



STATE OF NEW YORK

SYRACUSE STATE INSTITUTION FOR FEEBLE MINDED CHILDREN

JAMES C. CARSON, M. D.,

SUPERINTENDENT

OFFICE OF THE SUPERINTENDENT

December 16,1908

Dr. A. C. Rogers,

Faribault, Minn.

Dear Doctor Rogers:

I wrote you two weeks ago asking the number of inmates in your institution at the present time .

I also asked you for a list of all institutions for the feeble-minded , both public and private, in this country . I have a list which was made up I think about eight years ago . If you can give me the names of institutions which have come into existence within that time that will be sufficient . Please advise me by return mail .

Yours very truly,

Julgin

Dec. 18, 1908.

Dec. 18th.

Institutions for FeebleMinded in U.S.

Dr. J. C. Carson,

Syracuse, N.Y.

Dear Doctor:

Your letter should have been answered sooner, but we were correcting the list.

We have in the Minnesota Institution on this the 18th day of December, One Thousand, One Hundred fifteen inmates. We are completing nemebuildings which will increase the capacity to Thirteen Hundred inmates.

I am inclosing herewith a list of the public and private institutions of this country, so far as we have the data.

ACR/OL Very sincerely yours,

C.E.NUGENT. SECY. J. H. WORST. LL.D. PREST. NORTH DAKOTA AGRICULTURAL COLLEGE AGRICULTURAL COLLEGE NORTH DAKOTA OFFICE OF E.F. LADD FOOD COMMISSIONER December 16th, 1908 hich CIA Dr. A. C. Rogers, Faribault, Minn. Dear Sir :--I have your favor of Dec. 14th., with regard to the matter of a discussion on the subject of Diet at your conference. While I have done considerable work and studying on this subject, I do not feel that I am in position at this time to present the subject without devoting considerable time in the preparation of material and compiling of data. At some future time I may be in shape to put my data in form so as to be of some service. There are very few men who are prepared to give such a discussion as you have asked for in a way which would be helpful. . I know of one man who has been making a special study of this subject and has carried out a large number of experiments in all parts of the state, (some of these I have assisted in conducting), who may be able to assist you by putting you in communication with someone who can do this. I refer to Dr.C.F. Langworthy, Office of Experiment Station, Department of Agriculture, Washington, D.C. Yours very truly, L. Facod No. 4716. E.F.L.-J.

Bulled Bereal White

Jaring Bonner (1997) Arthach (1998)

### SCHOOL DISTRICT, Nº 39 ST.LOUIS CO. BURTON O. GREENING, SUPERINTENDENT EVELETH, MINN.

Dec.18, 1908.

A. C. Regers, M.D. Faribault, Minn.

Dear Sir:

Can you recommend a school for the feeble-minded outside of an State Institution? We have a case here, a girl whose parents object to a State School. Any information you can give me will be greatly appreciated.

Yours very truly,

B.O. Geening

Dec. 22, 1908.

December 18th

Private school for feeble-minded.

D. O. Greening,

Supt. of City Schools,

Eveleth, Minn.

Dear Sir:

Miss Laura Baker, Northfield, Minn. has a small private school which she is handling very successfully. She was for many years principal of this institution, school department, and thus had special training before she began the private enterprise. There are many good private schools in this country, some of which are as follows:

The Powell School, Red Oaks, Iowa. Supt. Dr. Velura Powell. The Wilbur School, Kalamazoo, Mich. Supt. Dr. C. T. Wilbur. Beverly Farm, Godfrey, Ill. Supt. Dr. W.H.C. Smith.

These are all good institutions with which I am
personally familiar, having known the superintendents for a
number of years. I can give you other addresses, if you desire.

ACR/OL

Very respectfully,

Dec. 19, 1908.

Dr. C. F. Langworthy,

Office of Experiment Station,

Dept. of Agriculture, Washington, D.C.

Dear Sir:

At the next regular Quarterly meeting of the Minnesota State Board of Control and the Superintendents of the State Institutions, which will be held in St. Paul during the first week in February, the subject for discussion will be "Standard Dietaries for Public Institutions". As a member of the program committee, I have the honor to inquire if we may secure your attendance at that time and presentation of the subject. We all understand that it is impossible to have a hard and fast rile concerning the quantities of food to be supplied to our institution table, but we are very much in need of a carefully worked out standard; perhaps something similar to the old Aust n-Flint Dietary, but based upon more carefuly study and experimentation than the old arbitrary standard. We, as Superintendents, find it very difficulty to make intelligently as estimate for food for a given period, say on quarter of a year. To illustrate, take the item of butter. I believe the old

12/19/08.

Austin-Flint table considered two ounces a day for working people about right. When we estimate for an institution of the kind under my charge containing a population of say eleven hundred (1100) inmates and two hundred (200) employees, an average of one o nce of butter perdday, the aggregate amount seems excessive to any purchasing agent, and yet there are individual cases among employees especially where from three to three and one-half ounces are insisted upon.

Knowing that you have done considerable experimental work and given the subject sufficient study to make your opinion of much value, we will be very glad, indeed, to have a paper and discussion from you.

You kindly adivse me as to your availability, the conditions on which you can come, etc.

· ACR/OL

V ry sincerely yours,

Dec. 19, 1908. Nov. 30th. Dr. C. W. Wilkowski, Chippe a Falls, Wis. My dear Doctor: The paper required from the officers of the Rice County Medical Society was duly executed some time ago. I had, however, overlooked the fact that you had requested a letter of introduction to Dr. Wilmarth, which I very gladly inclose herewith. Dr. Wilmarth is one of my old time friends, and a very capable institution man. With very kind personal regards, ACR/OL Very sincerely yours, Supt. I Inc.

Dec. 19, 1908. Dr. A. W. Wilmarth, Im. Leach Chippewa Falls, Wis. My dear Doctor: This will introduce to you Dr. C. W. Wilkowske who was for some time a practicing physician here in Faribault. He belongs to our Rice County Medical Society and we have always found him a gentlemen as well as a good physician and worthy of all confidence. Very sincerely your friend, ACR/OL

### Minnesota School for Feeble-Minded and Colony for Epileptics.

Dr. A. C. ROGERS, SUPERINTENDENT

State Board of Control

S. W. LEAVETT, Chairman P. M. RINGDAL L. A. ROSING

Farihault, Minn. Dec. 18, 1908. 190

J. D. MILLS, Secretary
M. C. CUTTER, Purchasing Agent

Replying to yours of

Subject.....

Em. Leach

ne for some time a precticing physician here in Paris

te belonge to our Rice County Medical Society and we mave

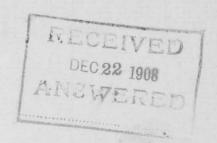
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Avaira to the second se

Den Kellerske Aandssvage-Anstalt.

Brejning pr. Børkop.

○ v e r l æ g e n.



Dear Sir.

The copy of a list of European institutions for feeble-minded and Epilepties i return to you with some corrections.

If you wish to learn anything more about different of the European institutions, i can recommend you a new report of Dr. Blin, the medical superintendent of departement Vaucluse, Paris.

"Hospitalisation des debilis en Allemagne, en Autriche, en Danemark, en France et en Norwege". A book of 300 Pag.

9 - 12 - 08.

very sincerely yours

christian Keller

To

Mr. Dr. A. C. Rogers. M. D.

Medical superintendent of Minnesota School for feeble-minded Faribault. Minnesota.

Dec. 23, 1908. Dr. Christian Keller, C/o Den Kellerske Aandssvage-Anstalt, Brejning pr. Børkop, Denmark, Dear Doctor:

I wish to thank you for kindly revising the 1 st of institutions sent you from the original list on this subject.

> With very kind personal regards, Very sincerely yours,

> > Supt.

ACR/OL

Dec. 26, 1908.

Miss Vera E. Bean,

Secretary Minneapolis Humane Society, Minneapolis, Minn.

Dear Miss Bean:

We thank you for your kindly Christ as greeting. With very kind personal regards,

ACR/OL

Sincerely yours,

Dec. 26, 1908.

Mr. P. C. Bell,

Saratoga, Calif.

My dear Mr. Bell:

I wish to thank you for your kinely greeting at this holiday season. Our children have all had a wenderfully bright and happy Christeas, Santa Claus having visited and noticed all by some remembrance of our large family of over eleven hundred (1100) children.

We have been having an unusually delightful winter for Minnesota, having enough snow to make us think of winter and yet with quite mild temperature. Your photograph, however, showing the luxuriant foliage and the profusion of flowers stands in rather strong contrast even to beautiful Minnesota.

With very kind personal regards,

ACR/OL

Very sincerely yours,

STPAUL PRINTING CO.



## Joys Bros. & Cuiler. Invites and Univited Druggists.

DANIEL R.NOYES,
CHARLES P. NOYES,
EDWARD H. CUTLER,
WINTHROP G. NOYES,
THOMAS E. LUDINGTON,
JULIAN NOYES KIRBY,

396, 398,400,402,404,406 & 408 SIBLEY STREET.

St. Paul, Minn/ Dec. 28'07. 190\_

Dr. A. C. Rogers,

School for Feeble Minded,

Faribault, Minn.

Dear Sir:-

I am shipping to-day two boxes of things gathered by the children of the House of Hope Sunday School for the children in your care. I am sorry that my having been away prevented our getting this off to you in time for Christmas.

There is one package containing a pair of skates, marked for Jimmie Oakes. We have marked this for him, as Jimmie used to be a St. Paul boy and attended our Sunday School. If you find that he would not be able to use them and cannot find anything else of the goods sent that would be appropriate, let me know of something that you think he would like, and I will see that it is sent down.

I hope that these things will prove of help and benefit to the children in your institution.

Yours truly.

Julian n Kirly

Jan. 21, 1908. Mr. Julian N. Kirby. C/o Noyes Bros. & Cutler, St. Paul, Minn. Dear Sir: Please pardon this late acknowledgment of the box of excellent Christmas things sent by the House of Hope Sunday School for the children of this School. Formal receipt of the articles is inclosed herewith. The House of Hope boxes have always been very appropriate and very welcome. Christmas time just past has been one of the pleasantest for the children ever experienced since my first connectich with the School twenty-two years ago. Since the Holidays, however, on account of an epidemic (mild form) of a contagious disease, our schools proper have been considerably disorganized. The children have been requested not to write letters in acknowledgment in accordance with the usual custom.

#2. J.N.K.

The articles sent, however, are none the less appreciated. Please convey the gratitude and kindly feeling of our children to the House of Hope Sunday School.

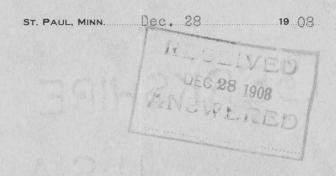
With kind personal regards to yourself, I am,

ACR/OL Very sincerely yours,

J. G. PYLE
726 GLOBE BUILDING
ST. PAUL

Dr. A. C. Rogers,
Superintendent In
Faribault, Minn.,

Dr. A. C. Rogers,
Superintendent Institute for Defectives,
Faribault. Minn.



My Dear Dr. Rogers:

Some ten years ago, when a member of the State Board having supervision of the various state institutions, I had the pleasure of meeting you several times, both in St. Paul and in Faribault, and possibly you may remember me. I very much desire to have a short talk with you at an early day, on a matter in which I am interested and on which you can give me advice. As I should like to avoid the trip to Faribault if possible, being very busy just now, can you give me a little time on your next visit to St. Paul? I know that you are obliged to come up on business from time to time; and if you could arrange on your next trip to take lunch with me, that would give ample time for me to say all I wish to and in addition give me the great pleasure of renewing an acquaintance which I highly value. With regard,

Sincerely yours,

J. G. Byle

UNITED STATES DEPARTMENT OF AGRICULTURE. OFFICE OF EXPERIMENT STATIONS, AT WASHINGTON, D. C. NUTRITION INVESTIGATIONS. 29. 1908. Dr. A. C. Rogers, Superintendent. Minnesota School for Feeble-Minded, Faribault, Minnesota. Dear Sir: Your letter of recent date inviting me to be present at the quarterly meeting of the Minnesota Board of Control and the Superintendents of State Institutions, the first week in February was duly received. Owing to the unusual pressure of work just at this time I fear that it will not be possible for me to attend much as I am interested in the questions you are to consider. In my judgment the dietary tod institutions should be worked out with a basal ration and a variable portion and should be planned in accordance with accepted dietary standards, 100 grams of protein and 3500 calories energy per person per day being the proper amount for the average working person. As a result of our investigations we have found that a common reason for dissatisfaction with food in public institutions is the fact that the menu is fixed for each day in the week and certain days and certain dishes are always associated in the minds of the inmates. If the menu is planned for rotation in periods of

Miss Gwendolyn Stewart,  $914\frac{1}{2}$  California Street, Urbana, Illinois, has been very successful in meeting such problems economically and with satisfaction

two or three weeks this feature is easily remedied. Several of the agricultural

colleges and other institutions are now training students for the mangement of

institution dietetic problems.

Dr. A. C. Rogers-2.

to the students in managing the college commons of one of our western universities. I think that perhaps, Miss Stewart might arrange to attend your meeting if you desire.

Several of our publications which discuss institution dietetics are sent you under separate cover, and I would suggest that unless you already have them, you request the eleventh and thirteenth annual reports of the New York State Commission in Lunacy, which contain the accounts of Professor Atwater's extended investigations in the New York Hospitals for the Insane.

Yours very truly,

C. F-Lang worther

Expert in Nutrition.

Jan. 4, 1909. Dec. 29th Prof. C. P. Langworthy. Expert in Mutrition, C/o U. S. Dept. Of Agriculture, Washington, D.C. Dear Sir: This is to acknowledge receipt of your valuable le ter and sug estion concerning dietary and a speaker for our next Quarterly Conference of Minnesota Institutions and Board of Control. I have written to Miss Stewart to see if we can secure her for the discussion of this subject. Referring to the fact that students are now preparing themselves for handling this dietary proposition, I have for several years had a graduate of some technical school in charge of our dietary and I have found such services very valuable. It is, however, very diff cult for the young students to meet successfully this problem in large institutions. It is rather difficult to get the cooks such as we are able to obtain and even sometimes the executive matron in full sympathy with the theories of a young college student. The later is not, of course, in possession of experience with practical cooking and the material that can actually be obtained in the market to hold her own, and thus her services are pretty largely

restricted to p eparing a menu for the different departments, assisting the steward to make quarterly estimates for food and in inspecting the cooking and service as it appears upon the various tables. These functions, however, are extremely valuable if nothing more were done, as it brings to the superintendent an independent report as to the food conditions. In this institution we have nine kitchens with sixteen dining rooms scattered over the territory of our institution. These prepare and serve food for various departments, the populations of which vary from thirty (30) to about hree hundred twenty-five (325). We are just building a large contral kitchen and preparing to distribute the food both by service tunnels and over ground steam wagons. The writer is therefore especially interested in working out as perfect a dietary system as possible.

I am not writing this to request in answer but as a little farther explanation of thi particular situation.

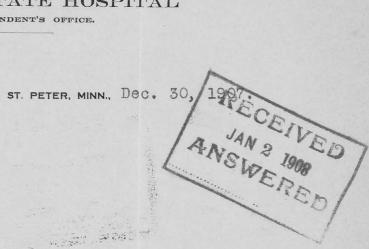
Thanking you again for your courtesy in the whole matter, I am,

ACR/OL

Very sincerely yours,

# ST. PETER STATE HOSPITAL SUPERINTENDENT'S OFFICE. DR. H. A. TOMLINSON, SUPERINTENDENT.

Replying to your letter dated concerning



My dear Sir: I am glad that you have finally been successful, and sure that we will appreciate something from our friends in Indiana.

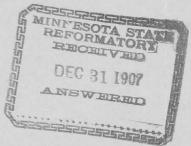
You had better notify Dr. Rogers, so that he may formulate the program for the Board to send out.

Sincerely yours,

Ha Soulius on

HAT-LTS. Enclosure.

Mr. F. L. Randall, St. Cloud, Minn.



Respectfully refused to the Konvoice Secretary of the committee. Randas

Indiana Reformatory. ECEVELO 1805 12-27-07 W. H. WHITTAKER.

GEN'L SUPERINTENDENT

Treffersonville, Ind., 12/21/1907.

My dear Mr. Randall:-

I am, indeed, suprised to get your letter of December 16th asking me to come to St. Paul early in February and talk to your Board of Control and the heads of your state institutions on reformatory work. I will be very glad, indeed, to comply with your request.

I would like, however, to have you, if you can, give me some idea of the phases of the subject which you would like to have me touch upon. Do you want me to confine my whole talk to the Jeffersonville institution or in a general way give you information regarding how Indiana conducts the business of her institutions. I take it from your letter that you want me to confine myself to the Reformatory Work of the Jeffersonville, institution. To be certain I write you this letter and ask you to give me some little outline of the subjects/you would like to have me address your Board of Control and the heads of your state institutions.

I think your plan a very good one. I believe all the states ought to have meetings of this kind where workers of other states are called in to exchange their methods and ways of doing things.

What do you know about the special committee that was appointed at Chicago of which yourself, Mr. Coate and myself are members? If this committee is to do anything it seems we should arrange a meeting sometime before the next prison congress convenes. I have never received any instructions and do not know whether we are to act in conjunction with some other committee or not. I thought you might be able to have some information on this subject by the time I came to St. Paul and we could talk the matter over then.

With kind regards to yourself and Mrs. Randall, and wishing you both a Merry Christmas and a Happy New Year, I remain, Very truly yours,

Mr. Frank L. Randall,

Supt. State Reformatory,

P. S. Dete from 6 to 15 Febr would suit Mi.

worthto Gen'l Supt.

Josffersonville, Ind., 12/21/1907. -: LIBOURH . TH TESP 21 De Tombrism Ols. note has I have scons. I have milles mr. Whitakes that he show he admisst as to the daw or muting Els. see har it is done in have to sienting do it, astronomical to see the second of the second 12-27-47 Tactor your plan a very good one, y believe all two white I and appear of the property of alignment of the system of the state of the belief star il esu dase els liesya bas sisco in liestio distinui la ogsotut se time bettee the next prison congress convenes. I have never received and interructions and do not know whether we are to set in conjunction with some order county toe or mot, I thought you might be able to have none the for detion on this subject by the time I came to St. Paul and we could " .nadf tevo tester out Mint with bird roteric to your sail and rus, haritall, and the ing the both a ferry cartotess and a Hope Mow Year, I remain, Very print, yours, hr. Fronk L. Bandaul,

Supr. State perer tery,

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