



*The School of  
Transformation  
&  
Master Practitioner  
Training*

*17<sup>th</sup> February 2026*

*The School of Transformation Mastery is where science and soul converge,  
the practical merges with the mystical, and sovereign souls learn how to  
embody their brilliance.*

# Welcome

The School of Transformation and Master Practitioner training is where science and soul converge, the practical merges with the mystical, and sovereign souls learn how to embody their brilliance.

This space is a sanctuary for the woman who *knows* she is the healer, alchemist, and artist of transformation. One who refuses to settle for ordinary and feels a *calling* to help others to do the same.

She comes to nurture her genius, activate her power, and master her divine craft. She embarks on a journey to awaken, to express her purpose and potential with ease, elegance, and support.

## Groundbreaking Science Meets Ancient Mystical Arts

For the first time, neuroscience, psychology, hypnotherapy, energy medicine, and soul technology unite to transmute trauma into bliss, shame into love, and survival into creation.

This is not spiritual bypassing. It is where life, business, and soul align; where transformation becomes an art; where leadership becomes natural.

Can you feel it? That innate knowing that you are meant to lead? Has your soul been whispering that it's time?

### Consider this your invitation.

The world needs you. It needs *sovereign leaders* who embody freedom. So step into the Thrive in Life School of Transformation Mastery. Your mastery. Step into the version of you who doesn't chase transformation, because she is transformation.

# Emma Romano



**Creator & Trainer of:** The Freedom Protocol, Delete  
 Reset, Timeline Reset & Relationship Sovereignty  
**Master NLP Practitioner & Self-Healing Coach**  
**Master Hypnotherapist & Energy Healer**  
**4 x Amazon Best-Selling Author**  
**International World Class Speaker**  
**Founder of Thrive in Life Foundation**  
**Co-Creator & Founder of Temple of Divine Intelligence**  
**Co-Creator & Facilitator of Dragon Medicine**  
**Co-Founder & Facilitator at Soul Aligned Results**

Emma Romano is the founder of the School of Transformation Mastery and creator of The Freedom Protocol, Timeline Reset, Delete Reset, and Relationship Sovereignty.

A globally recognised trainer, author, and speaker, Emma is known for her unique ability to amalgamate science, soul, and humour into life-changing transformation.

Having overcome her own diagnosis of multiple sclerosis through self-healing and mindset mastery, Emma developed her groundbreaking Five-Dimension Method, a holistic system for rewiring the mind, body, and energy field for thriving.

Today, Emma has trained hundreds of practitioners worldwide who use her processes to help clients heal trauma, anxiety, depression, addiction, and limiting beliefs, while guiding those who feel spiritually lost to rediscover their clarity, connection, and purpose. She is a master at leading practitioners and her clients home to their own power, peace, and truth.

Her mission is clear: to awaken a new generation of practitioners who create healing that is fast, deep, and filled with grace.

Join Emma and the School of Transformation Mastery today. Let's create a world of harmony, sovereignty, and freedom. Together.

# The Promise

During this program, you will learn how to guide others through transformational one to one sessions and powerful group experiences (both in person and online). This will cultivate mastery in facilitation, energetic precision, and the art of deep, lasting change.

By the end of your 9-month journey, you will emerge confident, grounded, and uniquely skilled in facilitating permanent transformation. You will know how to lead clients through profound multidimensional work, guiding them from survival into sovereignty.

# Support & Tribe

As an important aspect of the School of Transformation Mastery, you will be surrounded by peers, mentors, and a supportive global community that celebrates your success and helps you expand professionally and personally.

This is much more than standard training. It is an initiation into a new level of purpose, freedom, and mastery, all delivered with heart and the human touch.

# Certification Requirements

To be certified as a *Freedom & Sovereignty Master Practitioner*, you must:

- Complete all modules and workbook reflections
- Participate in monthly buddy sessions and submit feedback forms
- Attend live or replay mentoring calls
- Demonstrate understanding through applied practice and self-evaluation

# What's Included

- **Full Access to 5 Life Changing Programs**
  - The Freedom Protocol
  - Spiritual Hypnosis
  - Delete Reset: Addiction Healing
  - Relationship Sovereignty
  - Family & Group Dynamics
  - \*These include scripts, manuals, certificates, mentoring, templates, and access to private communities within each group.
- **Proven ready-to-launch client framework**
- **Certification in 6 Internationally recognised practitioner certifications**
- **Embodiment of personal sovereignty**
- **Thriving global community of peers**
- **Lifetime access to the School of Transformation Mastery Portal**
- **2-year access to monthly mentoring with the founder Emma Romano**

## Early Bird Bonus



*If you pay in full by Jan 17<sup>th</sup> you will also get these two bonuses worth over \$1000 AUD!*

### **Private Sovereignty Session with Emma Romano**

A 60-minute 1:1 energetic and strategic activation to align your vision, dissolve blocks, and open your field to mastery.

Value: \$777 AUD

### **Practitioner Prosperity Guided meditation and Workbook**

A done-for-you Guided Prosperity Meditation Recording to help with accessing abundance and prosperity in your business.

Value: \$250 AUD

# The Journey

**Begins:** 17th February 2026 (Full Moon)

**Ends:** 18th November 2026

**Opening:** The program opens with a big welcome and live channeling from Emma Romano. This is a High Priestess lineage activation to hold and support us through our 9-month journey.

Together, we will create a sacred circle that allows us to step into a space of sovereignty and service as leaders, way-showers, and keepers of Divine intelligence.

## Each Month you will Recieve:

- Pre-recorded training modules and workbooks
- Live spiritual activation monthly on the 17<sup>th</sup> at 8am (AEST/ AEDT)
- Live 1-hour group mentoring monthly on the 24<sup>th</sup> at 9:00 am (AEST/AEDT)
- Live check in monthly on the 1<sup>st</sup> at 8am (AEST/AEDT)
- Ongoing access to the Freedom & Sovereignty Facebook Community
- Buddy System (you'll be paired with another student for practice and accountability)

## Month by Month

### February 17, 2026 — Foundations & The Freedom Protocol (Sessions 1–2)

- The Core Foundations: Shame, Trauma, Agreements, and Universal Mirrors
- Understanding Frequency, Vibration, and the Language of Energy
- Introduction to NLP and the Science of Behaviour

### **March 17, 2026 — The Freedom Protocol (Session 3)**

- Hypnosis Training
- Timeline Reset (TLR): Conversational Time-Warping and Emotional Reprogramming

### **April 17, 2026 — Spiritual Hypnosis & Forgiveness**

- Forgiveness as a Spiritual Technology
- Talking Hypnosis Techniques
- TLR for Deep Belief Rewiring

### **May 17, 2026 — Energy Mastery**

- Energy Healing Across 12 Modalities
- Clearing, Grounding, and Frequency Stabilisation

### **June 17, 2026 — Hypnosis & NLP Mastery**

- Advanced Hypnotherapy Techniques
- Deep NLP Integration for Lasting Behavioural Change

### **July 18, 2026 — Past Life & Spiritual Hypnosis**

- Past Life Regression and Soul Retrieval
- Dragon Hypnosis: Activating Ancient Energy Templates

### **August 17, 2026 — Delete Reset: Addiction Healing**

- Spiritual and Psychological Dimensions of Addiction
- The Delete Reset Process for Clearing Habits, Addictions and Attachments

### **September 17, 2026 — Relationship Sovereignty**

- Healing Relational Dynamics
- The Path from Codependence to Conscious Connection
- Reclaiming Emotional Autonomy and Boundaries

### **October 17, 2026 — Family & Group Dynamics**

- Facilitating Healing in Families, Teams, and Organisations
- Compassion Languages and Generational Healing
- Mastering Group Dynamics using The Thrive in Life Protocol

### **November 18, 2026 — Closing Ceremony & Celebration**

- Integration, Celebration, and Completion
- Closing the Circle and Embodying the Work

# *What if I've already done some of your programs?*

**YOU'VE DONE THE WORK. NOW BECOME THE WORK.**

You've walked the path. You've completed the trainings.  
 You've mastered the tools, modalities, and techniques.  
 So why this?  
 Because this is where it all comes together.

The Freedom & Sovereignty Master Practitioner Certification is not another course, it's the culmination. A 9-month rite of passage into embodiment, integration, and energetic sovereignty. This journey weaves every strand of your learning into one unified frequency, the expression of you

## *Initiation into Mastery*

This is the moment where the practitioner becomes the embodied master. Where knowledge becomes wisdom. Where technique dissolves into instinct. And where your energy, presence, and leadership transmit transformation effortlessly. You've already transformed lives. Now, you become the container that holds transformation itself.

**Over these 9 months, you will:**

- *Integrate every modality into a cohesive, multidimensional framework*
- *Refine your mastery as a facilitator, leader, and energetic guide*
- *Anchor sovereignty at a cellular and soul level*
- *Expand your capacity for leadership, visibility, and growth*
- *Embody oneness.... where science, soul, and energy operate as one*

## *What makes it different?*

This isn't about learning more. It's about *becoming* more.

The Freedom & Sovereignty Master Practitioner Certification helps you embody the wisdom of every course, every session, and every initiation that's come before it. So you no longer "do the work," you are the work.

You will move...

*Beyond practice into precision.*

*Beyond facilitation into transmission.*

*Beyond mastery into sovereign embodiment.*

## *The Result?*

This is the highest level of certification I offer, a recognition of completion, integration, and leadership.

You'll leave not just as a certified practitioner, but as a living frequency of transformation, a leader who guides through presence, precision, and peace.

*Because this time, the work isn't about learning transformation. It is about becoming it completely, irrevocably, and beautifully.*

# Certifications

Throughout this Journey you will be certified as a *Freedom and Sovereignty Master Practitioner* and also trained in these 5 certifications:

## 1. The Freedom Protocol

### *The 8-Session System for Every Client*

A complete multidimensional transformation system designed to unlock freedom at every level: conscious, unconscious, cellular, energetic, and soul. This is the foundation every practitioner needs to facilitate deep, elegant, and permanent change.

[www.emmaromano.com.au/the-freedom-protocol](http://www.emmaromano.com.au/the-freedom-protocol)

## 2. Spiritual Hypnosis

### *For Past Life Remembrance, Activation, and Channeling*

A sacred initiation into the art of spiritual hypnosis, blending timeless regression work with modern energetic attunement. Designed for those ready to access higher intelligence, remember their soul's lineage, and awaken their intuitive mastery.

[www.emmaromano.com.au/spiritual-hypnosis](http://www.emmaromano.com.au/spiritual-hypnosis)

## 3. Delete Reset: Addiction Healing

### *For Resolving Addictions, Habits, and Deep Emotional States*

A cellular-level clearing system that dissolves compulsions, addictive cycles, and emotional programs from the root. Delete Reset is liberation rather than learning how to cope.

[www.emmaromano.com.au/delete-reset](http://www.emmaromano.com.au/delete-reset)

# Certifications

## 4. Relationship Sovereignty

### *For Couples and Those Learning to Love Themselves*

Love becomes clean when the self is sovereign. Relationship Sovereignty is a heart-led recalibration for couples and individuals ready to dissolve codependency, reclaim clarity, and experience love that honours truth, autonomy, and devotion.

[www.emmaromano.com.au/relationship-sovereignty](http://www.emmaromano.com.au/relationship-sovereignty)

## 5. Family & Group Dynamics/ The Thrive in Life Protocol

### *For Families, Teams, and Transformational Leaders*

Learn how to facilitate a live 3- to 4-hour experience that transforms families and groups in real time. Restore harmony, reveal hidden loyalties, and bring coherence to systems ready to thrive.

[www.emmaromano.com.au/family-and-group-dynamics](http://www.emmaromano.com.au/family-and-group-dynamics)

# Investment

**\$11,222 AUD**

Payment Plans available  
starting at \$300 a month,  
contact  
[emma@emmaromano.com.au](mailto:emma@emmaromano.com.au)

## Early Bird



**\$8888 AUD**

Payment Plans available  
starting at \$300 a month,  
contact  
[emma@emmaromano.com.au](mailto:emma@emmaromano.com.au)

### Bonuses:

- 60 minute Private Sovereignty Session with Emma Romano (\$777 AUD)
- Practitioner Prosperity Guided meditation and Workbook (\$250 AUD)

Still unsure? Book in for a free 15 minute (obligation free) chat below  
<https://link.tekmatix.com/widget/booking/LHv5hWYqmbBzUBAUA1Y8>

# Enrolment

## Early Bird



If you wish to secure your place at the early bird rate, you can:

- Pay \$8888 in full now here:  
[www.emmaromano.com.au/schooloftransformation](http://www.emmaromano.com.au/schooloftransformation)
- This will give you instant access to the School of Mastery Portal (please check your spam folder for login details).
- If you prefer a payment plan/ finance for the early bird rate (must be paid in full by January 17th, 2025), please email [emma@emmaromano.com.au](mailto:emma@emmaromano.com.au) to arrange your custom plan.

## Standard

After January 17th, 2025, the full price of \$11,222 AUD will apply :

- Please purchase in full through this link  
[www.emmaromano.com.au/schooloftransformation](http://www.emmaromano.com.au/schooloftransformation)
- If you'd like to set up a payment plan or finance, simply email [emma@emmaromano.com.au](mailto:emma@emmaromano.com.au) and our team will guide you through the next steps.

# Testimonials from my Programs

*'It really is a business in a box and the most consistently effective program I've ever used with clients. And Emma is like no other trainer, she truly cares about and supports her practitioners.'*

**~ Susan, USA**

*'I have a deeper level of peace within myself, more compassion towards others, and a tonne more awareness about love... conditional and unconditional. Masters was transformational. I'm clearer on my role and my offerings, and I belong to a tribe that lifts me higher.'*

**~ Kim H, Australia**

*'The Freedom Protocol is amazing. You learn so much for yourself, your family, and your clients. The tools are life-changing, the processes are effective, and you'll get so much more than you expect.'*

**~ Shayla, Australia**

*'You can bet your arse that I will be doing a re-sit at some stage. This was mind-blowing and I'm so, so glad I did it. My head's still spinning. You have to do this course. Full stop.'*

**~ Sharna, England**

# Closing Blessing

*May this journey call forth the healer, the leader, and the light within you.*

*May you remember that your work is not to fix, but to awaken.*

*Not to strive, but to embody.*

*Not to seek freedom, but become it.*

*This is the path of mastery wrapped in mystery.*

*A remembrance of the power that was always yours.*

