

I AM WEALTHY

LIVING IN PROSPERITY
AND FREE OF SCARCITY
OH YEAH YEAH I ALLOW MYSELF TO BE
OH YES, I AM WEALTHY
SUCCESSFUL AND HAPPY

[CHORUS]

OH YEAH, YEAH I'M GRATEFUL TO BE WEALTHY
OH YEAH YEAH, I VALUE MYSELF AND I KNOW THAT I AM
WORTHY
MONEY'S ALWAYS FLOWIN' RIGHT TO ME
OH I AM WEALTHY
I GIVE GENEROUSLY
OH YA YA I AM WEALTHY

LETTING GO OF ALL WORRY AND STRIFE
MY MONEY KEEPS UP WITH MY EXCITING LIFE
I ATTRACT MONEY EASILY
CAUSE WEALTH IS ALIGNED WITH ME

I SHUT ALL RESISTANCE DOWN
THERE IS MORE THAN ENOUGH TO GO AROUND
MY INCOME INCREASES RAPIDLY
MONEY COMES TO ME MIRACULOUSLY

[REPEAT CHORUS]

RELEASIN' THE LACK AND LIES FROM THE PAST
THANKFUL THAT PROSPERITY IS HERE AT LAST
I SPEND AND SAVE WISELY
FEELS SO GOOD TO PAY MY BILLS EASILY

LIFE'S GETTING BETTER IN EVERY WAY
I APPRECIATE MY WEALTH EVERY DAY
WITH MY ABUNDANCE OF JOY, LOVE, AND MONEY
FEELS SO GOOD TO SHARE IT FREELY

[REPEAT CHORUS]

OH YEAH, I FEEL GRATEFUL TO BE WEALTHY
OH YEAH YEAH I'M LIVIN' A RICH AND FULL LIFE



MINDFUL MOMENTS

MY JOURNAL



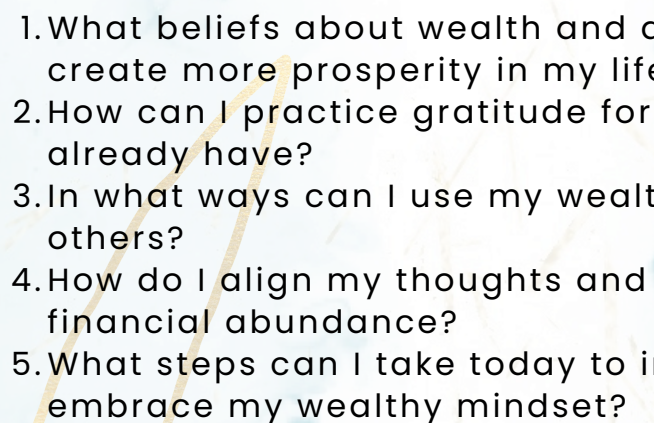
Why Journaling Helps You Heal & Shift Your Mindset

Journaling is a powerful way to process, release, and realign your thoughts. Writing things down by hand makes the experience deeper than typing—it slows you down, engages your brain differently, and helps you truly connect with what you feel.

- Releases emotions – Gets thoughts and feelings out of your head and onto paper.
- Brings clarity – Helps you see situations and patterns more clearly.
- Tracks growth – Looking back shows progress you may not notice day-to-day.
- Strengthens intention – Writing creates a stronger mind-body connection than keeping everything in your head.
- Encourages healing – Shifts negative cycles into empowering insights.

Remember, there's no "right" way to journal. Use the prompts often, repeat them as you grow, and let your pages reflect your journey.

Journal Prompts for I am Wealthy

1. What beliefs about wealth and abundance can I release to create more prosperity in my life?
 2. How can I practice gratitude for the money and resources I already have?
 3. In what ways can I use my wealth to create joy for myself and others?
 4. How do I align my thoughts and actions with the flow of financial abundance?
 5. What steps can I take today to increase my income and embrace my wealthy mindset?
- 



I release all
worries,
scarcity, and
limiting
beliefs about
wealth.

I am wealthy,
abundant, and
prosperous in
all areas of my
life.

Life is full of
prosperity,
joy, and
abundance
every day.

I value myself
and know that
I am worthy
of success and
abundance.

I attract
success,
happiness, and
financial
freedom into
my life.

I am grateful
for my wealth
and celebrate
my
abundance
fully.

Money flows
to me easily,
effortlessly,
and
consistently.

I celebrate my
inner beauty
and the light I
share with the
world.