

# VERTEBRAL SUBLUXATION AND NERVE CHART

“The nervous system controls and coordinates all organs and structures of the human body.” (Gray’s Anatomy, 29th Ed., page 4) Misalignment of spinal vertebrae and discs may cause irritation to the nervous system which could affect the structures, organs, and functions listed under “areas” and the “possible symptoms” that are associated with malfunctions of the areas noted.

Vertebrae	Areas & Parts of Body	Possible symptoms
C1	Blood supply to the head, pituitary gland, scalp, bones of the face, brain, inner and middle ear, sympathetic nervous system.	<input type="checkbox"/> Headaches <input type="checkbox"/> nervousness <input type="checkbox"/> insomnia <input type="checkbox"/> head colds <input type="checkbox"/> high blood pressure <input type="checkbox"/> migraine headaches <input type="checkbox"/> nervous breakdowns <input type="checkbox"/> amnesia <input type="checkbox"/> chronic tiredness <input type="checkbox"/> dizziness
C2	Eyes, optic nerves, auditory nerves, sinuses, mastoid bones, tongue, forehead.	<input type="checkbox"/> Sinus trouble <input type="checkbox"/> allergies <input type="checkbox"/> pain around the eyes <input type="checkbox"/> earache <input type="checkbox"/> fainting spells <input type="checkbox"/> certain cases of blindness <input type="checkbox"/> crossed eyes <input type="checkbox"/> deafness
C3	Cheeks, outer ear, face bones, teeth, trifacial nerve.	<input type="checkbox"/> Neuralgia <input type="checkbox"/> neuritis <input type="checkbox"/> acne or pimples <input type="checkbox"/> eczema
C4	Nose, lips, mouth, eustachian tube.	<input type="checkbox"/> Hay fever <input type="checkbox"/> runny nose <input type="checkbox"/> hearing loss <input type="checkbox"/> adenoids
C5	Vocal cords, neck glands, pharynx.	<input type="checkbox"/> Laryngitis <input type="checkbox"/> hoarseness <input type="checkbox"/> throat conditions such as sore throat or quinsy
C6	Neck muscles, shoulders, tonsils.	<input type="checkbox"/> Stiff neck <input type="checkbox"/> pain in upper arm <input type="checkbox"/> tonsillitis <input type="checkbox"/> chronic cough <input type="checkbox"/> croup
C7	Thyroid gland, bursae in the shoulders, elbows.	<input type="checkbox"/> Bursitis <input type="checkbox"/> colds <input type="checkbox"/> thyroid conditions
T1	Arms from the elbows down, including hands, wrists, and fingers, esophagus and trachea.	<input type="checkbox"/> Asthma <input type="checkbox"/> cough <input type="checkbox"/> difficult breathing <input type="checkbox"/> shortness of breath <input type="checkbox"/> pain in lower arms and hands
T2	Heart, including its valves and covering, coronary arteries.	<input type="checkbox"/> Functional heart conditions and certain chest conditions
T3	Lungs, bronchial tubes, pleura, chest, breast.	<input type="checkbox"/> Bronchitis <input type="checkbox"/> pleurisy <input type="checkbox"/> pneumonia <input type="checkbox"/> congestion <input type="checkbox"/> influenza
T4	Gallbladder, common duct.	<input type="checkbox"/> Gallbladder conditions <input type="checkbox"/> jaundice <input type="checkbox"/> shingles
T5	Liver, solar plexus, circulation (general).	<input type="checkbox"/> Liver conditions <input type="checkbox"/> fevers <input type="checkbox"/> blood pressure problems <input type="checkbox"/> poor circulation <input type="checkbox"/> arthritis
T6	Stomach.	<input type="checkbox"/> Stomach troubles including: <input type="checkbox"/> nervous stomach <input type="checkbox"/> indigestion <input type="checkbox"/> heartburn <input type="checkbox"/> dyspepsia
T7	Pancreas, duodenum.	<input type="checkbox"/> Ulcers <input type="checkbox"/> gastritis
T8	Spleen.	<input type="checkbox"/> Lowered resistance
T9	Adrenal and suprarenal glands.	<input type="checkbox"/> Allergies <input type="checkbox"/> hives
T10	Kidneys.	<input type="checkbox"/> Kidney troubles <input type="checkbox"/> hardening of the arteries <input type="checkbox"/> chronic tiredness <input type="checkbox"/> nephritis <input type="checkbox"/> pyelitis
T11	Kidneys, ureters.	<input type="checkbox"/> Skin conditions such as acne <input type="checkbox"/> pimples <input type="checkbox"/> eczema <input type="checkbox"/> boils
T12	Small intestines, lymph circulation.	<input type="checkbox"/> Rheumatism <input type="checkbox"/> gas pains <input type="checkbox"/> certain types of sterility
L1	Large intestines, inguinal rings.	<input type="checkbox"/> Constipation <input type="checkbox"/> colitis <input type="checkbox"/> dysentery <input type="checkbox"/> diarrhea <input type="checkbox"/> some ruptures or hernias
L2	Appendix, abdomen, upper leg.	<input type="checkbox"/> Cramps <input type="checkbox"/> difficult breathing <input type="checkbox"/> minor varicose veins
L3	Sex organs, uterus, bladder, knees.	<input type="checkbox"/> Bladder troubles <input type="checkbox"/> menstrual troubles such as painful or irregular periods <input type="checkbox"/> miscarriages <input type="checkbox"/> bed wetting <input type="checkbox"/> impotency <input type="checkbox"/> change of life symptoms <input type="checkbox"/> many knee pains
L4	Prostate gland, muscles of the lower back, sciatic nerve.	<input type="checkbox"/> Sciatica <input type="checkbox"/> lumbago <input type="checkbox"/> difficult, painful or too frequent urination <input type="checkbox"/> backaches
L5	Lower legs, ankles, feet.	<input type="checkbox"/> Poor circulation in the legs <input type="checkbox"/> swollen ankles <input type="checkbox"/> weak ankles and arches <input type="checkbox"/> cold feet <input type="checkbox"/> weakness in the legs <input type="checkbox"/> leg cramps
SACRUM	Hip bones, buttocks.	<input type="checkbox"/> Sacroiliac conditions <input type="checkbox"/> spinal curvatures
COCCYX	Rectum, anus.	<input type="checkbox"/> Hemorrhoids (piles) <input type="checkbox"/> pruritus (itching) <input type="checkbox"/> pain at end of spine on sitting