

REGISTER NOW

The 2026 NHA Conference

THURSDAY, JUNE 25 – SUNDAY, JUNE 28, 2026

HOLIDAY INN CLEVELAND SOUTH, INDEPENDENCE, OH

Advocating the gold standard of a whole-food, plant-based diet and lifestyle since 1948!

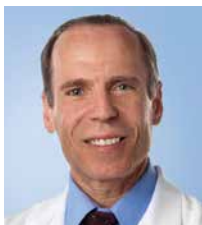
Join us for our 78th year with another all-star lineup of speakers and teachers!*



KRISTI FUNK, MD, FACS, DipABLM
Breast cancer surgeon; cofounder, Pink Lotus Breast Center, author of *Breasts: The Owner's Manual*



COLUMBUS BATISTE, MD
Board-certified interventional cardiologist, cofounder of Healthy Heart Nation, and featured expert in numerous documentaries, articles, and podcasts



JOEL FUHRMAN, MD
NY Times bestselling author; president, Nutritional Research Foundation; founder, Eat to Live Retreat



CARA FUHRMAN, ND
Naturopathic doctor and medical chef



ALAN GOLDHAMER, DC
Founder, TrueNorth Health Center; coauthor, *The Pleasure Trap* and *Can Fasting Save Your Life?*



STEPHAN ESSER, MD
Director, Esser Health—Take Your Life from Surviving to Thriving



FRANK SABATINO, DC, PhD
Author, *Weightless*; speaker; NHA Director of Education; creator of the online program *Lean for Life*



LISA FUHRMAN
COO and CFO of DrFuhrman.com and Eat to Live Retreat



BRITTANY JAROUDI
The Jaroudi Family YouTube channel



CHUCK CARROLL
"The Weight-Loss Champion" Host of PCRM's podcast, *The Exam Room*



ADAM WILSON, MPA
Senior Manager Culinary Education at Vitamix



JOHN PIERRE
Nutritionist and fitness consultant; cofounder, Living With Harmony



DEB & JASON DESALVO
Regenerative farmers, Cold Brook Farm; environmental educators; bakers; authors

REGISTER NOW!

\$795 EARLY ACCESS RATE**

Don't delay! Register before it sells out!

Conference passes include all programming and six whole-food, plant-based, SOS-free meals. Registrations are refundable until 45 days prior to the conference (subject to a \$50 nonrefundable administrative fee per person).

BOOK YOUR ROOM

Book your room by calling the Holiday Inn at **216-524-8050, ext. 298** for the special NHA rate of **\$150 per night**.

CHILDREN'S PROGRAM

Special rates are available on the NHA website for children ages 2–12 and 13–16, and a fun program will be available for children ages 5–12. Call the NHA at **330-953-1002** with any questions.



JOHN NOWAKOWSKI
Conference executive chef and founder of Nowakowski's Healthy Beach Retreat



ROBYN DENNING
Yoga instructor and health coach

SPECIAL THANKS TO OUR 2025 SPONSORS:



*Speakers are subject to change. **Early Access rate available through 12/31/25.