

A portrait of a middle-aged man with short, light brown hair and a friendly smile. He is wearing a bright blue suit jacket over a white dress shirt and a blue tie. He is seated, with his hands resting on his lap. The background is a blurred indoor setting with light-colored walls and architectural details.

JERAMY

FREEMAN

FREEMANFORMULA.COM

Jeramy CEO Freeman Formula LLC. Well Rounded Wellness LLC



SPEAKER, COACH AND MEDIA CONSULTANT FOR:

Jeramy understands the economics of business today, promoting products and programs increasing revenues everywhere he travels, teaching and inspiring lasting measurable and immediate change in his coaching programs, keynotes and seminars.

Jeramy's mission is to provide value and impact for everyone in attendance.

Jeramy Freeman is more than just a successful entrepreneur, he is a media personality who educates and motivates in every interview or segment he does.

As a businessman, impact speaker, author, promoter, athlete, nutritional guru and media consultant, fans of Jeramy "The Mountain" Freeman look forward to his weekly segments covering topics such as mental and physical health, personal power, nutrition science, goal achieving and life principles for maximum results and achievement.

LEADERSHIP, COACHING, PERFORMANCE TRAINING AS WELL AS WORKOUT & NUTRITIONAL GUIDANCE FOR:

- NHL Hockey League Athletes
- Recruits entering the Military
- UFC Ultimate Fighters
- MMA Athletes
- IFBB Athletes
- NPC Athletes
- Syracuse Express Football Players
- Pro Athletes, Division 1 Athletes
- Corporate Executives- UPS, North West Mutual, ADP
- Professional Models
- Police Officers & State Police
- Direct Marketing companies: Elevasit & Valentus
- Now Sports
- Muscle Tech
- Fire Fighters





IFBB PROFESSIONAL ATHLETE

Jeramy has been an athlete his entire life. From breaking records as a competitive swimmer to becoming a professional in 3 sports. Jeramy was the most photographed bodybuilder in the world for 2 years. He was the longest-running endorsed athlete for Muscle Tech, and Now Sports Nutrition. Jeramy created the diet plans and programs you have seen for Muscle Tech Hydroxycut and their transformation before and afters. He created education for Now Brand Educators. Jeramy may look familiar to you as he was the inspiration for Pixar's Original Mr Incredible.

SEMINARS & KEYNOTES



Find your Value- We focus on your Mental Health by providing tools to help you manage stress, build resilience, and strengthen the link between mental and physical health.

Become the MVP- Increase your value and become the stand out in today's marketplace. Tap into your three vital resources and plug in the equation taught in this seminar to increase your value exponentially.

Power of 3- Become Focused, Strong, and Powerful.

Massive Muscle Transformation- learn the science of rapid muscle increase. Using the biology of how the body works to transform. How to train, what foods to eat and what supplements to take. Average muscle gain with this plan is 6 lbs of muscle in six weeks. Ask for B&A of men who have implemented The Power of 3 with incredible results.

Tap into your Superpowers-

Use the skill set learned in this seminar to boost your speed and efficiency to achieve your best results.

Magic Wand -The building blocks for extraordinary success.

This is the template used by thousands of Jeramy's clients to acquire results that are so profound it seems magical.

E=MC2- You are a Power Plant.

Learn how to optimize your energy and maximize your potential.

Everything is energy, vibration and frequency. Learn to elevate your energy and the energy of any room you enter. Ignite your power plant!

Project 42 Nutrition Science Seminars-This is not a fad. Learn how to create optimal health by plugging in biochemistry and nutrition science, for rapid fat loss, muscle gain and amplified energy.

V.I.SI.O.N. Building Leaders-

The six tools required for leadership, growth & success in the modern world. If you need leaders in your organization this seminar is a must.

WORKSHOPS:

Team Building

THE GAME CHANGER ACADEMY:

Experience the full Freeman Formula Philosophy where our team will inspire and educate your mind and body to achieve more.

Includes: Full emersion to create massive results
Nutritional seminars, workouts, personalized plans, cardio and supplement regimens, mindset training, goal setting achievement classes, personal coaching and accountability to ensure your success.

This 2-3 day event guarantees aha moment after aha moment. Prepare to unleash, your greatness and develop the understanding and skills needed to create change and defy limitations. You will walk away with new confidence, profound clarity and the inspiration to grow and follow your new plan.

Long gone are the days when business executives just sit in an office and dictate how and what will happen.

Jeremy is part of the new breed of business CEO's. He exceeds and demolishes the stereotypes of days gone by, living the message he promotes.

Conquering life, dominating his competition, and driving his teams to the next level all while inspiring his clients to expect more from themselves and motivating everyone he meets to live with greatness.



Jeremy's newest endeavour, Freeman Formula is quickly becoming a household name for a wide range of professional athletes, corporate executives and anyone looking to get a mental or physical edge.

Using his background in biochemistry, cellular biology and nutrition science, Jeremy has developed numerous products designed to dial in your focus, fuel the body and the brain, accelerate recovery, enhance performance and lose weight in a safe, healthy, all-natural way.

Jeremy and his team launched Freeman Formula from a local supplement company to an International brand within one year's time, securing some of the giants and number one companies in convenience, grocery and supplement stores, as retail partners.

Above all else, Jeremy is a leader in goal achievement. He inspires others to discover and define their purpose and value while offering a blueprint for his clients to create their own extraordinary life.

SPEAKER FEES:

**\$20,000/one seminar

**\$45,000/series of 3 purchased at one time.

**Best Value- \$60,000 - 3 Day Event Game Changer Academy
bring the entire team and leave with individualized plans and
programs for up to 40 of your top performers.

Coaching: Prices available on request

**Expenses for Jeramy and one assistant,

- Transportation: (Car service, uber, taxi, or rental car – to/from departure airport and to/from arrival airport)
- Airfare
- Accommodations
- Meals and Incidental Expenses
- Audio-Visual Equipment (slide projector, projection screen, wireless lavalier microphone, etc.)

Booking the Engagement: We make it simple, contact us with your date, If Jeramy's calendar is open we will collect a deposit and reserve your event. We take all forms of payment and cryptocurrency.

TESTIMONIALS



 **iam7black** @jeramyfreeman thank you for being one of the most positive, and inspiring people I've ever met. The information this man has Bestowed upon me has been the best information I've gotten in my life concerning my physical and mental health . His product's are made with highest quality ingredients , and his knowledge is unmatched! I dare anyone out there to beg the differ. Give this guy his flowers now 🌻



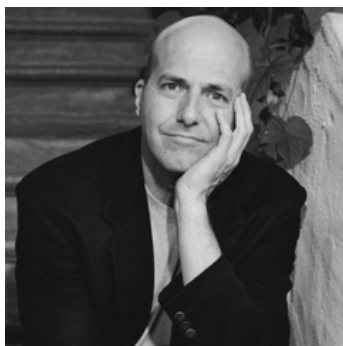
I have learned more from Jeramy's seminars, coaching and leadership principles than what I have learned from all my other coaches and mentors put together. When I implement his strategies, I make more money, flourish in my relationships and am healthier and stronger. I can't wait to have him speak at my basketball camps. ~Shawn Pudney

"Jeramy taught me more than any coach I have ever had. When working with him I went from placing low on the national level to winning my IFBB Pro Card in a year and he helped me negotiate my contract, and this cover.

Jeramy helped me negotiate and sign the best deals I have ever received from two huge companies. "
~ Ben White

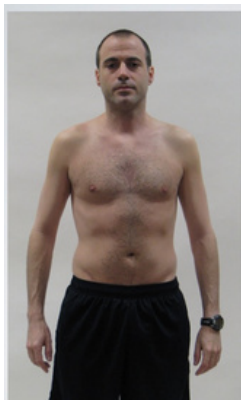


"I was not expecting this. We have had hundreds of speakers at our events, and truthfully it sometimes gets boring. I was hanging on Jeramy's every word. His energy is infectious. His message is so powerful. I can honestly say, the value he brings as a speaker is beyond anyone I have ever seen and experienced." ~Tina Tara



"If you are looking for a speaker that moves the room, and truly makes an impact, This guy is you only choice! I am shocked the whole world doesn't know about him."
~Charley Pavlosky

"I have worked with Jeramy for years. He taught me, and lead me to challenge myself, daily. He has inspired me to live my dream and enjoy every moment of it. I am so grateful for his mentorship, seminars and events that have taught me more than I can even express ~Blair Mone



"This is the most profound event I have ever been to. I have been to a lot of different events, Jeramy spoke from his heart to the hearts of every person in the audience. He brought us all to a space of introspection. It ignited something within me, like a switch was flipped and I was now on. Like a veil was lifted and now I can see clearly, it's absolutely amazing, you have to experience his events for yourself."
~ Dave Rotter

