Code of Conduct for Children and Young People

Pro Martial arts Schools offer a positive experience for children and young people where they can learn and engage in the art of kickboxing in a safe, friendly and positive environment.



As a member of Pro Martial Arts Schools, you are expected to abide by the following Junior Code of Practice.

Children and Young People are expected to:

- Be friendly and particularly welcoming to new members.
- Report any inappropriate behaviour or risky situations for other members.
- Not use violent or aggressive behaviour towards other members or the Instructing team.
- Not use bad language or inappropriate language.
- Show respect and kindness to other members.
- Not criticize or 'make fun of' another member's ability.
- Not to be involved with bullying, in or out of the club, including inciting bullying.
- Behave and listen to all instructions from the Instructor and Coaching Team.
- Always arrive for class on time.
- Only wear an official PMAS uniform issued by the club when training.
- Mark their attendance on the register.
- Remove any jewellery, including costume jewellery, before class starts.
- Inform the Instructor if they have any injuries prior to or sustain during training.
- Only use equipment purchased through Pro Martial Arts Schools during class.
- Keep within the defined boundary of the coaching area.
- Treat equipment used, provided and owned by Pro Martial Arts Schools with respect.
- Inform the Instructor or a member of the Coaching Team if you intend to leave the room during class (e.g toilet break) or need to leave the class before the finishing time.
- Always wear your kickboxing belt when training as this allows the Instructors to be able to teach you the correct technique needed to help you reach your next grade.
- Ensure all mobile phones are switched off or switched to silent before the start of class.

Children/Young People have the right to:

- Be safe and happy in their chosen activity.
- Be listened to.
- Be respected, treated fairly and in a non-judgemental way.
- Privacy & confidentiality where appropriate.
- Enjoy sport in a safe and protected environment.
- Be protected from abuse by other members or outside sources.
- Participate on an equal basis, appropriate to their ability.
- Ask for help and receive help where possible.
- Have any concerns taken seriously and acted upon.

Any minor misdemeanours and general misbehaviour will be addressed by the instructor and be reported verbally to the designated person.

Serious or persistent misbehaviour may result in disciplinary action and potentially dismissal from the school. Parents will be informed at every stage.

We expect all children/young people to adhere to the behaviours and requests set out in this code. If any child/young person behaves in a manner which contradicts any of the points set out above, the problem will be addressed immediately, with the inclusion of the parent/guardian, with the aim being to resolve the issue as quickly and as amicably as possible.

For the welfare of other children/young people and our staff, if issues and repeated breaches of this code continue, this may result in us regrettably asking you to leave the club permanently.