



Voice Activation & Empowerment Coaching

Unlock the Power of Your Voice | Speak with Confidence | Express Your Authentic Self

Your voice is more than just sound—it's an expression of your **power, confidence, and truth**. Whether you want to overcome fear, build vocal strength, or deepen your connection to self-expression, voice activation is a **transformational** journey that integrates breath, sound, and mindset to unlock your most **authentic voice**.

Who is this For?

- ✓ Entrepreneurs, speakers, and leaders who want to command the room with presence
- ✓ Anyone who has felt silenced or hesitant and is ready to step into vocal empowerment
- ✓ Those seeking deeper connection to their body, breath, and self-expression
- ✓ Individuals interested in voice as a healing and transformational tool

Ways to Work with Me



1:1 Private Coaching

Personalized guidance for deep vocal transformation.



Workshops & Groups

Unlock the voice in a supportive community.



Online Courses & Guided Practices

Develop confidence and vocal empowerment at your own pace.



Corporate & Leadership Training

Specialized voice and presence coaching for public speaking, sales, and leadership roles.

What You Will Gain



Breath & Vocal Mastery

Learn techniques to strengthen, support, and project your voice with ease.



Confidence and Self Expression

Release fear, nervousness, and limiting beliefs around speaking and singing.



Mind/Body/Spirit Connection

Explore how your voice is deeply connected to your nervous system, emotions, and personal power.



Practical Tools for Daily Use

Develop a sustainable voice practice for speaking, singing, and personal empowerment.

About Kiera Hanselman

With a background that blends **executive coaching, voice empowerment, sales training, and sound healing**, I bring a **holistic and transformational** approach to helping individuals unlock the full potential of their voice. My work is rooted in **both science and soul**—drawing from years of training in **The Vocal Awareness Method**, sound therapy, breathwork, and performance coaching, as well as deep expertise in **communication, leadership, and personal growth**.



Whether you're looking to build confidence in speaking, refine your vocal technique, or connect with your authentic expression, I offer **personalized guidance, practical tools, and a proven process** to help you break through barriers and **own your voice with clarity, power, and ease**. If you're ready to stop holding back and step fully into your voice, I'm here to support your journey.