

YOUR OVERNIGHT TRANSFORMATION

**33 SECRETS ON HOW TO LIVE
UP TO GOD'S CALLING**



ISA IBRAHIM BRADARA

Your Overnight Transformation

33 lessons on how to live up to God's calling

Table of Content

Introduction.....	4
Success Modeling.....	10
Blind & Deaf.....	13
Kill off Distractions.....	15
Master Your Time.....	16
Your “Why”	17
The Success Formula.....	20
Have A Vision.....	22
Believe.....	23
Sabr & Taqwa.....	25
Thoughts & Perceptions.....	26
Mindfulness.....	28
Hyperfocus Time.....	31
Low Information Diet.....	33
The Organization Identity.....	35
Be Limitless.....	36
Habits & Routines.....	41
Empowering Self-Talk.....	55
Regular Physical Activity.....	58
Discipline > Motivation.....	60
A Healthy Diet.....	62
Confidence.....	63
Winners Mentality.....	64
Resilience.....	66
Extreme Ownership.....	70
God Given Gifts.....	72
One Thing At A Time.....	78
Becoming The Expert.....	81
Expand Your Network.....	85
High Income Skills.....	86
The Art of Selling.....	90
Delegation.....	95
Invest in Growth.....	97
Purify your Soul.....	101

Introduction

Let me start off with a story.

I was 22 and in my sophomore year in college. A student-athlete playing football and studying at the University of San Francisco in California.

I grew up in Germany, and my 4 years in America were transformational, to say the least. I used to be VERY frustrated and angry at the world. I used to be a little bully, always hyperactive and “slightly different”.

I felt stuck, and often a bit sad. I knew I wasn't born to work or live a regular life, I felt destined for something bigger than what life is trying to teach us. Taking no risks, working a regular job instead of chasing my dreams? Or even worse - making someone else rich? I wanted to be happy and financially free so that I could live a life on my own terms.

I was falling in love with a beautiful girl at that time and I wanted my wife to never have to lift a finger for money. When I see all these spiritually blind girls moving from bad enough ass shaking on social media, to shit like only fans and co... I really can't believe that people can be this ignorant, and have so little dignity. May God have mercy on them and guide them back towards light.

Anyways, if the man brings home millions, the wife could be tamed to be a stay at home mom I thought...

All jokes aside, all of this was predicted in our religious scriptures. The women will run towards the Dajjal. The entire system belongs to him, and the only way to stop these

women from running into that trap is to “chain them at home”. That is obviously metaphorical... Before I ever do that, I would rather let go.

I knew this world was going little nuts and I was more old school. I try to live kinda like the Indians before today's Americans arrived. I wanted to be the hunter and provider for my wife and family. I wanted to be successful. But before anything else - I wanted to be happy.

Nothing seemed to work out the way I wanted it at first, despite all my efforts. I knew that I had to be doing something wrong and I was eager to find the solution. I had firmly decided that I didn't want to accept the average anymore. I was desperate for change and I worked very hard on myself and these goals.

I'm not going to lie - back in college, there were so many distractions around me - that it was difficult at times to focus on transforming myself and my life. Everything seemed to want to pull me away from achievement. Most people around me were not like me. They all thought I was crazy and slowly started distancing themselves. I was lonely at times, broken, I felt pain, but I never thought about settling for average. I just knew that growth equals pain, but being stuck - that's even more painful.

Gold is refined in the fire I thought, and so I didn't hesitate to go through difficulties and change anymore, if that meant growing into the light. I started to welcome and embrace change like my best friend. If I truly wanted to manifest big things, I just knew I had to.

So I became blind and deaf to my surroundings and only listened to the truth. Nobody but you have to believe in your vision. People will not understand what you are trying to do anyway - simply accept it - and bite through.

I lost many friends when I decided to go on the path of growth and I was lonely at times, but I knew it was worth it and the only way. I knew I was on the right path.

I tried to stay away from everything negative that could stop me from creating the life I desired. I deactivated all of my social media and looked for every possible angle and way to create time and more room for growth. I ignored the noise around me and I sought refuge in silence and focused work.

Once I eliminated those distractions, I had so much more time to overtake the competition. It felt like I was running by them. Especially my relationship with technology and social media has given me the biggest competitive advantage of all. Now I hate to waste time, especially on mindless scrolling. What's that about anyways, seriously?

About that time, I experienced meditation, and I realized for the first time that 99% of the world is sleeping zombies - and that I never want to be like them.

I made the right adjustments to the routines and habits in my life, and I saw myself quietly flying by them while they were drowning in distractions. I started taking massive action toward my dreams. Disciplining myself and working from 6 am - 10 pm every day. I was very well organized and tried to exploit every free minute I had as a busy college student-athlete.

I ate well, I was in top shape, disciplined, and hungry for success - and in the case of another party at my college soccer house (where I was living btw) - I had my earplugs by my bed, so I could sleep through the noise and get enough rest, to do it all over tomorrow again.

I studied and modeled the most intelligent people on our planet, and learned what they do to become high achievers. Imagine someone who never ever read a book, started reading books like a maniac. I was hungry for knowledge. I hated wasting time. I read about 60 books that year and went through multiple expensive courses and seminars, parallel to being a full-time football student-athlete, also chasing a 4.0 degree at the University of San Francisco (Until I realized how big of a scam schools really is).

I was occupied with growth 24/7. Even during sleep, I tried to work on my football skills with lucid dreaming. I was a little insane. A workaholic, but I felt great.

The time as a broke hood boy was supposed to end. I had to break free and I was committed and motivated only by the thought of working 9-5s...

Looking back I would say, don't be as crazy as I, but you need to level up. Do it calmly, take one step at a time, find someone who has already done it, apply his recipe, and don't stress too much about this worldly life. The bigger picture of our life is our journey to God, the colors are not so important. Don't allow money or anything else to dwell in your heart. You have to become emotionally numb to this world.

I wanted to be a force for positive change. Better myself and my surroundings. And with all the new information I suddenly had, and with all the little tweaks and adjustments that I made to my lifestyle, I felt unstoppable, and it all worked out eventually.

Thank God! - within a year or so, I became happier than ever. I achieved financial and spiritual freedom. I transformed myself from lost to fulfilled - From negative to very

positive - From broke to multi-multi - from depressed to enlightened and insanely happy!

Today I can say that the bigger the shadows, the greater the potential light I believe. Everybody can come out of the darkness that he or she may find herself in. I was among the worst people you can imagine, a little gangster kid. If I ever hurt you in any way, I want to take this moment and apologize, I hope you can forgive me. Today - I'm not recognizable, I'm someone else.

What the journey taught me in a nutshell - I've been fed the wrong information my entire life. The schools were a lie. Media is a lie. My parents were more lost than me. Friends have gone astray, and have just accepted being like the rest, everybody is draining in entertainment, instead of being the entertainer. Everyone was too comfortable for a change. Ignorant of the truth.

The system of trapping people is real!

Once I created room for new blessings, I found real leaders around me, surrounded myself with bright people, and focused on spiritual growth instead of listening to the restricted minds that imprisoned me. I followed the wisdom of my heart, and it brought me closer to light every day,

I went on to transform into the life force I needed to become to achieve everything I always wanted to achieve. I became the person that I had to become to attract everything I was always looking for.

Sustainably happy, more successful than ever, and certain. My heart and mind are both at peace, and I know where I'm going in this world, and the next God willing.

The school doesn't want us to figure it all out. We learn nothing about God or the money system. They keep us blind and enslave us. The rich need workers and they want us to be slaves, In debt, and stuck. To save you the struggle and years of research for your personal escape plan, I've put up a transformational recipe based on my transformation and the people I have learned from to shorten your way and achieve unbelievable results in less time.

It's easy to blame others for not being successful or not achieving desired results, when in fact it is mostly us who have to level up and evolve first, before being able to make any significant steps towards a life of freedom and joy.

We need to change and grow into a better version of ourselves. Face it! The power is with you, you need to learn how to unlock it!

Be, do, have! You have to become the person that you want to be, before you actually become the person that you want to be.

Remember, on the surface, success is found in reaching your goals - But true success is found in living up to God's calling and spiritually rich. Having meaningful, purposeful goals, and making progress every day toward your vision. This is how we create happiness in our lives. First we create the kingdom within, the rest is already on the way towards you.

We have to stop competing with others - and focus on ourselves. Take steps in the right direction aggressively and consistently. If we compare ourselves to someone's step 500, we cannot be free. Focus on your life.

Let's provide you with the recipe for a higher achiever.

Success Modeling

Lesson #1 is success modeling.

This is by far the most important principle that you will ever learn.

Seriously, it has changed my life dramatically...

Our inner world is extremely influenced by our outer world. The books we read, the media we listen to, and the people we talk to all affect our beliefs and behaviors.

Humans are wired to learn by mirroring and copying the behavior of those around us. This is how we develop our brains and bodies as children. As adults, we continue these patterns, mostly unintentionally without even thinking about who we want, or should pick up information from.

That's why most people pick up the thinking and beliefs of lost and unsuccessful people who are not guided and of limited thinking. They surround themselves with uninspired and lost people and watch irrelevant TV shows, movies, and media, just to quiet their boredom or satisfy their lusts and desires.

You are the average of the 5 people you surround yourself with. That is how most people fall victim to staying average forever. That's also why we must protect our children from the atheistic ideologies and teachings of the West, their influence on our school systems, and the harmful effects of phones and technological algorithms - whose main goal is to distract us from spiritual development and steer our minds into a certain direction.

It's very important to nurture our brains and develop them in the right direction. We have to fill our minds and hearts with faith - and protect ourselves from misinformation and schools, whose curriculum was designed by the elite and their evil agenda - to keep us working slaves.

If you want to succeed at anything bigger than working for someone, you have to be an active participant in shaping your reality.

The principle of "*success modeling*" as I like to call it, has had the most significant impact on me and my life, out of all the valuable principles that I will cover in this little book.

As Jim Rohn says: "Success leaves clues". I analyzed in depth and mirrored the behavior of all the people I wanted to achieve similar results from. Not just on the surface. Nope - How they think, act, do business, eat, sleep, talk, and walk. Details.

You have to understand one important fact. They have already achieved the results that you want to see in your life, and will soon achieve as well, God willing. They are high achievers, and their success left clues. When someone comes out on top, it means they have done something right.

You have to become "*the analyzer*". If you're a businessman, and you're not understanding and analyzing how and where your main competitors are getting their clients from, you're missing out on a lot of growth. If you are an athlete, and you're not studying the movements, pieces of training, and behaviors of the best in your field, then you will likely never achieve the results you desire. Learn to model the best, and make it better! It's that simple.

You don't only have to surround yourself with good examples and words that you want to model. No – you have to become them, then put *your own twist* on it, and **become an even better version than all of them.**

In a nutshell. Do not try to reinvent the wheel. There are people who have achieved what you are trying. Model them!

Choose friends that lift and challenge you to become better. Get into the right circles. Consume media of leaders and figures that inspire. Find mentors and coaches. Invest in your growth and be intentional about the success you want to model. Act, implement, and grow out of your old self. Peel the layers of your rotten onion, so that the jewel inside of you shines brighter than ever. Unlock your power within and watch your world transform in front of your eyes.

Every successful person is literally doing that. Rarely will you see someone, reinventing the wheel and coming up with completely new things out of the blue.

Most dropshippers, for instance, find products that are already working well, and they find a different approach to marketing it. They simply create new angles to something that is already working.

Success modeling has allowed me to sit back for a second, evaluate my current situation more clearly, and made it much easier for me to become who I need to become.

If you want to change what you do, change who you compare yourself to. Luckily for you, I have the formula and created a blueprint that will help you accelerate in almost no time. Keep reading, we just got started transforming you.

Blind & Deaf

Most people are blind and deaf spiritually. So, if you listen to most people, you will be like them...

Do not be like them.

You have to learn to see and cure yourself.

Most people are spiritually dead. I call this the nation of the walking dead. And if you follow them, you'll end up paralyzed just like them.

Most hearts are sealed. They have forgotten about God, and God has made them forget themselves.

If we want to awaken the giant within us, ignite the light inside us, and fall in love with everything on earth we need to listen to the guided ones among us and stop listening to the misguided.

How do you know who is guided? Listen to your heart? Your soul knows and loves the truth.

And if you obey most of (those) in the earth they will mislead you from (the) way (of) God. Not they follow except [the] assumption, and not they (do) except guess.

(Quran 6:116)

Never take advice from someone who you wouldn't want to trade places with. Look at those people who criticize and tell you not to do it. "You can't do it", "Do it my way", "Follow me."

Most are living depressed lives in a cubicle, angry at themselves, not unable to live with the idea that someone else might achieve a better life while they are still stuck.

It's time to ignite your holy spirit and walk the way of an awakened warrior, who doesn't care about what others think of Him. An awakened warrior walks the route, knowing that there is only one judge.

Such a warrior has no time for fear. He generally doesn't care.

My own family was throwing stones at me when I opened my heart to the truth. They were furious about my decisions and wanted to make me believe that I was destroying our family ties and reputation. If I listened to them instead of my heart, I would still be a depressed and lost man.

“There is no obedience to the creation (if it entails) the disobedience of the Creator.”

- Prophet Muhammad (AS)

We have to become numb to the opinion of others, and ask ourselves, will my Creator be happy with the actions I'm taking in my life?

Am I blind like most people? And do I want to heal myself through God's light and guidance?

Be with God, and put Him above everything else. Especially above this tiny creation and their opinion.

Everybody will be standing alone on the day of Judgment. Engrave this on your forehead.

Kill off Distractions

As you go to work on your goals – kill off distractions — especially your phone.

Smartwatches are the dumbest thing I've ever heard of. You can go ahead and sell everything right now. Make them disappear as much as possible.

The less distracted your environment, the better.

Seriously, once I build everything I feel like I have to, my goal is to switch back to my Nokia C33 and disappear forever.

All I want is to leave clues on how to copy me, and make even more out of yourself than I was able to! I only want to be on a lost island and take care of my wife and my kids.

Set your goals and strive habibi. Nobody has to applaud you until you make it. Nobody will, and it's better that way. Do it in silence! Social media floods our minds with addictive algorithms and destructive content. We have to protect our minds and the minds of the younger generations by setting boundaries with the devil's technology. They are from the evildoers of this world.

Just like Adam (PBUH) bit the apple that God has prohibited him from eating, we bit the Apple of technology – and we are so much more attached, it's scary. Use tech wisely in your favor to automate and ease your life.

And if we are already talking about Eve – don't allow a woman to make you sin like with Adam.

Men have to take on more responsibility. The elite and their feminist movements have changed gender roles. But most people don't see.

Master Your Time

If you master your time. You master your life.

God tells us about the importance of time in his books. Decrease spending time on stuff that doesn't drive you forward. Change forward positively. Value your time more than anything else. Whenever you have the chance to trade money for time – do it!

(103:1) By the time! (103:2) Lo! Man is in a state of loss; (103:3) except those who have faith and do righteous deeds, and counsel each other to hold on to truth and counsel each other to be steadfast.

Quran (103:1-3)

Here, God swears by the time in His final revelation, and gives us an indication on how important time in His eyes truly is.

And if God says that, you better believe it...

Your “Why”

Before we continue on the *‘how,’* we must crystalize our *‘why.’* What is the *‘why?’* behind our actions? If your why becomes big enough then the work that comes with achieving it truly becomes irrelevant.

Your why cannot be found by thinking about yourself and your desires. It is something much bigger than you, which you are meant to achieve. It is your true calling. Your purpose in life.

Our why is the main thing that gives our lives a strong sense of purpose and well-being.

Once we crystallize on it, we can find greater fulfillment, develop more confidence, and make a much more positive impact on the world.

Having success requires two decisions:

1. Deciding what you want, and
2. Deciding you’re willing to do what’s necessary, sacrificing and paying the price to get it. Then, go out and get it!

To fuel this motivation, we must find our deep-rooted why. This is something much more significant than money, fame, or temporary pleasure.

“All action is scattered dust except for what is done purely for God.”

– Iman Ali

God acts through people, and it's your task to seek what part of the world you can bring more light to with what you are doing, by seeking His pleasure even in your work.

God wants us to make a positive impact on the world. He wants us to become His caliphs who act on his behalf, as creators and positive evolvers on this earth. He wants you to become a strong carrier of His light. He wants you to shape and impact our society.

Many things are beloved to God. We can strive to fight injustice, create more harmony, peace, and love on the earth. We can accumulate wealth and spend it on His cause. We can retire our wives, and improve the well-being of our family, friends, and the entire ummah.

Make God proud of who you are, and who you're becoming. The more we achieve, the more humble we should become, knowing that it is only through God that we can find the power to achieve things.

The more we have the more responsibility we have to give back. Get money out of the heart, and remind yourself why you are here. Striving in God's cause with all our effort and wealth will ultimately place us on a much more enjoyable seat in heaven God willing.

On the days when my goals seem too far out of reach, I remember my why, and my motivation is restored. My focus clears, and my mindset shifts. Never make your goals about money. Money is merely a means to an end. A tool. God gives us strength if we seek His pleasure instead. You can't cheat God. With wealth we can do much more good in the world, we can improve the lives of the needy, we can create more room and

time to better worship, and grow closer into God's light. That should be the drive, not the paper of satan!

Moreover, God has given us roles. Men and women have different roles to play. We complete each other.

Women have it hard, we have to treat them like our princesses and jewels. They are precious gifts of God, that carry even more precious gifts into the world.

They have difficult menses every month, and bring our children into this world. Men and women have many different qualities - and we should appreciate that about each other.

Men should strive to be providers, while our wives should be the strength and comfort behind our actions. They are our support, our greatest fan, and together you are a much greater force for good. So, to live up to the role of a provider in today's world, men must develop more strength and skills than ever.

Women want to be independent and naked on social media - we have to talk them out of it... Take their phones away if necessary. The least that we can do is ignore the misguided ones. When they realize that no man wants that, they will adjust. Take ownership. We have to become better leaders and make them not walk in the footsteps of the devil. We have to be their spiritual guides, the rock they are seeking refuge in from the danger of this world. Their securities.

I'm not saying women can't be entrepreneurs, or contribute to the family in other ways than cooking and bringing children to the world. Women are killing it nowadays, and if they are ambitious towards building, then push each other towards achievement.

But the money that either of you makes should be obtained legally! Never haram. In lawful, there are blessings, in haram there's nothing...

Our *why* has to be as big as it can get!!! So big that the work becomes irrelevant. Take it as fuel for everything you do.

Ask why again and again until you reveal the heart's center of your purpose, and unlock powers you would not imagine you have.

The Success Formula

Once we have a strong reason why, we can start by solving for the ultimate success formula. Tony Robbins perfectly describes his formula in four steps:

1. Define what you want. (Know your desired outcome)
2. Take action!
3. Evaluate if the action is getting you closer to your goal.
4. If it is, then keep going. If it isn't, then change your behavior and repeat until you get what you want.

Knowledge is power. But without the ability to act on and execute it, knowledge is worthless. So, our power lies in our ability to take action. Growing our power and reaching our success is found in **consistency of action**.

Success feeds on success. Each success creates more belief in ourselves, empowers more knowledge, and builds more momentum to succeed on an even larger scale.

Remember that nothing is easy. It's hard to be consistent. It's hard to form good habits, show up, and dedicate time to your goals each day. It's hard to create the life of your dreams. But it's even harder to be lazy. It's very hard to wake up each day knowing you can do better. It's tremendously hard to manage poor health, bad relationships, and a job you hate.

I didn't think that I or my business would turn out the way it did. I just put my trust in God and acted with certainty that somehow, someday it would work out, and it eventually did.

Set big goals, think big and that you are capable of achieving them. And adjust if necessary along the way.

They say, "Choose your hard." - One hard fuels delight and the other is desperation. To enter the *Growth Zone*, you have to leave your *Comfort Zone*! Change is synonymous with growth. So to succeed, you must get comfortable with the uncomfortable and embrace the growing pains of change. Often you will have to do something that you don't want to, to get to where you want to.

This life - It ain't easy my friend. It's supposed to be a test where we go through hardships and trials. Get into the mindset of going over your current limits, but with anything. That's the only way to grow and become a better version of yourself.

Life begins at the end of your comfort zone

- Neale Donald Walsch

Have A Vision

Striving for a vision is very important. It is proven that when you do, you are much happier even if you don't ever get there. The actions that bring you closer towards that vision daily, are what truly matters for your satisfaction.

Everything is possible, but it requires sacrificing for your dreams and having a clear plan and strategy on how to go from point a to point b. It often involves leveling up for years until you get there, and that's so exciting about it.

If you strive for something that you believe in, you may certainly have a chance at it – even if it seems as far as the moon. There are no limits, so let your imaginations play widely and freely.

Whatever you can imagine, you can reach for. Imagination is an interesting part of our intellect, we can have fun in the surreal realm of our thoughts.

Keeping the vision in the back of our head, yet dedicating carrying the building block in the present. We have to live consciously with every breath of our lives and make the most of the time given to us. Living in bliss is when you remember your Lord and grow closer to Him. Being grateful in all circumstances will result in He giving you more and more (14:7).

Constantly sharpen your visions, and allow yourself to feel how it would be like to be there when you use your imagination. Go for what you feel inspired by. Something inside of you trying to tell you “That’s what I am for.”

And remember that the way is really the goal. The vision will get clearer and clearer as you take consistent and dedicated action toward your goals and vision, even if it might all seem blurred at the moment.

You have light inside yourself, seek silence, and learn to listen to yourself. Take steps with courage and grow closer to your vision, step by step.

Believe

“The man who thinks he can and the man who thinks he can’t are both right.”

- Henry Ford

Beliefs open the door to excellence. If you believe you can do something, you’re already halfway there. This is the basis of a self-fulfilling prophecy: when we expect or believe something will happen, it’s more likely to do. Know that “God has power over all things” - Quran (35:1).

One of the most powerful forces in human history — is the essence of human belief. Whether it’s Jesus (PBUH), Muhammad (PBUH), Moses (PBUH), Tesla, or Einstein - each of these people led by changing human beliefs. So, to change our behavior, we must change our beliefs. If we want to model excellence, we need to learn to model the

beliefs of those who *achieve* excellence, we must already be, instead of want, and it will be yours God willing.

If you believe you can do it, you can. If you believe you can't, then you can't. It's all up to you and the decree of God. Rarely will you find people believing in big plans, because most people are very small and narrow-minded. As long as you do and stick to your beliefs and don't let anybody get you off the track, you are going to get there someday God willing.

Imagine how a person who has achieved what you want to achieve looks, thinks, and acts. Picture who you need to be before you can become successful. How are your discipline, nutrition, and organization? What traits are you missing to live up to a person who even has a chance of succeeding?

The devil will try to talk you out of it and make you lazy. Learn to beat his voice in your head. Belief can open the door to limitlessness or limitations. It triggers a direct command to your nervous system. When you believe something is true, you literally go into the state of it being true. You attract all the energy, resources, and abilities you need to make it happen. Even the Bible tells us:

“Therefore I tell you, whatever you ask in prayer, believe that you have received it, and it will be yours”

- (Mark 11:24)

Every religion follows this principle. Every successful person believes in himself. If you pray for something, believe as if it has already happened. Stay consistent, and patient, and it will happen God willing. If it doesn't, then trust that God knows that it was

better for you not to happen. He knows what is best for you at every moment in time. Sometimes we think something is good for us, but it is not. You do not know the future, He does. Have trust - and know that God is mostly concerned about our souls hereafter. Be calm and at peace with yourself and your environment. Become one with everything - and be simple like a cat.

Imam 'Ali (as) says: "With trust in Allah we reach certainty.

Strengthen your heart with certainty and you will be able to achieve what you are meant to achieve. Trust and rely on The All-Powerful, know that His fate is written, and grow closer in faith and certainty.

Sabr & Taqwa

To attain the assistance of God we need to develop two very important characteristics; Sabr (patience) & Taqwa (God-consciousness).

The problem with our race is that we want success overnight! But nothing which is special has ever happened overnight. Most overnight successes have taken years of preparation and only seem that way on the surface level to the consumer. Success takes years of preparation, many failures, and a very strong character.

Dream in years

set goals in quarters

plan in months

evaluate in weeks

and execute violently daily!

One of the most beloved acts to God, is the patience of a believer. Your trust and your remembrance of God, under all circumstances, is what God wants to see.

He wants your spirit to shine bright like a diamond, blending your neighbors. Know that your fate is in His hands, and stop to worry too much about the rocks on the way.

The bigger picture of our life is our journey to Light, the colors are not so important.

When things don't turn out the way we imagine right away – We must stay calm, faithful, and true to ourselves, and trust in His plan. We must bite through the pain of the unknown and the uncertainty of what life brings. We must grow in hard times, and attain even more light, stretching beyond old limits and beliefs.

Delayed gratification is the secret of success. They don't expect to see success within a day. They prepare and take massive action towards a goal on a daily basis, which eventually leads to the breakthroughs eyewitnesses see unfolding one day.

Thoughts & Perceptions

Truly, everything begins in our minds. Our thoughts form our perceptions. Our perceptions form our beliefs. Our beliefs influence our actions. Our repeated actions become our habits. And our habits? Those make up our everyday lives; Create our identities; and manifest our realities. **And it all starts with a thought.**

Two people can live the same life and experience the same situation — but each has an entirely different experience, *solely* based on their differences on all levels of awareness, and how they perceive the world.

Most of the time, a particular situation is never necessarily “bad” or “good.” It’s our perceptions that give them these labels. The most difficult situations will make you grow by far more than an easy task ever could. Shift your perception of reality, and you’ll transform it.

You get to rule over your mind. You get to choose your thoughts. You get to flip the script in your head and change the way you jump over life's hurdles. Is the glass half full – or half empty? Twist your perception of things. Think positively in every aspect of life. Don’t allow your mind to make things more difficult than they are.

“There’s nothing either good or bad, but your thinking makes it.” – William Shakespeare.

The power of our perception gives us the ability to create our lives. We can turn any failure into a lesson; any mistake into a milestone; any setback into a success. It all depends on our mindset. This is the principle of the Victim vs. Creator mindset. Someone with a Victim mindset views life as something happening to them. They watch their life unfold around them, and every bad thing that happens to them is someone else’s fault; they always find someone or something to blame. In this way, they have no control over their realities. But someone with a Creator mindset is different. They view themselves as the creator of their lives. They take ownership. They are in control of their thoughts, perceptions, and actions. They take accountability for their success and mistakes, and as a result, they have control over their reality.

You are going to face hardship, rejection, and denial. We all do. So better get comfortable with it. Start twisting your perception, and take all of this negativity as

fuel and motivation to drive your success and life to the next levels. You have to turn every negativity into positivity.

Observe your thoughts and stop yourself every time you become negative, then twist your perception. Stay away from negative people that are draining your energy and your light. Surround yourself with people who remind you of God. And constantly adjust and outgrow yourself.

The power of positive thinking is unreal. You are the most powerful tool you have to create and attract everything you need. If you replace these negative thoughts and fill your mind with positivity and gratitude your outer experience of life will start to adapt. Your outer experience of the world will always just be a reflection of the positive and peaceful inner world you are creating within.

Work on yourself, and become conscious.

Mindfulness

Modern life is busy, noisy, distractive, and overwhelmingly informative. Our senses are constantly stimulated from every direction to the point where a simple moment of quiet stillness seems impossible for most of us.

The information overload hinders us from getting the most out of each moment – drastically reducing the quality of our ability to focus, pray, and our ability to connect and interact with God and His creation.

We need to take control of our wandering minds and desires. Meditation exercises are a great ritual for achieving this. We need a sharp sword in this world. Meditation

sharpens your sword. We have to become more mindful in all aspects of our lives – spiritual, personal, as well professional.

The practice of *exercising mindfulness* is like going to the gym for the brain and can help train our minds to become more disciplined with any activity we participate in. It calms the mind, allows us to live in the moment, and gives us more clarity and peace.

Silence is the garden of thought.

- Imam Ali

Meditation will allow us to discover the depths of our inner selves, and make us better, more conscious, and emotionally intelligent versions of ourselves. It will allow us to make better and quicker decisions, make us understand ourselves much better, and grow closer to the love of God.

Practiced daily it will transform the way we interact with everything and everybody, making every moment more precious and delightful.

Like with anything, we can train ourselves to be stronger and activate more brain power. We can control our beliefs, thoughts, and actions – and as a result, our realities.

Practices like praying and meditation are the rituals to expand our consciousness and learning to live and experience the present more conscious and awake. Master the ritual, then you can transcend it into life and be conscious at all times. Once you do, you will never think or see the same again. You will have a completely different perception of reality.

We have to learn to be present. We have to live more attentively and intensely. Look, humans have become very distracted, and have forgotten how to simply be and exist in this very moment for a longer period.

I will repeat myself until the world gets it, your phone is the most impactful distraction device you have. Most of us have become addicts who can't live without it for 5 minutes. On top of it, they are modern-day spies, tracking everything you say and do.

The phone is just an early stage of the plan to connect our human brains to AI, for total human control. Break free from enslavement to technology, and live up to new spiritual highs.

Understand that evil is everything that distracts and wake up to the now. Only the present moment matters and what you do with it. Time is the great capital of men.

Start leaving distractions at home altogether if you don't need them. Cure your fake dopamine addiction and replace it with positivity. Work out, do your breathwork, and pray.

Practice living in the moment always, by practicing to be in the moment for shorter periods. Work on your mindfulness, and increase the quality of your entire life.

You can look up and follow guided 10-minute meditations on YouTube. Just a few weeks without a phone and intense training will make you function on steroids – a completely upgraded vision of yourself.

You will elevate your God-consciousness. You will be much calmer, and sharper, and you will be able to focus far better and longer. You will ignite your light, shine much brighter, and therefore attract everything and everyone you need into your life.

If you decide to join the paradise university – we have exclusive pieces of training on how to master the moment and live up to your fullest potential for God.

www.paradise-university.com

Hyperfocus Time

Schedule out times that you dedicate to one single task only, without distractions.

This means you put your phone into another room and get to it consciously for a certain amount of time. Become more productive!

Mindfulness exercises will help you with this as well. Depending on your capacity, start with short hyperfocus times, and work your way up. Our focus improves with practice.

Distractions, entertainment, and notifications are bombarding our minds, not allowing us to focus on the next most important task at hand to make real progress. Our lives have never been busier, days never shorter, and people never more inattentive than today.

The attention span is decreasing and men's memory is getting lost. We are slowly allowing our beautiful minds to be replaced by AI, and are neglecting nourishing ourselves, minds, and souls.

Without focus you can't achieve anything. Most people practice being distracted for 12 hours a day. Technology has destroyed our focus and we need to work on that. I really

encourage you to detox from your phone and all of social media for a while or even sell your phone. Just disappear and use the extra time to grow and build. You will see how much time you are actually creating when not scrolling through unimportant stuff.

Your phone is the most destructive and confusing thing that you own and you need to handle and attack this problem. 3G, 4G, 5G, ...10G - until they connect us directly to that thing, which really is the plan btw. Use it with care - or better yet, put it into the garbage and rejuvenate your mind and master your focus.

In order to make the best out of my teachings, your day, or anything else in life, you need to understand how to hyperfocus on the task at hand. First of all, we have to be aware that everyone has their own range of attention. Multi-tasking is a myth. Our brains merely jump back and forth on tasks, slowing our pace and breaking up our focus. And since we have limited attention spans, it's very important how we decide to allocate this finite amount of energy day in and day out.

Hyperfocusing means you spend your complete resource of focus (which is limited) on this one specific task for a certain amount of time - Far away from phones, emails, music, and other distractions.

Distractions prevent us from entering this state of hyperfocus where we can really tune into our task at hand and tune out of everything else. That's why, for maximum productivity and results, I prefer scheduling out time of the day for hyperfocus tasks. And in general - I like to be very well organized with daily calendar schedules.

Prioritize your tasks, pick the most important tasks to work on first, turn off all distractions, and find your focus area. Set your timer for 45-90, and get shit done like it was matchday!

Hyperfocusing for longer periods will be hard for most people at the beginning, but you'll get better. Take a 5-10 min break and get back to it. Set a very strong ***intention*** to complete a certain task or work on something for this and that long, then give it your **full attention** and tune in!

If we set strong intentions it's much easier for our minds to focus and not start wandering. And If you give each task your entire focus and intention, you'll enter a state of flow, productivity, and passion, and **achieve more in less time**.

But you will see that it also takes training. You'll get better with time though. You will not see your hyperfocus being perfect on your first try. But we are here to work on ourselves, right?

Low Information Diet

Empty your head habibi. Protect the health of your brain from this destructive information overload that is invading the lives of humanity. The *low information diet* is a principle by Tim Ferris, one of my favorite authors on self-development.

Since we are being bombarded with information nowadays – mostly untruthful, noisy, and useless information, it is more important than ever to learn how to keep a low-information diet.

The low-information diet is a brain diet that is supposed to distance you from information that you will never need in life, and thus create space for things that are more important.

Our mind space is limited. The constant flow of false or not important information is only harming the wellness and well-being of our brains, and the development of our truthful path.

We need that mind space back. We have to be clean to think straight. We have to have enough space in our minds to be able to create a life that aligns with God's purpose for us.

Get the distractions out of the way. Temptations of consuming wrong information have to be eliminated so that we cannot even get in touch with them. Turn off your TVs, Turn the news off, cancel your magazine subscriptions, New York Times, Washington Post – it's all BS.. don't believe that crap.

Consider dropping out of school because that shit won't teach you anything about life, and turn all the notifications on your phone off – don't let anything distract you from the truth and your highest self.

Who do you think mainstream media belongs to? Rothschilds, and their banker friends of course! Your perception belongs to these people, because they control the information – wake up!

These people are also the inventors of our beautiful educational system. No wonder we don't learn anything about money or God. They are pagans, looking to funnel all of your money into their hands, while you run, making the banker richer and richer.

They own the information outlets, to control the perception of humanity. People are waking up slowly, and that's why it's getting so interesting right now. The only reason

why they have the power is because they can make us believe that they do. We are the many. We need to take our perception back. They can be our slaves only.

The Organization Identity

My coaches in college used to say: “how you do one thing is how you do everything”. And that’s a fact. A clean environment supports a clean mind. Start with your bed in the morning to set the tone for the day. This builds momentum for task completion and continued execution.

I can’t live with a mess. I stopped believing in people's success if they can’t even make their beds in the morning. We need to create workflows, schedule out our day, have a calendar, to-do lists, grocery lists, organize your entire life and technologie to fuel your success and free up time and mind space. Organize everything from folders, to documents to create room for more creativity. I MEAN IT - *EVERYTHING*. Be as organized as Steve Jobs, or Elon Musk would be to manage 5 companies at the same time.

Make notes of everything that is a little more important in your mind, because otherwise it will be an unsolved problem and task in your head. Write it off your mind by bringing it on paper, or as a simple idea in your Reminders & Lists.

If you want to level up even more - use an old school notebook instead the technological shit, and rock your neighborhood with elegance. Don’t carry the phone

with you anymore if you are a real G. The phone is there to make millions, not to waste time on cheap naked brazilian insta ass shakers.

Free up your headspace. Once you write ideas down you create mental spaces, health, and stay organized for more important things and increased creativity.

How you do one thing is how you do everything. *If your environment is clean your mind is clean.* Set the tone for clarity and efficiency. Be the most organized person that you have ever met.

Create a free mind, by being freed from almost every other aspect of life.

Be Limitless

There are no limits in this world. You can achieve anything you put your mind to, if you have enough willpower, patience, and faith.

“Because of your little faith,” he told them. “For truly I tell you, if you have faith the size of a mustard seed, you will tell this mountain, ‘Move from here to there,’ and it will move. Nothing will be impossible for you.”

Matthew 17:20

However, All growth starts with self-awareness.

Get real with yourself. Be honest and examine your current beliefs and behaviors. What do your thoughts, perceptions, actions, and habits look like?

From here, you can map out the difference between where you are right now and where you want to be one day, so you can close the gap and become who you have to become, to get to where you want to be.

Sounds complicated – but it truly isn't.

It doesn't take any more brain power to think big, than to think small. Cure your thoughts of a small thinker, and start to think big. Really big. If you think 10k – think about making 10 million. Surround yourself with people that have a wider horizon and a brighter view than you may have currently. Keep your eyes wide open and learn from life and people around you. Soak in growth like an addict.

If you want to create something unlimited – you have to feel unlimited. If you feel unlimited – you will draw everything you need to you that matches your vibrations and frequencies. One of God's names is Al-Fattah (The-Opener), and He is as you think of Him. He can do what you think He can do for you.

Yet we need to want to walk towards His light, and be with the Light. We have to nourish the Light, and give back from what Light gives us. We have to want to make this world a better place for the sake of God's pleasure. For the sake of the pleasure of all of his creation. For the love that drives and carries all of us from one stage of life, to the next stage of life, until one day we become eternal and one God willing.

Look at the stories of our Prophets (peace and blessing be upon them all). God split the sea for Musa (AS) and the refugees with him, when there was the world's super army

behind them. The situation seemed hopeless. Yet the Most Great flooded and drowned the enemies in disbelief. Moses felt the unlimited power and had trust in The Most High. The nearer to God we are, the more empowered we will feel. And our beliefs will reflect the outcomes of our efforts.

Moreover, **a limitless mindset is fearless**. It only fears disappointing God – not even death. So start by facing and overcoming all of your fears. I want you to take a moment and think about what you’ve always *wanted* to do, but always found a million reasons why you can’t. You gotta do it. Even if you go alone on a trip to bali. Even if everybody is against it, and yes even if your parents think you are out of your mind.

Face your fears and grow. When I started facing my fears, I started approaching models, pranking people on the street, and saying no to friends. Do whatever you always wanted to do (unless, of course, it’s something harmful or illegal, then listen to others). But for everything else, you are in control of your life. You are the creator of your own reality.

Jim Kwik, an amazing brain expert, said it best in his book, *Limitless*:

“Don’t take criticism from someone you wouldn’t take advice from.”

You are the only one living your life — you aren’t going to get to your deathbed and wish you’d confine yourself to the life others thought you should have. No — you’re going to wish you lived how you wanted to. And you’re going to wish that you had lived how God ordered it to you, because He’s The Most Wise, knowing you better than you know yourself.

Most people are scared to make an upgrade because their parents have believed this and that, and because your grandad was a doctor and an atheist. So what? Your grandad was not guided, nor did they understand or have knowledge.

This entire process starts with overcoming your parents and school-taught, limited brain. Abandon it. **Our system is literally broken.** The school system is trying to enslave you. It does not teach you to open up the doors of thinking. It does not teach you anything about money, about your independence, your spirituality, or the limitless opportunities you have for your future. It teaches you to fear risk, to believe in ridiculous Darwin's evolution theories, to get punished for mistakes, to stick to the 'status quo,' and never question it or anything else you were wired to believe.

We're here to abandon this mindset. Why? Because most limits and fears that people have are self-imposed. You set limits for yourself because you're focused on the fear of the unknown. You want to start your own business, but you're scared it won't work out. You want to move across the world and start a new life, but you're scared you won't like it. These are fears imposed by you, not by reality. You're so focused on asking, "What if it doesn't work out?" that you forget to ask, "What if it does work out?", "What if it is the best decision you could ever make?"

Turn off your mind. The mind is the source of all problems. Most of us are prisoners of our own reality. The devil tries to make you feel small, unimportant, and not deserving. He tries to infuse fear and things that don't serve us. The mind constantly tries to keep us lazy, small minded, in the comfort zone, not ready to try out something new and face our fears. We need to turn it all off, and start from new!

In *outwitting the devil*, Napoleon Hill leads a conversation with the devil and it reads as follows.

“Tell me all of the tricks by which you enter and control their minds...”

The devil replies: “My greatest weapon over human beings... I establish the habit of drifting”

So, essentially, the devil is trying to make us limited. To drift away from pursuing our goals, and the satisfaction of the Creator.

Understanding that anything that happens is neither good nor bad, but our perspective makes it. No situation is hopeless, but our mind makes it. Our mind creates problems out of nothing, talks to us negatively, makes us fear and not believe in ourselves. It tries to lock us into a state of scarcity, instead of abundance. Expect the best outcome, in every situation, but be grateful for even the worst.

Live life as if everything was rigged in your favor - Rumi

Learn to think bigger, knowing that abundance is everywhere around you, and if you miss out on something, there's something even bigger right around the corner.

Pray to God, and ask him to strengthen your mission. Be certain that everything you are praying for is already making its way to you.

***Therefore I tell you, whatever you ask for in prayer, believe that you have received it,
and it will be yours.***

Mark (11:24)

Switch your perspective on life, and outgrow your old self everyday.

Habits & Routines

Our lives are the manifestations of our habits and routines. So let's not allow the devil to establish the habit of drifting in us.

If we have weak habits and are having a hard time breaking them- we must shift all our energies on creating strong habits that are unbreakable. Once we do, the old ones start to melt like sugar. We simply replace them with better ones.

We must stop wasting our lives on entertainment, consuming drugs, and being around lost people - if we don't want to end up like them. Yes, our childhood friends are often important to us, but you have to enjoy the company of high achievers that will get more out of you as well.

Often friends and people are just passengers in your life, meant to be there for a certain period, teaching you lessons and whatever not. Lead relationships in the name of God, and you will see each other again God willing, in the next life.

Habits and routines make it much easier for us to achieve what we desire. Success is just the outcome of your daily habits that are moving you slowly closer towards your goals.

If you know where you want to go, then all it takes is taking many necessarily minor steps on a regular basis that will lead up to coming closer to that goal.

Your current habits are way more important than your current situation. Why? Because your current habits and routines in life are either moving you towards or away from your goals and from God.

Habits compound, like compound interest at the bank (only that bank's are a scam and the interest on your money is either small or even negative by the time you're reading this; or the banks have died out completely because Crypto is the better solution, and the banks have no chance to win this bloody war they are leading since money came into existence...)

I get all emotional here... 🩸 Free Palestine, Free Gaza, Free Everybody... Fix the money, fix the world... Back to the topic!

The ***get better every day by 1% rule***, will make you **over 37 times better at the end of a year**. That's actually calculated math. This phenomenal principle is perfectly described in James Clear's book: *Atomic habits*.

So to set ourselves up for the best chance of success, we must form habits and routines that get us closer to our goals on a daily basis. Habits are not created overnight. Habits form with consistency, which most of us lack. Become consistent. Consistency drives results.

It is the intentional decision that you take, to achieve a goal, and then focus on it one day at a time, until it becomes your identity and part of your routine and lifestyle that you cure and respect. It is the bricks that will add up to a tower.

How does success come naturally to some people, while others can't manage to ever catch a break? How are some people always motivated to reach their goals, while others never even find the strength to start? You guessed it, they build strong habits, are patient, have trust, and progress bit by bit every day.

You are adding more fuel to the fire each day you show up and give it your best. If you get one percent better each day for one year, you'll end up over thirty-seven times better by the end of the year. This is why small choices don't seem to make much of a difference at the time and moment, but add up in the long-term. Take care of the small choices.

The math is as follows: We simply take 1.01 (1% better) and we raise that to the power of 365 (1.01×365 days). That's over 37. You can and should accumulate this 1% growth by falling in love with your journey. Disciplining yourself - and showing up each and every day for your life that you continuously try to improve.

Celebrate small wins, track your progress, and continually learn. This is the power of "The 1% Rule." in a nutshell. If you can consistently become 1% better at what you do each day, you can **compound** your growth immensely over time.

Big Warning: The same rule also applies for getting 1% worse each day - but we don't even want you to think about getting worse right now!

You were created to grow. You were created to win over the nonsense in your brain, and learn to live and think with your heart. You were born for greatness. You were born to expand your awareness and closeness to Light.

Habits are also very important because they create mental freedom. They become so routinized and automatic, that you create mental space for creativity and freedom - which you can then use to overcome new challenges and solutions.

You are literally creating systems and processes in your brain and body that will almost run automatically and save up energy - and get you to your goals easier, better, faster.

Decision fatigue is real. That's why building strong habits, automation and processes is very important to save up mental energy and mind space. Why do you think so many business men wear the same clothes every day? They are saving up mind resources for more important decisions. When we take action and progress towards our visions and goals, we find power and happiness, we create positive emotions and feelings that we enjoy. That's how we open up the opportunity for consistency. It's easy to follow through when you enjoy what you do. Or you even love, why not make a living out of it.

It's also important to understand that progress is never linear, **the most powerful outcomes are delayed**. Don't quit! Grow out of yourself. Stay consistent and patient. I mention this multiple times in this book.

Don't just change one small thing. Change the formation of your way of thinking. Layer habits on top of each other until the scale of life starts to move. You can combine habits to make it even easier for you. For instance, can the cup of green tea in

the morning trigger another habit of opening up a book to read. Each improvement and positive habit in your life is one more on the positive side of the scale. **Create strong leverage.**

Obviously, depending on what we want to achieve and the structure of our lives, our habits are going to be much different from one person to another – yet for all of us, small daily wins will lead to big wins long term.

Find some inspiration with a few of my good habits that you can implement in your life as of today. Get ahead of the rest with almost everything you do, by simplify changing yourself, and your daily activities

Here's 9 of my most powerful habits for you:

1. Plan Your Tasks The Night Before

You don't want to have a chaotic mind in the morning, thinking about what you need to achieve today.

You want to use the blessings of each new morning to find inner peace and mental strength. Awaken your Spirit for obtaining God's pleasure.

Creating a plan for each next day before you go to bed, will help you master your days, set yourself up for task completion, and turn you into a productivity machine.

2. Create a Morning Routine

How you start your day sets the tone for everything that follows. Take my morning routine as inspiration, but don't just copy it—create your own beautiful morning discipline.

Mine, of course, is deeply inspired by my only role model, Prophet Muhammad (AS). I love him, and I admire those who remind me of him through their character and traits.

First, wake up before the sun and listen to the morning adhan, letting it ring through until the end. As soon as your eyes open, begin with gratitude and your morning prayers. Wipe away the sleep, use the miswak beside your bed, and make your bed look beautiful again. Then, breathe in the fresh morning air, take three sips of fresh water, and perform cold wudu or take a cold shower. If you have an ice bath, even better. After that, pray the morning prayer.

Get your blood pumping—take a few quick steps, jump rope for 10 minutes, or whatever else you enjoy to activate your body. Go for a walk, swim, or hit the gym. Wake your body up and get it moving.

Do your morning prayer intentionally and as beautifully as possible. Afterward, pour yourself a cup of green tea. As the sun rises, step outside, breathe deeply, and absorb God's morning light. Feel the energy of His creation fill your lungs—breathe His life force into you, slowly and calmly.

During this time, remember your dhikr. Keep it as a warm-up for the day ahead, reciting with your heart and not just your tongue. The quiet remembrance is the most powerful.

Subhanallah (All Glory belongs to God), Alhamdulillah (Thank God for everything), La Ilaha Illallah (There is no God but God), Allah Akbar (God is the Greatest), Astaghfirullah (I seek forgiveness from God)—let these words resonate deeply within.

By waking up before the sun, you draw closer to God and create time to outpace the competition. While the world sleeps, you are speaking with your Lord, which

is an opportunity to pass them by. Most people are trapped in the cycle of phone addiction, mindlessly scrolling, drowning in distractions, and chasing fleeting pleasures—yet they've achieved no spiritual light.

As you wake yours, you'll see yourself surpassing them as if they were statues.

Take a moment of silence during this sacred morning time. Reflect on everything you're grateful for and what you're looking forward to in the day ahead. Prepare your mind and become comfortable with yourself. Fuel your spirit for the day and get moving.

The morning begins with spirituality. After prayer and meditation, return to the miracle of the Quran. Reflect on each verse—what is God telling you through it? Drink your tea and absorb His wisdom.

Remember, leave your phone in another room for at least the first hour—preferably longer.

Start your day by stacking good habits. Make your bed (this simple act is powerful for your mental state—one task accomplished), take a cold shower or wudu, pour yourself a cup of tea or coffee. Maintain a healthy diet, organize your thoughts with a to-do list, and plan your day. Prioritize tasks that move you forward, focus on your physical well-being, and always seek ways to outgrow yourself.

After the spiritual work, transition into focused work. What still needs to be accomplished? Refer to your list and take action on what moves you toward your goals. I like to work through the morning with focus and energy before breaking for breakfast or lunch.

If I can, I will try to get a workout in before as well.

Throughout the morning, keep your phone away. Free your mind from distractions. Seriously, during the first hour of the day, avoid touching your phone or other distractions. The morning is the most important part of your day, and research shows that grabbing your phone first thing disrupts your flow. Set a foundation for the day with prayer, meditation, stretching, reading, planning, studying—then move into deep work with a lifted spirit.

The morning sets the stage for a great day. A spiritual morning of growth will always lead to success. There are no bad days—only days where your perception can be shifted. Wake up and change the way you see it.

Experiment with different practices and see what resonates with you. Tweak the details of your morning routine, but always stay consistent. Never get lazy with it.

The morning prayer is the light in your face that will carry you through the day. It makes you more beautiful than any artificial treatment could. Set yourself apart from the average and grow into your light every single day.

3. Regular Physical Activities

To put it simply - physical activity and exercise is important for everyone. The body and the soul are one, they go hand in hand with each other for well being:

We all need regular physical activity to sustain good health. Physical activity through all stages of life promotes our well-being and our overall quality of life.

Here are just a few benefits of regular physical activity that demonstrate the importance of physical fitness. We control our weight and feel more alive and beautiful. It combats health conditions and diseases. It improves our overall mood. It boosts our energy levels. It promotes better sleep. Higher levels of confidence. You will become better, and practice activities in which you find joy.

Find a sport that you like and stick with it until you become good at it. If it sparks something during the first training, then it's just getting fun. Become better at it. Master the sport, go over your limits and try to become a better version of yourself every time you show up. Teach yourself lessons and discipline.

4. Treat your Body as Holy

Please remember, your body is a sacred gift. A holy temple if you will. And you should be treating it that way. Have a healthy relationship with yourself first.

Schedule time for training and workouts. Become stronger and healthier. Form into a fit and healthy soldier. Build up strength and endurance. Create a healthy and supportive grocery list of items that should always be in your house. That fuels your body. Have enough sleep and recover well, Go to bed early, and wake up early. You should always sleep, eat, and train to evolve into the healthiest and fittest human being possible. Your body, soul, and mind will prosper altogether. You are going to feel empowered, energized, and on top of everything, and it will reflect in every area of your life.

Stretch yourself a lot, and find a posture that really speak for health. What they call “yoga” is a really good way of experiencing ourselves and getting to know the body on a much deeper level. Feel the nerves, the breath, and simply give in.

Get to know your body as if you were your own physiotherapist. Start with stretching and breathing exercise to really understand how complex and perfect this physical body of yours is, and that you should treat it that way as well.

Our health comes often from the mouth. Stop using Colgate and all of these fluoride bombs that are only meant to make us sick. **Use natural miswak instead.** It helps me get healthy and white teeth without having to seek doctors... I haven't seen one in years...

5. Spiritual Practices

The one who created you should get more respect and praise for what he created. But men are ungrateful.

Never miss the 5 daily prayers. If you are not Muslim, then you are likely just not aware that you are one. Muslim means, submissive to One God, and was taught by all Prophets of God. If you want to stay ignorant, you do it for your own disadvantage. The truth is among us, and you can try to understand the miracle of God - the Holy Quran - God's final revelation, a love letter to humankind every day. But you likely run away from the truth, seeking shelter in ignorance.

The weakness of your head is the only thing holding you away from God. Your own self. Your false image, your false beliefs, and the comfort of not wanting new and different, even though it is better and brighter.

Win over the mind, win over your life. God only wants the best for us.

6. Maintaining your Hygiene.

Be clean. Inside and outside, Never skip your hygiene, and keep a clean heart and a fresh presence.

Your hygiene is directly correlated to your well-being and health. Always take the time to shower, shave your armpits, brush your teeth (use *miswak*- they want to make us sick!), use deodorant, and put on a nice cologne. You will feel much better yourself and the people around you will appreciate you a whole lot more.

Now I don't want to be a "conspiracy theorist", but I personally stopped using fluoride toothpaste, because I believe it messes with our spiritual senses. It clocks the head. Use *miswak*! Our prophet Muhammad (as) used to use it, and that's why I first believe in it. Time has shown, my teeth was never better. And also, the rest of the bodies health is drastically influenced by our mouth.

Don't allow the pharma cartel to make you billions on making us sick, and healing us afterwards. They are sickos...

I use a natural miswak for sure, and I will never go back to a toothbrush after I make this upgrade..

Moreover, I am only using a deodorant that doesn't include aluminum chloride, which some people say can cause cancer. At the end of the day, whatever products you decide to use is up to you. I can only emphasize to really take care of your hygiene and yourself.

7. Feeding the good!

Good feeds on good. Try to do one good deed for the sake of God each day, and you'll see how things start coming back to you.

You will be happier and feel like you are on top of everything. Ever since I live to serve, God brings all people and knowledge into my life that I need. I basically just surrender and feed the good. Islam actually means to surrender to the will of God alone. And enjoy the way!

My programs are nothing but feeding the good. I don't need your money, it's free. I want to help you in the first place. And if you decide to give me your money when I sell you something- it's because I've brought so much value for you for free- that you can't even imagine what I would do for you for money.

And even if I make money, I can help more people like you with that money, and I can then help the ones who truly need it even more than the both of us. It is a circle of endless goodness.

Know that God will replace every penny in multiples you give back again. Never be afraid to spend on charity. Your wealth is not decreasing.

8. Never stop learning

Never stop learning, because life never stops teaching. Invest in yourself.

Books, for instance, are knowledge and information someone has gathered over a lifetime. Learn from people. Your brain stays fresh when you continuously nurture its power to grow.

“Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young. The greatest thing in life is to keep your mind young.”

– Henry Ford.

Depending on your knowledge of self and what you want to achieve, you must also know which information you desire and need the most. What books are you interested in currently, what do you want to know more of. What do you need to know more of in order to accomplish a certain project or vision?

Seek knowledge that you think you will need to reach the next level. Go to events of like minded people, watch seminars, buy courses, read books that are hard to put down once you get your hands on them, and just google things. The willingness to google things is the major difference between people achieving their big goals and not. All knowledge you need is out there. Many times you will have to solve problems, but stop being a coward. Build up resistances and fight through the pain.

9. Journaling

This could completely make you a genius in little time. Buy yourself a journal, and be consistent with journaling and document your own goals. Write down your goals for this year, and daily analyze your days and get the most out of them.

These are just some of the benefits that come to my mind when I'm thinking about journaling:

- Helps achieve goals and set more powerful intentions
- Tracks progress and growth
- Gain more mental health and clarity
- Gain emotional intelligence
- Inspires creativity
- Boosts self-confidence
- Improves writing and communication skills

- Reduces stress and anxiety
- Finds inspiration
- Strengthens memory
- Gives you a stream of consciousness
- Enhances critical thinking
- Highlights what you are grateful for

Start journaling now... And start to develop such strong habits and routines, that nothing can get you off track.

Empowering Self-Talk

Despite the fact that I believe that our destiny is written, I also believe that we have free will, and 2 paths to God. Depending on our choices and decisions in life, we will end up where we eventually deserve to. We will pay the price for our deeds, in this world and in the next.

With the help of our Guide, who is trying to put us on the right track since we are little kids, we can all live up to our callings God willing.

I want to quote Napoleon Hill in his book *Think And Grow Rich*, where he says:

“You are the master of your destiny. You can influence, direct and control your own environment. You can make your life what you want it to be.”

He's exaggerating a little. We need Allah to open the doors for our actions and welcome us to our next level - But... The way you talk to yourself matters. And Allah will likely not close the doors, if you have a clean heart, unless it's really not good for you and He knows it is better than you. (in this case, just come closer to Him, and you will love whatever else He has in store for you).

Your self-talk forms your perceptions of yourself and the world around you, affecting the way you approach your goals and whether or not you reach them.

The way we talk to ourselves matters a lot. You must learn to keep empowering self-communications, and **stop limiting yourself to yourself**. We are very powerful beings and individuals, that with the help of each other, can achieve everything.

Whether through journaling, using a whiteboard, or those little sticky little paper bricks in the office. Write down a few positive self-talks for yourself if you may not be wired positively at the moment.

Wire your mind with beliefs that fuel you. Don't allow negativity from the side to enter your head. Drop it all, and simply become you. You become what you believe. **Tell yourself positive affirmations, over and over again, and until you see them.**

If you need it in the beginning, stick them over your head, so when you wake up, you expose yourself instantly, and start to believe in it sooner or later.

You can also add remembrance and religious reminders on the walls and in between your affirmations to create a beautiful environment in your head, that reminds you of God, and everything positive. It reminds you of peace, love, and fuels your positivity.

Journal powerful I am affirmations repeatedly, and maybe even pinning them over your bed, until they become you. “I am rich”, “I am a genius”, “I am the best football player in the world” “I am a strong man of faith”, “I walk with God and His creation”...

You will eventually start believing them before you know it, and therefore also act upon it as if it was your identity.

For the latter ones you will be rewarded greatly God willing. Your effort towards more Light.

When you believe, you act accordingly. It is normal for me, as an athlete, to go to the field. Because I honestly believe this is my identity. It is normal for me to show up for my 5 daily prayers, because I believe that I am a good muslim.

Frequent habits become your identity. Are you a businessman, go read. Are you an athlete, work out? Are you a believer or not? Then either pray, or forget God - it's really simple.

“But whoever turns away from My remembrance - will certainly have a miserable life, then We will raise them up blind on the Day of Judgment.”

- (20:124)

Whoever turns away from the real Light - will be lost... God tells us Himself in the Quran, and in this book, there is certainty no doubt as He promises us in Quran (2:2).

“This is the Book about which there is no doubt, a guidance for those conscious of God” - (2:2)

This is just my honest opinion - you can also stay gay, and waste this beautiful present of God called life on things that drive you away from Him.

Praying is good for you. God knows better than you limited being, otherwise He, the constructor of this game, would not have prescribed it.

I promise - the first 30-40 days may involve a little bit of pain during the habit building phase, especially the morning prayers, but overcome the lazy mind for just a few days and you will feel God's power supporting you!

Develop discipline for God. Strive and achieve for God. Get your power from God. He has given you everything you need. Believe in Him, yourself, and wire the brain for success, and attract everything you need to become who you already are.

Regular Physical Activity

A healthy body supports a healthy soul. Both go hand in hand towards well-being. I love everybody who reads this, you deserve to be happy.

Your body is the instrument you need for slicing your daily wins.

It is only that if falls your soul will be freed from. You are in a prison of your body. So make your body the nicest cell in the world.

Do what's right for you – your body, right for your soul, and right for the people around you. Do more of what makes you happy, and of what ignites your heart and your spirit. Do more of what unites. Go out into nature and do sports with your family and friends.

Only playing technology and watching netflix, eating popcorn, feeling like shit – what kind of life is this?

It's time to find the discipline in getting and staying in form. Having discipline in food, even if we love it! We can't eat cakes everyday. Our cells form us. We have to be in shape to dominate the game. We have to be a presence. We have to love and respect ourselves enough to get in the best form of our life – even if it seems far away at the moment. It means minor steps only. Positive improvements in your daily lives....

Getting in form is not so hard. Go over your current limits, eat better. and constantly try to beat yourself.

Have a goal and visualize your future self – act as if you were him already. Eat rationally, breath, and drink. $\frac{1}{3}$, $\frac{1}{3}$, $\frac{1}{3}$ – like our prophet Muhammad (AS). This is the perfect measurement, even if we love to fill our bellies to the top. We are ungrateful honestly.

Find more reasons to be grateful for, and live up to the debt you owe to yourself and your Creator – keep your body in shape people.

Your life will be much more pleasurable.

That brings me to the next topic...

Discipline > Motivation

Reading this you may be hyped for a few seconds and go get shit done. But maintaining discipline is much harder.

The most successful people aren't necessarily the *best* at what they do — they're just the most *consistent*. This is where we answer the debate of discipline vs. self-motivation.

Motivation is essential for getting started. But motivation isn't consistent. It comes and goes, while discipline is every day. When you're disciplined, you've already made up your mind to take action, you love it! You love when you are done, the feeling of achieving something, you feel accomplishment and progress. This makes us happy.

And even if you don't feel like it, you will show up because you know you have to, and it's good for you. **Completing tasks brings real endorphins**, unlike fake social media likes. Get addicted to real endorphins, and not your phone's fake weapons. Find refuge in good.

Overcome the devil's whispers to stay in bed and be lazy once again. Find the strength within you consistently, and create a stronger identity, that you feel bad for wasting time. So strong you will see it as normal to strive in God's cause to solve all the problems ahead as fast and efficiently as possible.

If you can finish a task now, do it. Don't wait for tomorrow and the day after. Create lists and execute violently.

Routines and habits are our superpowers, but discipline gives them true value. The discipline of praying is the first one you should master. Then comes your diet. Discipline in food is very hard, because food is so amazing and seductive. Drugs, junk food, and negativity - they are only like vampires wanting your blood. Get rid of them.

Sugar is poison. So much food is disgusting, I don't know how people just eat it! The food industry is trying to make us sick and low energy beings, while they make millions with their fake food, and then cure us with fake medicine to make even more billions.

Look at Bill Gates and his friends... Controlling everyone of us, and serving us disgusting food and swine. Owning the lands of production, owning media and perception, creating viruses, giving us all the vaccines to a virus Gates already foretold us about - people - wake up... Don't eat their shitty products in the markets. Go for fresh things.

If you can discipline yourself in regards to your faith and your diet, I believe you can achieve almost anything you put your mind to.

A Healthy Diet

When I talk about a diet, people often think about something that is short term. But a diet is only a real diet if you can stick to it forever if necessary.

Awake humans do not consume, and even react allergic to the poisoned food they sell to us so conveniently in the store.

Awake humans don't need much food at all, but they like to enjoy their food and get as much vitamins and minerals from their intake as they can.

Know this, "You are what you eat" is not merely a quote. We are constantly renewing our cells as humans. Every cell is made from the food that we consume. That's why a healthy diet is not only recommended but really necessary if you want to make the best out of yourself.

Eating swine will make you a swine, literally. Ignorant and blind to what God knows to be not good for you. The wisdom behind the creation of swine is another. The swine cleans the earth of waste and carrion. It lives in dirt and eats filth, why would you eat it if all prophets have prohibited it. It is divine order.

The bible screams to stop eating pork, and yet most people blindly do. Jews and Muslims don't eat swine either. It's bad for you. The food industry is making us sick, and they want you to eat what's bad for you.

Stop eating what's not good for you. Stop eating so much saturated fats and sugars. Replace your bad eating habits with things that fuel and energize you. Eat whole foods,

that are one ingredient only. Always have fresh vegetables and fruits, unprocessed delicacies, and food that will allow your body to feel and perform like a high achiever.

Confidence

You might not be 100% confident in yourself at first — and that's okay. You'll build and boost confidence as you go, not before you start.

If you don't have the confidence you desire right away, just act ***as if*** you do. This will actually put you into a resourceful state already, which will give you much higher chances of you actually performing well and manifesting what you want.

Your brain cells will be embracing it sooner than later. Trust me with this – the harder you work on your goals, the more consistently you show up to what's necessary to do, the better you get to know yourself, the more trust you have in God, the more often you stand up after failure, the more action and ownership you take – the more confident you will become!

Confidence is just the result of time and consistent action. Mastering a particular area of expertise will lead to a lot of confidence, because you are just ahead of the rest, and you know it. Be consistent and enlighten your own path, and your happiness will start to blossom.

Be patient and consistent. You have to realize one thing, most people don't care about you. They don't care about what you say or do. They only care about themselves. The

only thing they really see are the results that come to the surface. So why would you even think about someone else's opinion and not be confident about what you want and love to do?

Fuel yourself and your life. Become you. Strengthen your self-esteem, shape the way you perceive yourself and your world. Improve your perception about yourself, and you are less likely to see a gap in confidence ever again.

Attach yourself to a plan, a mission that drives you. Not people or places, and take extreme action and ownership.

Let me say this again; Power = Action!

The confidence will follow, I promise.

Winners Mentality

Always strive to win. Whether that's with your little niece playing chess, or when having a big match in front of thousands of people. In some circumstances, I would say losing is a strategic move, but in general, strive to develop a winners mentality.

Your hunger for winning should be programmed deep inside of you. And that can only work if you decide to win every time you show up for a task. Winning has to become the norm. A habit that is part of your DNA. Nothing else should be accepted and expected of yourself. Everything else but winning should make you feel bad.

Therefore, we have to learn how to win over the mind. The battle with the mind is ongoing. Your mind will tell you many things that aren't good for you. It will tell you to stay lazy, to fear taking on risk, to stop doing this and that. It loves comfort. Get out of it. Let the mind die.

We have to learn to beat the lazy mind, and overcome the whispers of the devil. Overcome the negative talks with yourself. Invert everything, and become the most positive and driven person you can be. Being in control of your mind unlocks true powers, and is among the most important things for us to master.

Your mind will always try to find reasons to be lazy or give others a chance when competing. It will try to make it look to you like winning is not so important this time. The lazy mind will do its best to start distracting you from the outcomes and dreams you seek and long for.

Let me tell you, winning is absolutely necessary. And the more you believe that you are going to win, the more you embrace, focus, and exist in this very moment with the only intention to do so, the higher your chances are of actually doing it. Long term, it just has to happen, unless it is not good for you and God wants to protect you from something He knows better.

Not only in a game, but in life, In war, at anything really. With everything you do you either win or lose. Every day you either win or lose. We will face many new challenges that need to be embraced and overcome to win.

While writing this book, don't you think the devil tried a million whispers to make me go drink coffee and relax instead. He does, but I have to get this done today. I have to write a certain amount of pages or words, or otherwise I will feel like I have failed my day. Your goals are important to your health, your happiness, your wealth, and your overall well-being.

Become a winner and attack your goals aggressively, without telling yourself excuses for why you couldn't give it 100%. Believe in the win, and act accordingly. Stay silent with your goals and grow out of yourself.

Resilience

This is the hard truth - Failure is part of success. Without failure there is no success.

Every successful person has gone through tons of failure before seeing success. And to be quite honest, the bigger the resistance, the bigger your calling.

Train your mind to become resilient and numb to failure. Today our world has become much easier thanks to technology also, that's the only good thing about it. We are simply more conscious beings. We are waking up. Communication got better, and we are more open to love and light.

Do not focus on the outcomes so much. The way is the goal towards the outcome. Focus on daily actions that will get you there, even if there are thousands of hurdles along the way.

It's not supposed to be easy. Easy is not good. I love hard. Hard is what shapes us, just as Gold is being refined in fire.

Every overcome failure will grow you into a stronger being, that can later on step up and carry on even more weight on his shoulders.

“Every adversity, every failure, every heartache carries with it the seed of an equal or greater benefit.”

- Napoleon Hill

With every failure you grow and increase your capacities of success by being sent through difficulties and trials that make you a more resilient and complete human being. Failure is inevitable in the process of becoming the best version of ourselves. Learn to deal with it and change your perspective towards failure, because every failure is one step closer towards success, and hopefully one step closer to God. Hard times create strong men.

Every failure is shaping you into the person that you have to become in order to reach your greatest potential. And there is an enormous power in never giving up.

First, accept that nothing is easy and that you will have to choose your hard. It's hard waking up every day and being motivated to work on goals that you are not being paid for at the moment, it's hard to wake up earlier, or work late nights on a vision that is still far from being manifested in reality.

But it's even harder having to wake up everyday working on someone else's dreams. Stuck- not able to grow. It's very hard building someone else's empire, making your boss rich, showing up when he tells you, while he enjoys his time with family and friends, gives orders and disappears. It's very hard seeing the enemy occupying and stealing your fatherland and staying patient while the world's perception is being twisted. But that's the nature of our life.

We can achieve anything. It all starts in your mind and a strong intention and decision to fight through challenges and not be a quitter. It's not going to be easy, but it's going to be worth it. Work smart and enjoy forever.

Your mind expands every time you decide to not give up, and use failure as a building block for your success. Your brain searches and will always find new solutions, if you fall and decide not to be a quitter and stand up against all trials and difficulties. We all fail. I can't even count the number of times I have failed before I made my first pennies online. I can't even count how many times I have failed in football before I got my first contract. The most successful people failed over and over again, and exactly that has shaped them into who they are today.

There is always a solution- and a way out to create another opportunity and another one until you finally accomplish something meaningful.

Every day will be a fight with yourself. The devil will whisper that you can't do it. He does, to all of us. But your will, and your awakened spirit is in command - it is stronger than your lower lazy self. Your faith is stronger than your fear. You are destined for greatness. You are driven by a calling. You are light. You can achieve anything you dedicate your time and effort to. You can step up to God's calling for you.

Attach yourself to a purpose and meaning rather than materialism and money. Even if the outcome isn't 100% clear yet. Trust and surrender to God's plan for you. Finances are very important, but they have to be ruled by the heart, and made in a lawful way, so you can attract abundance and peace of mind.

Go with the flow of the river, don't worry, and take one step at a time in the right direction. You cannot skip steps. It's going to be challenging. You have to stretch and go beyond limits to qualify for the next level of your life. And then you will have to qualify for the next one and the next one and the one after, until you finally achieve anything.

The vision will become clearer and clearer once you put the pieces of the puzzle together and take action upon this calling you are meant to fulfill. The blur vision will turn to a plan. And the plan will turn into an outcome if you remain patient and action is being taken consistently.

Remember, **there is only one way to fail, and that is to quit**. So use the momentum of your current state, and get going! start working on yourself and your destiny. And if you need more help and a striving community of caliphs around you, visit

www.paradise-university.com

Extreme Ownership

They say there's no bad teams, only bad leadership. The leader is ultimately responsible for everything. And that's true.

In one of my favorite books about leadership, called *extreme ownership*, there has been an experiment with 4 teams, and rotating captains, to see how the teams would perform in competitions if only the leaders were switched. Guess what? The team with the best captain always ended up first place, regardless of what team he had behind him. The captain makes it. We have to learn to steer the ship properly.

We have to learn what it means to take extreme ownership. We are examples for the people around us and have to grow into caliphs of God. Leadership is trainable and a very important aspect of life. We are responsible for ourselves, our families, our neighbors, and the people that God sends our way.

We must accept, and hold ourselves accountable for the responsibility that has been given to us. We must develop a plan to win. We are here to grow closer to light each day and bring this light to others as well. Day in and day out we are asked to grow. Win the day, win the year, win your life.

Set high standards for yourself, and encourage others to lift up to your standards, so you all can shine together. Awakened leaders lead with their hearts, not with loud voices. They lead with love and make everybody feel like they belong here, and are important. Only a sincere and devoted man can bring God's kingdom into his heart and the hearts of his followers and peers.

Humanity is a team, and with corrupted hearts in leadership, the entire ship of humanity starts sinking (as we can witness today).

Your attitude as the leader will set the tone for the performance of the people around you. So work on improving your leadership skills every day. Emotional intelligence, efficient communication, organization, and high accountability are crucial. Don't be shy to speak out for what's right and true. Leadership is learnable.

Stick to high standards when it comes to your expectations, and be clear with how you communicate your requests and your feedback. You have to become the forcing function that pushes and encourages the levels to rise. Never be satisfied with your work, and always seek the same in others.

Give out compliments, rewards, and positive feedback – encourage and lead with love. Strive for the highest possible standards. Identify weaknesses and come up with plans to improve.

The hunger for improvement should become the new standard. Good leaders never make excuses, they figure out a way to get things done. Good leadership is contagious.

If you are a true believer in a mission, you can inspire others to be so as well. Make them believe in the mission with all of their heart as well.

As a leader, be honest and transparent with the decisions you make, and allow your team to understand the why behind everything, so they also can stand behind the leader with all of their beliefs.

They have to understand that they are part of something greater than themselves, check their egos at the door, and start working on a common goal. Always try to keep your plans and communications as simple as possible. Prioritize your tasks and execute them.

Nobody is responsible but you. All you have real control over is you. That means step up, and become the leader you need to be, so that everybody around you can fulfill his role as well.

Life is nothing but a team sport, and your leadership is the most important factor when it comes to having success with it or not.

God Given Gifts

I want to talk a little bit about using your God given gifts and talents.

We were all gifted and skilled with individual gifts and talents. Everybody has a different role to play so that humanity is whole. I'm a huge advocate of turning passions and things that you already love doing into income.

There is something inside all of us that tells you, this is who I am. This is what I want to do for the rest of my life. Learn to listen to it. Follow this voice, and it will guide you to your destiny.

There's millions of ways to make a living. There are 12 year olds making millions on snapchat, and there are 50 year olds making millions on amazon. There's people selling burgers, and others selling services to individuals or businesses. The opportunities are endless, and there is no best way.

There is only one way for you, and that is your way.

Think about the abundance of money that is going from one hand to another every single day. There's never been so many opportunities, and anybody who has access to an internet connection can profit from these incredible times. Get into a state of abundance.

Everybody should strive to become the best version of his true self, who God shaped us to be. Live up to the role that God has called you to fulfill, and stop stressing and worrying about the few rocks on the way.

Say: "Everyone acts in a manner peculiar to himself -and your Sustainer is fully aware as to who has chosen the best path."

- (17:84)

Similarly the bible says:

"Before I formed you in the womb I knew you, before you were born I set you apart."

- **Jeremiah 1:5**

We are all made with individual characteristics and strengths. It's about our knowledge of self that leads to a fulfilling career. You have to know who you are deep down inside, who you were created to be, then raise your levels so you can start living up to your potential.

I would really love to show you how you can dig into the depths of your true self, and maybe even free you of slavery if you are still working at a job that you don't like. Follow @isaibradara on youtube for a lot more FREE wisdom, if you would like to take your life to the next level.

I don't want you to feel pressured to make money desperately, because desperation leads to lack of it. I want you to get into a state of abundance. A state of certainty, where you know that more money is just around the corner, waiting to reach you.

Needing nothing attracts everything. It's kinda like grabbing what is yours, without truly wanting it.

It's also ok to simply work at a coffee shop and enjoy the customers of a boss. Entrepreneurship is like biting on glass sometimes, and it's not for everybody. But it's accessible to everyone and I want you to be aware.

Kill your ego, your pride, and take control over the devils whispering. You, in a pure format of yourself - Who are you? Who were you? What are you here to accomplish? Where will you return? What did God create you for? Which special task can you fulfill in this world?

Yes, our lives can be difficult at times, but overall our life here is a blessing with many opportunities. It's a life that increases our capability of understanding who God really is everyday if we are able to see.

God is the best Provider. Yet He may teach you a lesson through hardships, which you can only understand fully once those phases have passed. So why stress about money? Be grateful in every situation, and give your best every day. If you have a roof over your head, and food on the table, you are more lucky than most of the world. Think about it.

First and foremost, we are here to worship, discover the depth of our own selves, and come to realize the Majestic Creator of all things. We are here to be grateful, and find happiness through intimacy with God. Money is not going to bring you happiness, we have to search and find our Creators nearness.

You are with Him, He is with you - at all times - Never forget that... 24/7.

Yet, men always used to bring food on the table. Even though richness is in the soul, we need to know how to hunt. Especially the young men among us. We need to put food on the table. Never allow money to enter your heart though, so you do not become like Joe Biden, or the other puppets of the bankers.

This life in general, is not always easy. Everybody has his own struggles. We will be tested with loss of wealth, death, and heart breaks. We have to stop being blinded by the small intellect of the mind, and relearn how to listen to the intelligence of the heart. We have created false egos and images for ourselves, because we don't listen to our true selves.

Life has shaped us a certain way. Our individual circumstances, the experiences, and the surroundings created the person who we are today.

Is there a chance that you may have forgotten yourself? If so, disconnect from this world for a while, and go rediscover yourself. Leave the phone at home and go very deep into nature by yourself, for a very long time. Witness the miracles of what this world has to offer. Witness the miracle of your own creation, and try to make sense!

وَلَا تَكُونُوا كَالَّذِينَ نَسُوا اللَّهَ فَأَنْسَاهُمْ أَنْفُسَهُمْ أُولَٰئِكَ هُمُ الْفَاسِقُونَ ١٩

And do not be like those who forgot God, so He made them forget themselves. It is they who are 'truly' rebellious.

(59:19)

It's time to awaken the spirit again. It's time that we break free, and live up to who we truly are.

We took passions and desires for gods, instead of our Creator. We became worse than the cattles. Our hearts are dirty and our true identity is covered with dust. **It's time that we peel the onion of our fakeness and live up to God's calling for us.**

Living a life in accordance with integrity is a true blessing. Pursuing independence, time and locational freedom, spiritual health and well-being – rather than materialism and temporary pleasures, or merely following lower desires and lusts.

I'll tell you what being rich means to me. Carrying as much light as you possibly can, and living aligned with God's highest plan for yourself.

Almost anything can be turned into a business with the right strategies nowadays...

If you don't know what you want yet, we recommend this:

1. Go out and experiment with a ton of things that spark your interest.
2. Identify things that truly spark your interest
3. Enhance deeply with these things
4. If it goes from interest to fascination, go down the path of mastery
5. Fascination + mastery = passion

And what if you could turn that passion into millions?

Now imagine you could be the go to person in your industry. As Russel Brunson says, *The category king* in your particular area of expertise.

In addition - you could get help from mentors and model the most successful in your field, outcompete them, learn from their mistakes, and continue growing and up-leveling your belief systems, your consciousness, and try to perfect your manners, and act up to your role as a leader of God.

Once you know your gifts, don't just become good. Master them! You have to become a person that does a thing with all of his heart and wants to become the best at it.

If we talk about skills, we need to take mastery seriously. Everyone can be good at something. But how many people truly master that craft to stand out? Become extraordinary at what they do?

Mastery takes time - and no matter what route you decide to focus on, try to become the best at it.

The Prophet Muhammad (peace be upon him) said:

“Verily, God loves if any of you does a job, he does it with perfection”.

Prophet Muhammad (peace be upon him), in this hadith, addressed this valuable wisdom to all mankind, male or female, old or young.

No matter what industry, sports, or economic sector you find your place in, make sure you enjoy what you're doing - and strive to become the best at it. That's what God loves.

This hadith is directed to all professionals, urging them to strive to achieve excellence, proficiency, and perfection in what they chose to do.

If we want to live up to our calling, we will need to become the best version of ourselves in all areas of life, including our chosen area of expertise.

One Thing At A Time

Most people who have taken on a journey of achieving, fail to focus for a long enough time on one particular thing to reap the rewards of their work.

With everything you do, you will face hardships and challenges. When you bite through the periods of despair and pessimism, then success is possible. If you are only hyped when you get started with uninformed optimism, and expect everything to go smoothly without hurdles, don't even start.

That's why doing something you truly love is so important for me. What is the one thing that drives you the most? The one thing that makes your eyes start sparking when it's being talked about? Or the one thing that you currently can't stop thinking about?

I must tell you, I was also one of those unfocused men. One of those kids that did not want to learn anything in school. I was sick and tired of all these problems and the streets. I wanted to be me, and I wanted to be free. I was desperate to find a way out of stress, pain, and of my entire situation. Learn from my mistakes, so you don't have to do them.

I tried out so many things, multitasking 5 different projects at once, instead of focusing on one thing, and became extremely good at it. It's about bringing real value to the market by doing what you enjoy doing. Then stick with what you are particularly good at, or what you love doing, and drive it to the top of the mountain, so you can see some real results.

Results - nothing else really matters.

At the end of the day, my failures were also great lessons, but I could have made my life a lot simpler if I learned to focus on one thing at a time only.

As soon as something new just seemed to make a little bit of sense for me, I would jump on the next thing, and then none of my projects and plans would turn out right.

Don't split your focus all over the place. You need as much focus as you can to truly develop something meaningful. Your energy and time are limited resources, and one project fighting over the attention of another, is never a good position to put yourself in. You will be stressed out and overwhelmed for no reason.

Learn to stay away from shiny objects! Learn from my mistakes and the mistakes of many others – and don't get the shiny object syndrome that will distract you from what you really desire and need.

“deciding what not to do is as important as deciding what to do”

– Steve Jobs

Think only in terms of simplicity with everything you do. The peace you have with a simple mind, and a simple life. The most successful people and businesses are simple. It's about eliminating things that you don't need in your life, getting rid of negativity and distractions, finding what really drives you forward, and riding with it for a long enough time – so that you can actually learn, improve, adjust, and achieve the desired results and reap the benefits of your input ASAP, then scale without end – because you have systems in place that feed you even when you don't work in the business yourself anymore. Is that what we would call independence?

Simplifying is key. Everything that could be stamped as a “waste of time” – treat it that way. Try to make your life as simple and effective as possible. Appreciate your time and

your energy, and strive for a lifestyle you see yourself living – rather than making more and more paper.

If you allow yourself to get distracted by “new” and “better” opportunities every time before you achieve, you’ll only be running in circles, not seeing success with anything.

No road is easy, and you will inevitably experience and face hardships and pessimism at one point. It’s about twisting your perceptions, and finding the solutions to these problems. It’s about not quitting and growing into a strong enough soldier to actually make it happen. Even if you had to start from zero, you can do it. I did. We all can.

Becoming The Expert

What are you most passionate about? What could you be talking about for hours without preparing anything? And what if you could possibly even turn that into income?

By becoming an expert at something you already love – you can step up your game and become the go to authority in your particular industry, and thus likely, grab a big enough share of your market, assuming that you know what you are doing.

Let me tell you about the power of specified knowledge. It’s your magnet for wealth, and at the same time, an easy one way ticket to freedom.

We all have something special God gifted us with, if we were able to listen to ourselves. We need to find our true selves and who we are deep down inside, peel the onion of fake selves, and step up to our calling to make the most of our God given gifts.

To really accelerate in becoming an expert – I want you to think about a book that you could write, starting right now. Something that you would leave behind for your kids, or people that could really benefit from your knowledge.

Thinking about you 5-10 years ago. What transformation have you gone through – and what advice would you give your 5-10 year younger self, to get to where you are right now – faster, quicker, better.

If you truly haven't achieved anything, which is rare, go and achieve something that you're passionate about and set your mind to.

You could potentially start writing your first book today, and become an authority in your particular industry as soon as the book hits the market. I'll give you an example of myself- I was lost, depressed, and stranded. Today I'm the complete opposite. I have come to attain so much light of God that I feel and I am incomparable. And even though I don't want to monetize my spiritual programs, I feel obligated to give back. I feel like I would fail God if I don't help others achieve the same. Creating all this goodwill though, helps me with making my bread regardless.

Write about a problem you solved for yourself. Something that inspires you. Something that drives you to keep moving forward. I see it with athletes a lot. Your imagination or childhood dreams often tell you who you really are deep down inside of you. You cannot break up with your dreams. They are what make you! No matter how bad times get, stand up and grow out of yourself. Reach for new limits. You owe to yourself, to your mother, your father, you brothers and sisters, both in faith and humanity. To everyone. But especially God who gifted you with these gifts.

What if you broke free – and learned to survive on your own by only giving back to the people that need your help? That's the power of teaching people how to get

somewhere faster with your help! People want to learn from people. The education industry is projected to grow to about 10 trillion by 2030. Online education in particular is projected to grow at a rate of 15% annually.

Take advantage of the changes happening around you.

Don't you see how A.I. and the power of useful technology serves you and changes our environment. It makes lives easier. It makes making money accessible to everybody. It drives the human race to the next level without us having to work so much anymore, or any at all. We can now finally build systems, and become rich without having a lot of capital to play with. We cannot allow the rich to get richer every day, and we stop competing with them. Make more money people...

God will bring you more money than you can imagine.

EVERYONE can escape the banking trap. If we truly sat down, made a plan, and dedicated action to it consistently. Be the man that dreams big, and work for it.

Your way is your way, and I don't want you to think that you are miserable because you work for somebody? No - I worked for somebody and it taught me many lessons for life, it helped me a lot at that time. But I never could stand there behind someone else's dreams for more than a few days, then I quit because I knew I was born for me.

But if you do need capital for instance, there is nothing against going to work for a while.

Find what you love doing, find what people want to learn more of, give it to them, and create books, programs, and masterminds that accelerate people to the next level.

Fill the gap between where they want to be, and where they are now. You have been there – and you are the person they need. Leverage on the things that you are the best in.

The information industry is so beautiful because you get to keep almost 100% of the revenues. The only expense after creating these programs is the AD spend. And whoever spends the most money on acquiring a new customer wins – according to Dan Kenedy, a marketing genius.

There's millions of ways to generate money, and even kids at the age of 13 live off their phones all around the world. We must learn how to create wealth, then life becomes financially simple and nice.

And even if you do it like me and give it all away for free – you will be a respected industry figure or leader. You will have more than you could even imagine. Just give away as much knowledge as you possibly can for free.

Genuinely help people move forward. Help them achieve all they want, and you will have more money than what you can possibly imagine – even if you are doing it for free. Because you will also build services and products around your brand, DFY or 1 & 1 coaching and implementations. Things that you are great at, then you use those skills to make money, and create a movement business, with you as the guide.

If you want to go into detail about how to become the best guide possible – I can only highly recommend to order [*Expert Secrets*](#) *right away*.

Expand Your Network

One person can change your life. It's true. Your network is your net worth. You can get rich just by knowing the right people. If you surround yourself with 5 God conscious people, you are not going to take drugs, you will be the 6th one that is clean. If you are surrounded by 5 millionaires, you are likely going to be the 6th in no time.

Get into the right circles, and witness how much a network is worth.

I can tell you from my own experience; meeting one man has helped me scale my financial growth in ways I had never imagined possible. One deal changed the course of my lifetime and catapulted me into new financial realities.

Go to events, join the right groups, pay for masterminds and inner circles if you can, work with the best in your field, or simply order a big pizza and gather with people who are interested in a certain topic. You never know what comes out of it.

However, relationships should not be one sided. The right circles all bring some sort of value to the table, so you should look to increase your value as well. The world is a place of competition. That's why we have to build our edges, build skills, and become a person of interest to others as well. We do that, by building valuable skills, and having knowledge that all can benefit from. Or simply having a beautiful character that drives people crazy.

Moreover, I encourage you to get into spiritual circles (sohbet). Talk about God with people. These are my favorite talks, but business is also fun.

You need honest and good people around you who are not only about money.

Money gets into the minds of most people, and they stress so much about it that they can't sleep, and attract a shortage because they don't understand how the Universe works. Look at those beneath you and be grateful.

We - want to be wise enough to have money in our hands, but out of the heart. Spiritual circles are honest relationships without interest, fueling the light of your soul. Talking about God with the right people will make you feel like a newborn. It will clean you. If you remember God in your circle, He remembers you in even better circles.

High Income Skills

Developing a high-income skill set is vital for your growth, because it allows you to earn a lot more money and live up to a higher potential. Money only expresses who you really are. If you are not happy without money, you will not be happy with money either.

You have to find God and create the Kingdom inside first. You have to create strong attributes and qualities that will benefit not only your own outcomes and performances, but also have the power to improve the outcome and performances of others. Our high income skills are the tools and pistol for your financial escape.

Once you develop your toolbox of ultra valuable skills, you become irreplaceable and lift everything with you that you can. You become the leader that attracts everyone he needs to accomplish this mission. You become a person that people want to throw money at, because it is safe with them. It is safe to be multiplied.

You can have everything in life you want, if you will just help other people get what they want.

- Zig Ziglar

The path of personal development has no end, and upleveling your skills will help you unlock your unlimited potential to achieve your career goals in record time, if you truly strive in God's way to becoming the best version of yourself in every area of life.

Think for a second... What skills does the world need right now the most? How can your individual talents, skills, and passions help in solving more human problems? Because that is essentially what business is. Solving others peoples problems, and being compensated for it.

What skills are in demand and needed? What do businesses need? What industry grows? Where is the money flowing to? Be aware of everything around you, and start realizing that everything is perfect and there is an abundance of money for everybody, and that everybody has his place in this world. Without you - there would be a little whole. You are needed and loved.

It is important to know yourself. You want to be doing what you love doing. Perhaps you like coding, then become the best at it, and charge a premium for coding. People

generally want 3 things – health, wealth, and good relationships – which all lead to what ultimately? **happiness!**

Yes they want money. But there is more than just money. They want status. They want to inspire. To win. They want an easier and better life. Faster cars, better women, and respect. They want to be in shape, feel loved, and have more time.

They want more peace of mind and a better life! But they do everything for a better, faster, and easier transformation.

They desire a transformation. A result, and a better outcome. How do you help them get there? How do you find solutions for someone else?

Spread more love and light into the world. Make your life, and the lives of others better and easier. What role do you want to play in this world? What problems have you solved for yourself that will be of great benefit to other people? What are the greatest problems humanity is facing today; and what can you do to help fix those problems?

People are either driven by moving away from pain or towards desires. Give them more peace of mind, good solutions, and deliver them results. And no matter what you do – underpromise, overdeliver.

We need to get to know ourselves on a very deep level in order to find the right place for ourselves in this world. We are not here to simply listen and obey our parents, even when they are wrong. Most of our parents have very limited views of the world and don't know what's possible.

We cannot simply accept to raise money for a college degree that doesn't teach nor guarantee us anything, so that we have to work for the rest of our lives to pay that debt off.... That's insane!

Don't take advice from someone you wouldn't want to trade places with. Going to college, and taking out a loan, sets you back 15 years at least... Unless you want to become a doctor.

In business, you will learn more from 5 books than a college degree – and it will cost you maybe \$50 instead of \$300k. Wake up, our system is a trap.

Most “successful” people feel they have a calling to become great. They train, learn, and fail for many years until they achieve anything. If you are someone who's rather working and living a regular working life, that's fine. You can still be great, everyone is on his own mission, and has his own purpose. It's yours to start searching for your true self.

Worldly success is an illusion. We need to turn our hearts into bright stars – that is the most important. Not everybody needs to be a millionaire. Not everybody has enough endurance to go through the suffering pains of being an entrepreneur, not reaping the rewards of the time you invest for months, maybe years. Most people seek instant rewards, and that way, they must be satisfied with working for somebody and receiving a miserable hourly paid salary, paid out at the end of each month.

However, whichever way we choose to pursue, everybody can be a valuable member of society, purify and change himself, help others attain God's light as well, spread love,

and make this world a better place altogether. We need to pull all together, we are all little caliphs of God upon the earth.

And when your Lord said to the angels: I am making a caliph on the Earth. They said: Are You making therein one who corrupts in it and sheds blood, while we hymn Your praise and sanctify You? He said: Surely I know that which you do not know (Al-Baqara, 2: 30).

We as humans have the potential to be superior to the angels. When we are pure leaders of God, God makes accomplishing much easier for you.

There is one high-income skill that I want to emphasize and stand out, and it is selling. Because no matter what you do, you need to learn how to sell!

Let me tell you a little bit more about it.

The Art of Selling

All roads lead back to selling. Why? Because everything in life is sales.

You are either selling yourself for a new opportunity, or you're selling your ideas to gain support and buy-in. You're selling your value in relationships, convincing others why they should invest time, energy, or trust in you. Even in moments when you're not consciously selling, your actions, words, and demeanor are silently pitching a story about who you are and what you stand for. Sales is the invisible thread that ties together communication, influence, and impact—it's the cornerstone of every

meaningful exchange. Whether you're persuading a client, negotiating a raise, or simply making a case for dinner plans, life is an ongoing sales process.

Let me make a bold claim; If you learn how to sell – both, face to face, and in the digital world, you will have no more financial issues ever again.

No matter what you want to do with your life, you will likely need sales and marketing skills.

Sales is communicating the right way. You need to be a great communicator. You need to know how to get into the minds of your dream clients, and close more deals. You need emotional intelligence, and the right tools and resources to dominate your market.

1. One to One

One aspect of selling is selling face to face, or over the phone, or zoom or whatever.

Convincing someone to buy something from you using your time.

This is your ability to close deals that are in front of you. Money that waits to be picked up.

Your communication skills, and your ability to lead your clients towards saying yes, and giving you their money.

Your tonality and what you say, are both very important and learnable.

These kinds of sales conversations are mostly required for selling products or services that are about 2k and higher...

Look - this little ebook will not teach you how to sell, but it can emphasize the importance of selling, and give you tips on how to become a great seller faster.

It would require an entire book to teach you the exact tactics that could be used to sell. Here, I only want to turn your attention towards working on your sales skills - but it will take practice, and work from your side as well.

Learn from the best, and teach yourself the most valuable skill. Become of value and help people first, then see if things open up.

What you are reading is like a compass for your route of development, the steps are yours to take.

I am giving you a blueprint for the person you have to become, and how you should attack your future self.

Most people approach selling the wrong way and leave a lot of money on the table. When you sell, you sell the vacation, not the entire trip.

Don't sell the ticket, the seat, the plane, or the transportation from the airport - sell the vacation and the experience when purchasing that what you offer - the feeling of laying on the beach, and being served fresh cold coconuts.

Show and amplify their problems. Identify their biggest pain points and find the best solution for them.

www.paradise-university.com - where we show you in more detail how you can dominate your markets.

2. One To Many

Russel Brunson is probably the best marketer on the planet.

He and his company *clickfunnels* revolutionized how people think about marketing online forever, and I have studied this man in detail for years.

The biggest respect to this man and everybody he continues to pull with him. Millions of entrepreneurs escaped through him, became financially free, and you can use these frameworks.

I believe this man has probably impacted the most entrepreneurs in history.

Learning how to sell online is the most powerful weapon you can get.

Consumer behavior shifts towards online, that's no secret anymore. Attention is the most valuable currency in the world.

How to grab the attention of a particular audience and convert strangers into buyers? That's a really valuable skill you can imagine.

If we want to stop trading our personal time for money, we used to have to build out a sales team. But you know what is even better than a sales team.

An automated sales funnel that does the selling for you.

A perfect presentation, recorded once, put into a funnel, working for you 24/7, even while you sleep.

Like a sales team, just better.

Sales funnels - are the present and future of online marketing, even if many still don't implement them yet. They are much more effective than regular websites. They leave no room for confusion, and guide visitors from never having heard of you, towards I am more than ready to buy what you have to offer.

A fundamental rule of marketing is that **“A confused mind always says no.”** That’s why sales **funnels are much superior to websites**. They don’t allow the visitors to get lost in 100s of options.

Sales funnels are cash flow machines. To make it understandable for most people reading this, funnels only offer one particular outcome per landing page. They guide visitors into taking one particular action.

Learning how to attract the right clients online, and turning complete strangers from never having heard of you, to clients that buy from you repeatedly, is among the most powerful skill sets we can possess today.

Building sales funnels is like cooking, every business and industry needs a different recipe, however once you master this skill of cooking profitable sales funnels, you have a toolbox for riches.

An automated sales and marketing system is the digital engine for profits. It makes strangers aware you – and slowly transforms them into clients and fans.

One single properly functioning funnel can change the direction of your business forever. Or change the lives of those clients you were called to serve.

It is basically a digital asset – that multiplies your money for you.

Once it works – for every dollar you pour into your marketing, it returns 2, 4, or even 50 dollars.

That’s the power of a working sales funnel.

If you want a few funnel hackers to build one for you, reach out to me and my team at webvytamins.io

But know that we are expensive...

Delegation

Get out of your own way habibi. You must know yourself well enough, to know what you are good at, what you need help with, and what you truly love doing.

Master the work of your entire business, and find the greatest help you can get. Teach, and train your workers to do certain parts of the business better than you, teach people more of what they need to do instead of you, so you can take yourself out of the equation, and let your students beat you.

Be the master and focus on driving more growth for the business. Systemize your processes and create a sustainable business, with SOPs - that allows your team to follow through with new orders and incoming sales easily, even if you go to stay in the Bahamas without a phone for a few weeks.

That's the dream outcome. A spiritual kingdom and financial independence.

The goal is to work on the business, improve your products, services, and the customer experience and results, so you can slowly get out of working inside the business yourself, but on making it better. Making the customer experience better. Delivering greater results.

When you start a journey of entrepreneurship, you will find out that there's so many aspects to business, that it can really be overwhelming at times. The puzzle of business is big, and if you are just starting out, for every puzzle piece that you add, there's another piece you did not even consider, because you have never been at the end.

Most of us have never looked at the whole puzzle of business completed, so we don't actually know what's missing, and exactly that is our biggest problem. We can either learn from mistakes and failures ourselves, or we use the power of learning from the mistakes and failures of mentors, and coaches to get somewhere faster.

The shortcut is often worth money, if you don't go and buy from the guru that sells courses on 100 different topics, but has never solved anything for himself.

Learn from an expert, listen carefully, and become better than him, and the other experts that you have analyzed carefully. You are you, nobody is like you.

To bridge this problem is that you listen and learn from people who have figured it out already. There's tons of free information out there, from people that have solved the problems you are facing, and mastered the skills that you need. They have tools that will sharpen your knife. Work with experience and learn from the best.

Once you know how the puzzle works altogether, it's about picking and working with a great team that you can assign your tasks to. Creating standardized operations and productizing your services. Watching over your KPI's and fueling what works. That is business.

You can't do everything yourself - involve intelligent and specialized people that will push your company to the next level, and free up your precious time from tasks that don't drive the needle of your business efforts forward, and only drain your time.

The 20/80 Rule says that 20% of our inputs will produce 80% of our outcomes. To go even deeper than this - 4% of your activities (20% times 20% = 4%), produce 64% of results (80% \times 80% = 64%). Credit to Sabri.

Another good book is the *4-hour work week* by Tim Ferriss who demonstrates how he outsources his entire life, and how you can do it yourself. But to be honest, look at *fiverr* and *upwork* and just make your life as easy as possible.

The importance is communicating your expectations well enough, so that an expert can step in and fulfill for you.

The goal is to focus on what drives the most, and what we actually love doing the most. We need to take ourselves out of the equation hustle forever.

It means being deeply involved in your business - but productizing your services, and creating the leverage to really push to the next level.

That creates true freedom. Imagine a business on autopilot, writing you checks, while you are able to discover and enjoy the world full time.

Invest in Growth

Investing in yourself is an investment that pays dividends for years to come. We have to evolve into the best version of ourselves, if we want to achieve greatness. That greatness requires tools, resources, and a strong network around us.

We need to attract people that will help us reach the next level of life. Our entire life is a school, and we should never stop evolving, and taking the exam seriously.

Life has only one true purpose, and that is to make it to God in the best condition possible.

Take God as your Guide. He makes your path easier. He sends people, signs of all kinds, and experiences that you will or already have gone through, to make you aware of the right path and teach you lessons.

Are you awake of His love and do you seek more, or are you blind to the blessings He sends you. Be grateful and He will give you more. You are not even able to count the things that you are blessed with. Human life is a gift – treat it that way.

Investing in yourself can not only improve your personal & professional lives, but you'll also feel safer, better, & easier when growing the right way with someone. It adds ease, and thus peace of mind to the mountain you have to climb.

Usually, the more we grow ourselves, the more opportunities come our way, making your investments worthwhile eternally.

I spent hundreds of thousands on my development. I traveled the world, I learned from the best mentors, I looked for the best courses, tools, and resources. Many people have many mistakes for you, and learned the hard way, so you can get there faster.

I wanted to learn from the smartest people and all these investments paid back in some form or the other. Today I can give back. Thanks to God for everything really. I love Him too much! And you too, because He created you.

Utilize as many building blocks as you need for your stairways to heaven. People are among each other caliphs, that will drag each other towards a state of bliss together God willing. The good will always win over the bad eventually. God gives evil time only. Time to return! We need to return to ourselves and find our Light inside. The light is maybe a little covered, but you have the power to heal your heart and make the light shine like a diamond.

Had people not gone through fire, they would have never turned out to be great. The greatest careers come from the people with the most difficult backgrounds. Unless you are born by rich parents that only feed your desires since you are a child, you'll have to go through the process yourself. And even if you are born by rich parents, you will at one point in time have to rewind the movie for yourself, and learn everything that business brings with it, if you don't want to lose what you inherited. Markets are evolving, conditions are changing daily, faster than you can imagine!

Piece by piece like a puzzle, are you building your own world. It is about knowing what you want, and not quitting. Finding ways through the jungle of not knowing - until you become the man that you need to be to receive in full what you deserve. It is about making the best next move, with the resources given to you. Just like chess. That's why it's also important to chill at times - and have a birds eye view over your life, to talk things through with yourself and ask God to help you make the right decisions moving forward.

People often say we lack the resources. Habibi, look again. You might just lack the ability to see and discover the resources.

Depending on where you are right now and what you need in your particular situation, I can only suggest continually investing time and resources for your own personal, spiritual, and professional development. Whatever way that might be.

Invest and spend time in nature. Go to the beach, forest, or drive a bike. Become free of worries and trauma.

Moreover, spend in God's cause – help the people around you, and be grateful in all situations. God will replace it with more. There's always people who are less lucky than you – remember that. Compare yourself to those, and you'll be grateful and happy.

Seek the help and blueprints of people who have mastered your route and achieved your desired outcomes. Take the shortcut by taking advice and looking over the shoulder of what the successful have done, and continue doing. Learn from people that know all about being where you are and getting to where you want to be.

Increase your knowledge of God, seek His closeness, guidance, and strength – and become happy without money first – Then become financially independent and free yourself from the rat race, so you can go out and help even more people, and your family. People that really could need your help, while you can say that you have finally escaped the shitty slavery system, created abundance for yourself, and a life you can be proud off.

Purify your Soul

Last but not least – purify yourself. This is the main task for us humans. So don't neglect the most important reason for why you are here. Ignite the light. The pure will attain what they want God willing.

That's why seeking God's forgiveness and mercy is so important to the health of our soul, and everything that comes through a pure soul.

God tells us that sincere repentance (tawbah) and seeking forgiveness (istighfar) significantly increase our sustenance.

"And oh my people, ask forgiveness of your Lord and then repent to Him. He will send [rain from] the sky upon you in showers and increase you in strength [added] to your strength."

Quran (11:3)

Moreover – a family can make a big difference in barakah – blessing of power from the heavens that pour down upon us.

Each family member has its own, so let's make big families God willing.

Growing our iman is feeling the sweetness of coming closer to God. We need more of His Light inside, to feel what true bliss really means.

We need to be rich in the heart, not in the bank to make it to heaven. Never forget the end of the story. You will be in the grave, if you don't find the Light during this life – it may get very cold for you in your grave.

I pray for God's mercy, and I am the first one who needs it. Many of us will be united in heaven together through God's endless mercy, God willing – but we need to awaken to our true purpose.

Find the closeness of God, during this world.

If we only live by our true purpose, constantly following desires, our hearts will be black, unable to see, and depressed because of our distance to God.

God swears an oath by 11 things, that we will not be successful, if we don't purify ourselves.

In fact, this is what all the Prophets of God came to teach us.

“By the sun and its brightness,

and the moon as it follows it,

and the day as it unveils it,

and the night as it conceals it!

And by heaven and ‘the One’ Who built it,

and the earth and ‘the One’ Who spread it!

And by the soul and ‘the One’ Who fashioned it,

then with ‘the knowledge of’ right and wrong inspired it!

Successful indeed is the one who purifies their soul,

and doomed is the one who corrupts it!"

Quran (91:1-10)

Recalibrate your definition of success, and receive a heart full of wisdom and love.

Find God and you will feel like you have everything, even if you have nothing.

Yes, money is important, but it can't enter the heart, not under any circumstances. If it doesn't enter the heart, it will definitely help you in generating more of it as well.

Get into God's closeness, and He will open all the doors that you need. Falling in love with the path toward God's love, and building an intimate relationship with God is the most important secret of success and happiness, both for this life and in the next.

Never let anything distract your heart from the real purpose of life.

"by men who are not distracted—either by buying or selling—from Allah's remembrance, or performing prayer, or paying alms-tax. They fear a Day when hearts and eyes will tremble"

- (24:37)

God above everything, and the rest will be easy God willing. Much easier for sure...

If you attain God's closeness, everything else you encounter will be a cake for you. You have full trust, and simply ride your life.

A lovely relationship with God, will empower you like nothing else will, and build strength and endurance that you never thought possible.

You will be fearless and unstoppable in the pursuit of your goals. You will feel happy and at peace, whether good or bad befalls you. This life is a test - and challenges are the nature of this world. Purifying yourself is the key to living a life of incomparable bliss and well being. He who has God is unconquerable.

Life is like a mirage. We and our hearts are merely travelers in an illusionary world that will pass within a few short years. We were all born as pure babies - then at one point in life, we started to fall in love with this world and polluted our hearts. We fell for temptations, became slaves to desires, and built up false egos and images that are tearing us down. We were fooled by the devil, and before we knew it, our hearts have not only lost their purity, but themselves.

We have to become like a child, a little nobody, not important to anybody but God, like dust or a ghost, like a cat that doesn't want to bother anybody, but loves everybody. Like a little light, that has lost his way, and is looking to get back home.

We have to become one with everything, and at peace with ourselves and everybody, and be happy and accept the decree of God for our lives, and the lives of others. We need to surrender. We need to accept and get rid of all our bad characteristics like greed, envy, or lust.

Our purpose and ultimate success is returning to purity - and becoming One with everything.

Without a pure heart, salvation is impossible. A pure heart is the greatest spiritual achievement and the main challenge in life.

Being pure is the peak of existence – the rest is bonus and favorable. We need to become pure like babies, and come to realize who God really is. We need to draw closer, and dwell in His love during this life, so we can dwell in there forever God willing.

We need to purify ourselves to the point where we are of only beautiful characteristics, ridden of evil ones, and as close to our highest selves as possible. We need to dwell in paradise during this life on earth already – remembering God and being grateful for simply being.

Everything but the soul will fall to dust. You will take no cars, watches, big bank accounts, or anything else to the grave. Your materialistic belongings cannot release you from the pain that you feel. **Physical and materialistic pleasures cannot relieve us from pain that is essentially spiritual.**

Everything in this world is just bonuses and decoration – and If we don't come back to our state of being pure like a child, we have failed ourselves, failed God, and failed this test. We have to come to realize who God really is.

“Truly I tell you, unless you change and become like little children, you will never enter the kingdom of heaven.” – Jesus (pbuh)

God is The Pure – and He allows only the pure to come close. At the beginning of each day, we should ask ourselves “How do I come closer to God today?” **Shift your mindset from impressing the creation to impressing the Creator**, and start to witness wonders in your life.

The battle against our own animal self is among the greatest acts of worship. In fact, all the prophets of God were spiritual teachers, that we're here to give us guidance on how to purify the soul and teach us how to attain God's light.

“The Mujahid (jihadi) is the one who makes Jihad against his desires for the sake of Allah”

- Prophet Muhammad (pbuh)

The biggest fight is not in the battlefield; nor in the office; it is the fight with our imperfect nature. If we win the fight against the evil inside, we will attain God's kingdom in the heart, and incomparable happiness will be the result. If we change our inside, the outside will manifest itself.

God is the source of Allah's love. His creation was out of love. Become love, and feel more love in return. Fall in love with God, and everything and everyone that reminds you of Him (swt).

Everything else we are looking to achieve during our lives, will be much easier to achieve as a consequence of a pure and powerful spirit – supported by God.

It is a duty to ourselves and the promise we made to God before we came here. Shift your focus and grow closer and closer to His infinite Light until His closeness feels like

we are in heaven already. Build a paradise on earth for yourself. Ignite the Holy Spirit in you and become a warrior of light.

The Prophet (AS) said:

“This world is a curse, and everything that’s on it is a curse”

- So do not fall in love with this world and seek the pleasure of God through everything you do. With the right intention - even sleeping can be made worship when you do it for God, so that you can fight even more for Him the next day.

He will empower you God willing. He likes to empower people with knowledge, so seek what He loves. Seek truthful knowledge, and be acceptive of more light in your life.

Why would you not worship the one who Created you? We need to be grateful. We will sin, again and again, but we need to constantly fight to grow closer to light.

You and I should see the devil as our biggest enemy; Your true success is measured by the quality of your relationship with God, and how much of His Light you can uncover, by beating the devil's whispers, and the monster in your head.

This relationship will eventually lead to beautiful relationships wherever you decide to go.

If you attain that light, God will serve you everything you need as you go God willing. Put your trust in The Most High, and stay loyal to Him in good as well as in bad times. Strive for conviction in the heart and attain inner peace and satisfaction.

Our beloved Prophet Muhammad (pbuh) tells us that when we revolve our decisions and actions around the intention and the constant goal of pursuing God's pleasure, all of the doors of this world will open right before our eyes.

“Whoever is concerned about the Hereafter, Allah will place richness in his heart, bring his affairs together, and the world will inevitably come to him. Whoever is concerned about the world, Allah will place poverty between his eyes, disorder his affairs, and he will get nothing of the world but what is decreed for him.”

- Prophet Muhammad (pbuh)

If you ask yourself, why do the evil people of this world have so much then? Then listen to this - God gives some people that seek this world only, this world sometimes... and He even continues to give them more, only to increase them in blindness. They are spiritually dead and they don't want to grow into light. They have forgotten God and God has made them forget themselves. They will only wake up to reality when they are put into the grave.

To avoid that...

I would love to help you grow even closer into light and give you the blueprint for a beautiful spiritual life and financial success in today's busy digital world.

With that being said, thanks for reading till the end. Not many make it this far...

Peace out!

Isa Ibrahim Bradara

Get **FREE** Access to all my ever expanding library of courses and programs here. This is true magic for you, and we are constantly trying to improve.

www.paradise-university.com