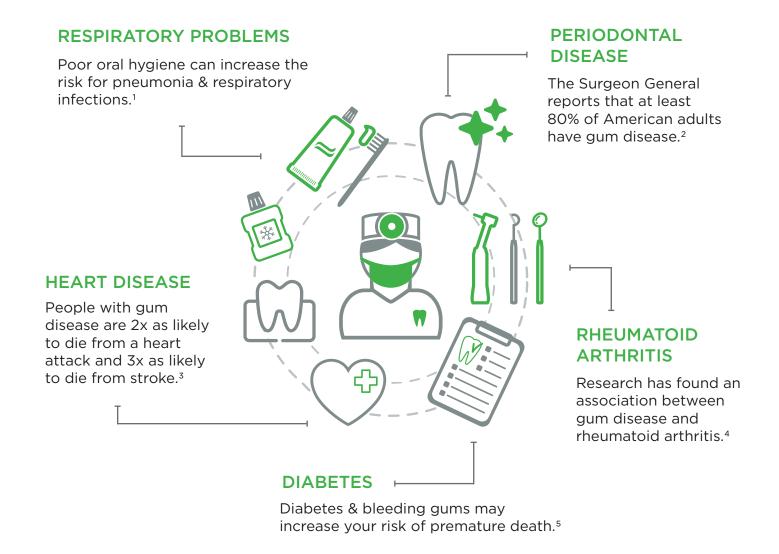


# My Healthy Smile Kit

Delta Dental of Kentucky



# Taking care of your smile is important for your oral health as well as your overall health.



# The good news? Dentists are disease detectives.



Dentists can act as disease detectives by simply examining your mouth, head and neck for signs and symptoms of health issues. More than 120 signs and symptoms of non-dental diseases can be found during a routine dental exam.

<sup>&</sup>lt;sup>2</sup>https://www.adha.org/resources-docs/7228\_Oral\_Health\_Total.pdf

<sup>&</sup>lt;sup>3</sup>https://www.health.harvard.edu/heart-health/gum-disease-and-heart-disease-the-common-thread

<sup>4</sup>https://nras.org.uk/resource/gum-disease/

<sup>5</sup>https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3228943/

# Dental benefits designed for every stage of life.

Don't take any chances when it comes to your smile and oral health. Protecting your smile and keeping up with good oral health habits has a direct impact on your overall health. Delta Dental of Kentucky offers individual and family plan options designed for every stage of your smile. Invest in your smile today and let Delta Dental keep you healthy.

# The Delta Dental Difference®



### **Bundles for Dental & Vision**

Single bill and ID card available with any type of bundle.



## **More Network Savings**

Average network savings of 38% on PPO network and 27% on PPO Plus Premier network.



# **Quick Call Times**

Average wait to speak to a customer service representative is 14 seconds.



# Members can access their benefits 24/7 with the online Member Portal.

Members can access their benefits online - anywhere, anytime. They can view their plan, access ID cards, review claims, check eligibility, and more!

# Example of how dental benefits work

The below example for a composite filling shows how members with minor services covered at 80% save on out-of-pocket costs by staying in-network.\*

	Submitted Fee	Delta Dental Allowed Fee	Delta Dental Pays	Member Pays
Delta Dental PPO	\$176	\$124	\$99.20	\$24.80
Delta Dental Premier	\$176	\$143	\$114.40	\$28.60
Out-of-Network	\$176	\$87	\$69.60	\$106.40

<sup>\*</sup>Payment examples shown above are illustrative only. Fees and reimbursements can vary by location and provider. Benefit coverages, levels and deductibles may vary by client. They do, however, represent how payment is determined.



# Bundle dental & vision benefits for the best value.

Delta Dental of Kentucky can help protect your eyes along with your smile. DeltaVision®, a partnership between Delta Dental of Kentucky and VSP®, provides comprehensive vision benefit plans to individuals and families. DeltaVision is available alone or bundled with a dental plan.

# Included in your plan:

- Fully-covered WellVision® eye exam
- Lowest out-of-pocket costs
- 100% coverage on polycarbonate lenses for children
- 100% coverage on standard single vision lenses and standard progressive lenses for adults
- \$150 frame allowance or contact allowance
- Average of 15-20% savings for laser vision correction

# In-network optical retailers include: Walmart Vision Center Sam's Club. Optical Optical & more!

# You'll see the difference with DeltaVision.

### Best Benefits, Biggest Network.

- Members choose the provider that's right for them
- Access to more than 100,000 independent doctors and retail chains
- In-network with Walmart/Sam's Club and Costco

### Value-packed Plans.

- Fully-covered WellVision Exam
- Average savings of 30% off the most popular lens enhancements

# **Award Winning Customer Service.**

Access to VSP's award-winning customer service team 7 days a week

# Choose from a variety of plan options to find the one that's right for you.

Happy Smiles PPO	Year One	Year Two	Year Three
Preventive & Diagnostic Cleanings, Exams, X-rays, Sealants	100%	100%	100%
Minor Services Fillings, Extractions, Bleaching, Oral Surgery	10%	30%	50%
Annual Maximum Per covered individual	\$500	\$750	\$1,000

Perfect Smiles PPO PLUS PREMIER	Year One	Year Two	Year Three
Preventive & Diagnostic Cleanings, Exams, X-rays, Sealants	100%	100%	100%
Minor Services Fillings, Extractions	10%	30%	50%
Major Services Crowns, Implants, Dentures & Bridges, Oral Surgery, Endodontics, Periodontics	10%	30%	50%
Annual Maximum Per covered individual	\$750	\$1,000	\$1,250

Bright Smiles PPO	Year One	Year Two	Year Three
Preventive & Diagnostic Cleanings, Exams, X-rays, Sealants	100%	100%	100%
Minor Services Fillings, Extractions	50%	80%	80%
Major Services Bleaching, Crowns, Veneers, Implants, Dentures & Bridges, Oral Surgery, Endodontics, Periodontics	25%	50%	50%
Orthodontics No Age Limit; \$1,000 Lifetime Max.	n/a	50%	50%
Annual Maximum Per covered individual	\$550	\$1,000	\$1,500

Vibrant Smiles PPO PLUS PREMIER	Year One	Year Two	Year Three
Preventive & Diagnostic Cleanings, Exams, X-rays, Sealants	100%	100%	100%
Minor Services Fillings, Extractions	25%	50%	80%
Major Services Crowns, Implants, Dentures & Bridges, Oral Surgery, Endodontics, Periodontics	25%	40%	50%
Annual Maximum Per covered individual	\$1,000	\$1,750	\$2,000

# What is an annual maximum?

An annual maximum is the maximum dollar amount your dental insurance will pay toward the cost of dental services and/or treatment in a benefit plan year, typically a 12-month period.

Each time a dental claim is submitted, Delta Dental subtracts the cost that has been paid for the service from your maximum.

Your annual maximum applies only to the portion your dental insurance plan pays on your behalf. Any deductibles or co-pays that you pay do not count towards your annual maximum.

# **Plan Features**

- Benefits and annual maximums increase after first year
- Advance to Year 2 benefits with proof of 12 previous months of dental benefits
- 100% in-network coverage for twice a year cleanings on all plans
- Whitening services with Happy & Bright plans
- Orthodontics for any age with Bright plan
- Implant coverage with Perfect, Bright & Vibrant plans







# DeltaVision® Plan Features

Benefit Description Copay

	Description	Copay	
WellVision Exam			
Exams 1 exam every 12 months	Comprehensive eye exam to ensure overall visual wellness	\$10	
Prescription Glasses		\$10	
Frames 1 pair every 24 months	\$150 allowance for wide selection of frames 20% savings on amount over allowance \$80 Costco, Walmart/Sam's Club frame allowance	Included in Prescription Glasses Copay	
Lenses 1 pair every 12 months	Single vision, lined bifocal and lined trifocal lenses Polycarbonate lenses for children	Included in Prescription Glasses Copay	
Covered Lens Enhancements	Standard Progressive Lenses	\$0	
Optional Lens Enhancements	Standard Anti-Reflective Coating Premium Progressive Lenses Custom Progressive Lenses Average savings of 30% on other lens enhancements	\$41 \$95 - \$105 \$150 - \$175	
Contact Lenses - instead	of glasses		
Contacts every 12 months		up to \$60	
Extra Savings			
Featured Frames	\$170 allowance on featured frame brands. Check vsp.com	for current offers.	
Glasses and Sunglasses 20% savings on additional glasses and sunglasses, including lens enhancements, from any VSP provider within 12 months of your last WellVision Exam			
Retinal Screening No more than a \$39 copay on routine retinal screening as an enhancement to a WellVision Exam			
Laser Vision Correction	Average 15%-20% discount		
Additional Programs	Additional Programs		
Included	Primary Eyecare, Eye Health Management (including Diabetic Exam Reminder Letters)		

Coverage with Out-of-Network I	Providers	
Exam - up to \$45	• • •	Progressive Lenses - up to \$50
Frame - up to \$70	•	Contacts - up to \$105
Single Vision Lenses - up to \$30	Lenticular Lenses - up to \$100	Necessary Contact Lenses - up to \$210

# **VSP Choice Network**

DeltaVision plans provide access to the largest national network of independent eye doctors.

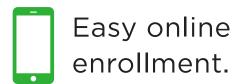
VSP Choice: 38,000 preferred providers nationwide, 100,000 access points nationwide.



Keep your smile healthy with affordable dental and vision coverage options.

No enrollment fees. No waiting periods.

100% covered on all plans.







# Individual & Family™ Dental and Vision Plan Options Monthly Premiums, Effective 1/1/2022

Happy Smiles	Dental Only	Dental & Vision
Subscriber Only	\$22.26	\$31.41
Subscriber + 1	\$40.42	\$58.72
Family	\$61.32	\$90.78
Perfect Smiles	Dental Only	Dental & Vision
Subscriber Only	\$32.88	\$42.03
Subscriber + 1	\$61.30	\$79.60
Family	\$95.79	\$125.25
Bright Smiles	Dental Only	Dental & Vision
Bright Smiles Subscriber Only	Dental Only \$40.75	Dental & Vision \$49.90
_		
Subscriber Only	\$40.75	\$49.90
Subscriber Only Subscriber + 1	\$40.75 \$77.16	\$49.90 \$95.46
Subscriber Only Subscriber + 1 Family	\$40.75 \$77.16 \$132.07	\$49.90 \$95.46 \$161.53
Subscriber Only Subscriber + 1 Family Vibrant Smiles	\$40.75 \$77.16 \$132.07 Dental Only	\$49.90 \$95.46 \$161.53 Dental & Vision



# If you think you may have hearing loss, rest easy.

Delta Dental of Kentucky has teamed up with Amplifon to offer you quality hearing health care.

# 40 million Americans

# have hearing loss<sup>1</sup>

Hearing loss affects people of all ages. In fact, **about**12% of the U.S. working population has hearing difficulty.

Stay sharp, happy, safe, and productive — don't wait to treat your hearing loss.

Hearing loss can come on gradually. You may not even notice it's happening. As a rule of thumb, if your hearing test reports your hearing is OK, stick to once every three to five years. You should test your hearing annually if you are 55 or older or are experiencing any of the following:

- Consistent exposure to loud noises
- Difficulty understanding in noisy environments or in groups
- · Hearing mumbling or feeling as though people are not speaking clearly
- · Ringing in your ears

# HEARING DISCOUNT PROGRAM BENEFITS

### **Diagnostic Services**

Hearing exam covered up to \$125\*

### **Hearing Devices**

Coverage **up to \$2,995**\* per device, including all major brands and technology levels. Amplifon will find the solution that best fits your lifestyle and budget from one of their 10 manufacturers.

HSA, HRA and FSA accepted. Financing available to those who qualify.

### Continuous Care - Easy as 1-2-3

1 year of follow up care ensures smooth transition to your new hearing aids 2 years of FREE batteries\*\* to keep you powered 3-year warranty for loss, repairs and damage



# RISK FREE 60-DAY TRIAL | LOW PRICE GUARANTEE

Amplifon beat any local quote by 5%!

100% money-back guarantee Amplif

www.amplifonusa.com/deltadentalky | 877-606-1591, TTY:711

\*\*Batteries - Maximum of 80 cells/ear per year. Risk-free trial - 100% money-back guarantee if not completely satisfied. No restocking or return fees. Warranty - Some exclusions apply Limited to one-time claim for loss and damage. Manufacturer deductible may apply.

Amplifon Hearing Health Care is solely responsible for the administration of hearing health care services, and its own financial and contractual obligations. Delta Dental Of Kentucky and Amplifon are independent, unaffiliated companies. The Amplifon Hearing Health Care discount program is not approved for use with any 3rd party payor program, including government and private third-party payor programs. Hearing services are administered by Amplifon Hearing Health Care, Corp.

<sup>&</sup>lt;sup>1</sup> Source: https://www.asha.org/articles/untreated-hearing-loss-in-adults/



# Delta Dental of Kentucky Find a Dental or Vision Provider

# How to find a Delta Dental participating provider:

First, determine the Delta Dental plan(s) you are looking at for your dental benefits and then search using the methods below:

**Delta Dental PPO™** - In-network benefits are available through providers who participate in the Delta Dental PPO network. (See your benefit summary for specific coverage levels by network.)

**Delta Dental Premier**® - In-network benefits are available through providers who participate in the Delta Dental Premier network. (See your benefit summary for specific coverage levels by network.)

**Delta Dental PPO Plus Premier**™ - In-network benefits are available through providers who participate in the Delta Dental PPO or Delta Dental Premier network. (See your benefit summary for specific coverage levels by network.)

**DeltaCare** USA - Benefits are only available through providers who participate in the DeltaCare network.



### Internet

Visit ky.deltadental.com and request the information by city, state, zip code, provider's name or specialty.



### Mobile App

Download the mobile app for Apple or Android. To download, visit the App Store (Apple) or Google Play (Android) and search for Delta Dental.



### **Customer Service**

Call Delta Dental customer service at 800-955-2030 and ask if your provider is participating in the network associated with the plan that you have chosen.



### **Call Your Provider**

Call your provider's office and ask if he/ she participates in the network associated with the plan that you have chosen.

# How to find a VSP participating provider:

Search under the VSP Choice Network for any DeltaVision® plan:



### Internet

Visit VSP.com and request the information by city, state, zip code, provider's name or specialty.



# Mobile App

Download the mobile app for Apple or Android. To download, visit the App Store (Apple) or Google Play (Android) and search for VSP.



### **Customer Service**

Call VSP customer service representatives at 800-877-7195 and ask if your provider is participating in the VSP Choice Network.



### Call Your Provider

Call your provider's office and ask if he/she participates in the network associated with the plan that you have chosen.

It is important that you verify a provider's status each time you seek care as a provider contract may change. It is your responsibility to verify that the provider you use is contracted with the Delta Dental network associated with the plan that you have chosen. If you receive treatment from a non-network provider, your benefits may be paid at a lower percentage or you may be balance billed.



1

Visit MyHealthySmileKit.com

Enter your Zip Code, DOB and select effective date.

3

Select your dental plan, vision plan & enroll!

Questions or concerns? Call 888-888-8888 to speak with one of our local customer service representatives or to enroll over the phone.