Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Augus	Calendar			9:00 Online Exercise (T) 1 10:00 Holy Communion service online (T) 2:00 Series: Great Wonders of the World (T) 7:30 Movie: Vertigo
2:00 Series: Great Wonders of the World (T)	9:00 Yoga (T) 10:00 Knitting Group (ML)	10:00 Morning Exercise (G) 10:30 Scrabble (A) 2:00 Outdoor concert with Larry Wright & the Wayback Machine	9:00 Yoga (T) 10:30 Exercise (gym) 11:00 Mindfulness Meditation (L) 11:00 Creative Stitchery (A) 2:00 Shuffleboard (T) 3:15 Ice Cream social (ML) 7:30 Movie (T)	10:00 Morning Exercise (G) 11:00 Mary Cook Stories (L) 1:30 Mystery Drive- sign up 7:30 Movie (T)	10:05 Exercise (gym) 10:00 Current Affairs Discussion Group (L) 11:00 Bocce Ball in the park 2:00 BINGO (A) 7:30 Movie (T)	9:00 Online Exercise (T) 8 10:00 Holy Communion service online (T) 2:00 Series: Great Wonders of the World (T) 7:30 Movie: Foul Play
2:00 Series: Great Wonders of the World (T)	9:00 Yoga (T) 10:00 Knitting Group (ML) 10:30 Tea with Lynda (ML) 1:30 Word Games (L) 2:30 Exercise (gym) 7:30 Series: Get Smart (T)	10:00 Morning Exercise (G) 11:00 Adult colouring (A) 2:00 Outdoor concert with Vicki Spurrell – August birthday party 7:15 BINGO (L) 7:30 Series: Get Smart (T)	9:00 Yoga (T) 12 10:30 Exercise (gym) 11:00 Meditation (L) 11:00 Crosswords (A) 2:00 Shuffleboard (T) 3:00 Watermelon social (ML) 3:45 Movie/Dinner club-sign up 7:30 Movie (T)	10:00 Morning Exercise (G) 10:30 Food for Thought	10:05 Exercise (gym) 10:00 Current Affairs Discussion Group (L) 11:00 Reminisce (L) 2:00 BINGO (A)	9:00 Online Exercise (T) 15 10:00 Holy Communion service online (T) 2:00 Series: Great Wonders of the World (T) 7:30 Movie: The Quiet Man
2:00 Series: Great Wonders of the World (T)	9:00 Yoga (T) 10:00 Knitting Group (ML)	10:00 Morning Exercise (G) 10:30 Scrabble (A) 2:00 Jeopardy (T) 7:00 Outdoor evening concert with Garry Elliot	9:00 Yoga (T) 10:30 Exercise (gym) 11:00 Mindfulness Meditation (L) 11:00 Creative Stitchery (A) 2:00 Shuffleboard (T) 3:15 Ice Cream social (ML) 7:30 Movie (T)	10:00 Morning Exercise (G) 11:00 Mary Cook Stories (L) 1:30 Mystery Drive- sign up 7:15 Paint Night -sign up (A)	10:05 Exercise (gym) 10:00 Current Affairs Discussion Group (L) 12:00 Lunch Bunch (sign up) (A) 2:00 Outdoor concert with	2:00 Series: Great Wonders of
2:00 Series: Great Wonders of the World (T)		Caribbean Day 9:30 Morning Exercise (G) 10:00 Morning Exercise (G) 11:00 Adult colouring (A) 2:00 Outdoor concert with Alex Lopez 7:15 BINGO (L)	9:00 Yoga (T) 26 10:30 Exercise (gym) 11:00 Mindfulness Meditation (L)	10:00 Morning Exercise (G) 11:00 Mary Cook Stories (L) 1:30 Mystery Drive- sign up	9:00 Yoga (T) 10:05 Exercise (gym) 10:00 Current Affairs Discussion Group (L) 11:00 Learn to Draw (T) 2:00 BINGO (A)	9:00 Online Exercise (T) 29 10:00 Holy Communion service online (T) 2:00 Series: Down to Earth Ep.1 (T) 7:30 Movie: Ocean's 8
2:00 Series: Down to Earth Ep.1 (T)	9:00 Yoga (T) 10:00 Knitting Group (ML) 10:30 Tea with Lynda (ML) 1:30 Word Games (L) 2:30 Exercise (gym) 7:30 Series: Get Smart (T)					