



[www.sachikotiana.com](http://www.sachikotiana.com)

*Sachiko Tiara*

QUEEN OF SELF-LOVE  
SPEAKER | MUSIC ARTIST

MEDIA KIT

# Hi. I'm Sachiko!


## INSPIRATIONAL SPEAKER & ARTIST

Dubbed the **Queen of Self-Love**, Sachiko Tiana is an artist, motivational speaker, and musical guest who uniquely combines her heartbreaking life story, personal experiences with Bell's Palsy, and soul-stirring music to create powerful connections with audiences. With over 10 years of experience in the entertainment and events industry, Sachiko knows how to guide entrepreneurs, creatives, and individuals through transformative experiences—helping them find clarity, confidence, and authentic self-expression.

Sachiko offers a combination of storytelling, creative experiences and soothing music, blending motivational messages with engaging performances. Her goal is always to inspire and empower audiences, helping them to love themselves authentically and leverage their passions for personal and professional growth.



 **14.6K**  
@thesachikotiana

 **27.59%**  
click-thru rate

 **1.3K**  
email subscribers

## SPEAKING TOPICS

As a **speaker**, Sachiko delivers an interactive and deeply transformative presentation on **Self-Love**, which includes:

### **The Three C's: Clarity, Confidence, and Community**

This section focuses on building self-awareness and self-assurance while cultivating a sense of belonging in any environment.

### **Nervous System Regulation**

Learn strategies for calming the nervous system and fostering a peaceful state of mind, which is essential for personal growth and success.

### **Authentic Expression**

A real-time dive into the power of owning your voice and expressing yourself truthfully, helping others show up as their most authentic selves.

Sachiko intertwines her inspirational story, music and movement with each of these themes, ensuring that attendees not only walk away with knowledge and a powerful experience but also actionable insights they can apply in their daily lives.

PAST CLIENTS:



## Client Testimonials

“Sachiko has a gift of healing and entertaining people with her songs, realness and energy. She is the first person I think of when I want to plan any type of get together.

— Karla K.

“Sachiko added the perfect vibe to our event! We hired Sachiko to perform during an upscale dinner for a corporate client, and wow did she deliver!

— Mike L.

## MUSICAL PERFORMANCE

As a **musical guest**, Sachiko infuses her message with a range of soulful pop-soul music, including original songs such as:

- **You Got It**
- **Mulberry Street**
- **Better Things**

Additionally, Sachiko can perform a variety of reimagined covers, including thought-provoking songs like:

- **I'll Show You by** Justin Bieber
- **Gorgeous by** XAmbassadors
- **Love in the Dark** by Adele

Her music creates an atmosphere of authenticity and emotional release, inviting attendees to connect with their bodies, move, and embody the identity of pure self-love and inner connectedness. Sachiko's performances are carefully selected to enhance the event's overall experience by helping participants engage with their emotions and set powerful intentions.

**BONUS:** Sachiko can also create an entirely **custom one-of-a-kind song** specifically to express the heart and soul of your event, anchoring the experience with music in a way that is sure to be unforgettable!





## WHO I WORK WITH

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I love to inspire **Spiritual Seekers, Entrepreneurs, Creatives, Small Business Owners, Event Professionals and other formerly “gifted” students** to step fully into the vision they have for their life, business and creative pursuits. I especially love to connect, work with and celebrate **Creative Women in Business**.

## DESIGN YOUR EVENT EXPERIENCE

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### Spiritual Retreats

Sachiko’s work in spiritual retreats allows her to connect with attendees deeply, guiding them through emotional and spiritual healing with music and messages of self-love and empowerment.

### Corporate Events

Sachiko has worked with high-profile clients in corporate settings, creating personalized experiences that blend live music with motivational speaking to foster growth, productivity, and wellness.

### Workshops & Trainings

Sachiko facilitates workshops centered around self-love and empowerment, helping folks harness their inner power through storytelling, music, and guided immersive experiences



### GET IN TOUCH

One of the greatest ways we can love ourselves is to love the parts of us that aren’t inherently positive. I’m here for you judgement-free and always willing to see the highest and greatest - let’s connect!

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*Sachiko*  
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