

# Paideia Academy

September 21, 2012



## Our Vision

We envision a new generation of engaged, productive global citizens.

## Our Mission

The Mission of Paideia Academy is to challenge and inspire learners by providing a rigorous, content-rich, classical education incorporating languages, music, and the arts while nurturing positive character.

## Calendar:

**October 8 - 19** - Fall Break, No School

**October 23** - Board Meeting

**November 1** - Family Night

**November 5** - PTO Meeting

**November 14** - Board Meeting

**November 21-23** - Thanksgiving Break

## Important Message

### Lunch:

#### **Why has USDA set new meal patterns and dietary specifications for school meals?**

On December 13, 2010, President Obama signed into law Public Law 111-296, the Healthy, Hunger-Free Kids Act of 2010 (HHFKA). This historic legislation marked the most comprehensive changes to the school nutrition environment in more than a generation. The last update to school meals standards was over 15 years ago. Since that time, tremendous advancements in our understanding of human nutrition have occurred. In response to that reality, the HHFKA required USDA to update school meal nutrition standards to reflect the most current dietary science.

The timing of this legislation and USDA's standards are critically needed to help combat the epidemic of childhood obesity as well as the urgent problem of childhood hunger. Nearly 1 in 3 children are at risk for preventable diseases like diabetes and heart disease due to being overweight and obesity. If left un-addressed, health experts tell us that our current generation of children may well have a shorter lifespan than their parents. Additionally, during 2010 over 17 million households in the United States, representing over 32 million adults and over 16 million children, struggled to put enough food on the table. For many of these children, a school meal is the only nutritious source of food they can count on. The key changes to the meals for children in grades K and above are:

**Continued on page 2**

- A daily serving of fruits
- A daily serving of vegetables plus a weekly requirement for each of dark green, red/orange, beans/pea (legumes), starchy, and “other” vegetables Increased quantity of combined fruits and vegetables
- Weekly meat/meat alternate ranges plus a daily requirement
- At least half of the grains offered during the school week must be whole grain-rich
- Fruits and vegetables are two separate food components
- On the third year of rule implementation, all grains offered during the school week must be whole grain-rich
- Fat-free (unflavored or flavored) and unflavored low-fat milk only
- Calorie minimum and maximum levels
- Intermediate and final sodium reductions
- Trans fat limit
- Limit on saturated fat only (not on total fat)

### Why is my TIES FeePay meal history and balance wrong?

Paideia’s lunch system has been having difficulty uploading information to TIES since the beginning of the school year. Today we will have a work session with all parties involved to get all the bugs worked out.

Thank you for your patience and Monday morning your balances should all be correct. If you have any questions, please contact [kklayum@paideiaacademy.org](mailto:kklayum@paideiaacademy.org).

### From the office



#### Please Note:

- Locks will be installed on the lockers over the break.
- Students will need to take their personal lock home on October 5<sup>th</sup>.
- Any locks left on the lockers will be cut and discarded.

\* It may be helpful to have your student learn how to use a combination lock; if you have one at home, they should practice over break.

***Students will be given their new combos the first day of 2nd Quarter.***

- 
- Got Storage??? We are looking for a place to store some unused tables and chairs.  
Please contact the office if you have an area we could use.
  - No outside fundraising - Students & parents are not allowed to sell products in the



**Thank you** to all the parents who turned out for the Olweus speaker on Monday evening. What great discussion! A big thank you to the 7th and 8th Grade Student Council and Mrs. Sherrard for watching younger children so we could have such great attendance.

Thank you to the 1st and 2nd Grade families providing food for our staff Thursday night while conferences were taking place.

Box Top Results:

Lower Academy - Mrs. Webster's 2nd Grade Class (Mrs. Creighton's 4th Grade class came in 2nd)  
Upper Academy - Ms. Kempf's Advisory Group

**Watch for another contest later this year, so start saving your Box Tops, Milk Tops, Labels for Education, etc.!**

## Volunteers

### Volunteer Appreciation

We have so many amazing volunteers at Paideia! Here are just a few:

**Jennie Wollschlager** is the newest PTO Fundraising chair and has already organized the new Spirit Wear orders and spent many hours cutting and pasting all the Labels for Education which are bringing in a profit of \$1192.30. Thank you, Jennie!

**Andrea Stone** has spent many afternoons weeding our garden area as well as providing the mulch that has improved the aesthetics of our building. Thank you, Andrea!

**Susan Carter** dedicates every Monday morning to the Scrip table and many additional hours keeping the books for Scrip. Susan also volunteers her time to enter all the lunch order information each month. Thank you, Susan!

There are many areas where volunteers are needed. Please contact [pto@paideiaacademy.org](mailto:pto@paideiaacademy.org) to find out where you can get involved.

# It's Time to Register For 2nd Quarter Clubs!

**Forms are due October 1 ( Please Note: Due before Fall Break )**

**Click the link below for Club options**

<http://www.paideiaacademy.org/Portal/Attachments/2nd%20Quarter%20Flyer.pdf>

September 21, 2012

Dear Paideia Community,

It's been a busy week here at Paideia! We began Monday morning with our Olweus Anti-Bullying Program Kick-Off for the entire school. It was a really impressive sight seeing all our staff wearing red to support students to "step up" to bullying. We continued the conversation that evening at a PTO event which was attended by approximately sixty parents/guardians. These families listened to a presentation by our Olweus trainer and participated in case studies to help them develop strategies to address issues around bullying at home. The evening was a success, and I'd like to thank the Upper Academy Student Council and Upper Academy teachers for providing child care in the gym so families could participate in this event.

Wednesday's Board of Directors meeting provided the community with an opportunity to discuss and learn more about our current and planned efforts to better support the Upper Academy, support teachers' collaborative efforts to improve consistency and increase rigor across grade levels, continue to improve our supports for students with special needs, and reexamine and revise our three-year strategic plan.

Last night and today, teachers met with families for conferences to discuss individual children's progress and performance this year in an effort to support all children in meeting high expectations. I thank all of you who attended these conferences to discuss your children with their teachers, and I also thank the parents who contributed dishes to a beautiful meal for the staff who stayed until 8pm (or later) last night.

I continue to be impressed by the students, staff, and families of Paideia! Last Friday afternoon, I asked the Upper Academy students to share with their teachers and me what they love about Paideia and what they would like us to address this year. The most common responses among the groups about what they love about Paideia were teachers and friends. They also love the year-round schedule, spirit wear, and breaks throughout the day, among many other things. What students would like us to address most this year are backpacks, uniforms, and field trips. We will continue to have open conversations with students about how to ensure that their middle school experiences are positive, and we will use their feedback to support our decision-making.

Thank you to all of you for being collaborative community members who are fully invested in the success of Paideia! To celebrate a week well-done (and to make up for a missed Friday), ***I am authorizing a Spirit Wear Monday for Monday 9/24/12. Have a wonderful weekend!***

Sincerely,  
Marci Levy-Maguire  
Director

## **PTO update:**

**Highschool Night** - October 2  
6:30 PM - 8:00 PM

Don't know where your children are going to high school? Come meet representatives from local district and charter schools, Tuesday evening @ 6:30 PM.