

September 9, 2011

Quick Links

Paideia Website
www.paideiaacademy.org
PIE Committee
pie@paideiaacademy.org
SchoolView Questions
mnufer@paideiaacademy.org
Lunch account balances
FeePay
Attendance
swatkins@paideiaacademy.org
952-953-6200

Mark Your Calendar!

September 12 - 6:30 PIE meeting

September 13 - 6:30 PM Wolf Ridge parent/student meeting

September 19 - Picture Retakes, wear uniforms

Important Music Dates to remember:

Concerts (Location: Paideia)

December 13 - 6:30 PM Grades K & 1

December 15 - 6:30 PM Grades 5,6,7& 8 Strings and Band concerts

March 1 - 6:30 PM Grades 2 & 3

March 15 at 6:30 PM Grades 4 & 5 (general music only)

May 31- 6:30 PM Grades 5,6, 7 & 8 Strings and Band concerts

Music Field Trip

February 28 - Minnesota Orchestra Field Trip, "Peter and the Wolf" Grades K - 4

From the Dean of Students

Dear Families,

While Joyce Lee is attending a conference on Autism Spectrum Disorders, I thought it would be a perfect time to take over the newsletter! I promise I will not spread any Packer/Badger propaganda or change the school colors to green and gold but I will use this opportunity to introduce myself to new families and highlight some of the things I do at Paideia.

To many of our Upper Academy students, I am Ms.G, their 'old' fourth grade teacher. I started at Paideia in 2005 when walls were still being painted and we were borrowing student desks and chairs from other schools. Paideia has come a long way from that first year and this year has proven to be our best yet! It is a pleasure working with such a motivated and conscientious staff and a director committed to setting high expectations for our students.

As Dean of Students, I wear many hats during the school day. I handle discipline and attendance issues, organize pick up/drop off, provide professional development, resources, and curriculum support to our teaching staff. Additionally, I am the testing and Quality Compensation coordinator for Paideia.

This year we are focusing on data driven instruction and our teachers are busy writing rigorous assessments that connect to the Minnesota standards this year. With this new initiative, we have made a few changes to our Measures of Academic Progress (MAP) testing schedule this year.

The MAP test is a reading and math assessment taken by students in grades 2 - 8 on the computer.

Thanks to our year round schedule and the quarterly assessments, we are able to effectively measure student growth from spring to spring. Thus, only new students and all second graders were tested last month and results will be available to families during Fall Conferences. I would be more than happy to answer any questions regarding MAP testing and encourage you to check out the parent resources on the NWEA website at www.nwea.org.

As always, if you have any questions, comments or constructive feedback, please feel free to email me, call, or make an appointment.

| Sincerely, | | |
|-------------------|--|--|
| Ashley Gillingham | | |
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| | | |

Welcome to new staff members:

Health Clerk Ellen Goodner has been with Paideia in one way or another since the inception of the school. She has a son who graduated from Paideia. For two years, she volunteered in the office regularly, and for the past couple of years, Mrs. Goodner has been the substitute secretary when Ms. Sandy is not in the office. Mrs. Goodner is a registered nurse (RN) and will be working with our nurse consultant from MVNA, Sherri Kraus, who has been with us since last year. Mrs. Goodner will begin on Monday, September 12. Her hours are M-F from 10-2, and her responsibilities include maintaining student health files, administering medicine, and maintaining communication with/between staff and families that have students with ongoing medical needs and/or temporary medical needs (ie. broken arm).

Spanish Instructional Assistant for the Middle School Laura Bray joined Paideia as of today! She will work T-F during the afternoon elective hours primarily to support conversational Spanish. (See below for her introduction.)

Lunch servers with Sidestreet Dining:

Antonio Carroll and Zadie Rosenthal Gray are our lunch servers. Please join me in welcoming them as well.

Are you a Veteran or know someone who is?

If so, please email Anne Simon at asimon@paideiaacademy.org with the following information: Name, in which branch you served, and when. Paideia students will be honoring veterans on November 11, Veteran's Day.

SchoolView

Paideia Academy offers families access to SchoolView, an online service that is easy to access and will enhance teacher/family communication. In SchoolView you can:

• Find information about your child's schedule, attendance, discipline, demographic

information and academic performance.

- Subscribe to an email alert system that will automatically send an email when your child is absent.
- Pay for and check your student's lunch balances.
- Update your phone numbers and e-mail addresses as well as update student health information.

Volunteer Opportunities (50 hours strongly recommended per family)

Lunchtime Help 11:30-1:00 daily Contact Sandy, School Secretary

Arrival 8:00-8:20 daily Contact Sandy, School Secretary

Dismissal 3:15-3:50 daily Contact Sandy, School Secretary

Middle School Honor Roll Breakfast Coordination Contact Heather Meyers

hjmeyers@integra.net Dates: Nov 2, Jan 25, and April 18

Honor Roll Breakfast Specific Duties

Volunteer Babysitters 7:25 - 7:55

Volunteer Set-Up 7:15 - 7:45

Volunteer Clean-Up 7:45 - 8:00

Volunteer Photographer Take group photos of Gold and Silver students at each grade level. Be responsible for getting the photos to Annick Dahnke to be included in the yearbook.

Wendy Henke, 3rd Grade Special Education Teacher

I became a teacher because it was the only thing that I ever wanted to do. While in college, I worked at a day care center for a summer and met a boy with special needs, who I really enjoyed working with and decided to get my degree in Special Education. I have been teaching for over 6 years. In that time I have worked in an elementary school classrooms for students with Developmental Cognitive Disabilities, a middle school, and a transition program (for students who are 18-21 years old and have disabilities). In my free time, I enjoy spending time with my family and my husband and our 2 dogs. I also enjoy reading cookbooks and trying out new recipes. If I could have one wish it would be to have enough money to take care of my family and travel (and world peace).

Laura Bray, Instructional Assistant Middle School Spanish

How I came to be the Spanish IA at Paideia: My mother is going back to school to get a Masters in Education and observed Sarah Adams' class. She told me how wonderful Miss Adams, the school, and the Spanish program are, and that there was a position open. What my skill set is for this position: Spanish was one of my two majors from the University of Minnesota. I have studied abroad and traveled to multiple Spanish speaking countries. I have experience teaching and working with kids and young adults. I love Spanish and I love having fun!

What I like to do in my free time: I like to spend time with my friends and family mostly. Also I like to read, run, and see movies. I love to travel and try new restaurants. Also I like to do crafts and be creative. However, I find myself to be a busy person so I never seem to have too much free time.

If I could have one wish, what would I wish for? That it was healthy and socially acceptable to eat ice cream for every meal.

From the Office

Picture Retakes Are September 19!

- · Pick up an order form at the office
- Wear uniform
- 3 Parent Volunteers are needed Please contact Ms. Sandy

Kinder Enrichment Fees are due by the 5th of the month.

Late Pick-up Fees

All late fee payments need to be paid with CASH. (The funds go straight to the staff who is kept at school watching your student.)

Reminder!

If students are not picked-up by the following times late fees will be charged:

- After school: M, T, Th & F \$10 if picked-up between 3:50 & 4:15, \$20 if picked-up after 4:15
- After school W: \$10 if picked-up between 2:50 & 3:15, \$20 if picked-up after 3:15
- After Clubs: M, T, Th & F \$20 if picked-up after 5:05
- After Clubs W: \$20 if picked-up after 4:05

2012-13 & 2013-14 calendars

Calendars have been approved by the Board and are posted on the website.

With this amount of advanced notice, we ask that families please plan family vacations during summer breaks; students are only allowed 5 excused vacation days per school year.

PIE / Fundraising

Please join PIE/PTO on Monday, September 12, 2011 at 6:30 in the Large Commons. At Monday's meeting you will learn more about Schoolview and Volunteer Spot. In addition we will be addressing the differences between PIE (Parents In Education) and PTO (Parent Teacher Organization) and the decision to become a full fledged PTO.

^{*} Above charges are per student.

^{**}Apple Valley police may be notified if students are left at school repeatedly for an extended length of time.

Finally, we will discuss bullying and diversity. Please note that the School Board is working on a new Bullying Policy and that will not be addressed during this meeting. Parents are welcome to join PIE/PTO for the planning meeting prior to the general meeting in the Small Commons at 5:30 pm. Remember you get volunteer hours for attending the PIE/PTO meetings, plus you get the bonus of learning about what is taking place at Paideia!

Events:

Join Paideia Academy in celebrating our adopted park, Scott Park on September 18. This is a family event and a chance for everyone to celebrate how Paideia Academy is giving back to the community. Event details to follow.

Family Movie Night, September 30 - Conference Day.

Gnomeo and Juliet will be shown and concessions will be sold.

This is a very fun family event!

Innisbrook Catalog sales are due Monday, September 12. There are lots of prizes for top sellers. This is the second largest fundraiser for Paideia Academy! If we raise \$6,500, the entire school will receive a Pajama day! Get out there and talk to your family and friends, have Mom and Dad bring the catalog to work, everyone loves the wrapping paper in these catalogs!

Spirit Wear / Polo Order Update:

Shipment is expected to arrive in 1- 2 weeks. Shirts will be delivered to students' classrooms.

UNIFORM SWAP DAY!

Saturday October 22
9-11 AM
at Paideia Academy
More detail will becoming if you have any questions please email pafundraising@paideiaacademy.org

Special Education

We will be having a seminar at Paideia, September 14th 4-6pm, called

"Executive Functioning" *with Jody Van Ness.* This is open to all teachers and Paideia families. Even if you do not have a child with these challenges, it may benefit you to learn about one of your children's friends or classmates allowing you to better understand their challenges.

Registration is required - contact: pasped@charter.net

Executive function refers to the cognitive skills we use to solve problems. Executive function may be one of the least studied and most frequently overlooked contributors to academic and behavioral problems. Individuals struggling with Executive Dysfunction are often labeled lazy, forgetful, unmotivated, always late, and easily distracted. Learn how this disorder impacts planning, flexibility, sequencing, emotional regulation, working memory, organization and self-monitoring. Participants will better understand the development of

executive function, its role in daily living and learning, and how it is assessed and supported.

Dyslexia Awareness Month

IDA-UMB will celebrate Dyslexia Awareness Month by hosting a free screening of the HBO film, Journey Into Dyslexia, on Sunday, October 9, 2011 at 2 p.m. at the University of St. Thomas O'Shaughnessy Educational Center (OEC) Auditorium.

Open to the public. Please register to reserve your seat by calling 612-486-4242. Seats limited so register today!

Washington D.C.

Dear 7th & 8th Grade Parents/Guardians

Today is the deadline to register for the Washington D.C. trip.

Please refer to the following website for information about the trip: http://paideiadctrip.webs.com/

If you have other questions that the website doesn't answer, please contact Teri Hanson: thanson@paideiaacademy.org 952-953-6200 ext. 123

It's always a fantastic trip!



Sincerely, Teri Hanson & Leah Hood



NEW CARDS ARE IN STOCK!
Stop by the office or Monday morning meeting for your supply!

Welcome to the **Paideia Generation Greens** first newsletter installment!



Generation Green uses education and fun as a means of creating environmental change for today and the next generation. We encourage students, staff, and families to not only come together and create innovative environmental solutions, but to also share the change with the community around them. **"THINK GLOBAL, ACT LOCAL"**

What does that look like on a daily basis at Paideia Academy?

Action! We walk the talk. It's teaching children to think of themselves as global citizens. We learn that the choices we make everywhere, everyday effect not only us, but the world. We do this by recycling, composting, shopping locally, watching what we put in the water supply, learning how to cut energy costs, bringing a reusable bag, etc.

Generation Green meets once a month on Mondays at lunch/recess time. Any student can join at anytime and it's FREE!

September 12 K-2

September 19 3-5

September 26 6-8

email me if your student is interested greenteam@paideiaacademy.org

Parents are always welcome!

First and second quarter topics include:

Lunch waste
Our Eco Footprint
Toxins in personal care products (6-8)
Nutrition/ Eating Locally
Holiday "greening"
Making cloth napkins
Green crafts

This year's BIG Question, Paper or Plastic?

I hope the answer is "Neither, I brought my own."

Let's say it's one of those rare days when you forget your reusable bags (its happens to all of us). How do you then decide between paper or plastic? Consider that plastic bags are made up to 80% polyethylene, a non-renewable resource. Plastics bags take up to 800 years to biodegrade. They are recyclable, but only 5.2% are. On the other hand paper bags come from trees, and use 1 gallon of water per bag. They do Biodegrade in about a month.

This year our challenge for Paideia students, families and staff is to stop using plastic bags!

TRASH-FREE TUESDAYS!!!

Much of the waste we generate comes from packaging. It has been estimated that on average a school-age child makes 67 pounds of waste per year! One day a week our goal is a waste- free lunch, Trash-Free Tuesday! When a student is caught with a waste free lunch they will get a dot with their name on it. All of the dots will make a bigger picture!

Nutrition Corner

Starting our children out with the building blocks of health and nutrition is the goal of all parents. Sometimes that goal gets more confusing and hard to reach as time goes on. There are so many message from different sources that finding the correct information is hard. Each month we will try to simplify the basics of nutrition. Feel free to email greenteam@paideiaacademy.org with questions.

Grandma was right, breakfast is the most important meal of the day. After a 10-12 hour sleeping fast, children need a healthy breakfast. Sugary/fatty foods result in a "food coma" by second hour. Headaches and sleepiness make learning hard work. As a mom with four kids to get out the door by 7:40, am I know the need for quick and easy! Here are a couple of yummy ideas. Enjoy!

Brainy Breakfast Smoothie
1 banana
1 cup vanilla yogurt
1/2 cup creamy natural peanut butter
2 Tablespoons natural local honey

1 teaspoon cocoa powder 2 cups ice

Blueberry-Banana Smoothie
1 banana
1 cup blueberries
1/2 cup milk (or soy/almond milk)
1 Tablespoon each natural, honey and lime juice
1/4 teaspoon almond extract
1 cup of ice

Overnight Oatmeal
Place 1 cup steel-cut oats and 4 cups water in crock pot overnight on low.
In the morning add 1/4 cup ground flaxseeds
serve with cream, berries, diced apples, etc

Community

10 Years Later, Apple Valley Fire Department Set to Remember 9/11

The Apple Valley Fire Department on Sunday will hold a moment-of-silence event at each of its three fire stations-all open to the public-to commemorate the 10th anniversary of the terrorist attacks of Sept. 11, 2001. The moment of silence will happen at each station-fire station No. 1, No. 2 and No. 3-at 9 a.m. Sunday. At 10 a.m. eastern standard time on Sept. 11, 2001, the first of the Twin Towers in New York fell (Apple Valley Patch). For more information, select the following link http://applevalley.patch.com/articles/10-years-later-apple-valley-fire-department-set-to-remember-911 or visit the Apple Valley Patch Community News. Also listed below are 9/11 family viewing opportunities of related information, news an documentaries

RAAA Family Fun Fest! (Rosemount Athletics Association) September 10 Carnival (12:30 PM) and Street Dance (6PM.)

Please go to www.rosemount-aaa.org for more information.

Heritage Center Kick-off September 10 11:30 a.m. to 1 p.m.

Free brats, root beer, and cookies. Take a tour of the old police station and see the concept plans for the new Heritage Center which will house the Senior Center, the Lakeville Area Historical Society, and Lakeville Yellow Ribbon. Come and be part of the kick-off for this new community facility!

LAKEVILLE-PROGRAMS-ARTSCENTER-L@LISTSERV.CI.LAKEVILLE.MN.US

The Burnsville Fire Muster & Community Celebration

The Burnsville Fire Muster & Community Celebration is this weekend. Check out the website: http://www.burnsvillemn.com/events/community/2011-burnsville-fire-muster

This is great family fun in Burnsville. Fire Muster events include the Fire Truck Parade, the Community Parade followed by entertainment at Nicollet Commons Park, Wine Tasting, Junior Golf Tournaments, Pony Rides, Fire Truck Water Displays and much more!

Open house for Boy/Cub Scouts

September 15 At Paideia Academy 6:00 PM - 7:30 PM * Please note time change from last newsletter. Come get informed on Boy/Cub Scout opportunities at Paideia!

~ Our Vision ~

We envision a new generation of engaged, productive global citizens.

~ Our Mission ~

The Mission of Paideia Academy is to challenge and inspire learners by providing a rigorous, content-rich, classical education incorporating languages, music, and the arts while nurturing positive character.





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