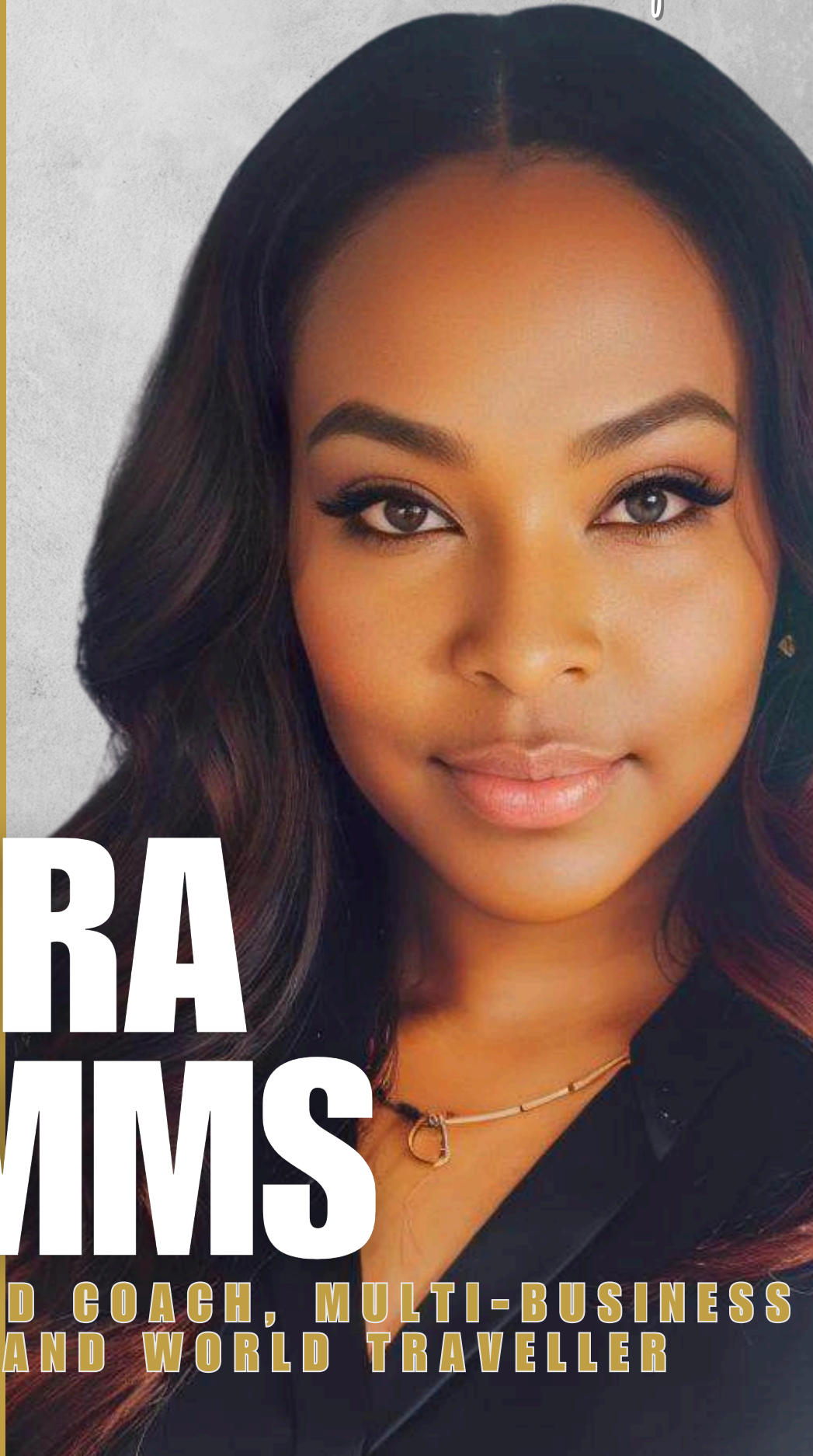


*Transform
Your Life*

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LITRA SIMMS

**CERTIFIED COACH, MULTI-BUSINESS
OWNER, AND WORLD TRAVELLER**



ABOUT LITRA SIMMS

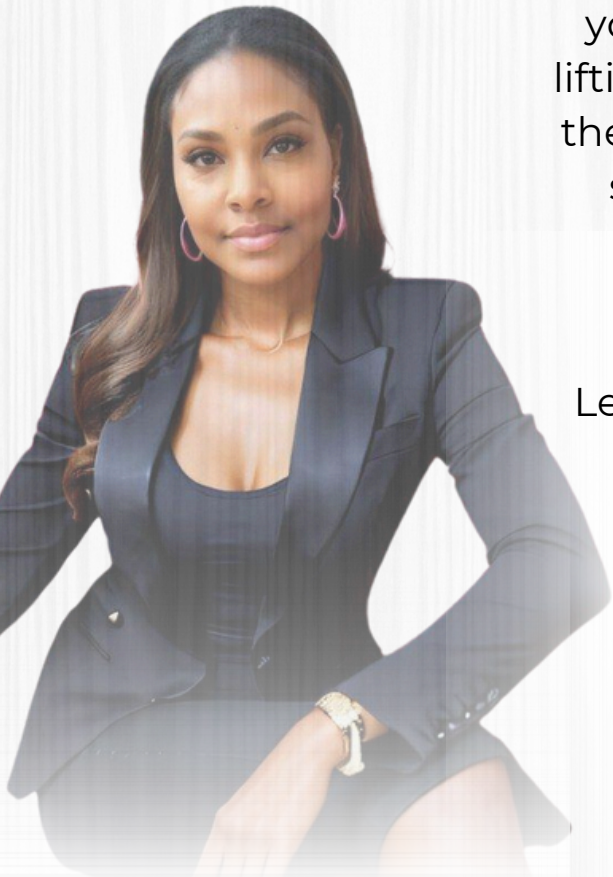
CERTIFIED COACH | MULTI-BUSINESS OWNER | WORLD TRAVELLER

Litra Simms, a Certified Coach, Multi-Business Owner, and passionate World Traveler. My mission is simple: to empower individuals and entrepreneurs to thrive not only in business but in life. Through my own journey, I've witnessed firsthand how the power of personal growth, community service, and work-life balance can transform lives.

In today's world, it's not just about achieving professional success, but about building a life filled with purpose, fulfillment, and harmony.

Whether you're an aspiring business owner or someone seeking personal growth, my goal is to provide practical insights and strategies that will inspire you to break through limitations, achieve your goals, and lead a balanced life. I believe in lifting others as I climb, and through my work at the Damon Crowdy Foundation, we are making sure that underserved communities have the tools and resources they need to overcome challenges and create better futures.

Let's take this journey together toward growth, empowerment, and balance.



LEARN MORE

LITRA SIMMS: A DEEPER LOOK

Litra Simms is a Certified Coach, Multi-Business Owner, and World Traveler dedicated to empowering entrepreneurs to thrive in business and life. With a wealth of experience and a passion for personal and professional growth, **Litra** is a dynamic speaker who captivates audiences with her insights on entrepreneurship, coaching, and work-life balance. Her engaging presentations and practical advice inspire individuals to achieve their goals and create a harmonious, fulfilling lifestyle. **Litra** currently serves as the Executive Director of the Damon Crowdy Foundation, which is a non-profit organization serving children, adolescents, and adults. The foundation's mission is to empower and uplift the lives of the financially disadvantaged individuals in the community by offering assistance, including access to food, shelter, transportation, education, employment opportunities, life skills training, counseling, and health and wellness resources. The Damon Crowdy Foundation strive to enable individuals to overcome barriers and achieve self-sufficiency, enabling them to live fulfilling, independent lives.



SPEAKING TOPICS

Business:

- Strategies for building and scaling successful ventures.
- Navigating challenges in today's competitive marketplace.
- Fostering innovation and adaptability in business practices.

Leadership:

- Transformational leadership: Inspiring teams to achieve greatness.
- Building a culture of trust, collaboration, and accountability.
- Developing emotional intelligence for effective leadership.

Entrepreneurship:

- From idea to execution: The essentials of launching a business.
- Overcoming entrepreneurial setbacks and sustaining motivation.
- Creating a legacy through socially impactful ventures.

Family:

- Balancing professional ambition with family priorities.
- Nurturing healthy relationships amidst a busy life.
- The role of family support in achieving success.

Health & Wellness:

- Prioritizing physical and mental well-being in demanding lifestyles.
- Incorporating mindfulness and stress management into daily routines.
- Holistic wellness for sustained energy and focus.

Mental Health:

- Breaking the stigma: Promoting mental health awareness.
- Tools for resilience and managing life's pressures.
- Building supportive environments for mental well-being.

Women's Topics:

- Empowering women in business and leadership roles.
- Addressing gender-specific challenges in personal and professional growth.
- Building networks and communities that uplift women.

Self-Help:

- Developing habits that lead to long-term success and happiness.
- Mastering the art of self-discipline and focus.
- Building confidence and breaking free from self-doubt.

Real Estate:

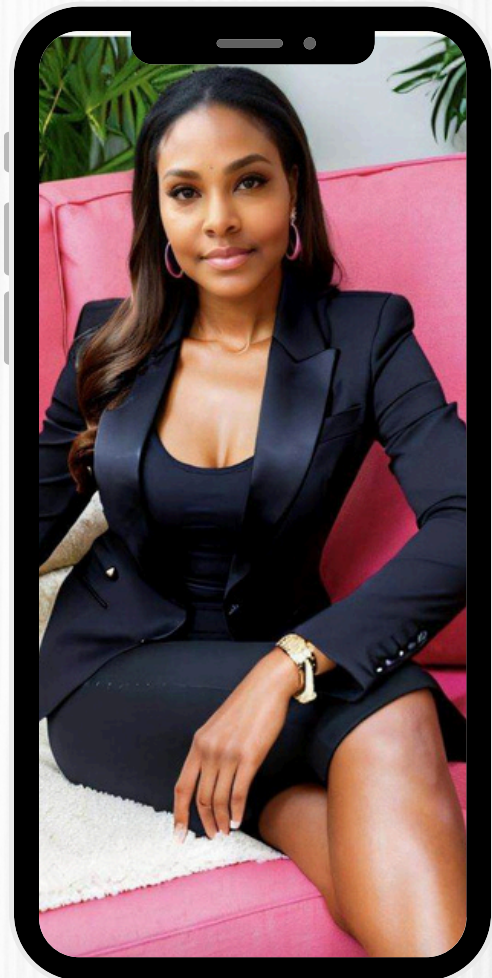
- Practical strategies for success in the real estate market.
- Understanding trends and opportunities in real estate investment.
- Lessons from the field: Real estate as a tool for financial freedom.

Personal Growth:

- Cultivating a growth mindset for continuous improvement.
- Harnessing the power of reflection and goal-setting.
- Turning challenges into opportunities for personal evolution.

Development:

- Leveraging resources and education to foster community growth.
- The intersection of personal and professional development for a balanced life.
- Driving change through lifelong learning and skill-building.



PODCAST

HARMONIZING SUCCESS

- 🎙️ Setting Realistic Expectations and Time Management for Entrepreneurs
- 🎙️ Mastering the Art of Delegation
- 🎙️ Work-Life Integration for Entrepreneurs
- 🎙️ Mastering Decision-Making as an Entrepreneur
- 🎙️ Managing Stress and Staying Grounded as an Entrepreneur



KEYS TO SUCCESS

- 🎙️ First-Time Buyers' Blueprint
- 🎙️ Selling Your Home Without Stress
- 🎙️ The Ultimate Guide to Pricing Your Home Right
- 🎙️ The BRRRR Strategy: Build Wealth Through Real Estate.
- 🎙️ How to Craft a Winning Personal Brand as a Realtor

Listen On:



Speaking Credentials

Litra Simms is a dynamic and experienced speaker, trainer, and motivator with a strong foundation in leadership as a member of the John Maxwell Leadership Team. She has successfully delivered keynote speeches, participated in panels, and conducted workshops for diverse organizations. Her expertise spans motivational speaking, leadership development, and empowering individuals and teams across industries.

- Exit Realty
- Dias Academy
- American Airlines
- Rebirth Enhancement Services
- TS Tax Toolbox
- HMTS Financial Services
- Community Action Agency Maryland
- Todays Dream Tomorrows Future
- The Brunson Approach
- Second Chance Recovery House
- NSLA
- IIG (Integrity Investment Group)
- Damon crowdly foundation
- Simms and Associates
- Strengthening Families
- Wellness Wonderland

TESTIMONIALS



"Litra Simms is a dynamic speaker who connects with her audience on a deep level. Her ability to blend inspiration with practical advice is unparalleled."



"Litra's workshop on mindfulness was a game-changer for me as a business owner. She has a rare talent for making complex topics approachable and relatable."



Ready to book?

CONTACT LITRA

Thank you for considering Litra
for your next speaking presentation

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