



Science & Research | LifeWave X39

LifeWave has been conducting and compiling research for many years across multiple wellness technologies, including X39 and other LifeWave patches.

The studies listed here are official study titles referenced on the LifeWave website. The full study documents are housed inside LifeWave's internal resource library and are not publicly downloadable.

These titles are shared for awareness and educational context only.

👉 If a specific study catches your attention and you'd like help understanding what it explored, please reach out to me and we can review the topic together.

No pressure. No obligation. Just information and conversation.

Important Note

These studies are intended for internal educational purposes and are not to be distributed publicly. This overview is provided to help you understand the scope of research that exists.

X39 Patch – Research Overview

- Clinical Study Report on the LifeWave X39 Patch (NIS Report 206-001)
- Non-Invasive Brain Mapping & Subtle Energy Testing (P3 Mapping)
- Phototherapy-Induced Metabolism Changes
- Metabolic Implications of X39 – Study 1
- Metabolic Implications of X39 – Study 4
- LifeWave X39 Pilot – Light-Triggered Changes
- Experimental X39 Patch Study (Final Draft)
- Double-Blind Testing on GHK-Cu Production Levels
- Changes in Tripeptides & GHK-Cu in Blood
- Double-Blind Randomized Controlled Trial on GHK-Cu Production

X49 Patch – Performance & Strength Research

- Improvements in Fitness, Strength & Stamina
- Proof of Concept: AHK-Cu Peptide Changes
- Bone & Muscle Support in Women
- Bone & Muscle Support in Aging Women
- International Journal of Sports & Exercise Medicine Research

X20 – Light-Infused Water

- Physiological Effects of Nanometer Light-Energized Water – Study 1
- Meridian & Acupuncture Data – Study 2
- Meridian & Acupuncture Data – Study 3

Y-Age Glutathione

- Human Clinical Pilot Study
- Organ Function & Cellular Health Research
- ICEWAVE & Glutathione Research (2009)
- Glutathione Level Optimization Studies
- Skin Health & Anti-Acne Clinical Evaluation
- Human Energy Field Case Studies

IceWave

- Pain Relief & Musculoskeletal Studies
- Double-Blind Placebo-Controlled Clinical Trials
- Neuromuscular & Osteoarthritis Research
- Infrared Thermal Imaging Studies
- Equine Pain & Musculoskeletal Research

Silent Nights

- Insomnia Treatment – Double-Blind Trial
- Sleep & Hormonal Effects Study
- Neurotransmitter & Physiological Testing

Additional Research Areas

SP6 | Alavida | AcuLife | Acupressure | Patch Mechanisms & Safety

- Organ Function & Acupuncture Studies
- Skin & Cellular Health Research
- Biofrequency & Pain Relief Studies
- Patch Safety, Permeability & Nanotechnology Research
- WADA & Anti-Doping Compliance Statements

Important Research Notice

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If you have questions about a specific study or would like to explore the research further, please reach out, and we can review the information together.