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Contact: Hafsa Naz Mahmood, Author & Publisher

Phone: 312.285.0590

E-mail: hafsa.naz.mahmood@gmail.com

Website: www.little-birdies.com

Chicago-area mom and sons trio release second children's book about diversity, teamwork, and unity

Chicago, IL — Hafsa Naz Mahmood and her sons, 6-year-old Azeem Sheikh and 11-year-old Ayaan Sheikh, are launching their second children's picture book titled *Little Birdies Finish the River's Water*. The book encourages everyone to celebrate similarities and differences, as well as the great importance of teamwork and unity.

"Little Birdies Stories, both *Little Birdies Lose their Colors* and our new story *Little Birdies Finish the River's*Water, are to inspire the next generation of children—who are our future leaders," Mahmood said. "If we all embrace diversity, teamwork, and unity as children and as adults—we'll contribute in our own incredible ways of making our world as beautiful and united as possible."

The Little Birdies Project began in 2016 when Ayaan and his mom Hafsa turned their fun bedtime stories into a shared dream. Inspired by Ayaan's wish to see their stories on library shelves, the duo brought the Little Birdies to life with handmade 3D artwork and heartfelt storytelling.

In 2020, they published *Little Birdies Lose Their Colors*. Now, in December 2024, the creative trio—Ayaan, Azeem, and Hafsa—proudly present their latest book, *Little Birdies Finish the River's Water*.

Little Birdies Finish the River's Water is a story that highlights diversity, friendship, teamwork, and unity. By joining the little birdies on their second journey, we are reminded that life's about working together for the greater good of humanity across the world because at the core, we are all equal and the same—and so, so powerful together.



Again, Ayaan and Azeem are characters in the second book. The tales were inspired by their love for drinking lots of water, eating fruits and veggies, and traveling. Going deeper, the stories were also outputs of the boys' great questions, wishes, curiosity, and dreams. Combined, both stories focus on diversity, self-identity, individuality, eating healthy, friendship, teamwork, caring, and unity.

"Now more than ever it is so critical for the children of our beautiful country and world to be aware of these topics that are not always easy to talk about. Children have many innocent questions, and we owe them honest, open-minded, impactful, game-changing answers," Mahmood said. "Ayaan, Azeem, and I hope our books will encourage peace and an open dialogue about these important topics. We hope everyone will join us in our journey of discovering and embracing how amazing each of us are—and how phenomenal we can all be together!"

Ayaan enjoyed the book publishing project, which included many steps.

"The Little Birdies Stories books took time to make up, write, and draw all the artwork. However, the process was fun and challenged my creativity," said Ayaan. "Now, whenever I find our book at a library, I always remember how it all started out with just a simple dream. Anyone, at any age, can publish a book and it will be awesome."

Azeem had fun literally bringing his visions to life.

"My favorite part was drawing the animals because I like to draw and I learned how to draw new animals," Azeem said. "Picking which animals should be in the book near the river was also fun because I got to include my favorite ones."

The stories are dedicated to all the children in the world, including those who are orphans, adopted, and angels. Book proceeds are also donated to organizations that support kids' education and health.

The new book, *Little Birdies Finish the River's Water*, is available for pre-orders now and coming soon in January 2024. The first book, *Little Birdies Lose their Colors*, was published in 2020 and is available now. Visit www.little-birdies.com to order your copies now!

About Little Birdies Stories

The Little Birdies Project started in 2016 when Ayaan and Hafsa made up fun bedtime stories involving Little Birdies as main characters. One day Ayaan insisted he wanted to have and read his bedtime stories at his library, even after Hafsa told him they were just in their heads.

Because it's so important to encourage little kids' big dreams, the mom-and-son duo decided to bring their stories to life and officially kicked off the Little Birdie Project. They finalized their story, created hand-made 3D artwork for every page, and got ready to launch their first book!



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For more information, visit www.little-birdies.com.

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